



Newsletter

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ISSP

Indian Society for Study of Pain

Indian Society for Study of Pain

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FROM SECRETARIAT'S DESK

Dear Members,

Greetings from ISSP Secretariat!

The year 2016 has been a great year for ISSP. We had a plethora of academic activities all over the country & a lot of new initiatives from ISSP Secretariat.

Academics

In February 2016, the President of ISSP Dr BB Mishra had formed a three-member committee to look into the implementation of Indian Academy of Pain Medicine (IAPM) guidelines. The pilot project in this regard has been started at Hyderabad on ISSP Formation Day. The committee will continue its tenure till GC meeting at Jaipur in ISSPCON 2017, following which it will get immediately dissolved to pave way for new team of IAPM.

There is a proposal from IASP regarding Pain Camps to be held 2017 in association with ISSP. We are waiting for further communication in this regard.

This was closely followed by initiation of working on the ISSP project of preparing a set of guidelines in association with other specialties like Orthopedics, Psychology, Physiotherapy, Dieticians, and Rehabilitation. It's in final stages of implementation. As one-time honorarium ISSP has received Rs 3,50,000 as an educational grant for developing guidelines.

Dr. Sushma Bhatnagar has been elected to represent Asia at IASP as Governing Council Member from 2016 to 2022. We have good news to share with you in regard to World Federation of Society of Anaesthesiologists (WFSA) Pain Relief Committee. WFSA has inducted our Hon. Secretary Dr. Muralidhar Joshi to be part of the committee in view of his contribution to Essential Pain Management Programme & he will represent Asia. We congratulate him and the Essential Pain Management. The latter, in addition, was shortlisted for the prestigious British Medical Journal's South Asia awards 2016 in the category Excellence in Medical Education for their work in the field of pain education.

In July, our President kick started a worldwide programme of 'World Pain Awareness Day' to mark the ISSP Formation Day on July 9th in 1984. It was mind-boggling event with so many city & state chapters chipping in with innovative programmes. There were many individual initiatives too, making it the most successful ISSP project for the year. Let's work towards making it an annual event and spread the knowledge and wisdom.

We have some good news from Dr. Kailash Kothari, our dynamic Editor of Indian Journal of Pain. The print version of Indian Journal of Pain has been restarted from this year (2016). There could be some teething problems with respect to delivery of journal, let's join hands to make it a feasible project.

We have some more fabulous information from IAPM (Indian Academy of Pain Medicine) adhoc committee. They have already submitted the accreditation criteria, curriculum and other documents well ahead of time allotted to them. As mentioned earlier they have started the pilot project of the Fellowship on July 9th 2016 at Hyderabad. The ISSP, in addition, has started receiving applications for centres to be accredited to provide training towards the Fellowship of the Academy. The common entrance exam for admission towards training in the accredited centres will take place in Hyderabad in December 2016, and the training is expected to start in Jan/Feb of 2017. The process of accrediting centres is currently underway.

Secretariat

The ISSP secretariat has been working tirelessly for last 18 months after taking charge of the responsibility. The agenda in our mind is to revamp the database of ISSP members and also ISSP website. You will be happy to know that we achieved a great amount of success in this regard. More than 40% of ISSP member's database has been updated with their emails & mobile numbers. The website is on par with international standards. We are being assisted by a good number of ISSP members in all these efforts.

We had three rounds of fruitful discussions with insurance officials (IRDA) of government owned insurance companies & CGHS officials. This is in regard to the points raised in AGBM 2015 & 2016 regarding insurance coverage for Pain Medicine Interventions. We have stressed importance of nearly 90-day care procedures in interventional pain management for acceptance. We will follow it up and keep you updated on how it evolves.

Please go through the details of various Awards, Nominations, and Fellowships in our website, all information has been uploaded on the website for the benefit of members. Interested members and member societies can apply for them before the last date as specified.

The ISSPCON 2017 is scheduled at Jaipur, Rajasthan. Don't miss the chance. Hurry up and register today for early bird registration!

IT returns for financial years 2013-14 & 2014-15 have been filed; there were some queries about TDS/TCS, which have been replied by our Tax consultants at Delhi.

We have received audited report of financial year 2015-16 to be submitted to IT Department.

Our society registration has been renewed for 5 years from 20th July 2016. The Hon. Secretary visited the Registrar's Office at Varanasi on an official visit to understand the current scenario at the office.

Future

The IASP has declared 2016 as Global Year Against Pain in the Joints & 2017 as Pain After Surgery. Various chapters have initiated events in this regard. We will come back to you with information in this regard in the next newsletter of ISSP.

We request members to update their details online through ISSP website, with their registered email ID, for any problem please contact issphq@gmail.com. As promised, we have started online registration of new members in the form of Net Banking.

Conclusion

Before we conclude, ISSP Secretariat would like to thank all of you for trusting our ability & commitment. We will strive to achieve the goals set by our senior colleagues and predecessors. With support from everyone, we can take ISSP to new heights not only within our country but also across the globe. We thank one and all.

