



Newsletter

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ISSP

Indian Society for Study of Pain

Indian Society for The Study of Pain

Executive Committee 2015: List of Members with Contact details

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Dear Members,

Greetings from ISSP Secretariat!

It gives us immense pleasure to share with you the e-news letter of November-December 2015. In last 6 months, lots of interesting things have happened.

To smoothen the ISSP office functioning, a Rule Book has been made by Secretariat and has been circulated to all Governing Council (GC) members. Similarly a Blue Book has been prepared regarding the Conference Protocols for the benefit of Conference organisers. The esteemed GC has duly accepted both these documents for review. Mid term Meeting (MTM) of GC was held at Indore on 15th of August 2015. The MTM GC meeting has finalised the ISSP Pain Academy and Constitutional Amendments and the draft copies have been posted on the website. Any suggestions and modifications from ISSP members are welcome.

We had an Emergency General Body Meeting (EGBM) on August 16th 2015 at Indore regarding the elections held in AGBM during ISSPCON 2015. The matter was resolved by EGBM.

In September, ISSP received an invitation from AO Spine Summit Meet of Asia Pacific Region. The summit had 18 societies of Asia Pacific Region. Hon. Secretary and other members of ISSP participated in the summit and delivered lectures during scientific sessions and had good interaction with other societies.

We had a wonderful scientific programme at New Delhi in November on "Neuropathic Pain" where in many renowned international speakers from IASP spoke about various aspects of Neuropathic Pain. A monograph on "Tricyclic Antidepressants" written by ISSP members was released with big fanfare. During the programme, the IASP GC and ISSP GC had lot of interactions in regard to way forward.

We request members to update their details online through ISSP website, with their registered email ID, for any problem please contact issphq@gmail.com. As promised, we have started online registration of new members in the form of Net Banking. Soon, we should be open to start services with Credit Cards as well (we are in the process of completing formalities).

In continuation with 'Go Green Concept' world over, henceforth we would like to continue with e-newsletter and ISSP office will be 'Paperless Office'. We need your support and encouragement in this regard.

It's time for Elections for various posts in governing council of ISSP. The notification is being released with this newsletter and also it's posted on our website. Interested candidates can fill their nomination form and submit it to ISSP Office before last date, as specified.

Please go through the details of various Awards, Nominations, and Fellowships in our website, all information has been uploaded on the website for the benefit of members. Interested members and member societies can apply for them before the last date as specified.

The ISSPCON 2016 is scheduled at Indore, Madhya Pradesh. Don't miss the scientific feast, hurry up and register today! It is turning out to be a great event. The organisers are not leaving any stone unturned to make it a memorable event.

The IASP has declared 2016 as Global Year Against Pain in the Joints & 2017 as Pain After Surgery. Various chapters have initiated events in this regard. We will come back to you with information in this regard in the next newsletter of ISSP.

We are grateful to all the members of the Governing Council for their enthusiasm and for their readiness to carry forward the new initiatives. Their valuable inputs have been of immense help for the activities of ISSP in general and ISSP Conferences and meetings in particular.

Long Live ISSP
With Regards & Best Wishes,



Dr Muralidhar Joshi
Hon. Secretary ISSP



Dr Palanisamy Vijayanand
Hon. Treasurer ISSP



President's Message



Dear Members,

I extend my heartiest best wishes and season's greetings to all ISSP members. I would like to thank all the ISSP members for putting their trust in me. I promise to do my best to lead the society further along the successful path and as a progressive organization; I am anticipating even better things for the future.

Pain has been always been a challenge to the medical professionals, researches are still going on, to understand this complex phenomenon and its management. I believe in this part of the world, acute, chronic and cancer pain is still often ignored, misunderstood, ill treated and least cared topic both by the medical professionals as well as the patient population. One can overcome this issue by launching a campaign against pain. This should be done state wise by making it a public awareness issue. Dr. Muralidhar Joshi and Dr. P. Vijayanand initiated the idea of travelling pain school in Andhra Pradesh and we need to promote this in other states.

During my tenure, I would like to concentrate on pending issues like database update, ID cards for all ISSP members & inclusion of pain management in M.B.B.S. and M.D. curricula. I would like to thank Dr. Muralidhar Joshi and Dr. Vijayanand for their valiant efforts for working on database update and issuing ID cards for all ISSP members. A draft for the pain academy will be presented for clearance in the next AGBM at Indore.

As you all know, one of the aggrieved members of ISSP had filed a legal notice to some of the ISSP office bearers. The issue was amicably resolved in EGBM held at Indore. My sincere thanks to GC members & ISSP members who attended EGBM at Indore for this joint effort.

United we stand tall & strong as in ISSP. We need to move ahead in our endeavors by making new state chapters & increasing membership of ISSP. This wide network will help in achieving our goals of sensitizing professionals & lay public about pain.

I am thankful to past president Dr. B. Radhakrishnan and past Hon. Secretary Dr. Ashok Saxena, for the timely help & guidance. I also extend my sincere thanks to our dynamic Hon Secretary Dr. Muralidhar Joshi, Treasurer Dr. P. Vijayanand, Editor Dr. Gautam Das and all other Executive members of ISSP, who will help me in taking ISSP to greater heights.

Warm regards. Long live ISSP.

Dr. Vivek Palsule

Prof. (Snr. Consultant), H.O.D. Anaesthesiology
Choithram Hospital, Indore President, ISSP

Emergency General Body Meeting at Indore 16th August 2015

(Entire Meeting has been recorded with Audio-Video aids)

(Minutes as recorded by Dr Palanisamy Vijayanand, Dr BB Mishra & Dr Vivek Palsule)

11.00 hrs - Start of meeting

The Hon.Secretary welcomed everyone and requested everyone to sign in the GBM register.

President called the meeting to order. Then President explained to the gathering that the meeting has been convened in response to a legal notice served by Dr. Madhuri Lokapur. The emergency GC meeting held in Indore on 22nd March 2015 decided to hold an Emergency GBM.

The Hon. Secretary informed that the ISSP has total 1781 members, and the quorum for the conduct of this meeting is 10% of total members.

The GBM decided to reconvene after 30 minutes.

Meeting reconvened at 11.40 hrs

The Hon.Secretary welcomed everyone again and observed that the quorum had 26 members, which was much below what is required to hold an Emergency GBM.

