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ISSP

Indian Society for Study of Pain

NEWSLETTER

Governing Council: 2017. List of Members with Contact Details

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Dear ISSP Members,

Greetings from ISSP Secretariat!

It's time for us to share with you the activities and progress of our organization - Indian Society for Study of Pain (ISSP). We would like to thank you all for supporting and guiding us in the last two and half years. With support from everyone, we were able to take ISSP to new heights not only within our country but also across the globe. We are delighted to share with you the new accomplishments in first half of the year 2017.

At the outset, we would like to thank you for attending in large numbers and making ISSPCON 2017 a grand success. It was a great show of solidarity and unity amongst all members of ISSP. The ISSP Secretariat is indebted to all of you. We bow in front of you in admiration of your support.

We all had a great scientific feast at ISSPCON 2017, Jaipur. "Team Jaipur" needs to be congratulated for conducting a marvelous event in an excellent atmosphere. They have achieved new levels in conducting the ISSPCON Annual National Conference – a feat that was quite exceptional and commendable. We thank and congratulate Dr Rajesh Sharma (Organising Chairman), Dr Gaurav Sharma (Organising Secretary), Dr Reema Meena (Conference Coordinator), Dr Anjum Joad (Scientific Committee Chairman) and their enterprising teammates.

The ISSP Governing Council meeting with Past Presidents of ISSP was very fruitful. We could collect their inputs about the way forward for ISSP & IAPM for coming years. Their feedbacks were valuable. We also had a meeting with State & City branch Presidents and Secretaries to address their concerns and difficulties in order for ISSP to step-in and assist and participate in resolving the problems faced by all concerned. All of them appreciated it and came with fresh proposals. The ISSP flags and ISSP President's Collar for all ISSP State/City Branches were distributed. Everyone could feel the freshness in air with regards to the new awakening in ISSP.

In the AGBM it was a healthy discussion all through out with a vision for ISSP's growth in the coming years. The Indian Academy of Pain Medicine (IAPM) implementation was approved by the AGBM with full vocal support. It speaks volumes about our members looking for ISSP's growth prospects. There was a fruitful discussion about formation of Special Interest Groups (SIG). The President of ISSP Dr BB Mishra announced the formation of four SIG's - Neuropathic Pain, Documentation, Cancer Pain & Interventional Pain Management. He expressed that in the next year the modalities of becoming a member, scope of the committee, formation of guidelines etc, will be worked out. Members requested for more academic programmes like consensus statements and guidelines in concurrence with support from other societies. The IASP-ISSP Multidisciplinary Evidence Based Pain Management Programme scheduled for the 2017 was appreciated by one and all.

The New ISSP President Dr Geeta Joshi after taking over from her predecessor Dr BB Mishra, has directed the ISSP Secretariat to implement the AGBM decisions right away and gave us the vision and directives about its implementation. This involved the formation of SIG, Collaboration with Societies working on Palliative Care, and initiate ISSP accreditation for Pain Clinics/Centres as per MCI Guidelines. She expressed that, members who do not have ID card to obtain the same, as the ID cards will be mandatory for elections for ISSP office bearers from ISSPCON2018 onwards. She requested the decisions to be implemented at the earliest so that valuable time is not lost.



One can see that the year 2016 was quite productive for ISSP. Yes we have some more hurdles to cross, but with everyone's support it should not be a problem. We have initiated work on Special Interest Group (SIG) formation under President Elect Dr Gautam Das. He has been entrusted with the responsibility of synchronizing with team coordinators for various SIG's and their members and advisors in collaboration with GC members. The details will be available on the website as and when we get information from the committees formed in this regard.

Let us continue to celebrate "July 9th" every year as ISSP Foundation Day (That was the Day ISSP formed in 1984) wherein you can conduct CME programme, Workshops, Press Meet, Lectures, Departmental activities, Public Awareness anything you feel that will promote ISSP's philosophy of "Total Pain Relief." Let it be an ongoing commitment from all ISSP members. This year too, please submit your activities to issphq@gmail.com, we will acknowledge your contribution in these aspects in our newsletters.

The IT returns for financial years 2013-14, 2014-15, 2015-16 has been filed. Currently we are in the process of filing IT returns for the financial year 2016-17. We have distributed grant in aid to various city & state branches that have submitted their account details. We request the branches to submit their account details (whosoever not submitted so far), so that we can provide grant in aid.

The Chief Editor of Indian Journal of Pain, Dr Kailash Kothari, continues to do a great job in ensuring continuation of the print version of our journal. The secretariat is grateful to him. We thank our treasurer Dr P Vijayanand for excellent fund management of ISSP, in just a year-and-a-half our assets have increased by 30% due to his personal efforts.

We have also initiated the ISSP Journalist of the year Award for the best new story or feature on Pain Medicine. It carries a citation, cash prize and Award. For more details please visit www.issp-pain.org

We request you to help us serve you better. A plethora of academic events in collaboration with ISSP are in waiting for all members at the National and International levels; namely national level CME's, guidelines preparation and invitation for international events like ISPP, World Spine Summit, SARPS, EPM so on and so forth. Stay with us to reap the benefits.

We are grateful to all the members of the Governing Council for their enthusiasm and for their readiness to carry forward the new initiatives. Their valuable inputs have been of immense help for the activities of ISSP in general and ISSP Conferences and meetings in particular.

The ISSPCON 2018 is scheduled at New Delhi. Don't miss the chance, hurry up and register today!

The IASP has declared 2017 as Global Year Against Post-Surgical Pain. Various chapters have undertaken events in this regard. We will come back to you with information in this regard in the next newsletter of ISSP.

Long Live ISSP

With Regards & Best Wishes,



Dr Muralidhar Joshi
Hon. Secretary ISSP



Dr Palanisamy Vijayanand
Hon. Treasurer ISSP

P.S. Please update your individual as well as your state & city chapter details (and also your member details) on www.issp-pain.org or else write to issphq@gmail.com. The journal will be sent only to the members with the correct postal address. If the address bounces, you may not get subsequent copies.



Dear All

It is a matter of pride and privilege to be in the highest position of this esteemed organization, which I had joined when I was learning pain management techniques during my student days! ISSP has grown at the same speed, as the technology in a medical profession and it has kept the pace with the advancement of knowledge and technology in the field of pain science. I am honored to be part of this organization!

ISSP is on “fast track” due to highly energetic and dedicated team of Secretariat, IAPM and SIG!!!

The year started with establishing good communication with all of them. Each working towards their goal and task. The Co-coordinators for IASP-ISSP Multidisciplinary Evidence based Pain management program have worked very hard and have completed two sessions out of three, very successfully. Congrats to Dr Preeti Doshi, Mumbai & Dr Sushma Bhatnagar, Delhi. The Secretariat, IAPM has started communication to all for quarterly assessment, exam of Trainee and on many administrative issues. Well done Dr Pradeep Jain!!!

Dr Gautam Das, President Elect and his team of various SIG have started forming guidelines and SOPs.

Unfortunately, Undergraduate syllabus for medical studies doesn't include basic training in Pain. ISSP will collaborate with Indian Association of Palliative Care for making a curriculum in Pain & Palliative Care for undergraduates

Pain management requires a Holistic approach to improve Quality of Life for chronic pain patients. We have members who are practicing Pain & Palliative Care; therefore, we shall have one session relevant to another specialty in their respective national conference.

We have received two invitations as supportive organization from International Pain events. **Spine World Summit**, a regional spine summit, encompassing key opinion leaders (KOL) from orthopaedic, neurosurgery and other healthcare practice along with numerous academic associations and local country supporters in Asia Pacific, have invited ISSP to be the Supporting Organization of Spine World Summit 2018, which will be held from 25 - 27 January 2018 in Hong Kong. Much awaited, 8th South Asian Regional Pain Society Congress is going to be held on 24-25 Feb 2018 at Dhaka. ISSP will be partner to this event.

Looking forward to meet you all at very important academic event, focused on research in pain, ICRA 2017 at Pune!!

Once again, ISSP activities towards promotion of Pain awareness, education and training will continue with TEAM efforts. Let us remember “Together Each Achieve More”!

Long Live ISSP

Dr. Geeta Joshi, President, ISSP

AGBM 2017 JAIPUR

Annual general body meeting held on 4th & 5th
of February 2017 during the ISSPCON 2017 at Jaipur

The Hon.Secretary of ISSP welcomed the Life members of ISSP for the 32nd Annual General Body Meeting and requested the non-life members to leave the hall. He requested ISSP President Dr BB Mishra to give opening remarks

President's Opening Remarks

When I took over as President at Indore, in the valedictory ceremony, I announced the formation of the ad hoc committee for the Indian Academy of Pain Medicine with Dr. RP Gehdoo as Chairperson and Drs. Pradeep Jain and P Vijayanand as Co-Chairpersons.

The committee has worked to prepare the required documents, conducted the entrance exam and six candidates have now joined as trainees of IAPM (Indian Academy of Pain Medicine). Henceforth the IASP-ISSP Observership will be for one month & Fellowship for 12 months.

