



I, **Dr Sweta Salgaonkar**, am working in the department of anaesthesia, **Seth GSMC & KEM Hospital, Mumbai** as a **Professor** and a **Pain consultant**. Though my anaesthesia journey started in **1992**, pain journey was initiated in **2006**. I could establish 'Pain Clinic', an out-patient department, first of its kind in a **public teaching hospital** in the city of Mumbai, in the year 2011. I collaborated with department of orthopaedics, radiology, physiotherapy, so as to provide not only image guided (USG, fluoroscopy, CT guided)

interventional procedures but also holistic pain management. The department has started **Maharashtra University of Health Sciences(MUHS) recognised one year 'Fellowship Course in Pain Medicine' in 2017**, with the capacity of admitting 3 fellows each year.

I was fortunate to be included in the '**Essential Pain Management – TOT**' conducted by Travelling pain school & ANZCA in 2012. I have also been a participant in '**IASP-ISSP evidence based multidisciplinary pain management program**' of 3 contact sessions conducted in 2017. Presently, I hold the post of **associate editor** for **the Indian Journal of Pain**. I am also part of the **ISSP-SIG** for informed consent for interventional procedures & starting opioids, coding of procedures & antisepsis & antibiotics policy for interventional procedures. I have successfully completed one year program of **Medical Education Training for teachers**. I have multiple publications in anaesthesia & pain in the indexed journals. I was a **member of** our **Institutional Ethics Committee** for a period of nine years & am deeply interested in Good Clinical Practice & Research Ethics. I have organised & participated in many CMEs & conferences on in the disciplines of Pain, Orthopaedics & Spine, Plastic surgery - Brachial plexus injuries, at local & national level.

My **keen interest** is in **better understanding of pain**, that can empower our patients & can provide better pain control & quality of life.

My **vision** - I am inspired by many of our ISSP members who have been working hard for **bringing the pain community together** & for its well deserving **recognition. Pain awareness & education** of healthcare workers & society can help, we pain physicians, to extend our services to otherwise inaccessible patient population. **A help line for pain** is what I see in future. I am sure to carry this forward with your support.

My **motto** - '**Striving to achieve the best & committed for the cause**'

My **humble appeal** - to provide me the opportunity to be the **Governing Council member - ISSP** with **your support & blessings...**

Wish you all a blissful year 2019....See you all at Bangalore...