Many members of the GB objected to this and said that it was the President who has requested for the extraordinary meeting, and it was not their request to hold the emergency GBM. In which case, the rules should be the same as for the Annual GBM. The President's letter has clearly mentioned it as an Extraordinary GBM, and not a requisition meeting. Dr. Madhuri Lokapur, Dr. Cham & Dr. Geeta Joshi supported this along with other members.

There was an objection for Dr. Vijayanand to record the EGBM minutes by Dr. Geeta Joshi and she wanted Dr. B.B. Mishra (President Elect) to record minutes, and it was handed over to Dr. B.B. Mishra for further recording of minutes.

Dr. Pravesh Kanthed and Dr. Gautam Das participated in the deliberation asking the President to resolve the issue. The President repeatedly said this is a requisition meeting, whereas the members interpreted it as the letter issued and posted by the President informs that it is an extraordinary meeting.

Dr. Bhimeswar explained the difference between an extraordinary and requisition meeting.

Dr. B.Radhakrishnan explained that according to the 2006 constitution registered with the Registrar at Varanasi, this was a requisition meeting as requested by the GC members following the emergency GC meeting held on 22nd March 2015.

Dr. Nankar said that people have travelled from different parts of the country for this meeting and it should go ahead. Drs. B.B. Mishra, Babita Ghai, Sale, Cham & Nankar, Bhimeswar participated in further deliberations.

Dr. Bhimeswar expressed that the previous GC did not take corrective measure when election notification was issued by Hon. Secretary and only became active at Chennai GC in 2015 to raise objections. Subsequently, they accepted the elections at Chennai 2015 for the post of Hon. Secretary & Treasurer,

having accepted they have to respect the verdict of AGBM. Drs. Cham, Madhuri Lokapur, Sale, Gautam Das expressed that it's past and they wanted the meeting to be conducted for which Dr. Bhimeswar expressed strong reservations saying that if Dr. Madhuri were to win elections, whether she would have sent a legal notice to ISSP Office bearers in the way she has done.

Dr. Geeta Joshi expressed that the registration of society is at stake for many misdeeds in recent past. Dr. Madhuri expressed that if President does not want to conduct the meeting, not a problem, the next person will conduct the meeting. President wanted to take a decision by consulting the house for which Drs. Bhimeswar, Geeta Joshi, Madhuri Lokapur, Cham, B.B. Mishra expressed that let president take decision as per the rules and interest of society.

The President asked Vice President, Hon. Secretary & Hon. Treasurer about conducting the meeting for which all three of them said they are in not favour of meeting. The other members in GB were in favour of conducting meeting. Dr. Babita asked president, the decisions taken during this meeting would it be legally valid? If it's going to be valid then let's go ahead with meeting, otherwise Chennai AGBM story will repeat here. Dr. Bhimeswar expressed that reply has been sent to the legal notice sent by Dr. Madhuri to reply in 10 days, which she has not done, let's wait for reply and fight it out legally.

Dr. Geeta Joshi expressed that the society is in trouble; currently the issue is Hon. Secretary & Hon. Treasurer post; let's focus on that issue, let's keep personal issues aside.

The President decided to conduct the Emergency General Body Meeting in the larger interest of society's welfare. President wanted to have documents & receipts of registration of ISSP constitutional amendments and registration renewal.

Dr. Madhuri Lokapur expressed that in GC & GBM she was declared as winner for the post of Hon. Secretary along with Dr. Y.L. Nankar as Hon. Treasurer. Subsequently certain things happened, by taking opinion of AGBM members, election was conducted, which she claimed that it was illegal and will be challenged in court. On the basis of this, she sent legal notice to 6 office bearers out of which she received reply from four ISSP office bearers collectively from ISSP Secretariat; President of ISSP replied separately and one other ISSP office bearer has not replied and she expressed, he must have accepted the notice.

Dr. Madhuri expressed that during the Emergency GC meeting held on 22nd March both President Dr. Palsule & Past President Dr. Radhakrishnan called her & told her that even if she gets opinion from Registrar of Society at Varanasi (Official authority) regarding the decisions of society, it will be acceptable; on that basis they will decide on calling for GBM. On 23rd of April she met Registrar of Society at Varanasi & she expressed that her lawyer had prepared full complaint against ISSP before meeting registrar. She said after 2011, none of the documents pertaining to ISSP have been furnished till date to renew the registration every year (which is mandatory, but the previous Hon. Secretary has failed to do so) & registrar asked her to lodge a complaint & will conduct enquiry, on which he can send report to derecognize society to relevant courts. She said that Rs 10,000 for Vakalatnama at Varanasi has been paid, but she did not submit complaint, but only submitted letter of information.

The Registrar of Society expressed that (as expressed by Dr. Madhuri Lokapur);

- GB is nothing, it's the constitution which is supreme
- The office has not received any documents from 2011 onwards

- No constitutional amendments has been received from 2006 onwards, however if the amendments presented in previous GBM have not been challenged in next GBM, they become accepted

Dr. Madhuri expressed that draft constitution of 2014, which the previous Hon. Secretary claimed that it's passed in 2014, amounts to forgery. There is a separate format to file amendments (which needs to be submitted to registrar) if they are not challenged in next GBM; they get accepted. She said that all information she has given it to President, after which he called for this GBM, hence it can't be requisition meeting. For which President said that the GBM was called because of GC, for which Dr. Madhuri expressed, he has not expressed it in the Invitation Letter for GBM. She also expressed that she has gone to Varanasi on the request of committee and costs needs to be reimbursed.

President expressed that he wanted the documents & receipts for renewing the registration at Varanasi Registrar Office. Dr. Geeta Joshi informed the house regarding the updation of records upto 2011. She said that the receipts might be with Dr. Rastogi, but based on those documents, the registration is renewed upto 2016. She said that the amendments after 2006, have been submitted till 2009 but the registrar might not have accepted as it might be in a different format. Dr. Radhakrishnan expressed that after 2006, no new amendments have been recorded at registrar office, and hence 2006 constitution is final. Dr. Geeta Joshi accepted that amendments should have been done as per requirement of society.

Dr. Bhimeswar, Dr. Radhakrishnan, Dr. Geeta Joshi & Dr. Madhuri accepted the fact that as per in writing of registrar; no documents after 2011, no amendments after 2006 and elections to be conducted as per constitution. They accepted to continue to resolve things till amendments unchallenged upto 2014.