We are grateful to all the members of the Governing Council for their enthusiasm and other members of ISSP for their readiness to carry forward the new initiatives. Their valuable inputs have been of immense help for the activities of ISSP in general and ISSP Conferences and meetings in particular.

Long Live ISSP
With Regards & Best Wishes,



Dr Muralidhar Joshi
Hon. Secretary ISSP



Dr Palanisamy Vijayanand
Hon. Treasurer

PRESIDENT'S MESSAGE

Greetings from the President.

This year was an eventful year for our society. I congratulate the Secretary and his office for sorting out the long pending issues of our society. Moreover, I congratulate Prof.Sushma Bhatnagar being elected to the executive Committee of IASP and Dr. Muralidhar Joshi being elected to the Pain Relief Committee of WFSA.



I also congratulate Dr Babita Ghai & Dr P Vijayanand for their accomplishments during IASP World Congress at Yokohama. It has been a great show from members of ISSP participating in the World Congress, where they have left a lasting impact. Kudos to all. I appreciate efforts of IASP-ISSP for jointly planning the proposed "Pain Camp" in first half of 2017.

I thank all the members and the City and State branches for responding to the call to celebrate the ISSP formation day i.e. 9th July as Pain Awareness Day. This event was a huge success.

As decided by the General Body in Chennai; there has been a lot of progress for starting the IAPM under the banner of ISSP. I congratulate the committee headed by Prof RP Gehdoo and the members Dr. PK Jain & Dr Vijayanand. The Entrance Exam notification for the Indian Academy of Pain Medicine fellowship has been published and will be conducted at Hyderabad on 17th of December 2016. I hope this will be a small step in the right direction.

There was a proposal by Asian Society For CME to partner with ISSP to develop Pain management guidelines as there is lack of specific consensus , document/ protocol for comprehensive pain management in India. I think this is an excellent proposal & we can accept this proposal for making protocols for comprehensive pain management in India.

I thank all the Governing Council members, Past Presidents and all the members of ISSP for the whole hearted support they extended to me in discharging my duties.

I request all the members to attend in large numbers and make 32nd ISSPCON a grand success. I wish the members of ISSP and their families A Merry Christmas and Happy New-Year 2017.

Looking forward to meet you all at Jaipur.

Long Live ISSP.

Dr.BB Mishra, MD, FICA.

President ISSP

January 2017 admission in Indian Society for Study of Pain accredited centres

Entrance Examination

Sunday 17th December 2016, Hyderabad

For eligibility criteria, application form & further details

Visit www.issp-pain.org

ISSP INTERNATIONAL ACTIVITIES

Report on World Congress in Pain – September 2016, Yokohama, Japan

Around 50 delegates from India attended the World Congress in Pain at Yokohama, Japan from 25th to 30th of September 2016. It was a veritable academic feast with many positives for ISSP and India.

From an acute pain perspective, Dr. Babita Ghai chaired a session on "Making Change Happen: Measurements driving metamorphosis," during the Acute Pain SIG satellite symposium. She, in addition, was invited to represent ISSP for the International Pain Registry meeting, where the option of India as a potential place for the PainOut project was explored. Furthermore, she was elected as co-editor for the Acute Pain SIG newsletter. Congratulations Dr. Babita Ghai!

From a pain education perspective, Dr. Vijayanand won the Pain Education SIG award for best poster, showcasing the work done in India to improve pain knowledge through a simple framework. The Pain Education SIG meeting had a lot of positives for ISSP, including contributing to the Global Year for Pain Education in 2018, translating the IASP fact sheets into regional languages of India, and ISSP's involvement in Competency-based Pain Education – for which Dr. Babita Ghai was a special invitee.

The conference had a vigorous social media presence, and there was live tweeting with the hash tag #IASPCongress2016. It was the top trend in Japan for two consecutive days and many of our ISSP members took to twitter, contributing to our growing social media presence in international pain conferences. Dr. Vijayanand, appointed as ISSP's social media champion, ended up in top of the pile with the most number of tweets sent during the World Congress, repeating the feat he accomplished at Milan in 2012.



Dr. Sushma Bhatnagar presented the opioid availability issue from an Indian perspective to a packed audience. There were many posters from India on a range of subjects attracting the attention of world audience and triggering intelligent discussions. Congratulations to all the presenters, for you have done exemplary work to take your science to the rest of the world.





The big ideas for the next two years were discussed during the President's Lunch, which had a good representation from India. Chaired by the IASP President, a five-point agenda was discussed – all very relevant to India and ISSP.

- Inclusion of pain in ICD-11 (International Classification of Diseases) – ISSP will do its best to contribute to the cause. A short communication from the ISSP Secretariat in this regard will be sent to all members soon.
- Essential Medicines List of WHO - To vouch for the inclusion of Gabapentin in the Essential Medicines List (EML), which will make it easy for governments across the world while formulating an EML for their respective countries. India does not have Gabapentin in the NEML. ISSP will support IASP's efforts in this regard.
- IASP Pain Camp – this was India specific, and the President announced that such a camp would be held in India starting January 2017. Other countries were requested to express their interest.
- Global Year Against Pain activities – the issues discussed under this heading included regular reporting of such activities to IASP, and the translation of fact sheets in other languages. ISSP has already taken upon itself to get this task accomplished.
- Pain Reports – There was an update by Dr. Yarnitsky – Editor, on how to publish in Pain Reports. Articles that are normally rejected by Pain such as case series, case reports, letters etc, can now be published in Pain Reports following peer review. It is an open access journal that will hopefully be Pubmed indexed within a year. There is a processing fee to be published in this journal. This will be for the individual members to decide.