I thank them, as well the ISSP members and the city and state branches for celebrating the World Pain Awareness Day on the 9th of July 2016 in a grand scale across India.

This year, we should work towards establishing Special Interest Groups (SIG) that could formulate guidelines and protocols. This is essential to avoid legal tangles. In addition, such documents should be uploaded in our website. There have been proposals for Interventional Pain SIG, Cancer Pain SIG, Neuropathic Pain SIG and a Documentation SIG

I wish to thank my very co-operative and hard working secretary Dr. Muralidhar Joshi. I hope more things happen under the incoming President Dr. Geeta Joshi

AGBM – 01/17 Obituaries

Dr. Velayat Nabi Buchh B-152

Dr. Sujit Chatterjee

Condolences to the family, 2-minute silence was observed in respect to the departed souls. Hon. Secretary informed that he would send Condolences from ISSPHQ and delete their name from database.

AGBM – 02/17 Confirmation of the minutes of the AGBM held at Indore on 06/02/2016

The minutes were posted on ISSP Website on 21st March 2016 & circulated amongst members through newsletter on 30th June 2016. Hon. Secretary requested any suggestions & modifications for the AGBM, if not minutes can be passed. The minutes were passed.

Proposed: **Dr. DK Baheti**

Seconded : **Dr. Sukhdev Nayak**



AGBM - 03/17 Action taken on various decisions of the AGBM meeting held on 06/02/2016

- All the applications which came for ID card have been cleared, no pending ID card applications – Implemented (ID card will be mandatory for ISSPCON 2018 & requested members to send applications for ID card, if required)
- IT returns for the financial year 2013-14 & 2014-15 have been filed and we got refund also – Implemented
- Filing of IT Returns for financial year 2015-16 – Submitted, as confirmed by Past Secretary Dr Ashok Saxena
- Submission of AGBM Minutes & IT returns/audited accounts to Registrar – Implemented
- Renewal of ISSP Registration has been done till 2021 – Implemented
- Pain centres to be accredited by IAPM/ISSP – Ongoing Process
- ISSP 2016 Constitution – Implemented
- Reimbursement of Dr Madhuri Lokapur's expenses as approved by GC/AGBM – Implemented
- Formation of Telangana branch & Ahmedabad Branch – Implemented
- Kerala & Odisha Branches, details have been sent – Implemented
- Guidelines / Consensus statement. In collaboration with other specialities – Implemented
- ISSP Formation Day – Implemented
- ISSP Office Relocation – Not Implemented – We need to assess the financial implications of same.
- Legal Advisor Mr Sri Ramachandra Murthy – Implemented
- Auditor Mr Surya Chandra Reddy – Implemented
- IAPM Fellowship Programme Pilot Project - Implemented
- Audited report from ISSPCON 2016 team submitted & they have submitted a cheque for Rs 50,000 as conference profit share. We thank Team ISSPCON 2016 for same – Implemented

AGBM – 11/17 Elections 2017

ISSP - The Hon. Secretary Dr M Joshi announced that all applications for President Elect, Vice President & GC Members were in order. Since there was only one application for President Elect Dr Gautam Das & only one application for Vice President Dr Subrata Goswami. Both were unanimously elected.

President-Elect – **Dr. Gautam Das**

Vice President – **Dr. Subrata Goswami**

GC Members - There were six eligible candidates for the governing council of which three have withdrawn (Dr Debjyoti Dutta, Dr Nazeer Ahmed Kudligi, Dr Naveen Malhotra).

The following members were unanimously elected.

GC Members – **Dr. Kritika Doshi, Dr. Raghu S Thota and Dr. Palak B Mehta**



IAPM - The Hon. Secretary Dr M Joshi announced that all applications for Dean, Registrar & GC Members were in order. Since there was only one application for Dean Dr Bibhukalyani Das & only one application for Registrar Dr Pradeep Jain, both were unanimously elected.

Dean – **Dr. Bibhukalyani Das**

Registrar – **Dr. Pradeep Jain**

GC Members – There were only two applications each for GC members for 4 year & 3-year tenure; they were elected unanimously. For two-year term, there were three applications; Dr Dipasri Bhattacharya withdrew her nomination from this category. Hence only two were left and they were elected unopposed

4-year tenure – **Dr. Krishna Poddar & Dr. Pratibha Matche**

3-year tenure – **Dr. Madhur Chadha & Dr. Vivek Chakole**

2-year tenure – **Dr. Preeti Doshi & Dr. Sunita Lawange**

They are all elected unopposed



Secretary's Annual Report

Good evening everyone!

We welcome you all to today's AGBM at Jaipur. Presiding officer of today's ISSP AGBM 2017; President Dr BB Mishra, Vice President Dr Preeti Doshi, President Elect Dr Geeta Joshi, Joint Secretary Dr Babita Ghai, Treasurer Dr Vijayanand, Editor Dr Kailash Kothari & Other Governing Council Members, Past Presidents of ISSP, other dignitaries off the dais, members of ISSP and my dear friends.

Greetings from ISSP Secretariat! It gives us immense pleasure to share with you the Secretary's report of Indian Society for Study of Pain for the year 2016-17 during AGBM of 2017.

The year 2016-17 has been a great year for ISSP. We had a plethora of academic activities all over the country & a lot of new initiatives from ISSP Secretariat.

Academics

The year started with ISSPCON 2016. We all had a great scientific feast at ISSPCON 2016 at Indore. We thank and congratulate Dr KK Arora (Organising Chairman), Dr Pravesh Kanthed (Organising Secretary), Dr Jawed Khan (Scientific Committee Chairman) and their enterprising team. They require big applause for their team's performance.

In February 2016, the President of ISSP Dr BB Mishra had formed a three-member adhoc committee to consider the implementation of Indian Academy of Pain Medicine (IAPM) guidelines. The pilot project in this regard was started at Hyderabad. The things are in place. As decided, the adhoc committee tenure ended yesterday after receiving consolidated report of one year. Following this it is immediately dissolved to pave way for new team of IAPM. We congratulate the team for preparing the curriculum, developing criteria for centre accreditation, entry exam pattern, question bank, counseling and effective implementation of programme. We thank Dr RP Gehdoo (Chairman), Dr Pradeep Jain (Co-chairman) & Dr P Vijayanand (Co-chairman) for doing a great job in this regard. Here onwards the elected body of IAPM will take over as per approved plan by AGBM.

We had received a proposal in March 2016 from IASP regarding Pain Camps to be held in 2017 in association with ISSP. The programme titled as "IASP-ISSP Multidisciplinary Evidence Based Pain Management Programme". This is a five-month programme being held at Delhi & Mumbai from March 2017 to July 2017. The delegates can be Anaesthesiologists, Internal Medicine, Neurologists, Neurosurgeons, Oncology, Orthopaedics, Psychiatry, Psychology or Rehabilitation Medicine. It has been a great year for ISSP in establishing good communication and jointly undertaking many tasks. We thank our members for the same.

This was closely followed by initiation of working on the ISSP project of preparing a set of guidelines in association with other specialties like Orthopedics, Psychology, Physiotherapy, Dieticians and Rehabilitation. It is in final stages of implementation, will be published in Indian Journal of Pain after approval from our Chief Editor Dr Kailash Kothari. As one-time honorarium ISSP has received Rs 3,50,000 as educational grant. The "Mobility Clinics" with guidelines recommended by ISSP are being implemented phase wise across country from December 2016.

We congratulate Dr Sushma Bhatnagar for being elected to represent Asia at IASP as Governing Council Member from 2016 to 2022.

We have good news to share with you regarding WFSA Pain Relief Committee. WFSA has selected our Hon. Secretary Dr Muralidhar Joshi to be part of the committee in view of his contribution to EPM Programme & he will represent Asia for 4 years from 2016. We congratulate him and TPS team.

Come July, our President kick started a worldwide programme of 'World Pain Awareness Day' to mark the ISSP Formation Day on July 9th in 1984. It was mind-boggling event with so many city & state chapters chipping in with innovative programme. Let's work towards making it an annual event and spread the knowledge and wisdom.

We thank our President for giving us green signal in forming Special Interest Group in various categories like Interventional Pain Management, Cancer Pain, Neuropathic Pain, Cancer Pain & Documentation & others as required. The details regarding members, scope of each SIG and other things will be communicated to all ISSP members.

We congratulate our dynamic Chief Editor of Indian Journal of Pain for restarting the print version of Indian Journal of Pain, not only that we will be getting royalty for same.

We have one more fabulous piece of information from the IAPM committee. We request one of the adhoc committee members Dr P Vijayanand to share the same information.

Secretariat

The ISSP secretariat has been working tirelessly for last 2 years after taking charge of the responsibility. The agenda in our mind is to revamp the database of ISSP members and ISSP website. You will be happy to know that we achieved a great amount of success in this regard. More than 45% of ISSP member's database has been updated with their emails & mobile numbers. The website is on par with international standards. We are being assisted by a good number of ISSP members in all these efforts.