Dr. Radhakrishnan & Dr. Geeta Joshi felt & expressed that since the issue was around Hon. Secretary & Hon. Treasurer Posts election at ISSPCON 2015, let's work on resolving things around this topic. Dr. Radhakrishnan expressed that previous Hon. Secretary (Dr. Ashok Saxena) has done mess of things because of which society is facing the crisis.

It was accepted to follow the constitution of 2006 with relevant amendments upto 2014 for which President expressed reservations that unless he has documents about amendment, he would not like to comment. Dr. Radhakrishnan & Dr. Geeta Joshi expressed that Hon. Secretary & Hon. Treasurer elections have not been done as per constitution & they need to be abolished.

At this stage, Dr. Bhimeswar & Dr. B.B. Mishra opined that entire elections of ISSP 2015 needs to be cancelled as the previous Hon. Secretary (Dr. Ashok Saxena)'s wrong notification lead to this all fiasco and cancellation cannot be piecemeal as per legal opinion. Drs. Babita, Geeta Joshi, Cham, Madhuri, Bhimeswar, Radhakrishnan participated in the discussion that previous team has to be replaced in GC if entire election of 2015 has to be cancelled and almost all GB members expressed that they don't want previous Hon. Secretary & Hon. Treasurer team as because of them whole thing has cropped up.

Dr. Babita & Dr. Bhimeswar expressed that Dr. Kritika Doshi & Dr. Karthic Babu have been deprived of contesting elections, they might also go to court?

Dr. Geeta Joshi said that there are also mistakes in electing editor, joint secretary; but let's correct those mistakes later. First let's correct the mistake of electing the Hon. Secretary & Hon. Editor. At this stage Dr. Bhimeswar expressed that as per 2006 constitution, only the secretary will be elected and he will chose his treasurer (preferable from same city) from life members in GB who has completed one term in EC.

Dr. Muralidhar Joshi read out that joint secretary, editor & treasurer would be nominated by EC as per 2006 constitution.

Dr. Babita & Dr. Bhimeswar said that Dr. Muralidhar Joshi had to go with Dr. Vijayanand as treasurer as per notification of previous secretary, otherwise he had a choice to go with someone who had completed one term of GC. Both of them asked why should Dr. Muralidhar Joshi be victimized for error of previous secretary? For which, Dr. Radhakrishnan & Dr. Geeta Joshi said entire thing happened because of series of blunders from previous secretary.

At this stage Dr. Geeta Joshi, Dr. Sale, Dr. Gautam, Dr. Pravesh expressed that it's painful to disqualify an efficient person like Dr. Muralidhar Joshi who is known not only at national but also at international in various fields, but this is being done to smoothen the ISSP functioning process. GB members opined that the services of Dr. Muralidhar Joshi & Dr. Vijayanand should be availed by ISSP in other programmes, not only as secretary or treasurer but also in different capacities like pain academy and other responsibilities.

For which, Dr. Muralidhar Joshi thanked everyone in the house for the confidence they have in him & Vijayanand as a team. He reiterated that both of them do not have to be secretary & treasurer to serve ISSP; they have served ISSP earlier and will serve in future; finally he said that the issue is about constitutional validity of election of Hon. Secretary & Hon. Treasurer and if President says it's invalid he and Vijayanand will bow out from the posts with grace and President's decision is final.

Dr. Bhimeswar said that as per 2006 constitution, Dr. Muralidhar Joshi is still eligible and he can choose a new treasurer from GB; a discussion happened between Dr. Sale, Dr. Geeta Joshi, Dr. Baljit, Dr. Madhuri and others.

Dr. Gautam Das said that because Dr. Madhuri & Dr. Nankar were declared as elected in GC & AGBM; they should be restored as Hon. Secretary & Hon. Treasurer and Dr. Murali & Dr. Vijayanand to be repositioned as academy of pain chairman & coordinator. For which some members in GB supported.

Dr. Bhimeswar said in the event elected candidate Dr. Muralidhar Joshi is not given any chance to work as secretary by GB, then joint secretary will function as secretary till next election, as per constitution. For which Dr. Madhuri did not agree. Then Dr. Bhimeswar, explained that the entire EC of 2014-15 is responsible for the election debacle of 2015; the notification came on website and other media one month before election and none of the EC members made an attempt to correct same till February 6th 2015 and made hue and cry about 2006 constitution. In this situation, losing candidates cannot be restored as secretary and treasurer. Dr. Muralidhar Joshi was not given a chance to find a new partner as treasurer. Some EC members said that they never received newsletter about election notification and they wanted to be minuted & recorded that whole error happened because of the then secretary.

Dr. Geeta Joshi came with a proposal that the posts of Hon. Secretary & Hon. Treasurer should be frozen till next Elections and Mr President and Dr. Pravesh to manage the society till that time. This was not acceptable to Dr. Madhuri & she said that their team has to be restored as per the GB notice because of which she did not go to court to settle issues. She asked president why there is no sympathy for her? For which president replied, the GBM was called specifically to address her concern.

Dr. B. Radhakrishnan, B.B. Mishra & Dr. Bhimeswar said as per constitution joint secretary takes over in the absence of secretary; there is no need for anyone else. Dr. Madhuri protested that it's not justice at all. Dr. Baljit said that; since entire election was mismanaged, whole election needs to be cancelled, had Dr. Murali known he cannot select Dr. Vijayanand as treasurer, he would have gone with someone. Tomorrow Dr. Muralidhar Joshi might go to court and serve a notice to ISSP about unfair elections.

Dr. Madhuri asked all members in GB as why they are not being restored as secretary & treasurer and is there any personal agenda against them? For which Dr. Babita, Dr. Sunita, Dr. Baljit, Dr. Bhimeswar & Dr. B.B. Mishra replied as part of discussion.

Dr. B. Radhakrishnan & Dr. Bhimeswar wanted to freeze the election of secretary & treasurer or cancel whole election. Dr. Pravesh asked in case of cancellation of election 2015 who will manage the society, for which Dr. Bhimeswar & Dr. B. Radhakrishnan replied either previous executive or a new committee can be raised. Dr. Madhuri expressed either restore us or cancel the whole election.

