INDIAN ACADEMY OF PAIN (IAPM) (Approved in AGBM 2016)

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- **1. Mission:** To bring up an academic formation to propagate teaching of pain medicine and to implement quality oriented pain medicine practice in India across all sectors at organized national level rather than remaining in private sector.

2. Objectives:-

- a) Advance the practice of pain medicine in India through delivery of highest possible quality oriented pain management.
- b) Institute a college/academy to establish teaching/ training pain medicine
- c) Define the course characteristics- start a course on pain medicine.
- d) Establish internationally approved pain treatment protocol and make the same available at District level hospitals and corporate hospitals.
- e) Initiate a Pain Register for incidents reporting and referral.
- **3. Project Outline:-** Bring up a national faculty of people interested in teaching and training on pain medicine as well as identify 4 or 6 'regional centers' practicing pain medicine, with minimum faculty of two qualified persons actively involved in practice of pain medicine,

with all required support gadgets for therapy either as attached along the centre or available nearby. Syllabus of training consisting of teaching modules/ training methods/nature of training/ logging of training/ assessment and final examination to be prepared. Course required should be of 18 months. To start with, training offered only to anaesthesia practioners with paper qualification (MD/DA/DNB) and some period of post qualification experience. The training to go on simultaneously at all regional centers selected and the teaching should be uniform so that assessment is made comparative. The assessors should be trainers at each area and they will rotate for onsite assessment. Assessment done every six months. A period of outstation training (6 months minimum) to be offered to receive more awareness on contemporary management at other places. Patient load at every selected centre should be minimum 100 outpatients per month and all forms of pain should be entertained for therapeutic management. Training centers should have minimum 10 beds exclusively for pain patients. Attached hospital facility should be available to teach acute pain management. Consider overseas candidates and candidates outside anaesthesia specialty for training after few years. The candidates for training should be selected by the IAPM and trainee to be assisted in finding accommodation. Reasonable salary should be offered (Rs. 30,000/- per month suggested). The course is paid course and in the first 3 years the course fee to be kept as low as possible but should be uniform at all centers (Rs.25000/ year + special fee recommended). At the end of the required training period if the trainer and assessor are satisfied, candidates may be able to sit for a theory/ viva and simulated practical examination by a group of examiners who are involved as

faculty and assessors, to which overseas examiners may be invited. Simultaneously national as well as reciprocal recognition from overseas may be made available through deemed Universities/government bodies and overseas institutions. The training has to be absolutely residential with fixed number of days of training during the course. From 3rd year of the programme, the course should be integrated with other clinical requirements for practice of pain medicine such as executing required ability to do laboratory intervention and minor surgical procedures.

The successful candidates on finishing the training and passing the examination may be awarded with fellowship in pain medicine.

- 4. Student Pathway selection: Students should be ISSP members. Anaesthesia postgraduate who is a member of ISSP is preferred. The fellowship seats could be advertised in website of ISSP and applications would be invited. Application fee should be minimal and fee to be decided. Selected applicants (based on the merit of application) will be called for assessment through interview (VIVA) and skill assessment (simulation). Younger age and institutional students preferred. Remuneration of student and course fee to be decided later by IAPM Council/Committee. Leave entitlement and attendance to be as equal to any other course. Student on course should be assisted in getting residential accommodation.
- **5. Administration:** Administration of the colleges should be through a committee consisting of 12 persons who are engaged in pain practice as well as academics. The initial committee will be of limited period duration and their involvement will be identification of possible centers/ getting the consent of centers to be affiliated/ preparation of syllabus/making training modules/assessment and examination/

accreditation/ communication and selection of students/ funds/ various other projects which should go simultaneously. A 12 member committee may be raised and composition of the members should be 2:1 proportion from ISSP members as well as ISSP governing council. The initial committee otherwise primary committee should have 4 sub committees and each subcommittee should takeover 2-3 adjoining areas mentioned above in running the course. One individual should be **President** of this mission. 4 members should be from governing council as ex officio members (President/Secretary/President Elect and one GC member) 8 members should be outside the governing council of ISSP and should be elected through the annual general body meeting. After first year, primary committee will be dissolved and the same committee will be re-named as IAPM Council. The earlier **President** will be renamed as **Dean**. Another one will be selected as Registrar. Dean and Registrar will not be from governing council. Committee duration is 4 years. First committee will be nominated (the Primary committee will be on nomination) IAPM Council or is a permanent ongoing committee and to make ongoing 50% members from elected group (ISSP-general) will retire (outside ex officio members) in third year. The term of IAPM Council including Dean and Registrar are limited to one term. The ex officio members can seek another term to IAPM council. The first committee to college (primary committee which changes as college council) will be nominated. From second committee onwards, selection will be through election either through secret ballot or show of hands from the eligible ISSP members. Eligibility to be a member in IAPM council will be over five years of membership in ISSP and credentials to support.

The examination programme should consist of Theory/ Viva and simulated practical. Successful candidate should be awarded with fellowships, which will be awarded through convocation. At the same convocation a limited number of conferring also will take place. The Dean and Eleven members of the committee will make the IAPM council. Dean will be elected or nominated on his credentials. Ex officio members (4) from ISSP governing council can participate in the selection of Dean/Registrar but they are prevented from becoming Dean or Registrar as long as they continue in governing council.

Fellowship: - Fellowship is named Fellow of Academy of Pain Medicine (FAPM).

College/Academy Protocol: - Every fellow (conferred + course passed) should donate a fixed sum (prescribed by ISSP) to college every year, as retainer. Each fellow should be present at convocation each year, as faculty member.

- **6. Funds:** Funds will be made available initially from ISSP funds and contribution from entrepreneurs. When the course starts, the fee collected from the students and other sources go as royalty to college. If extra fund required ISSP will support.
- 7. Future:- Simultaneous projects which should go along the pain medicine course should be (i) training courses for pain nurse, (ii)training courses for nursing assistants engaged in pain work, (iii)bringing up pain training groups a) travelling school for medical students and practioners, b) CME programme in every zone once every year (4) float advisory group to government (5) initiation of pain as a subject in MCI curriculum in PG and UG (6) establishing guideline of Pain Medicine practice (7) marketing of pain medicine and

accreditation of institutions (8) achieve international accreditation (9) conduct of convocation and conferring of fellowship to eligible.

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Hon. Secretary ISSP

For Governing Council ISSP