Please go through the details of various Awards, Nominations, and Fellowships in our website, all information has been uploaded on the website for the benefit of members. Interested members and member societies can apply for them before the last date as specified

The ISSPCON 2018 is scheduled at New Delhi. Don't miss a chance, hurry up and register today for early bird registration! IT returns for financial years 2013-14 & 2014-15 have been filed; there were some queries about TDS/TCS, which have been replied by our Tax consultants at Delhi. We have also submitted for IT returns of financial year 2015-16. We received refund for the IT returns of those two years. We thank our past secretariat for assisting us in this regard.



We have LIC mutual bond fund of Rs 52,000 purchased on 16/02/2000, it's current net worth value is Rs 72,727.78. At present, it is under Unclaimed Redemption & Dividend for quite long time. We do not have original papers. It's better to encash the policy to avoid future difficulties. We had a series of discussions with LIC officials, they expressed that a letter from secretariat with signatures of president, secretary & treasurer in this regard will help in encashing the leftover amount to current account of ISSP (Syndicate Bank). We have submitted required documents.

At present, we have FD's close to 66 lakhs at Syndicate Bank, Hyderabad. All FD's from Ahmedabad have been transferred to Hyderabad. We request AGBM to authorize the secretariat to take these amounts into account of Syndicate Bank & henceforth the ISSP secretariat account should be transferred in total to next team of secretariat. The next team should not open new account keeping past account dormant. This will avoid future problems.

We also would like to share that there has been a growth of 30% in our assets in last one year. We appreciate efforts of our committed treasurer Dr P Vijayanand.

Future

The IASP has declared Year 2017 as Pain After Surgery. Various chapters have initiated events in this regard. We will come back to you with information in this regard in the next newsletter of ISSP.

As promised, we have started online registration of new members in the form of Net Banking. Please get your ISSP ID card, as it will be mandatory during ISSPCON 2018. We request members to update their details online through ISSP website, with their registered email ID, for any problem please contact issphq@gmail.com.

Conclusion

Before we conclude, ISSP Secretariat would like to thank all of you for trusting our ability & commitment. We will strive to achieve the goals set by our seniors. With support from everyone, we can take ISSP to new heights not only within our country but also across the globe. We thank one and all.

We are happy to inform you that all active State/City branches have been provided with ISSP flag & President's collar to maintain uniformity across the country. We will be adjusting expenses involved to be provided as grant in aid for concerned State/City branches.

To serve you better we have been working on certain crucial things such as online registrations, online updates, special interest groups so on and so forth. Stay tuned to not only reap new benefits, but also to present our society to the world in an innovative way.

We are grateful to all the members of the Governing Council for their enthusiasm and for their readiness to carry forward the new initiatives. Their valuable inputs have been of immense help for the activities of ISSP in general and ISSP Conferences and meetings in particular.

Long Live ISSP

Jai Hind



AGBM – 05/17 ISSP New Members & Chapters

The Hon. Secretary expressed that a total of 138 members have joined as new Life members. Another 74 members who had paid money to ISSP earlier and had valid receipts or documents were given new membership number. He requested AGBM to give approval for induction of new members into ISSP fold. AGBM accepted all new members.

No new chapters have been formed, but some chapters got activated, we are constantly in touch with them.

Hon. Secretary again requested all members who do not have ID cards to apply for the same, as it will be mandatory during elections during ISSPCON 2018. This intimation will also be displayed on the website. AGBM members appreciated the efforts.

AGBM – 06/17 IASP

The secretary explained the process by which the project has taken shape in India.

Congratulations to Dr. Sushma Bhatnagar on being elected to the IASP council, where she will represent Asia.

Dr. PN Jain informed that he proposed the IASP-ISSP multidisciplinary education program at Pattaya, when he was the President of ISSP. In Thailand, the attendees were paid a stipend/ were supported financially by the IASP to attend the program. In India, the IASP is charging \$300 as a fee. There should be something done about it. Hon. Secretary expressed that he will discuss with IASP.

AGBM – 10/17 ISSPCON 2018

Dr. Pradeep Jain presented the report on the forthcoming ISSPCON 2018 at Delhi & invited all members to the event. Dr. Sushma Bhatnagar will be the Scientific Committee chairperson.

AGENDA FOR CONFIRMATION

AGBM – 07/17 Treasurer Report

Dr P Vijayanand presented the treasurer report.

Components

Unaudited account from April 1st 2016 - January 26th 2017 (FY: 2016-17)
Activities During ISSPCON 2017
Budget proposal
Suggestions

Introduction to Accounts

Unaudited accounts from April 1st 2016 to January 26th 2017
One Current account
Syndicate Bank, Basheer Bagh Branch, Hyderabad
Syndicate Bank, (01.04.2016)
Opening Balance – Rs 6,57,556.65/-
FD – 66 lakhs/-
LIC Mutual Fund – Rs 72,000/ (in the process of being moved)
Closing Balance – Rs. 5,39,851.00/



Deposits

Membership fee	Rs. 6,24,070/-
Educational Grant	Rs. 3,50,000/-
FD's transfer	Rs. 40,55,959/-
IAPM Exam Fee	Rs. 30,000
IAPM Course Fee	Rs. 1,25,000
ISSP logo	Rs. 20,000
Credit Interest	Rs. 26,211.35/-
IT refund (AY 2014-15)	Rs. 27,150/-
IT refund (AY 2015-16)	Rs. 31,770/-

Expenditures

FD (1) Syndicate Bank	Rs 2,50,000 (7.0%) 06/06/19
FD (2) Syndicate Bank	Rs 3,50,000 (7.0%) 06/06/19
FD (3) Syndicate Bank	Rs 45,00,000 (7.0%) 18/11/19
ISSPCON 2017 Seed Money	Rs 1,00,000
GC Travel Expenses	Rs 60,650/-
Website Expenses	Rs 40,000
Flags	Rs 56,025/-
Salaries	Rs 23,000/-
Office Expenses	Rs 19,133/-
Total outflow till 26 th January 2017 -	Rs 2,98,808 (FD's 51,00,000)

Expected expenses

ISSP Registration Renewal expenses
Branch Shares
President's Medal
Audit & Accounting Fee
ISSPCON expenses
Office Expenses

Activities during ISSPCON 2017

City & Metro Branch Shares
Awards for Competitions
Miscellaneous Registration Renewal expenses
Branch Shares
President's Medal
Audit & Accounting Fee
ISSPCON expenses
Office Expenses



Proposed Budget for the year 2017-2018

Expenditure and Income Statement

Payments (Rs. 7,60,000/)

Office Expenses (Rent, Salaries, Stationaries, Internet, Courier, SMS, Travel)	Rs 2,00,000
GC Travel	Rs 60,000
Website Maintenance	Rs 50,000
Audit Fee	Rs 15,000
Accounting Charges	Rs 15,000
ISSPCON Seed Money	Rs 1,00,000
Legal expenses	Rs 30,000
Award Expenses	Rs 60,000
ISSPCON expenses	Rs 30,000
IAPM Expenses	Rs 1,25,000
Branch Shares	Rs 75,000

Receipts (Rs. 8,91,500/)

Interest on FD's	Rs. 4,69,500
Branch Fee	Rs. 2,000
ISSPCON Contribution	Rs 1,00,000
Miscellaneous	Rs 20,000
Return of Seed Money	Rs 1,00,000
IAPM Fees	Rs 2,00,000

Computing

Expenditure	Rs. 7,60,000
Income	Rs. 8,91,500
Excess of Income over Expenditure	Rs. 1,31,500

85% we need to spend, we are almost spending the same amount.

More clarity as financial year unfolds of Income over Expenditure

Proposals

Fellowship Programmes
Indian Academy of Pain Medicine
Articles on Pain
Need to watch Bank Interest Rates

He also clarified that the income from IJP has not been included since the first cheque has not been received. The contribution from ISSPCON 2016 also has not been included at the time of preparing this report.



The treasurer announced the decision of the Governing Council to initiate an Annual Press Award for the best report on pain by a journalist in print or electronic media in English. The Governing Council decision was approved and passed.

Dr. Sushma Bhatnagar proposed an award for the best scientific paper published in Indian Journal of Pain.

Proposed – **Dr. DK Baheti, Dr PN Jain**

Seconded - **Dr. LD Mishra, Dr Pradeep Jain**

The treasurer report was passed

AGBM – 08/17 Editor's Report

I thank all the members who have elected me as an editor of Indian Journal of Pain at Indore during ISSPCON 2016. It was very happy moment for me as well as a big responsibility was bestowed upon me

The first thing I wanted to do was to make Indian journal of Pain a profitable entity for the society. The next thing is to make the journal available to each member in its print form without putting financial burden on the society. This was very difficult task as our society has very limited resources.