Dr. Vijayanand once again recorded the minutes at the request of Hon. Secretary Dr. Muralidhar Joshi

Dr. Atul Sharma asked that if the whole 2015 election process was cancelled could he take to legal recourse?

Dr. B. Radhakrishnan was of the opinion that the 2015 elections were a procedural irregularity and asked for the whole process to be frozen.

Dr. Pravesh Kanthed explained that the whole process was a mistake, and requested Dr. Lokapur to not object to the current team's continuation.

Dr. Geeta Joshi was of the opinion for the 2015 election to be cancelled.

There were discussions among various members with regard to the point whether it was the whole election process that would have to be cancelled or just the posts of Hon. Secretary & Treasurer.

Meeting adjourned for a few minutes for the President to make a decision. President had a discussion with GC members and other ISSP members.

13.45 hours

The President concluded after all discussions that ISSP 2015 elections for Hon. Secretary & Hon. Treasurer did not happen as per constitution declared that the posts of Secretary and Treasurer would be frozen. The Joint Secretary will take over the secretariat till 2016. Fresh elections for the posts will be held in ISSPCON 2016.

Following this development, Dr. Muralidhar Joshi & Dr. Palanisamy Vijayanand thanked everyone in ISSP for all support for 6 months and promised to work with next team of ISSP for bringing things in order. They left the hall to pack up ISSP documents and hand it over to joint secretary of ISSP.

Mean time Drs. Baljit Singh, Pravesh Kanthed, Geeta Joshi spoke to president that Dr. Madhuri Lokapur wanted to express certain things. Dr. Madhuri Lokapur addressed President and other ISSP members that 'she has no objection if the team of Drs. Muralidhar Joshi & Palanisamy Vijayanand continue as Hon. Secretary & Hon. Treasurer & she will withdraw the legal notice served to ISSP office bearers.' This decision of her was applauded by the house & for that President also thanked her.

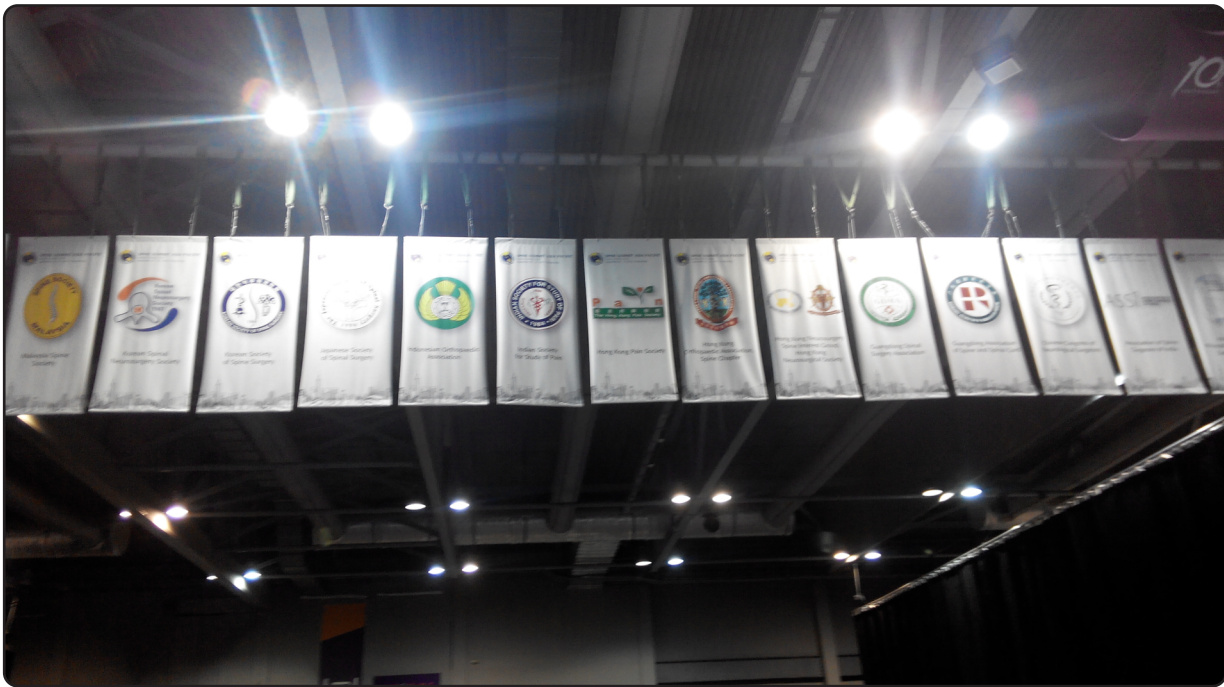
President sent a word to Drs. Muralidhar Joshi & Palanisamy Vijayanand to come back to Hall and requested them to continue as Hon Secretary & Hon. Treasurer of ISSP for the rest of the term. A resolution was passed by all ISSP Members present in EGBM to reimburse Dr. Madhuri Lokapur's legal expenses & EGBM expenses incurred by President by ISSP Secretariat.

Meeting adjourned at 1400hrs

ISSP NATIONAL ACTIVITIES

AO Spine Asia-Pacific Region

In September, ISSPHQ received an invitation from AO Spine Summit Meet of Asia Pacific Region. The summit had 18 societies of Asia Pacific Region. Hon. Secretary and other members of ISSP participated in the summit and delivered lectures during scientific sessions. It was nice occasion to show case the scientific activities of ISSP amongst Asia-Pacific region societies. ISSP made new contacts and explored newer possibilities with neighbouring societies for a constructive growth in near future.