There was an extensive meeting to discuss Pain Camps in India chaired by Drs. Srinivasa Raja and Ralf Baron and attended by Drs. Pradeep Jain, Sushma Bhatnagar and Vijayanand from ISSP and other senior members from India. IASP is developing a six months pain education program consisting of three sessions of two days in length to be held in 2017 at Delhi and Mumbai. Same students will attend all three sessions (25 to 30 individuals).



One international speaker will be present at each session with local Indian speakers providing the remainder of the sessions. Each international speaker will participate in the program both in Delhi and in Mumbai. The pain camp will seek to create an active learning process for students, including self-learning, pre-session and between session activities, along with pre and post assessment of participants.

The course, offered at a fee of \$ 300, is open to all clinical specialties with an interest in pain. The application for the course will be through IASP's web portal. The design of the program, key topics to be addressed, methods of assessment of delegates, application components (letter of recommendation, personal statement etc.), selection criteria, course format, teaching methodologies, and identifying and engaging local experts from specialties such as neurology and radiology as speakers were discussed and agreed. The final draft will be available soon.

The IASP might be able to provide the Refresher Course videos to participants, as well as produce a video to show how to use available resources for multi-disciplinary management of persistent pain. The appropriate use of complimentary therapies relevant to India was, in addition, discussed. The ISSP has agreed to provide the required support for the smooth conduct of the Camp.



Put together, the World Congress has provided ISSP with enormous opportunities to network, share expertise and convert ideas into action. Congratulations to all attendees of the World Congress. You have done us proud. We hope you managed to see a bit of Japan, taste its cuisine and soak-in its culture amongst all this. Now it is time to march ahead to fulfil our promises. Long live ISSP!



ISSP NATIONAL ACTIVITIES

CONSENSUS BASED CLINICAL PRACTICE GUIDELINES ABOUT COMMON PAINFUL CLINICAL CONDITIONS IN INDIA

In May 2016, the consensus statement was discussed, debated and agreed in the name of ISSP during an official meeting at Mumbai between various specialties.

The contributors were Pain Physicians (ISSP), Orthopaedicians, Rheumatologists, Psychologists, Nutrition experts, Rehabilitation specialists and others. This is the second step taken in this academic direction. We are grateful to all ISSP members who have contributed, and also to the Asian Society of CME Team. We promise you that you are going to witness many more such events from ISSP in near future about monographs, CME's, Workshops, Guidelines... so on and so forth.

WORLD PAIN AWARENESS DAY (WPAD)

WPAD was celebrated across India on 9th July 2016 to mark the foundation day of the Indian Society for Study of Pain. It was kick started from Hyderabad with a message from ISSP President Dr BB Mishra.

President's Message on WPAD 2016:

The influence of pain in an individual's life is far greater than that of any other neurological processes. From a societal perspective, a Lancet survey of 500,000 physician consultations in India suggested that pain is a major reason to seek healthcare consults. A fifth of urban Indians suffer with pain, and the prevalence was not very different in our rural communities. Its impact across professions, and across geographical regions - from rice-field farmers in West Bengal to oil-drill workers in Gujarat, and from dentists in Mangalore to nurses in Maharashtra - is not exactly discriminatory. Its severity and impact, too, could be so much so that a significant proportion of pain sufferers in India would like to quit their job if they have not already done so. Together, these statistics suggest a looming public health crisis.

The World Pain Awareness Day (WPAD) is observed on 9th of July - the foundation day of the Indian Society for Study of Pain, with the following objectives

- To focus the advocacy efforts towards rapid access to expert pain care so that right help is available as early as possible
- To ensure the World Health Organization's list of essential medicines are available for the general public
- To stress the importance of a biopsychosocial approach to assessment and management of pain by a team of healthcare professionals
- To highlight the pain needs of special populations that include the very young and very old, victims of natural calamities, and those with learning difficulties
- To encourage patient-led support networks, and
- To involve the family and caregivers in the management of a person in pain

A crucial component of WPAD is pain education among healthcare professionals to equip them with the required skills and knowledge, and to empower pain sufferers by helping them understand pain and its management and reduce the stigma of having ongoing pain.