Immediately after coming back to Mumbai, I received the news from our publishers (Medknow) that the present sponsor informed that they are stopping their support towards journal. This made the situation worse. I started exploring various options. I spoke to few companies and they showed their willingness to come forward and work with us. After taking into various factors into consideration, myself with our dynamic past president Dr. R.P. Gehdoo met Mr. Jagroop Singh (VP), Mr. Pramod from Intas Pharmaceuticals, Aquilla division in the end of the February. After a brief meeting, we were given positive nod by them. They promised us to support in printing the IJP and distribution of the journal to all our members. We were also promised that the support would be for the minimum period of 3 years. The rate was negotiated and finalized at INR185 per copy. This amounts to approximately INR 370000 per issue. As per our new agreement, after deducting printing and other expenses the balance profit will be shared between ISSP and Medknow in the ratio of 70:30 respectively (Increased revenue – in the past we did agreed for 50:50 sharing).

We also received the pending bills from the Medknow publishers for approximately INR 1,14,000 (pending since 2014), which we agreed pay to Medknow

In the nutshell over next 3 years we expect society to get royalty from the journal in the excess of INR 10,00,000 + (Rs. Ten Lacs +) after deducting all the expenses, which will be huge boost for our financial situation. This amount can be used for various activities of the ISSP in future.

The Indian journal of pain print copy is published regularly in the year 2016. We had a very good 2016 with 3 issues published on time.

I take this opportunity to thank Intas (Aquilla division) Pharma to make sure that each member gets his copy delivered at home. I also thank Medknow publication to support our journal by their state of art online facilities. I have tried to correct / update the addresses of the members before each issue being dispatched. In this regard, the editor's office has received amazing support from our secretary Dr Muralidhar Joshi. The co-ordination and sharing of various matters of importance between two offices is also very efficient.

As far as the journal performance is concerned, we did receive total of 72 articles, out of which 43% were accepted. The rejection of more than 50% is quite good sign for our journal. The journal had a good mix of various subjects covering different aspects of pain management. I would request all my fellow ISSP members to contribute to the journal.



Recently we have submitted our journals application for SCOPUS indexing. The Scopus team takes a minimum period of 6 months for reviewing an application. We are hopeful for the successful indexing on Scopus.

This is just a beginning and I hope we will make IJP as one of the top pain journal in the future. I invite everyone to contribute in achieving this goal.

Proposed – **Dr. Subrata Goswami**

Seconded – **Dr. Babita Ghai**

AGBM – 09/17 IAPM Committee Report

Dr. Vijayanand presented the IAPM committee report

The Indian Academy of Pain Medicine (IAPM) committee was formed, at the behest of the President of Indian Society for Study of Pain (ISSP), in Indore at the 2016 national conference of the Indian Society for Study of Pain. The committee is pleased to present a consolidated account of its work done during 2016-17 for the benefit of the Governing Council of ISSP and its members.

- The IAPM logo (detailing it as an academy of the ISSP) was developed in March 2016
- Developing accreditation criteria. This task was completed and was made available to the GC members following an interactive process in April 2016
- Curriculum development. This task was completed in May 2016 and was made available to the GC members soon after
- A pilot project of 'Fellowship in Pain Management' was started at Hyderabad in July 2016
- A standardised application form for the interested centres to apply for IAPM accreditation was developed and is now in public domain
- A standardised, objective assessment form for the IAPM assessors was developed thereafter and is available with the committee
- The entry criteria for the IAPM trainees was formulated based on the IAPM document approved by the AGBM at Indore
- The exam application form for the IAPM entrance exam was developed and was made available for download in October 2016
- The exam application form guidance notes was developed and made available for download in October 2016
- The accreditation of centres that have applied in time were completed in November 2016 (nine accredited for the fellowship and two for the observership)
- A multiple-choice question bank that was steadily developed over the year 2016 was used in the entrance exams for IAPM
- The national entrance exam for the IAPM was held at Hyderabad in December 2016
- The counseling of the candidates to guide them in their choice of centres was held in December 2016
- The successful candidates were expected to report to their respective program heads by end of January 2017
- All successful candidates (six) have joined the training towards the IAPM fellowship in January 2017

We thank the President for his faith reposed in us to complete the task. We have worked to our best to complete the tasks from ground zero to see it to fruition. There is still much more to be done. We hope our efforts, in the time allotted, are to the satisfaction of our membership. We hope that this academic effort will grow from strength to strength, and IAPM's would be the model to emulate for other learned societies. We, in addition, hope that the future trainees would proceed to lift our pain sufferers out of helplessness and despair, and be of service to India. We would like to thank once again the President, the Governing Council of ISSP and our membership for giving us the opportunity to serve ISSP. Long live ISSP! Long live IAPM!

The Governing Council has decided the training period towards fellowship of IAPM will be 12 months due to the logistics involved, rather than the 18 months.

Dr. Gautam Das wanted to clarify whether the decision was applicable to the current trainees as well. It was clarified that the implementation will be immediate.

Dr. Bathina was of the opinion that the training period should be longer than shorter.

The new fellows were introduced to AGBM in the presence of Dean of IAPM Dr. Bhishu Kalyani Das and other dignitaries on the dais.

Dr. Harshe appreciated the efforts of IAPM, and was of the opinion that it was the step in the right direction.

Dr. Jitendra Jain wanted to know if the candidates in training with other programs such as the MUHS fellowship would be eligible to sit the final exam. It was clarified that it could be accommodated and further announcement regarding this will be made through the IAPM council.

IAPM report proposed – **Dr C.S.Cham**

Seconded – **Dr.L.D.Mishra**

IAPM report was passed

AGBM – 10/17 ISSPCON 2019

The AGBM was informed that Bengaluru has applied to host the 34th ISSPCON in 2019, and the application was in order. The GBM unanimously approved the GC decision. Dr. NS Chandrasekhara welcomed all ISSP members to ISSPCON 2019. He thanked everyone for giving an opportunity to host the event.

AGBM – 12/17 Awards – LTA, ISSP Oration, Observership

There was one application supporting **Dr. Athma Prasanna** for the lifetime achievement award by Karnataka ISSP. The GC accepted.

Proposed – **Dr. Baheti**

Seconded – **Dr. Pratibha Matche**

ISSP Oration to be delivered by **Prof. Anil Agarwal**

Proposed – **Dr. J Ranganathan, Dr Gaurav Sharma**

Seconded – **Dr.L.D.Mishra**

Hon. Secretary updated that there were 2 applications for the 4 weeks observership – Dr. Apala P Shah and Dr. Khatri Namita Nirmal. Both were accepted by the General Body.

Dr. Gautam Das wondered if the candidates who were unsuccessful in the IAPM entrance exams could be offered the opportunity as observers. It was clarified that there were not enough candidates this year to fill up the existing posts. A decision in this regard will be considered.



ANY OTHER MATTER WITH PERMISSION OF CHAIR

AGBM – 13/17 Others/ Miscellaneous

The list submitted by a group of ISSP members just before closure of GC meeting, to be introduced in GBM;

The issues were as follows :

- What should be the uniform name/nomenclature of the branch?
- What should be the uniform designation for the practicing consultant?
- Issuance of a uniform consent form for procedures
- Adoption of scientific & rational nomenclature for different procedures
- Formation of SIG's
- Invitation of ISA nominated members

Discussion:

- Hon. Secretary informed that uniform name of branch will be 'Society for Study of Pain of State/ City Branch'. This was informed in GB last time itself.
- Dr. Sidharth Verma suggested that the pain specialists should have a uniform nomenclature. Such nomenclature would help identify the specialists easily. Once the nomenclature is approved the majority could then accept it. He suggested that it could be 'Algologist.'
- Hon. Secretary suggested that other members in the GBM should discuss this. There are at least 28 specialties in ISSP; it may not be feasible to give single nomenclature. He suggested that he would discuss with other specialty people.
- The special interest group that will be created should take up the nomenclature along with other issues such as uniform consent etc.
- The designated SIG will address the proposed view.
- SIG's have been formed – more details will be communicated to members.
- ISA invitation - Dr. Sidharth Verma suggested that there should be more close connections with the ISA as Anaesthesiology is the mother branch from which most pain physicians come from. He suggested that ISSP should create special oration for ISA office bearers, who could then be special invitees. Vice versa the ISA could invite ISSP for their meetings as speakers. Dr. Kritika Doshi suggested that ISSP should be more closely associated with ISA. For instance, ISSP conferences do not have much acute pain as part of the scientific proceedings

The President informed that ISA already have KOPS award in pain and due importance is given to pain as it is. He wondered in what way such reciprocal efforts would be of use in promoting the specialty.

Dr. Kritika Doshi was of the opinion that more awareness about pain would be created within the ISA. Dr. Vandana Mangal observed that there are already workshops on ultrasound-guided regional anaesthesia run by the ISA members and there indeed was participation from ISA in pain-related issues. Dr. Jitendra Jain was of the opinion that pain can exist without anaesthesia, and to grow as a specialty it was better to be separate.

Dr.L.D.Mishra was of the opinion that it was better to be connected with the parent specialty, as acute pain management is a shared responsibility of anaesthesiologists and pain physicians in most places. Furthermore, MCI doesn't recognize pain or intensive care as a specialty it is only anaesthesiology. He observed that such a discussion to have the specialties as different has not even been taken up by the MCI.