Indian Society for Study of Pain along with other societies



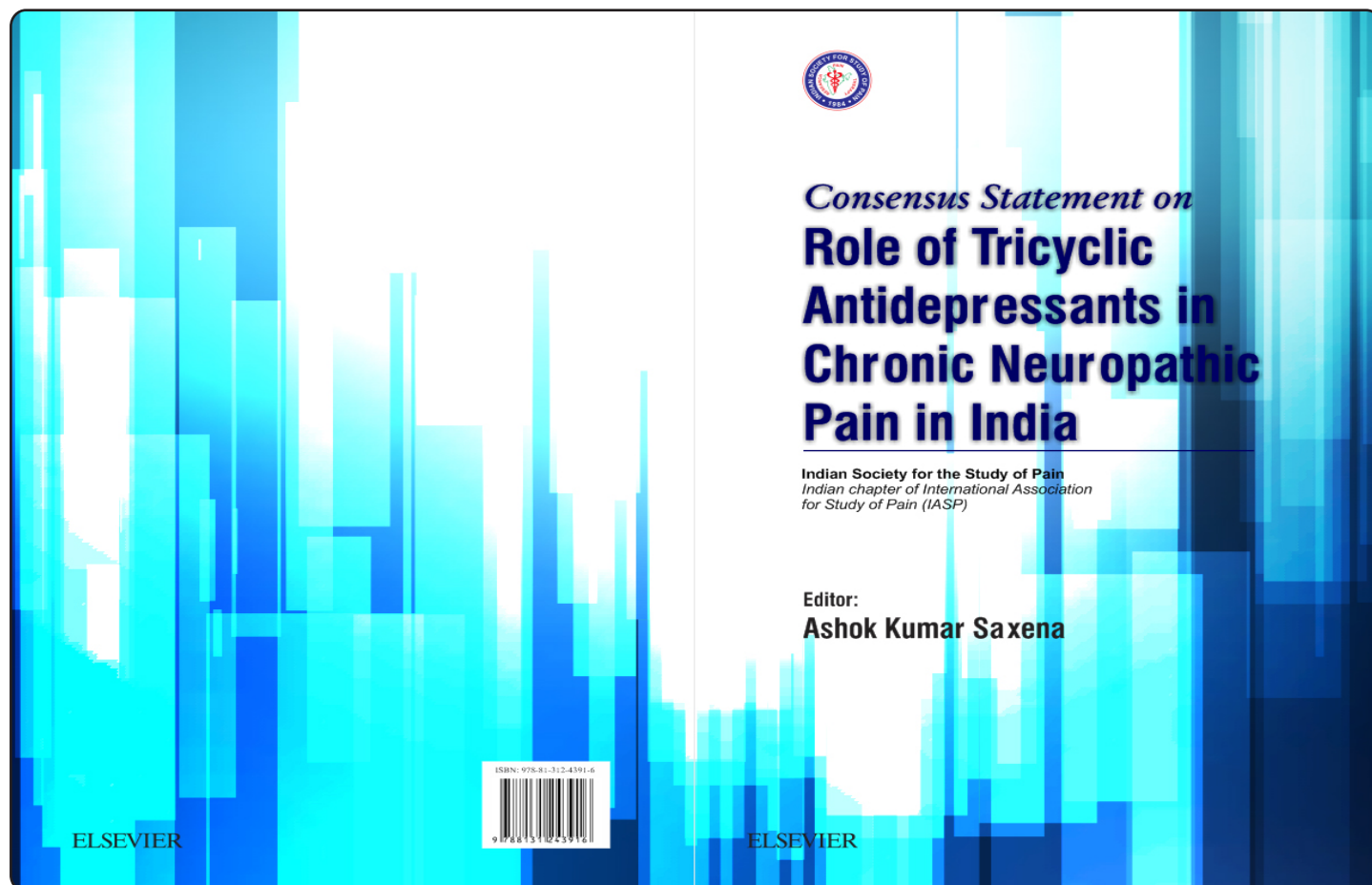
Participation from ISSP



ISSP Participation with other society members

CONSENSUS STATEMENT ON ROLE OF TRICYCLIC ANTIDEPRESSANTS IN CHRONIC NEUROPATHIC PAIN IN INDIA

In November, the first of its kind, the consensus statement was released in the name of ISSP during 'International Neuropathic Pain Update' held on 7th November 2015 at 'India Habitat Centre' at New Delhi. The contributors were all from ISSP for our society's cause. This is the first step taken in this academic direction. We are grateful to all ISSP members who have contributed; and also to Dr Ashok Saxena & Elsevier Team. We promise you that you are going to witness many more such events from ISSP in near future about monographs, CME's, Workshops, Guidelines so on and so forth...



Cover page of the monograph on role of TCA's in chronic neuropathic pain in India

International Neuropathic Pain Update – 2015 (INPU-2015)

As mentioned earlier INPU-2015, was organised at 'India Habitat Centre', New Delhi on November 7th 2015. It was a great event with participation of faculty across the globe. All The ISSP members had a productive discussion with IASP Governing Council Members. There was good exchange of thoughts across both the groups. The ISSP GC had a good discussion with the President of IASP Dr. Ralf Treede & Secretary of IASP Dr. Sreenivasa Raja and other IASP GC members. The Scientific programme of the event was exemplary and a trendsetter. We wish to have more such events. We congratulate the INPU team leaders Dr. Ashok Saxena, Dr. Sushma Bhatnagar, Dr. Shiv Rana and others for the wonderful show.



**ISSP President & Secretary with IASP
Hon Secretary Dr Sreenivasa Raja**



**ISSP Secretariat with IASP
President Dr Ralf Treede**



ISSP Governing Council



IASP & ISSP Presidents with some ISSP GC members



INPU-2015 session in progress

ISSP STATE CHAPTER ACTIVITIES

KARNATAKA STATE CHAPTER ACTIVITIES

June

A scientific meeting was organised in association with Apollo Hospitals, Bangalore on 20th of June 2015.

The programme was as follows:

1. Piriformis syndrome, our experience - Dr. Subramanian
2. Recent advances in neuropathic pain - Dr. Lohith Basavaraj
3. The role of a psychologist in chronic pain clinic - Dr. Priya, Clinical psychologist
4. Comparative study of TAP block and Epidural for postoperative pain in abdominal hysterectomy - Dr. Kumar

September

The Sri Shankara Cancer and Research Institute hosted a CME on shoulder pain in association with ISSP, Karnataka Chapter on the 12th of September 2015.

The programme was as follows:

1. Introduction to the topic with anatomy - Dr. Sunitha
2. Shoulder pain in non-cancer patients - Dr. Raghavendra R
3. Shoulder pain in cancer - Dr. Naveen Shetty
4. Imaging in shoulder pain - Dr. Madhukar
5. Management Options with emphasis on Surgical Management - Dr. Suresh Krishnamurthy
6. Interventional management - Dr. Murali Thondebhavi
7. Conservative management and Rehabilitation - Dr. Athma Prasanna



ISSP CITY CHAPTER ACTIVITIES

CHANDIGARH CITY BRANCH

The Chandigarh city branch conducted Third Education activity of Project Title: "PAIN EDUCATION IN THE GRADUATE NURSING SCHOOL AT A TERTIARY CARE CENTRE IN INDIA" UNDER "IASP Developing Countries Project: Initiative for Improving Pain Education" by Dr. Babita Ghai (Additional professor in Department of Anaesthesia, PGIMER, Chandigarh) and the team.