ISSP STATE CHAPTER ACTIVITIES

ANDHRA PRADESH STATE CHAPTER ACTIVITIES

September

The Andhra Pradesh Chapter of ISSP along with ISA (Indian Society of Anesthesiologists) National, Australia & New Zealand College of Anesthetists (ANZCA), WFSA (World Federation of Societies of Anesthesiologists) and KIMS (Konaseema Institute of Medical Sciences & Research Centre) conducted a workshop on Essential Pain Management (EPM) Lite Programme for 100 undergraduate medical students on 28th September 2016. This was part of the Undergraduate National Conference being held at same institution for second year in succession. More than 600 students from 13 medical colleges were attending this event as delegates. There were another 5 workshops pertaining to BLS/ACLS, Radiology, Suturing Skills, Orthopedic tricks so on and so forth

The Dean of institution (KIMS) Dr Kameswara Rao (Past President of ISSP) expressed that the workshop was oversubscribed; the organizing team had tough time in limiting workshop delegates. The EPM programme is happening in more than 45 countries and the certificate is valid across all these countries spread over the world. The new set of slides for EPM Programme was used for first time in the world during this event. The programme consisted of pretest, interactive sessions, group discussions, posttest, feedback and certification. With the overwhelming response received every year the Dean resolved that EPM Lite programme would be a permanent feature of this conference.



DELHI STATE CHAPTER ACTIVITIES

June

ISSP Delhi Branch held its second meeting on 4th June 2016 at Artemis Hospital, Gurgaon to restructure the state chapter and address immediate issues to get going. 30 members attended the meeting. The theme of CME was “Cancer Pain & its management: Different perspectives”



August

A meeting of ISSP Delhi Branch was organised in association with IRCH, AIIMS, New Delhi on 20th of August 2016. The members looked into pending issues and wanted to clear most of it by year-end.

New Office Bearers of Delhi ISSP State Branch were elected:

- Dr Pradeep Jain - President
- Dr Shiv Pratap Singh Rana - Secretary
- Dr Mahinder Singh - Treasurer
- Dr Madhur Chadha - Executive Member
- Dr Vaibhav Bhola - Executive Member
- Dr Saurabh Gupta - Executive Member
- Dr Vinod Kumar - Executive Member
- Dr Gaurav Chanana - Executive Member

October

On 8th of October ISSP Delhi Chapter held their bimonthly meet to discuss the upcoming ISSPCON 2018 and academic build up for it. 26 members attended the meeting, and it was held at Sir Gangaram Hospital, Delhi. Various pending issues and decisions were discussed and consensus was achieved. Dr Ashu Jain was made Academic Coordinator. All members resolved to start ISSP Delhi News Letter to update members about latest happenings. The meeting was concluded to meet again in December.

KARNATAKA STATE CHAPTER ACTIVITIES

June

A CME and workshop was conducted by the CME Foundation of India in association with our chapter on acute pain, ultrasound guided nerve blocks on the 19th of June in Bangalore.

July

Indian Society for Study of Pain (ISSP) celebrated the Foundation day across India on July 9th. Pain awareness talks, scientific meetings were held across Karnataka (Bangalore, Bijapur, Mangalore, Mysore) by the state chapter members of ISSP.

Here are a few moments showing the spirit of spreading Pain awareness by our senior colleagues and members.

- a) In Mysore, a CME was held in JSS Medical College organised by Dr Akkamahadevi and Dr Pratibha Matche commemorating this day, which was well attended by doctors from all specialties.
- b) In Bijapur, Dr Nazeer Ahmed held an awareness event for all the doctors of Al Ameen Medical College.
- c) In Mangalore, Dr Ananth Rao conducted pain awareness lectures for the hospital staff.
- d) In Apollo Hospitals, Bangalore - Dr Chandrika Dutt and Dr Murali Thondebhavi conducted pain education seminars for the nursing staff.
- e) There was a scientific meeting organised on the same day in the evening. Dr NS Chandrasekhar (President of the Chapter) spoke about the history of ISSP and the vision forward. This was followed by a scientific discussion on 'Update on Neuropathic Pain'. On this occasion 'Young Pain Physician Award' for the year 2015-16 was awarded to Dr Ananth Rao from Mangalore and Dr Ashwini from Chitradurga for their enthusiastic efforts in pain medicine.

Many thanks to Dr Bibhuti Mishra, Dr Muralidhar Joshi, Dr Palanisamy Vijayanand and the rest of the central executive committee for initiating this movement.



TELANGANA STATE CHAPTER ACTIVITIES

Greetings from ISSP Telangana! We are extremely happy to inform you about the workshop on Interventional Pain management held at Continental Hospital on July 2nd and 3rd 2016. This is an annual hands-on cadaveric workshop on interventional pain management being conducted consecutively for the fourth time in Hyderabad under the auspices of ISSP in association with various hospitals.

On the first day we had scientific sessions on various interventions regularly practiced in pain clinics followed by live workshop telecasted from operation theatre to the conference hall. We were blessed to have President, Hon. Secretary and Treasurer of the ISSP on the dais for the inauguration. The chief guest of the function was Sri S Narasinga Rao, Principal Secretary for Chief Minister of Telangana.

On the second day we had a day long Hands on Cadaveric Workshop at Forensic department Gandhi medical college Hyderabad. The delegates under the guidance of the expert pain physicians performed procedures under fluoroscopy and ultrasound.

As this is an annual hands-on cadaveric workshop, it will be conducted every year on first weekend of July.