Dr. Harshe enquired about the status with IRDA and insurance companies for the pain procedures. It was clarified that the special interest group would come up with standardised nomenclature for procedures following which the insurance companies could be approached for uniform coding and billing.

The President suggested that such guidelines should have specific timelines such as 6 months or one year, so that things could start moving.

The President adjourned the meeting at 6.54 pm, after handing over President's collar to incoming President

Dr Geeta Joshi. All GC members were called on the stage for photograph including new members of ISSP & IAPM.

Continued AGBM on 05/02/2017

Hon. Secretary welcomed all ISSP members for the continued AGBM 2017. He requested all members to sign in AGBM registrar if they have not signed previous day.

Following this, he requested newly elected President Dr Geeta Joshi to give her opening remarks.

President Dr Geeta Joshi thanked all ISSP members for having elected her to be President of ISSP. She acknowledged the contribution of outgoing President Dr BB Mishra. She congratulated the Team ISSPCON 2017 for a wonderful conference.

She expressed her vision for the year 2017-18.

- Formation of Special Interest Group in following 4 categories along with the coordinators. The President Elect Dr Gautam Das will moderate the group activity. The coordinators will invite like-minded members to be part of SIG's. Even other ISSP members can also share their inputs in this regard. The SIG and the coordinators are as follows;
 - a. Cancer Pain – **Dr Raghu S Thota & Dr Dipashree Bhattacharya**
 - b. Neuropathic Pain – **Dr Pravesh Kanthed & Dr Jitendra Jain**
 - c. Documentation – **Dr Pankaj N Surange, Dr Rajeev Harshe & Dr Nazeer Ahmed K**
 - d. Interventional Pain Management – **Dr Babita Ghai, Dr Debjyoti Dutta & Dr Dara Sudheer**



- Collaboration with Palliative Care – For curriculum in Pain & Palliative Care for undergraduates
- Collaboration between IAPC (Indian Association for Palliative Care & ISSP) – We should have one session relevant to other specialty in their respective national conference.
- To initiate ISSP Accreditation for Pain Centres – We will establish minimum standards required to have a Pain Clinic in every medical college. We will discuss about this in coming months.
- Close collaboration with IAPM in strengthening the IAPM initiatives

She requested cooperation from all GC members & other ISSP members and thanked one and all. Hon. Secretary expressed that the GC will carry out her vision in thought & spirit. IAPM Dean Dr Bhibhu Kalyani Das was honored for being elected to the IAPM body.

Following this the Hon. Secretary announced the awards (certificate & cash award) for various competitions and training programmes and requested the President to do the honors

Annacharya Lokapur Foundation Awards

Clinical Research – **Dr DK Chetty**

Research Basic Sciences – **Dr Samrat Roy**

Alok Saxena Awards for Neuropathic Pain

Dr Divya Sharma

Dr Maya Vilas Kamalakar

IASP – ISSP Observership

Dr Asha K Barge

Dr Piyush Wani

The Hon. Secretary thanked Dr Madhuri Lokapur & Dr Ashok Saxena for instituting the awards.

It was announced again in the hall that AGBM would be concluded soon, members who have not signed earlier to sign the AGBM attendance.

President Dr Geeta Joshi declared that AGBM 2017 has concluded @ 2.15 pm.

ISSPCON - 2017 Jaipur report

32nd Annual National Conference of the Indian Society for study of Pain (ISSPCON2017) was held at the sprawling BM Birla Science and Technology Centre, Jaipur from 3rd to 5th February 2017 by the ISSP Jaipur city branch. It was a joint venture successfully organized by Department of Anaesthesiology, Critical Care and Pain Medicine of RUHS College of Medical Sciences and SMS Medical College, Jaipur.

The theme of conference was “Education, Awareness and Practice”. The aim was to educate pain specialists, nursing personnel and physiotherapists about newer concepts and modalities of pain management. To spread awareness amongst lay public about pain, its effects and side effects on society when not properly managed. The high quality interaction and exchange of views and expertise amongst authorities on the subject; established and newer techniques took academics to a new level.

Pre Conference workshops were organised in half day sessions so that participants could attend two separate workshops in pre and post lunch sessions. USG guided workshop had two parts one for regional blocks of limbs and trunk, another for pain interventions. Cadaveric workshop for Basic and advanced Fluoroscopic guided procedures, both were organized at SMS Medical College on 2nd February with an aim for updating and sharpening the skills of the budding pain practitioners. All the workshops were well attended and highly appreciated.

ISSPCON 2017 officially commenced with flag hoisting ceremony by Hon'ble ISSP President Dr BB Mishra in the presence of office bearers and other senior members of the society

An exhaustive scientific program covering wider perspectives of pain medicine consisting of Keynote address, guest lectures and panel discussions by distinguished guest faculties from India and abroad.

It was conducted in three parallel halls on day one and four halls on the subsequent days. Scientific program was designed to cover all aspects of pain spectrum like acute pain, chronic pain, neuropathic pain, cancer pain, advanced interventions like neurostimulation, intrathecal pump, vertebroplasty and endoscopic procedures.

Free papers were presented as E-posters, each paper presented was judged on a prescribed format of evaluation and marks. They were provided to the eminent judges to maintain uniformity. The best six papers were selected for platform presentation and awards were given.

On 3rd Feb, besides Past President Oration, Key note address, guest lectures and panel discussions, video presentation sessions on various advanced pain procedures and management of complicated painful conditions were demonstrated and widely appreciated.

For the first time an Interactive Pain Quiz with voting pads was conducted in which anybody in the audience could participate, individual scores were shown on the screen immediately "The Kaun Banega Crorepati Way". More than 100 delegates participated and enjoyed themselves with the technology of voting pads

ISSPCON 2017 was formally inaugurated in the evening of 3rd February in the magnificent auditorium of B M Birla Science and Technology Centre. Chief Guest of the function was Hon'ble health minister Govt. of Rajasthan Shri Kali Charan Saraf and Special guest was Vice Chancellor of Rajasthan University of Health Sciences Shri Raja Babu Panwar. They congratulated the organisers for hosting this prestigious conference at Jaipur and thanked the ISSP for giving this opportunity to Rajasthan for the first time.

The lifetime achievement award was awarded to Dr. V.P. Kumra for his excellent services in the field of Pain Management. Hon'ble health minister announced to start post doctoral certificate course on request of the ISSP President Dr Mishra and Hon. Secretary Dr Joshi.

Two new events "Clinical methodology workshop" and "Personality and Behavioural development workshop" were conducted for the first time in ISSPCON to improve clinical as well as communication skill of pain practitioner were the special sessions on second day of conference on 4th February. They were well attended and appreciated.

On 5th February, a basic pain management training program for nurses and physiotherapist was conducted to improve their understanding of the subject as they play a key role in acute and chronic pain management. Around 100 nurses and physiotherapist participated in the program and got trained.

To improve the understanding of pain, an awareness program was organized for lay persons, patients, media, NGO's on 5th February 2017 under the leadership of Dr D.K. Baheti.



At ISSPCON 2017 Jaipur, we had around 650 registered delegates including 10 Overseas faculties, National faculties, delegates, nurses and physiotherapists. The GBM was well attended.

Scientific trade exhibition was put up on way to the dining area so that it was well attended and delegates were not put to inconvenience. Well, all work and no play takes its own toll. A small reasonably priced " haat bazaar" was put up for the convenience of those who wished to attend the conference seriously and carry some specialities of Rajasthan back home. Evenings had live orchestra; organisers, delegates, faculty and office bearers all participated enthusiastically to show their talent and unwind themselves.

The prize distribution of paper presentation and other competitions were given during the valedictory function on 5th February followed by flag lowering ceremony. The GBM was well attended.

In the end I would like to say that when the opportunity was handed over to us we never thought that we would be able to do such great. But with the help of the Organizing Committee and the under the constant guidance of the Governing Council we could resolve all the obstacles and had a great scientific session covering all the important topics by excellent faculties from all across the globe.

Our special thanks to the Organising Chairperson, Dr Rajesh Sharma, for guiding us all throughout. We would like to thank the governing council of ISSP for giving us this opportunity. It was a great learning experience for my team and me.

Hail ISSP.

Jai Hind.

Dr Gaurav Sharma



ISSP Flag Hoisting



Release of Souvenir during Inauguration



Life Time Achievement Award to Dr VP Kumra



Dr BB Mishra handing over President's Collar to Dr Geeta Joshi



Group photo with ISSP Orators
Dr LD Mishra & Dr BB Mishra



Past & Present -
ISSP Office bearers



Organising Team of ISSPCON 2017
at Jaipur

ISSP INTERNATIONAL ACTIVITIES

IASP-ISSP MULTIDISCIPLINARY EVIDENCE BASED PAIN MANAGEMENT PROGRAMME

This programme is a partnership between IASP & ISSP. The event is spread over 5 months starting from March 2017 to July 2017. This will bring together experts from multiple specialities to provide an interactive, participatory, educational experience for health care workers in India interested in pain management.