Report of Third educational CME for Nursing Students:

The third educational CME of this project was organized on 22nd September 2015 for the current nursing interns (4th Year) of National Institute of Nursing Education (NINE), PGIMER, Chandigarh. It was a one daylong workshop dealing with basics of pain and different techniques and modalities of pain management, which was attended by 94 nursing graduates of NINE, PGIMER. There were 15 learned resource faculties from multidisciplinary departments for this program. This activity was also highly appreciated by delegates for its scientific deliberations and interactive sessions. The pre lunch session consisted of 13 interactive lectures while post lunch session was more of hands on session with video presentations of real pain scenarios and patients with case vignettes and pain management equipment's workstations including PCA pumps, TENS, elastomeric pumps, spinal and epidural sets, pain scales, drugs etc.

Nurses' interns urged to include this structured program in their curriculum. During this program we distributed pretest and posttest "Knowledge and Attitudes Survey Regarding Pain" (KASRP) to these nursing students.



CHANDIGARH CITY BRANCH

The Chandigarh branch of Indian Society for Study of Pain organised a one-day Continuing Medical Education (CME) programme "Residents' Role In Pain: Strengthening The Pillars" on 27th September 2015 at PGIMER, Chandigarh. Prof. P Chari, former Head, Department of Anaesthesia and Intensive Care, PGIMER, who had established the first pain clinic at PGIMER, inaugurated the CME. More than 150 anaesthesiologists and pain specialists from Chandigarh and neighbouring regions attended the CME.

The scientific session started with Prof. Y.K. Batra, PGIMER discussing the perspective of resident doctors regarding pain medicine and Dr. Gaurav Goyal, New Delhi and Dr. Gaurav Sharma, Jaipur, describing the clinical assessment of the patients with pain. There were presentations regarding MRI for spine and intra-discal procedures (Dr. Pankaj Surange, New Delhi), stellate ganglion block, caudal and sacroiliac joint blocks, role of PRP (Dr. Varun Singla, Lucknow) and ultrasonography (Dr. Anurag Aggarwal, Kanpur) in chronic pain and knee osteoarthritis by Dr. Sharad Prabhakar, PGIMER and Dr. Sandeep Khuba, Lucknow.

Resident doctors gave video-presentations regarding the techniques of various regional anaesthetic techniques such as infraclavicular brachial plexus block, paediatric TAP block, adductor canal block, thoracic paravertebral block, PEC block and serratus anterior block. Panel of experts discussed management of various acute pain scenarios and problems during labour analgesia. The Punjab Medical Council accredited the CME.



CHANDIGARH CITY BRANCH

Fourth and Final education activity of Project Title: "PAIN EDUCATION IN THE GRADUATE NURSING SCHOOL AT A TERTIARY CARE CENTRE IN INDIA" UNDER "IASP Developing Countries Project: Initiative for Improving Pain Education"

Primary Organizer:

- Dr. Babita Ghai (Additional professor in Department of Anaesthesia, PGIMER, Chandigarh)

Co-organizers:

1. Prof. Y.K. Batra (Professor and HOD Anesthesia, PGIMER, Chandigarh)
2. Dr. Sandhya Ghai (Principal, NINE, PGIMER, Chandigarh)
3. Dr. Dipika Bansal (Assistant Professor, Department of Clinical Pharmacology and Clinical Research Unit, National Institute of Pharmaceutical Education and Research, Mohali)

Report of fourth educational activity:

The fourth and last educational activity of this project '**Pain education in the graduate nursing school at a tertiary care centre in India**' was organized on 20th Oct 2015 for the nursing interns (current 3rd Year) of National Institute of Nursing Education (NINE), PGIMER, Chandigarh. It was a one day long

workshop dealing with basics of pain and different techniques and modalities of pain management, which was attended by 83 nursing graduates of NINE, PGIMER. This time the program started around 8.00 am and finished at 5.30 pm. There were 12 resource faculties and 3 anesthesia residents and 2 research staff helping the organization of this activity. There were round 20 person manpower for handling audiovisual and logistics including catering etc.

Just like previous activities, this activity was also highly appreciated by delegates for its scientific deliberations and interactive sessions. This time around we had lots of discussion during case vignettes regarding acute postoperative pain management and labor pain and analgesia. The pre lunch session consisted of 12 interactive lectures while post lunch session was more of hands on session with vedio presentations of real case scenarios and patients with case vignettes and pain management equipment's workstations including PCA pumps, TENS, elastomeric pumps, spinal and epidural sets, pain scales, drugs etc. Nurses' interns urged to include this structured program in their curriculum. During this program we distributed pretest and posttest "Knowledge and Attitudes Survey Regarding Pain" (KASRP) to these nursing students.



INDORE CITY BRANCH

Clinical meeting of ISSP Indore city branch

1) On 28th May 2015, at Hotel Crown Palace, a joint meeting of ISSP Indore city branch & ISA Indore city branch. Two talks on Cervical Epidural Injections were given. A) Cervical Epidural block – video demonstration of vivid uses in Surgery – Dr. Javed Khan, B) Cervical Epidural Block – applications in chronic pain – Dr. Pravesh Kanthed. Seventy-five members attended it from ISSP & ISA.



2) Medanta Hospital, Indore on 10th July 2015.

The theme of meeting was "CRPS". Two lectures were given. 1) Pathophysiology & pharmacological management of CRPS - Dr. Mayank Massand, 2) Interventional Pain management in CRPS by Dr. Aditi Jain. Good number of ISSP & ISA members attended both the meetings.



The preparations for ISSPCON 2016 is in full swing & ISSP Indore city branch is committed to make this event a memorable one for all the attendees in terms of scientific content, workshops, local hospitality, food & cultural programme.

Website for ISSPCON is now live & details & registration can be done through www.isspcon2016.com.

JAIPUR CITY BRANCH

Greetings from Pink city!!