WEST BENGAL STATE CHAPTER ACTIVITIES

May 2016

ISSP West Bengal organized a CME at KPC Medical College on 28/05/2016. The Department of Anaesthesia & Pain hosted the programme and Dr Subrata Ray coordinated the CME. Dr Subrata Goswami inaugurated the programme and discussed the objective of the CME on pain management in special group – children, in parity with IASP's Global Year against Joint Pain.

Professors Amitava Rudra, Purnima Mukherjee, Krishna Gupta & Jayanta Bhattacharya chaired two sessions. Speakers were Sripurna Ghosh, Dr Manali Ta, Dr Santanu Basak, Dr Manisha Jaiswal, and Prof. Niloy Kanti Das.

Prof. NK Das spoke on joint pain in children. About 50 doctors from different discipline including Dr Arabinda Ray, Medical Superintendent of KPC Medical College also participated in the CME.



June 2016

On June 18th 2016, the West Bengal State Branch conducted a CME on 'Low Back Pain' at Vivekananda Institute of Medical Sciences, Kolkata. The CME Chairperson was Dr Tulsi Nag & Coordinator was Dr Jayanta Bhattacharya.

The following were speakers:

1. Dr Shreya Goswami – Anatomical Considerations
2. Dr Alekh – Clinical Evaluation
3. Dr Mousumi Mazumdar – Investigations & Diagnostic Tools
4. Dr Sohini Ray Sensharma – Conservative Management
5. Interventions – Anirban Pal

Dr Jayanta Bhattacharjee (HOD, Anaesthesiology -VIMS) and Vice President of ISSP-WB conducted the whole program. Dr Subrata Goswami, Secretary, Dr Subrata Ray, Dr Sarbari Swaika, Dr Dipak Roy, Dr Sarbadhikari and many other professors and HOD of different Medical Colleges, along with many senior members attended the session



July 2016

The West Bengal Branch of the Indian Society for the Study of Pain celebrated 9th July 2016 as the “World Pain Awareness Day” event on the birthday of the ISSP in 1984 with great enthusiasm. This day began with the hoisting of the flag of ISSP at the Secretariat, which will be kept for a fortnight for the awareness initiatives by the headquarters of ISSP.

The Foundation day ceremony was celebrated at Tata Medical Centre, New Town, Kolkata, followed by a CME on Cancer pain with a panel discussion.

Prof Sagarmay Basu, the President & founder of the State Branch, hoisted the flag followed by his speech highlighting the History and significance of this foundation day of ISSP in 1984, when this was established as a multidisciplinary society and also the explanation of the logo of ISSP in details.

Prof Bhabatosh Biswas, the Vice Chancellor of the West Bengal University of Health Sciences and well-known Cardiothoracic Surgeon also highlighted the initial periods of formation of the State Chapter of ISSP, as he is also a founder member of this branch.

Dr Jyotsna Goswami, HOD of Anaesthesiology and Pain welcomed the members to this historical event at the TMC. She also was a senior panelist with other experts during a multidisciplinary panel discussion on cancer pain. Secretary of the State Chapter highlighted the history and journey of the West Bengal State Chapter of ISSP in particular since 1990.

Dr Simantika Ghosh also presented a nice discussion on financial and ethical perspective on cancer pain. Prof Manjusree Ray, Past President of ISSP & Principal of Calcutta National Medical College & founder member of ISSP- West Bengal Branch also highlighted the historical events of the journey of the ISSP in the country and this State. Prof Gouri Mukherjee, HOD of the Anaesthesiology and Pain, Prof Sarbari Swaika, HOD of Anaesthesiology and Pain of IPGMER, Dr Subhendu Sarkar, Secretary, West Bengal Branch of ISA, and other members were also present to make this event memorable.



ISSP CITY CHAPTER ACTIVITIES

JAIPUR CITY BRANCH

Greetings from Pink city.

Congratulations to all on successful conduct of pain foundation day all over India. ISSP Jaipur City Branch also conducted a CME on the eve of ISSP Foundation day on 8th July. Because the Global Year Theme of this year is "Joint Pain", we invited Dr Amit Sharma, Consultant Rheumatologist as guest speaker to deliver a talk on Spondyloarthropathy: Diagnosis and Management. The Second speaker was Dr Gaurav Sharma who spoke on "Interventional Pain Management: Role in Joint Pain".

On July 9th, a workshop on Research Methodology was conducted by Aadhya pain management center and Daradia pain Foundation. A brochure for public awareness was released on the occasion of ISSP Foundation Day. The theme of Brochure was " Myths and Facts of Pain ".

MUMBAI CITY BRANCH

ISSP Mumbai City Branch feels happy to be part of ISSP Formation Day. We had a scientific programme to mark the occasion on 9th July. The theme of CME was "Joint Pain" (IASP theme of the year). The scientific content of the programme were as follows:

- Kailash Kothari - Prolotherapy, PRP, Stem cells in joint pain
- Sahu Dinesh - Shoulder pain, suprascapular nerve block under USG/Fluoro guidance
- Prakash Deshmukh - Knee pain Genicular nerve block/pRF
- Kritika Doshi- IMS/dry needling in joint pain
- Shweta Salgaonkar - Evidence on interventions for joint pain
- Jitendra JAIN - OA management guidelines

NAGPUR CITY BRANCH

July 2016

Indian Society for Study of Pain, Nagpur celebrated World Pain Foundation Day with great fervor on 9th of July 2016.