The curriculum will involve pain physiology, pathophysiology & practical concepts of assessment, diagnosis and interdisciplinary management of acute and chronic pain conditions. Small group sessions will cover topics relevant to day to day clinical practice and provide learning materials and tools to help manage patients with a broad spectrum of pain conditions. The courses will take place over several months with three 2-day in person sessions at two sites Delhi & Mumbai. The event at Delhi is being co-ordinated by Dr Sushma Bhatnagar & at Mumbai by Dr Preeti Doshi. This programme is sponsored by Johnson & Johnson (Janssen).



Prof Baron Addressing Delegates



IASP-ISSP Faculty with Delegates



Interactive Session



Group Discussion with Prof Edward

ISSP STATE CHAPTER ACTIVITIES

Delhi State Branch Activities

Dear all, the following is summary of Delhi State Branch Activities.

December 2016

This meeting was conducted at Rajiv Gandhi Cancer Institute and Research Centre. There were different scientific deliberations. Academic coordinator Dr Ashu Jain started the academic session with invitation to Dr Naresh Dua, who presented an interesting case of “Palmar Hyperhydrosis: Why upper thoracic sympathetic block is the chosen technique”. Dr Malvinder Singh Sahi presented “Case of Traumatic shoulder-neck-head pain” followed by journal club presentation of “Steroids & Epidural: Does the type matters? by Dr Rajat Gupta. A healthy discussion about safe practice guidelines for epidural injections was discussed.

Following this there was discussion about upcoming ISSPCON 2018 at Delhi. The discussion revolved under the theme of conference, event manager, website launch, promotional aspects and other things. A consensus was arrived. It was also decided to launch Delhi ISSP News Letter



April 2017

This meeting was held at Primus Superspecialty Hospital. Previous meeting minutes were reviewed and passed. Academic coordinator Dr Ashu Jain started the academic session with invitation to Dr Dhruv Bibra, who presented an interesting case of “Phantom Limb Phenomenon”. Dr Madhur Chadha presented “Case of Median Nerve neuropathy” followed by video presentation on shoulders. Dr Mithlesh presented Right half pain: Finding right solution: Mystery unfolded”. A healthy discussion was done with active participation from all. ISSPCON 2018 conference preparations were reviewed. Dr Jayashree Sood (Org Chairman) & Dr Pradeep Jain (Org Secretary) requested members to share information about overseas faculty and scientific programme components.





Tamilnadu State Branch Activities

VIEWSS – 2016, a CME program on pain management with cadaveric workshops on pain interventions was held in Velammal Medical College Hospital in Madurai on Dec 10 and 11, 2016. This CME program was organized by the Dept of Anesthesiology and Pain Medicine, Velammal Medical College Hospital, in association with the Tamil Nadu chapter of ISSP.

The 2 day CME program consisted of a series of didactic lectures in pain medicine, ultrasound based workshops on volunteers and fluoroscope based workshops on cadavers. Prominent speakers like Dr Gautam Das, Dr GK Kumar, Dr Siva Shanmugham, Dr Senthil Kumar Raju, Dr J Rajesh and Dr Vanmathy Venkatapathy delivered lectures and guided the delegates during the workshops. About 150 delegates, which consisted on practicing consultants and post graduate students, participated in the event. Post conference feedback was positive and encouraging.

The CME was organized by Dr Gurumoorthi R, organizing secretary along with guidance from Prof SN Krishnamoorthy, Dr SelvaKumar and other members of Dept of Anesthesiology and Pain Medicine, VMCH & RI. The Tamil Nadu chapter of ISSP meeting was held during the meeting. Future activities and educational initiatives were discussed among the members of Tamilnadu chapter of ISSP.

Dr Karthic Natarajan,
Secretary, ISSP-TN chapter.





West Bengal State Branch Activities

The enthusiastic members of the West Bengal State chapter of the ISSP are continuing the activities with the common people, healthcare assistants, nurses and physicians.

November 2016

Opening of Current Bank Account with PAN No for the newly registered Society:

West Bengal Chapter of ISSP was registered as a new society in the name of "West Bengal Society for the Study of Pain" under West Bengal Act XXXVI of 1961 vide order no S/2L/58416 of 2016-2017 dated 14th July 2016. A new current bank account has been opened in November 2016 in Sealdah SBI branch after getting the new PAN number (AAAAW6565H) of the society.

December 2016

Conference "WBSSPCON 2016"

The State Conference of the West Bengal Society for the Study of Pain held on 9th, 10th and 11th December at the ESI Institute of Pain Management, was a grand success. A total of 160 physicians attended the conference with a strong positive feedback.

On 9th December 2016, during the pre lunch session "Pain Awareness Initiative- (PAIn)" program launched successfully with 70 nursing staff and health care attendants from different hospitals of Kolkata. Faculties from West Bengal as well as Dr Ashoke Kumar Saha from USA attended this program. (Fig 1)



During the post lunch session, a workshop on "Methods in Clinical Pain Research with an emphasis on ethical perspectives" was conducted jointly with the Forum for Ethics Review Committees in India and WBSSP. Dr Santanu Tripathi (West Bengal), Dr Shaibal Mukherjee (Delhi) and Dr Renuka Munshi (Mumbai) attended as faculty in this workshop. (Fig2)

On 10th December 2016, a live workshop on Interventional Pain Procedures was conducted during the pre-lunch session. Fluroscopy guided interventions for joint pain were demonstrated by State faculties like Dr S Goswami, Dr D Dutta, Dr R Sanyal, Dr S Ray, Dr D Ray, Dr M Jaiswal as well as overseas faculty Dr A K Saha (USA). During the post lunch session, Sonoanatomy of Joints was conducted by the renowned Sonologist, Dr K Oswal along with Dr S Patawari, Dr M Datta and Dr B Sarkar from this State. (Fig 3 & 4)



In the evening on 10th, the inaugural program of the State Conference was held at the Rabindra-Tirtha, New Town. Dr B. B. Mishra, National President of ISSP delivered his speech and released the history book of WBSSP (History of evolution of Pain society in West Bengal). The website of the society was launched by the Dr M N Ray, State Medical Commissioner, ESIC (Eastern Zone) Government of India. Dr Sushanta Bandopadhyaya, DME, Department of Health & family Welfare, Government of West Bengal, was greeted with other dignitaries. Past presidents - Dr Amna Goswami, Dr Bibhukalyani Das, Dr Sakuntala Chakrabarty, Dr Manjusree Ray, Dr Suchanda Ray, Dr Asrukana Mitra, Dr Santanu Tripathi, were felicitated by President Dr S M Basu. (Fig 5)



On 11th December CME was conducted. This year the theme was "Pain in the Joints". The faculties participated were from different allied disciplines like Anaesthesiology, Algiatry, Orthopaedics, Rheumatology, Physical Medicine, Pharmacology, Physiotherapy, Psychiatry etc. The delegates enjoyed the sessions including a debate on Joint pain with the experts. Dr B B Mishra was among the examiners of the poster presentation by the young pain physicians. Dr Sukdeb Nayak, known national expert on Anaesthesia, Pain and Palliative care, from Bhubaneswar, Orissa, distributed the prizes for the winners for the poster presentation. (Fig 6 & 7)



New committee formation

On 11th December, 2016 after CME general body meeting was held where the name and the new design of the logo for the newly registered West Bengal Society for the Study of Pain, with the same aims and objectives as the State Chapter of the ISSP, was accepted by the members of the GB unanimously.

After the General Body meeting, election was conducted by Dr Amitava Rudra, Dr Manjusree Ray and Dr Amna Goswami who were appointed as the board of Election Commissioners by the members in the GBM unanimously after being proposed by the State President Dr S M Basu. The following members were declared elected as the first executive committee of the West Bengal Society for the Study of Pain for the year 2016-17:

President: Dr Sarbari Swaika; Secretary: Dr Subrata Goswami; Treasurer: Dr Manisha Jaiswal; Joint Secretary: Dr Subhendu Sarkar; Scientific Secretary: Dr Avijit Banerjee; Executive Committee Members: Dr Sujata Ghosh, Dr Debanjali Ray, Dr Biplab Sarkar & Dr Gargi Nandi respectively.



The former committee handed over the charges to the new committee in the presence of all members including the documents lying with the previous committee like the minutes books, banners, stamps, banking documents like passbooks, cheque books, FDs, documents for the accounts, etc to the satisfaction of the new committee members. (Fig 8)

The annual conference of the State Chapter was highlighted by the leading newspapers like Ei samay & Rajasthan Patrika with significant coverage.