We are happy to inform you about development at our city branch. We conducted 2 meetings and decided to register our branch at society registrar. For that we started the proceedings, we have requested all our members to update their details on our official website of ISSP.

I want to update you about our executive committee, which is as follows:

Dr. Neena Rungta: President

Dr. Vandana Mangal: Vice President

Dr. Anjum Khan Jod: Vice President

Dr. Gaurav Sharma: Hon. Secretary

Dr. Ajay Gupta: Joint Secretary

Dr. Akhil Agarwal: Hon. Treasurer

We participated in a CME on "Pain Management: An Update" organized by Department of Anaesthesia, NIMS Medical College and Hospitals Jaipur on 15th October 2015. Dr. Neena Rungta delivered a lecture on "Trigeminal Neuralgia Management", Dr. Gaurav Sharma delivered a lecture on "Pain Management: What

What Should we know" and Dr. Kanchan delivered a lecture on "Radiofrequency Ablation in Pain Management". Dr. Meenakshi Sharma Prof and HOD NIMS Medical College organized the whole event.



NAGPUR CITY BRANCH

CME on Cancer Pain & Breast Cancer Update

On eve on breast cancer awareness RST Cancer Hospital and Research Institute celebrated October month as breast cancer awareness month at Nagpur.

ISSP, Nagpur branch participated in the public awareness programme in association with RST, Cancer Hospital and IMA, Nagpur.

Around 200 people from various nursing schools, students from girls colleges and schools, patients and their relatives, doctors from different specialities participated in this event.

ISSP Nagpur, IMA Nagpur and RST CANCER INSTITUTE organized CME on Breast Cancer Update jointly. It was successfully conducted at IMA Premises on 30th October. Various experts from different fields spoke on the various important topics like surgical management of breast cancer, role of chemotherapy in breast cancer management etc. Dr. Anjali Kolhe, Senior Consultant Anaesthesiology, Pain and Palliation of RST Cancer Institute delivered a lecture on Cancer Pain Management. She highlighted the various modalities and interventions practiced in cases of intractable cancer pain. The session was chaired by well-known senior anaesthesiologists Dr. Sri Rao and Dr. Anjankar.

There was good interaction and participation from the audience and everyone appreciated the efforts taken jointly by the involved organisations. The CME was attended by 110 doctors and was granted 1 credit hour by MMC for the delegates and 2 for the faculty members.



Clinical Meet on Interventional Pain Management

Indian Society for Study of Pain, Nagpur City Branch in association with Wockhardt Hospital had organized a CME on Interventional Pain Management at Wockhardt Multispeciality Hospital on 30th September 2015. Mrs. K. Sujatha, Wockhardt Centre Head, appreciated the efforts taken by ISSP Nagpur for organising this meet at Wockhardt Hospital, inaugurated the meet.

Dr. Anjali Kolhe, President ISSP Nagpur and Pain Consultant at RST Cancer Institute and Get-well hospital in her welcome speech highlighted the need of creating awareness regarding the importance of interventional procedures commonly performed in cases of chronic pain and setting up of pain clinics at multispeciality hospitals. The meet had 3 important lectures for the beginners as well as those practicing pain. The speakers for the meet were Dr. Kiran Vyawahare, Dr. Archana Deshpande and Dr. Sunita Lawange. Dr. Kiran Vyawahare, pain physician at Wockhardt Hospital gave a brief overview on management of chronic pain, which included etiology, causes of chronic pain and various modalities used in managing chronic pain. Dr. Archana Deshpande, pain consultant at Harmony pain clinic, spoke on CRPS: its causes and management along with discussion on a very interesting case of CRPS. Dr. Sunita Lawange, pain specialist at Orange City Hospital and Research Institute and Ashwini pain clinic highlighted on the various interventions commonly performed in low back pain by the pain physicians. The interventions like caudal epidurals, facet joint blocks, transforaminal nerve root blocks, lumbar sympathetic blocks and neurolysis and radiofrequency procedures were discussed in her presentation. The chairpersons for the sessions were Dr. Bhau Rajurkar and Dr. Amol Dongre. The CME was attended by doctors from various specialities and there was a good interaction amongst the speakers and the audience. Dr. Sunita Lawange honorary secretary ISSP Nagpur gave vote of thanks.



ELECTION NOTIFICATION FOR THE YEAR 2016

Nominations are invited for the following posts as per the constitution of ISSP

1. President Elect - One Post..... Tenure – 1 Year

- Eligibility - He/She should be a life member of ISSP for last 10 years
- He/She should have served one full term as GC member
 - He/She should have attended at least three AGBM's in last 5 years
 - He/She should also be an IASP member

2. Vice President - One Post..... Tenure – 1 Year

- Eligibility - He/She should be a life member of ISSP for last 10 years
- He/She should have served one full term as GC member
 - He/She should have attended at least three AGBM's in last 5 years
 - He/She should also be an IASP member

3. Editor - One Post..... Tenure – 3 Years

- Eligibility - Shall be nominated by GC from life members present in AGBM
- He/She should send nomination for the Editor post
 - He/She should have served one full term as GC member
 - He/She should have attended at least two AGBM's in last 3 years
 - He/She should also be an IASP member
 - Editor's application should accompany academic accomplishments like papers, publications, editorial experiences and any other academic experiences

4. Governing Council Members – Three posts Tenure – 3 Years

- Eligibility - He/She should be a life member of ISSP for three years
- He/She should have attended at least two AGBM's in last 3 years
 - He/She should also be an IASP member

NOMINATION FORM FOR 2016 ELECTION OF OFFICE BEARERS

Name of the post applied for.....

Name : Dr / Mr / Ms / Mrs.....

ISSP Life Membership Number:

IASP Membership Number:

Address for Correspondence:.....

.....

City..... Pin.....

State.....

Phone: (Resi)..... (Off)..... (Mob).....

Email ID

Proposed By:

Name:.....

ISSP L M No.....

Address

.....

.....

Seconded By:

Name.....

ISSP L M No.....

Address

.....

.....

I, Dr..... here by give my consent for the nomination for the post of of ISSP for the election which are scheduled in February 2016.

Signature: **Date:**

Name & ISSP L M No:.....

Designation:.....**Specialty**.....

Institute:.....