The programme started with welcome speech by President ISSP, Dr. Anjali Kolhe, Consultant Pain Physician at RST Cancer Institute and Get-well Hospital. She spoke on idea behind celebrating the event and also regarding forthcoming ISSP events to be organized in 2016.

Dr. Sunita Lawange, Secretary ISSP Nagpur gave history of ISSP in brief and also about various activities like CME, case presentations, public awareness programmes organized by ISSP Nagpur. Senior members of ISSP Dr. A.A.Ghosh, Dr. Hema Mankeshwar, Dr. Subhash Shrirao, Dr. S. Pande, Dr. Rajurkar and others were felicitated on this occasion. Dr. Avinash Joshi, well known Psychiatrist of Orange City and founder of brain and mind museum was Guest Speaker for the foundation day. He gave a very interesting talk on physiology of pranayam. It was indeed an eye opener for everyone, regarding the scientific importance and benefits of pranayam. Another event was Meditation on twin hearts, demonstrated by pranic healing team, which was a real stress reliever and energy-boosting event. Dr. Archana Munishwar, conducted the proceeding. Dr. Ranjana Deshmukh, Dr. Anil Jain. Dr. Pratibha Deshmukh and Dr. Cham were prominently present during the programme. The programme was attended by doctors from various specialities and there was a good interaction amongst the speakers and the audience Dr. Sunita Lawange honorary secretary ISSP Nagpur gave vote of thanks.



August 2016

Indian Society for Study of Pain and Indian Medical Association, Nagpur organizes CME on management of joint pain on the 20th of August 2016.

Considering the alarming rise of joint pain in people of various ages and also to educate and increase awareness, ISSP Nagpur organized CME ON JOINT PAIN in association with IMA Nagpur at IMA Hall, Nagpur. Since International Association for Study of Pain has declared 2016 as “The Year of Joint Pain”, ISSP planned to organize this CME with IMA, Nagpur, to benefit general practitioners and doctors of various specialities.



Dr. Avinash Wase, President IMA gave welcome speech. Dr. Anjali Kolhe, President ISSP in her presidential address stressed upon the various activities conducted by ISSP at Nagpur and also regarding the future activities planned by ISSP this year. Dr. Uma Kumar, Professor and HOD of Department of Rheumatology, AIIMS, New Delhi was the guest speaker for the event. Various interesting topics encountered in day-to-day practice were discussed in this CME. Dr. Uma Kumar spoke on basic approach to be followed in a case of polyarthrititis. She also highlighted on the current concepts in managing Spondyloarthropathy. Dr. Smriti Ramteke, well known Rheumatologist of orange city spoke on Management of joint pain, Dr. Sunita Lawange, Consultant pain medicine highlighted about various interventions performed in cases of intractable joint pain, the chairpersons for the CME were Dr. Shirao, Dr. Ashok Lawange, Dr. Anil Jain, Dr. Anjali Bhure, Dr. Satyajeet Jagtap, Dr. Cham, Dr. Rahatekar and Dr. Alankar Ramteke. Dr. Sheetal Dalal and Dr. Mandhania were the MOC for the programme. Dr. Sunita Lawange, Secretary ISSP gave vote of thanks. More than 200 doctors of different specialties attended the CME. MMC had granted 1 credit hour for the CME.

VARANASI CITY BRANCH

The Varanasi ISSP City Branch conducted a CME and workshop on volunteers and cadavers respectively for USC guided and Fluoroscopy Guided interventions for the benefit of pain physicians across the country on October 2nd and 3rd at IMS-BHU, Department of Anaesthesia & Pain Medicine, Varanasi. Director (IMS-BHU) Prof VK Shukla, Dean Prof JP Ojha, Medical Superintendent Dr OP Upadhyay & HOD of Anaesthesia Prof P Ranjan inaugurated the event.