Health Camp and Awareness program

Kalna, Burdwan District:

On 18th December, 2016 an awareness programme was organised at Kalna, Burdwan district in association with Kalna Naya Mancha, where Dr Subrata Goswami delivered a speech about the history of pain management and side effects of the common analgesics. Dr Gargi Nandi, Dr Biplab Sarkar and Dr Amit Neema also attended that programme. (Fig 16)



Continuing Medical Education:

Workshop on Psychiatry and Imaging
(26.12.2016):

Dr Shyamasree Dutta, Specialist Registrar, General Adult Psychiatry, South West London & St Georges Mental Health trust UK, delivered lecture on "Psychological interventions to improve quality of the life for patients with chronic pain" and Dr Rajib Dutta, Consultant in pain medicine and anaesthesia, Ashford and St Peter's Hospital NHS Foundation Trust, Surrey, UK delivered lecture on "MRI interpretation and interventional / surgical management options for back pain" on 26/12/2016 at seminar room of ESI Institute of Pain Management. Dr S M Basu, Dr P K Bhattacharya, Dr A Sadhu, Dr S N Roy were the chairpersons for that session. Total 50 physicians attended the CME including senior members like Dr S M Basu, Dr Amitava Rudra, Dr Sarbari Swaika, Dr Dipak Roy, Dr Gouri Mukherjee, Dr Subrata Goswami, Dr Manisha Jaiswal and others. (Fig 9)



January 2017

CME on Endoscopic spine procedures (21.01.2017)

Dr Sukdeb Datta, CEO and Founder of Datta Endoscopic in USA, who was originally from West Bengal was felicitated by Dr Sarbari Swaika, President, WBSSP and Dr Subrata Goswami, Secretary, WBSSP on 21st January, 2017 at seminar room of ESI Institute of Pain Management for his outstanding entrepreneurship to develop pain speciality in the globe. Dr Dutta also delivered two lectures on "Certification in pain management in USA" and "Endoscopic disc procedure", which was very informative and inspirational for the young pain physicians of this state. Senior members of the society attended this programme along with 50 young pain physicians. (Fig 10)



Health Camp and Awareness program:

Balagarh, District Hooghly:

The WBSSP and the Lions club of Balagarh, Hoogly jointly organised Pain Awareness Initiative at Lions club building, Balagarh in Hoogly district on 22nd January, 2017. Prof. S M Basu, Dr [Subrata Goswami](#) and Dr Biplab Sarkar examined 50 patients suffering from chronic pain like post spinal injury pain and spasticity, post Laminectomy syndrome, low back pain, LBP associated with pregnancy, polyarthralgia, fibromyalgia etc, from rural area of Hoogly district. Dr S M Basu & Dr [Subrata Goswami](#) also delivered lectures on general awareness about pain management options, hazards of over the counter analgesics. (Fig 17)



February 2017

CME on Palliative Care (27.02.2017)

Dr Debasish Jatua, senior medical officer, Department of Pain and Palliative Care, Chittaranjan National Cancer Institute, gave an overview of palliative care in ESI-IPM on 27th February, 2017 where almost 40 medical officers and pain fellows, attended this program. (Fig 11)



March 2017

CME on Cancer Pain (01.04.2017)

CME on Cancer Pain 2017 organised by Narayana Superspeciality Hospital with WB State Chapter of ISSP on 1st April at Hotel Stadel, Kolkata. Both national and international speakers participated with enthusiasm for three hours long programme. Dr. Somnath Bagchi, consultant in Anesthesia and Pain Medicine at King's College and Hospital, London took part in "Meet the Expert session". Dr. P N Jain, Professor & Head, Division of Pain, Department of anesthesiology, critical care & pain, Tata Memorial Hospital, Mumbai showed novel techniques of nerve blocks & neurolysis. Dr. Gautam Das, President elect, ISSP discussed the role of intrathecal pump and Vertebroplasty in cancer pain management. Dr. Subrata Goswami, depicted pharmacotherapy and Radio frequency ablative techniques. Two eminent orators, Dr Saikat Sengupta and Dr. Ramapati Sanayal from Apollo Gleneagles hospital and KPC Medical college respectively made the debate session "Guidelines versus practicality for cancer pain management" lively. Seventy other pain physicians attended the meeting and shared the painful real life stories described by patients who traveled a long way to make this event lively. This session guided the new pain physicians how to take history and make diagnosis in OPD conducted by Dr Arghya Mukherjee, known pain physician of the city and chaired by Dr. Dipashri Bhattacharya, Professor & Head, Department of anesthesiology, critical care & pain, R.G.Kar Medical College, Kolkata, Ex Vice president, WBSSP and Dr. Debjyoti Dutta, Interventional Pain medicine expert. Causes of cancer pain were described by Dr. Srikant Atreya from Tata medical Center, Kolkata. The program was attended by many eminent physicians including WBSSP office bearers. The end note announcing many more such gatherings was made by President, Dr. Sarbari Swaika. (Fig 13 & 14)



World health day celebration

On 7th April 2017 we celebrated the World Health Day with an interactive session on "Acute post surgical pain management" and "Role of elastomeric pump in chronic pain" by Dr A Bhattacharya and Dr S Pramanik respectively taking 30 patients suffering from cancer pain together. Followed by, Dr Debabrata Mandal, urosurgeon, who survived three cancers since 1978 shared his experience and motivated other patients to fight against cancer pain. Total 50 physicians attended the programme including senior members like Dr Bibhukalyani Das, Dr Sarbari Swaika, Dr Dipak Roy, Dr Gouri Mukherjee, Dr Swapan Basu of BHU and Dr Subrata Goswami. (Fig 15)
The Rajsthan Patrika, Bartaman and Aajkaal- some leading newspapers highlighted this effort by the Society.



Health Camp and Awareness program:

Memari, Burdwan District:

Pain awareness camp was organised 30th April 2017 at Memari in association with Memari Football Association, where 116 patients with chronic pain (mostly low back pain, knee osteoarthritis) attended. Dr Subrata Goswami, Dr Manisha jaswal, Dr Sanjay Patawari, Dr Amit Neema, Dr Bhaibhav Bhandari, Dr Biplab Sarkar carefully examined the patients and gave them medical advice. Dr Gargi Nandi coordinated all the arrangements nicely for that programme. Local MLA was present and appreciated this effort. (Fig 18)



May 2017

Health Camp and Awareness program:

(a) Kalitala, South 24 Pargana:

This camp was very effective in creating awareness among the people of East Kolkata on 14.05.17. The local counselor Mrs Chakrabarty also attended and appreciated the effort. The members of the WBSSP participated in large numbers. Dr S M Basu, Dr Rita Pal, Dr Sarbari Swaika, Dr Jyotsna Goswami of Tata Cancer Hospital, Kolkata, Dr Subrata Goswami, Dr Manisha Jaiswal, Dr Amitayu Nandi, Dr Mani Ray, Dr Baibhab Bhandari, Dr Gargi Nandi, Dr Soumen Pramanik attended the program. Dr Sabyasachi Das was the coordinator for this camp. (Fig 19)



(b) Saltlake, North 24 Pgs

WBSSP organised a successful pain awareness health camp for chronic pain with BG Block Residents Association, Sector II, Saltlake on 28.05.17. Dr Sarbari Swaika, Dr Jyotsna Goswami, Dr Subrata Goswami, Dr Manisha Jaiswal, Dr Biplab Sarkar, Dr Debasish Jatua, Dr Baibhab Bhandari and Dr Amit Neema attended the camp. An introductory lecture on pain treatment safety and risks of analgesics and activities of the society was also delivered for the patients and members of the association. (Fig 20)



Forthcoming events:

Here are some announcements for the forthcoming events of the West Bengal Chapter of the ISSP for the month June 2017.

June 2017

CME on Chronic pain Case reports at the Calcutta National Medical College & Hospitals on 10.06.2017

WBSSP is going to organise a symposium "Say No to Cancer Pain" at Rotary Sadan, Kolkata. The non-availability of morphine for the cancer patients suffering from pain in the hospitals and pharmacies & the current regulatory guidelines for morphine from the government will be discussed there. Dr Sushma Bhatnagar, Professor & Head of Onco-anaesthesia and Palliative Care, AIIMS, New Delhi, will deliver the keynote address. The dignitaries and government officials, head of the public and private institutions, the anaesthesiologists, pain physicians and oncologists who deal with the cancer pain will also be present during the symposium.

Health Camp at "Navaneer", the home for the aged, at Chetla, Kolkata to evaluate the chronic painful conditions of the senior residents staying there on 25.06.17

'PAIN' (Pain Awareness Initiative): WBSSP has set into motion an awareness cum training programme - Pain Awareness Initiative (PAIN) towards promotion of awareness with education & management of acute and chronic pain disorders for the general physicians, medical students, nurses and health care assistants of this state. Under the guidance of Dr Sarbari Swaika & Dr Subrata Goswami - Dr Suman Chatterjee & Dr Manisha Jaiswal will coordinate this programme throughout the year at different hospitals & Medical Colleges in West Bengal.

Long Live WBSSP, Long Live ISSP, Long Live IASP.

Dr Subrata Goswami
(Secretary, WBSSP, Vice President ISSP)

Dr Sarbari Swaika
(President, WBSSP)

ISSP CITY CHAPTER ACTIVITIES

Indore City Branch Activities

Clinical meeting of ISSP Indore city branch was called on 27th Jan 2017 Dr Pravesh Kanthed spoke on "Splanchnic Neurololysis for gall bladder cancer pain". The talk was well received by the members and lot of queries were addressed. The meeting was attended by 14 members.