Note: Last date of receipt of forms will be **20th January 2016**

- Applicant should enclose a short bio-data along with this form
- Editor's application should accompany academic accomplishments like papers, publications, editorial experiences and any other academic experiences

IASP/ISSP TRAINING PAIN FELLOWSHIP

Applications are invited from the suitable and eligible candidates for Training Fellowship in Pain, which are as follows:

- (1) IASP Fellowship..... One in number
- (2) ISSP Fellowship..... Four in number

Terms and Conditions:

- Applicant should be a life member of ISSP for at least more than one year.
- Application should be accompanied by recommendation letters from two referees, who are Life Members of ISSP.
- On completion of training, the candidate should be able to open a pain clinic or serve the institute for propagation of pain work.
- Training period is of one month duration only.
- The sponsorship amount will be given only after completion of training and submission of completion certificate, duly signed by competent authority of the institute where the training was accomplished.
- The amount of the sponsored fellowship will be determined according to the prevalent rate of Bank interest at the time of completion of training.
- Selected candidate has to write his / her preference of two out of ten approved training centers, which are at – Mumbai, Kolkata, Varanasi, New Delhi, Jamnagar, Hyderabad and Ahmedabad.
- Application should be addressed to the Secretariat Office, ISSP, duly filled.
- Incomplete application in any form will not be considered.
- Selection of the candidate will be done during forthcoming ISSPCON conference .
- Applications should reach Secretariat Office not later than **20th January 2016**

APPLICATION FORM FOR TRAINING FELOWSHIP

Full Name: Dr / Mr / Mrs

(in block letters)

(Surname)

(Name)

(Middle Name)

Sex: Male / Female **Age:** years, **Date of Birth**

Qualification (University & Year of passing)

ISSP Life Membership number Year of Registration (ISSP):

Present Appointment

Name of Institute

Address for correspondence:

Pin..... State..... Phone.....

E-mail ID: **Mobile No:**.....

Conference Attended ISSPCON

2011 (Yes/No) 2012 (Yes/No) 2013 (Yes/No) 2014 (Yes/No) 2015 (Yes/No)

Research Papers, Publications & Presentation in Pain

(If needed, please use additional paper)

I hereby declare that the information submitted is correct. I will abide by the selection criteria and rules of selection committee.

Date:

Signature of Applicant

(Application form should reach the Secretariat Office by 20th January of 2016)

INDIAN SOCIETY FOR THE STUDY OF PAIN

INDIAN CHAPTER OF INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN

Reg. No.: U.P./470/84-85

LIFE MEMBERSHIP FORM

Full Name: Dr / Mr / Mrs

(in block letters) (Surname) (Name) (Middle Name)

Sex: Male / female **Age:** years, **Date of Birth** **Blood group:**.....

Qualification (University & Year of passing)

Specialization: **Registration No.:**

Designation:

Special Interest in field of pain:

Permanent Address:

.....

Pin..... State..... Phone.....

Present Address (for correspondence):.....

.....

Pin..... State..... Phone.....

E-mail ID:..... **Mobile No:**.....

I agree to abide by the rules & regulation of Indian Society for The Study of Pain.

I wish to join INDIAN SOCIETY FOR THE STUDY OF PAIN as Life member/Associate Member and enclose Cheque / D.D.

No. drawn on Date..... Bank for Rs.....

(Drawn in favour of Indian Society for The Study of Pain) towards subscription for the life Membership.

Date:

Signature of Applicant

1. Sponsor's Signature Name/ISSP No

2. Sponsor's Signature Name/ISSP No

✓ **Life Membership Fees:** Within India: Rs. 5000/- Outside India: US \$ 250/-

✓ **Associate Membership Fees:** Within India: Rs 3500/- Outside India US\$ 150/-

✓ P.S. Outstation Cheque should be accompanied by Rs. 100/- extra as bank charges.

✓ Send two passport size photographs for I card.

✓ Cheque / DD in favour of "Indian Society for The Study of Pain" payable at Hyderabad.

Form to be sent to..

Dr. Muralidhar Joshi, Hon. Secretary, Indian Society for The Study of Pain

102, Naveena Residency, Plot No39A, Road No. 2, Filmnagar, Jubilee Hills, Hyderabad-500033

Email: issphq@gmail.com Mob: +91 99490 49946 Res: Ph: +91 -40-23555124

For Office Use: Receipt No. & Year..... LM No.....

ALM No..... LF No.....

Form for I Card & Change of Address

If so, please complete this form in **BLOCK LETTERS** and send to:

ISSP Secretariat for correction in records.

Use this form for sending information for I card. Send 2 passport size photos and Rs. 100/- .

Get your I - Cards prepared, as it will be compulsory during ISSPCON

Name: Dr / Mr / Ms / Mrs

ISSP Life Membership number.....

Blood Group..... Date of Birth

Old Address

New Address

City..... Pin..... State.....

Phone : (Resi)..... (Off)..... (Mob).....

Email ID.....@.....

Signature..... Date

Send to:

Dr Muralidhar Joshi

Hon Secretary, ISSP

102, Naveena Residency, Plot No 39A,

Road No 2, Filmnagar, Jubilee Hills,

HYDERABAD – 500 033

Telangana, India



31st Annual National Conference of Indian Society for the Study of Pain



ISSPCON
Indore 2016

Pain Management - from Research to Result

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At Brilliant Convention Centre,
Indore (M.P.) India

Date : 5th to 7th Feb. 2016

Pre Conference Workshop
SAIMS, Sanwer Road, Indore

Date : 4th Feb. 2016

2016 Highlights

- Eminent international & national faculty
- Lectures on basic sciences
- Stress on practical aspects of pain management
- How do i do it sessions
- Video demonstrations
- State of the art cadaveric lab with fresh cadavers
- Fully air conditioned hall for workshop with 10 working stations
- Cadaveric hands on fluoroscopic workshops including basic & advanced procedures
- Ultrasound workshop on volunteers
- Cadaveric endoscopic discectomy workshop

International Faculty



Dr. Anil Sharma
(USA)



Dr. Osama Alahdal
(Saudi Arabia)



Dr. Charles Daknis
(USA)



Dr. Shripad
Dhawlikar (USA)



Dr. Sanjay Bakshi
(USA)



Dr. Sarjoo Bhagia
(USA)

Hosted by ISSP M.P. Chapter
Organised by ISSP Indore City Branch

Registration Contact

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International Scientific Partners



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