ELECTION NOTIFICATION FOR THE YEAR 2017

Nominations are invited for the following posts as per the constitution of ISSP

- 1. President Elect - One Post..... Tenure - 1 Year**
Eligibility - He /She should be a life member of ISSP for last 10 years
 - He /She should have served one full term as GC member
 - He /She should have attended at least three AGBM's in last 5 years
 - He /She should also be an IASP member
- 2. Vice President - One Post..... Tenure - 1 Year**
Eligibility - He /She should be a life member of ISSP for last 10 years
 - He /She should have served one full term as GC member
 - He /She should have attended at least three AGBM's in last 5 years
 - He /She should also be an IASP member
- 3. Governing Council Members - Three posts. Tenure - 3 Years**
Eligibility - He /She should be a life member of ISSP for three years
 - He /She should have attended at least two AGBM's in last 3 years
 - He /She should also be an IASP member
- 4. INDIAN ACADEMY OF PAIN MEDICINE (IAPM) - Dean - One Post - Tenure 4 Years**
Eligibility - He /She should be a life member of ISSP for at least 5 years
 - He /She should send his credentials to ISSP Secretariat
- 5. INDIAN ACADEMY OF PAIN MEDICINE (IAPM) - Registrar - One Post - Tenure 4 Years**
Eligibility - He /She should be a life member of ISSP for at least 5 years
 - He /She should send his credentials to ISSP Secretariat
- 6. INDIAN ACADEMY OF PAIN MEDICINE (IAPM) - Governing Council Members - Two Posts - Tenure 4 Years**
Eligibility - He /She should be a life member of ISSP for at least 5 years
 - He /She should send his credentials to ISSP Secretariat
- 7. INDIAN ACADEMY OF PAIN MEDICINE (IAPM) - Governing Council Members - Two Posts - Tenure 3 Years**
Eligibility - He /She should be a life member of ISSP for at least 5 years
 - He /She should send his credentials to ISSP Secretariat
- 8. INDIAN ACADEMY OF PAIN MEDICINE - Governing Council Members - Two Posts - Tenure 2 Years**
Eligibility - He /She should be a life member of ISSP for at least 5 years
 - He /She should send his credentials to ISSP Secretariat

NOMINATION FORM FOR 2017 ELECTION OF OFFICE BEARERS

Name of the post applied for.....

Name: Dr / Mr / Ms / Mrs.....

ISSP Life Membership Number:.....

IASP Life Membership Number:.....

Address for Correspondence:.....

.....

City..... Pin..... State.....

Phone: (Resi)..... (Off)..... (Mob).....

Email ID:.....

Proposed By:

Name:.....

ISSP L M No.....

Address:.....

.....

.....

Seconded By:

Name.....

ISSP L M No.....

Address:.....

.....

.....

I, Dr..... here by give my consent for the nomination for the post of of ISSP for the election which are scheduled in February 2017.

Signature: Date:.....

Name & ISSP L M No:.....

Designation:.....Specialty.....

Institute:.....

Note: Last date of receipt of forms will be **20 January 2017**

Applicant should enclose a short bio-data along with this form

IASP/ISSP TRAINING PAIN OBSERVERSHIP

Applications are invited from the suitable and eligible candidates for IASP/ISSP Training Observership in Pain, which are total 5 in number.

Terms and Conditions:

- Applicant should be a life member of ISSP for at least more than one year.
- Application should be accompanied by recommendation letters from two referees, who are Life Members of ISSP.
- On completion of training, the candidate should be able to open a pain clinic or serve the institute for propagation of pain work.
- Training period is of one-month duration only.
- The sponsorship amount will be given only after completion of training and submission of completion certificate, duly signed by competent authority of the institute where the training was accomplished.
- The amount of the sponsored training observership will be determined according to the prevalent rate of Bank interest at the time of completion of training.
- Selected candidate has to write his / her preference of two out of approved training centers, which will be circulated to selected candidates.
- Application should be addressed to the Secretariat Office, ISSP, duly filled.
- Incomplete application in any form will not be considered.
- Selection of the candidate will be done during forthcoming ISSPCON conference in 2017.
- Applications should reach Secretariat Office not later than **20 Jan 2017**

APPLICATION FORM FOR TRAINING OBSERVERSHIP

Full Name: Dr / Mr / Mrs
(in block letters) (Surname) (Name) (Middle Name)

Sex: Male / Female **Age:** years, **Date of Birth**

Qualification (University & Year of passing)

ISSP Life Membership number **Year of Registration (ISSP):**

Present Appointment
.

Name of Institute

Address for correspondence:
.....
.....

Pin..... **State**.....

Phone.....

E-mail ID:

Mobile No:.....

Conference Attended ISSPCON

2012 (Yes/No)	2013 (Yes/No)	2014 (Yes/No)	2015 (Yes/No)	2016 (Yes/No)
---------------	---------------	---------------	---------------	---------------

Research Papers, Publications & Presentation in Pain

(If needed, please use additional paper)

I hereby declare that the information submitted is correct. I will abide by the selection criteria and rules of selection committee.

Date:

Signature of Applicant

(Application form should reach the Secretariat Office by 20th January Of 2017)

INDIAN SOCIETY FOR THE STUDY OF PAIN
INDIAN CHAPTER OF INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN
Reg. No.: U.P./470/84-85
LIFE MEMBERSHIP FORM

Full Name: Dr / Mr / Mrs
(in block letters) (Surname) (Name) (Middle Name)

Sex: Male / Female **Age:** years, **Date of Birth** **Blood group:**.....

Qualification (University &Year of passing)

Specialization: **Registration No.:**

Designation:

Special Interest in field of pain: Pain Relief.....

Permanent Address:

Pin..... State..... Phone.....

Present Address (for correspondence):.....

Pin..... State..... Phone.....

E-mail ID:.....**Mobile No:**.....