A General Body cum Clinical meeting of ISSP Indore city branch was called upon order by President Prof. Dr. KK Arora on 24th of March 2017. A clinical presentation on "Stellate Ganglion Block" was done by Dr. Anshul Agrawal

Secretary, Dr. Pravesh Kanthed gave a detailed narration of last year's activity. Prof. Dr. KK Arora was conferred the city branch Presidential Medal, which was given by Hon. Secretary Dr. Muralidhar Joshi to be conferred to all city branch Presidents.



Secretary's and Treasurer's report were presented by Dr. Pravesh Kanthed and Dr. Prakash Doodhya respectively which were passed by the GB. Dr. Sadhna Sanwatsarkar proposed that the existing body of ISSP Indore City Branch should continue for one more term which was unanimously accepted by the GB. The GB was attended by 18 members.

Dr. Pravesh Kanthed

Hon. Secretary, ISSP Indore city branch
Indore



Dr Pravesh Delivering his lecture



Dr Anshul Agarwal during his talk



President Dr KK Arora and his team



Happy Time

Lucknow City Branch Activities

The ISSP, Lucknow city branch conducted a Pain Awareness Programme on 9th April 2017 at Life Line Hospital, Azamgarh in collaboration with Azamgarh Anaesthesia Association & IMA Azamgarh.

The chairpersons were Prof. Anil Agarwal, SGPGIMS, Lucknow; Dr Sanjay Kumar, SGPGIMS, Lucknow; Dr Sarita Singh, KGMU, Lucknow & Dr Rakhi Gupta, Hind Institute of Medical Sciences, Lucknow

The CME Programme was as follows;

Topic	Speaker
Acute Pain: Why & How	Dr Sujeet Singh , SGPGIMS, Lucknow
Overview of Pain management	Dr Manish Singh , Interventional spine & Pain Clinic, Lucknow
Overview of Palliative care	Prof. Sanjay Dhiraj , SGPGIMS, Lucknow
Low Back Pain: Facts & Myths	Dr Chetna Shamsheri , SGPGIMS, Lucknow
Osteoarthritis Knee: Beyond NSAIDS	Dr Sandeep Khuba , SGPGIMS, Lucknow
Myofascial Pain	Dr Devendra Singh , Sahara Hospital, Lucknow



Mumbai City Branch Activities

SSPM, Society for study of Pain, Mumbai activities from January to May 2017:

Before we start SSPM would like to congratulate the three new Pain fellows at three centres in Mumbai for one year which is recognised by MUHS, Maharashtra's health university. SSPM, Society for study of Pain, Mumbai has been very active in terms of its academic activities for Pain education and Pain awareness.

We had our regular once in two-month meeting of this year which started on 14th January at Lilavati hospital with interesting topic of Rehabilitation medicine in Pain management. It was followed by interesting case discussion on the same issue.

Second meeting was held on 18th March with stress on Prevention of Knee pain and sports related injury. The turn of events indicate that Pain medicine topics are slowly maturing to not only theory discussion of pathology but to prevention and rehabilitation to complete the Pain management treatment.

The next meeting is planned in June.

SSPM aims to achieve its objectives to spread Pain education and awareness. SSPM has restarted Pain awareness for Family physicians by conducting Pain courses at various institutes of Mumbai. For the same, two programs were conducted. First one of the series was at Holy family hospital on 29th January. It was a program of 4 hours with 6 topics to cover basics of Pain management for a Family physician or any other doctor who manages pain in their clinic or hospital. Idea was to help them understand newer concept of pain, easy ways to assess pain, simpler medical treatment algorithm with troubleshooting. This was followed by common case scenario discussion and exam and feedback to assess the efficacy of the course.

Second course of the line was conducted on 19th February at Prince Aly Khan hospital. Next in the line is planned at Wockhardt hospital in June. We intend to do 6 programs by this year end and hope to target around 600-800 family doctors, residents and consultants.

There are similar courses being conducted in other parts of India. I would request to ISSP to have a consolidated Pain course syllabus for Family physicians and nurses as well so that we can freely conduct such courses all over India. We can have the course material i.e. presentations available on the ISSP website which can be of free to use for any one. This could be updated by IAPM.

SSPM is almost through with publication of its Handbook of Pain for Doctors. It should be in market for sale in July 2017. I would request ISSP members to spread a word about it to other doctors as well to make use of the Handbook which would be very helpful for general doctors in managing pain. I would also request ISSP to have a book like API, this would only help ISSP and increase the academic awareness of society with monetary benefits to the society rather than individuals. Hope to have more and more positive activities in SSPM and ISSP.



Nagpur City Branch Activities

ISSP Nagpur City Branch organised CME on Pain Management in coordination with Shantimohan hospital at LB Hotel on 24th April 2017. Dr Anjali Kolhe , President ISSP , Nagpur initially explained in brief regarding the importance of conducting such CME for the doctors of different specialities. The topics of interest were:

Pain Management : Physician's perspective and the speaker for it was Dr Sanjay Jain MD, practicing physician

Pain Management : Pain Specialist's perspective and the speaker was Dr Archana Deshpande, Consultant pain physician .

The chairpersons were Dr. Anil Jain, well known practicing Anaesthesiologist and Director of Prestige Nursing Home and Dr, Sheetal Dalal, AP Anaesthesiology and President ISA, Nagpur.

The programme was attended by around 60 doctors of various specialities and there was a very good interaction amongst the speaker and delegates. Dr Sunita Lawange, Secretary ISSP gave vote of thanks.



INDIAN SOCIETY FOR THE STUDY OF PAIN

INDIAN CHAPTER OF INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN

Reg. No.: U.P./470/84-85

LIFE MEMBERSHIP FORM

Full Name: Dr / Mr / Mrs

(in block letters) (Surname) (Name) (Middle Name)

Sex: Male / female **Age:**years, **Date of Birth** **Blood group:**.....

Qualification (University &Year of passing)

Specialization: **Registration No.:**

Designation:

Special Interest in field of pain: Pain Relief

Permanent Address:

Pin..... State..... Phone.....

Present Address (for correspondence):.....

Pin..... State..... Phone.....

E-mail ID:..... **Mobile No:**.....

I agree to abide by the rules & regulation of Indian Society for The Study of Pain.

I wish to join INDIAN SOCIETY FOR THE STUDY OF PAIN as life member/Associate Member and enclose Cheque / D.D.

No. drawn on Date..... Bank for Rs.....
(Drawn in favor of Indian Society for The Study of Pain) towards subscription for the life Membership.

Date:

Signature of Applicant

1. Sponsor's Signature Name

2. Sponsor's Signature Name

★ **Life Membership Fees:** Within India: Rs 5000/-Outside India: US \$ 250/-

★ **Associate Membership Fees:** Within India: Rs 3500/- Outside India US\$ 150

★ P.S. Outstation Cheque should be accompanied by Rs.100/- extra as bank charges.

★ Send two passport size photographs for I card.

★ Cheque / DD in favour of "Indian Society for The Study of Pain" payable at Hyderabad.

Form to be sent to.

Dr Muralidhar Joshi, Hon Secretary, Indian Society for The Study of Pain

102, Naveena Residency, Plot No39A, Road No2, Filmnagar, Jubilee Hills, HYDERABAD-500033

Email: issphq@gmail.com Mob: +91 99490 49946 Res: Ph: +91 -40-23555124

For Office Use: Receipt No & Year..... LM No.....

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Form for I Card & Change of Address

If so, please complete this form in **BLOCK LETTERS** and send to:

(1) ISSP Secretariat for correction in records.

(2) Use this form for sending information for I card. Send 2 passport size photos and Rs 100/- .

Get your I - Cards prepared, as it will be compulsory during ISSPCON

Name: Dr / Mr / Ms / Mrs

ISSP Life Membership number.....

Blood Group..... Date of Birth

Old Address

New Address

City..... Pin..... State.....

Phone : (Resi)..... (Off)..... (Mob).....

Email ID.....

Signature.....Date

Form to be sent to.

Dr Muralidhar Joshi, Hon Secretary, Indian Society for The Study of Pain

102, Naveena Residency, Plot No39A, Road No2, Filmnagar, Jubilee Hills, HYDERABAD-500033

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Evolving Pain Medicine:
From Controversies to Consensus



33rd ISSPCON
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CONFERENCE HIGHLIGHTS

Searching for the Right Way to Treat

Latest Technical Advancements

Evidence Based Approach

USG Guided Workshop

Pros & Cons Sessions

Clinical Research

33rd Annual National Conference of Indian Society for Study of Pain

2nd-4th February, 2018
Hotel Radisson Blu Plaza, New Delhi

About ISSPCON 2018



It gives us immense pleasure to invite you all for the 33rd Annual National Conference of the Indian Society for Study of Pain, ISSPCON 2018 scheduled from the 2nd to 4th February, 2018 at the "Radisson Blu Plaza Hotel", Mahipalpur, near Indira Gandhi International Airport, New Delhi, the Capital of India.



Conference Secretariat:
Dr. Pradeep Jain, Organising Secretary | ISSPCON 2018
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