I agree to abide by the rules & regulation of Indian Society for The Study of Pain.

I wish to join INDIAN SOCIETY FOR THE STUDY OF PAIN as Life member/Associate Member and enclose
Cheque / D.D.

No. Drawn on Date..... Bank For Rs.....

(Drawn in favor of Indian Society for The Study of Pain) towards subscription for the Life Membership.

Date:

Signature of Applicant

1 Sponsor's Signature

Name/ISSP No

Sponsor's Signature

Name/ISSP No

- **Life Membership Fees:** Within India: Rs 5000/- Outside India: US \$ 250/-
- **Associate Membership Fees:** Within India: Rs 3500/- Outside India US\$ 150
- P.S. Outstation Cheque should be accompanied by Rs.100/- extra as bank charges.
- Send two passport size photographs for I card.
- Cheque / DD in favour of “Indian Society for The Study of Pain” payable at Hyderabad.

Form to be sent to;

Dr Muralidhar Joshi,
Hon Secretary,
Indian Society for The Study of Pain
102, Naveena Residency,
Plot No39A, Road No2,
Film Nagar, Jubilee Hills,
HYDERABAD-500033

Email: issphq@gmail.com Mob: +91 99490 49946 Res: +91 -40-23555124

For Office Use: Receipt No & Year..... LM No..... ALM No.... .. LF No.....

Form for I Card & Change of Address

If so, please complete this form in **BLOCK LETTERS** and send to:

- (1) ISSP Secretariat for correction in records.
- (2) Use this form for sending information for I card. Send 2 passport size photos and Rs 200/- (Cheque/DD). **Get your I - Cards prepared**, as it will be compulsory during ISSPCON

Name: Dr / Mr / Ms / Mrs

ISSP Life Membership Number

Blood Group..... Date of Birth

Old Address:

.....

New Address:

.....

City..... Pin..... State.....

Phone : (Res).....

(Off).....

(Mob).....

Email ID.....

Signature..... Date

Send to:

Dr Muralidhar Joshi
Hon Secretary, ISSP
102, Naveena Residency, Plot No 39A,
Road No 2, Film Nagar, Jubilee Hills
HYDERABAD - 500 033
Telangana, India



32nd Annual National Conference of Indian Society for the Study of Pain

3rd to 5th February, 2017, Jaipur

Theme : "Educate, Aware and Practice"

Venue: B. M. Birla Science & Technology Centre, Statue Circle, Jaipur

CONFERENCE HIGHLIGHTS

PRE CONFERENCE WORKSHOPS

- USG Guided
- C arm Guided
- Basic and Advanced Interventions

ATTRACTIONS

- Key Note Addresses
- Panel Discussion
- MCI Accreditation
- Public Awareness Program
- Free Papers and Poster Presentation
- Quiz
- Interaction with the Masters.
- Orations
- Pro Con Session
- Video Sessions



Dr. Rajesh Sharma
Organizing Chairperson



Dr. Reema Meena
Conference Coordinator



Dr. Gaurav Sharma
Organizing Secretary

MARK YOUR CALENDER CONFERENCE

DATE

FEBRUARY 2017

3

FRIDAY

FEBRUARY 2017

4

SATURDAY

FEBRUARY 2017

5

SUNDAY

Registration Details

Category	Early Bird (Till 30 th April 2016)	1 st May to 31 st Aug. 2016	1 st Sept. to 31 st Dec. 2016	1 st Jan. 2017 to 31 st Jan. 2017	Spot
Member	₹ 5,500/-	₹ 6,500/-	₹ 7,500/-	₹ 8,500/-	₹ 10,000/-
Non Member	₹ 6,500/-	₹ 7,500/-	₹ 10,500/-	₹ 12,000/-	₹ 15,000/-
PG Students	₹ 5,500/-	₹ 5,000/-	₹ 5,500/-	₹ 6,000/-	₹ 6,500/-
Accomp. Person	₹ 4,000/-	₹ 5,000/-	₹ 5,500/-	₹ 6,000/-	₹ 6,500/-

Workshop Registration Details

Workshops Category		Till 30 th Nov. 2016	30 th Nov. to 31 st Jan. 2017	Spot
USG Guided	Regional Anesthesia Procedures	₹ 3,000/-	₹ 3,500/-	₹ 4,000/-
	Chronic Pain Procedures	₹ 3,000/-	₹ 3,500/-	₹ 4,000/-
Fluoroscopic Guided Chronic Pain Procedures on Cadaver	Basic	₹ 3,000/-	₹ 3,500/-	₹ 4,000/-
	Advance	₹ 3,500/-	₹ 4,000/-	₹ 6,000/-

Note : Kindly send the payment in the form of Cheque/DD in favour of "ISSPCON 2017" payable at Jaipur. Conference registration is mandatory for workshop registration.

Conference Secretariat :

Dr. Gaurav Sharma, Organizing Secretary
140 B, Sindhi Colony, Adarsh Nagar, Jaipur-302004
Mob.: 9413362280, 9929300889, E-mail: isspcn2017@yahoo.com

Visit us : www.isspcn2017.in

