



Celebrating  
40 Glorious Years  
of Dedicated  
Effort For Pain  
Free India

40 YEARS  
OF ISSP  
ESTD. 1984

[www.issp-pain.org](http://www.issp-pain.org)

# ISSP NEWSLETTER

VOLUME: 35 | ISSUE: 01

MAY 2023

## Important Dates

Exit Examination Of IAPM Fellowship  
on **19<sup>th</sup> August 2023**

Entry Examination Of IAPM  
Fellowship ( 2024-2025) on  
**1<sup>st</sup> October 2023**

ISSPCON 38<sup>th</sup> National Conference of Indian Society for  
Study of Pain,  
**ISSPCON 2024** to be held in **Pune** from  
**2<sup>nd</sup> to 4<sup>th</sup> February, 2024**, with preconference  
workshops on 1st February.

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# ISSP Governing Council



DR. MURALIDHAR JOSHI

President



DR. KRISHNA PODDAR

Vice President



DR. SUNITA LAWANGE

President Elect



DR. PRAVESH KANTHED

Secretary



DR. HITESH PATEL

Treasurer



DR. HAMMAD USMANI

Joint Secretary



DR. SAMARJIT DEY

Editor



DR. PRADEEP JAIN

Past President



DR.(MAJ) PANKAJ N SURANGE

Past Secretary

# ...ISSP Governing Council

## LIST OF EXECUTIVE MEMBERS



Dr. Naveen Malhotra



Dr. Jeetinder Kaur Makkar



Dr. Anurag Agarwal



Dr. Chinmoy Roy



Dr. Kanchan Sharma



Dr. Rohit Lahori



Dr. Kiran Vyawahare



Dr. Sidharth Verma

# IAPM Governing Council



DR. GAUTAM DAS

DEAN



DR. DEBJYOTI DUTTA

Registrar



DR. MURALIDHAR JOSHI

President



DR. PRAVESH KANTHED

Secretary



DR. KRISHNA PODDAR

Vice President

## List Of Governing Council Members



Dr. Nana Morkane



Dr. Prakash Deshmukh



Dr. Sunny Malik



Dr. Archana Niteen Deshpande



Dr. Asha Satish Barge



Dr. Ravi Shankar Sharma



# From the Secretariat



*Dr. Pravesh Kanthed*  
Hon. Secretary, ISSP

Dear friends

Greetings from the Secretariat.  
It gives us immense pleasure to release the May edition of ISSP Newsletter.

The Secretariat has completed one year in office and with the help and cooperation of all of you, the journey has been wonderful so far. We would like to thank all of you for supporting and guiding us during 1st year of our tenure.

We would like to thank our immediate Past President Dr. Pradeep Jain for guiding us throughout the year. Without his support and inputs, we would not have been able to put up a good show.

Our new President Dr. Muralidhar Joshi, who carries a vast experience as an administrator and clinician, will be guiding us throughout the year. He has already instructed the Secretariat to implement the decisions taken during GBM and has the road charted for the rest of the year.

We are celebrating our 40<sup>th</sup> year of formation and we plan to celebrate this with great enthusiasm and vigor. We have released our 40 yrs logo with caption "Celebrating 40 glorious Years of Dedicated Effort For Pain Free India". We would request all Chapter/Branch President and Secretary and all members to use this logo in their official communications, conferences, meetings, CME's and public awareness lectures and talks and social media creatives.

We will be celebrating ISSP Foundation Day on 9<sup>th</sup> July. ISSP was registered on this day in 1984 by a bunch of enthusiastic people, to whom we will remain ever indebted. It is due to hard work of our predecessors over the last 40 years that we are ready to take off, making our mark in the society and helping our patients suffering from the menace of Chronic Pain. I urge all Branch President and Secretary to conduct program on 9<sup>th</sup> July, to commemorate our 40 yrs. The branch which conducts the best activity will be given special prize during ISSPCON 2024 at Pune.

# From the Secretariat

The 37<sup>th</sup> edition of ISSPCON was held at the holy city of Sri Amritsar from 3<sup>rd</sup> to 5<sup>th</sup> Feb. 2023. We must congratulate the whole organising team specially Org. Chairman Dr. AP Singh, Org. Secretary Dr. Ruchi Gupta, and their team for a wonderful show of academics, cultural programs, hospitality and spirituality. The faculty and delegates thoroughly enjoyed the conference and were all praise for the event.

The 38<sup>th</sup> ISSPCON will be held at Pune which will be organized by Society for Study of Pain, Pune, under the Organizing Chairmanship of Dr. Uttam Sidhaye and Secretary Dr. Varshali Keniya. We are sure that the organizers will leave no stone unturned to put up a great show. We urge all members to register in record numbers for our annual event (<https://painsocietypune.com/issp-con-2024/>). The Secretariat is ever ready to help and support the organizers in whatever way for the same.

IAPM, the academic wing of ISSP, is doing very well under the leadership of Dean Dr. Gautam Das and dynamic Registrar Dr. Debjyoti Dutta. The January 23 FIAPM exit exam was held at SAIMS, Indore on 19<sup>th</sup> of Jan 2023. 16 examinees appeared for the same and all of them but one, cleared the exam.

The Editor in chief of Indian Journal of Pain, Dr. Samarjit Dey is doing a wonderful job and has committed to bring out supplemental issue on Cancer Pain and Neuromodulation in due course of time. A special issue on MIPSI was also released at inauguration ceremony of ISSPCON 23. He has assured us that Scopus indexation work will be completed till April 23.

The Secretariat has urged all the State chapters and City branches to submit their audited returns for record purpose. We are still awaiting reply from few branches. The Secretariat has disbursed branch share to all the branches, who have submitted their audited accounts, till 31<sup>st</sup> of March 2023. No dues remain at our end for branch share



*Dr. Hitesh Patel*  
Treasurer, ISSP



# From the Secretariat

This year IASP is also celebrating its 50<sup>th</sup> anniversary with the aim of “Working together for Pain Relief throughout the World”. The year 2023 is being celebrated by IASP as The Global Year for Integrative Pain Care.

We are updating our user interface of website and integrating pages of patient education in it. We will be accepting patient education and awareness blogs or article from our members, which can be published in the website as well. If anyone is interested, they can submit their videos/ reels in regional languages. We will upload them on our You Tube channel and social media handles.

Secretariat will communicate from time to time with you regarding the future activities and updates. Kindly visit our website ([www.issp-pain.org](http://www.issp-pain.org)) & follow our page on Facebook/ LinkedIn/ Twitter for any update on ISSP and IAPM.

We have issued a dedicated ISSP helpline number +91-888-999-8301.

For any help/query/suggestion, we can be reached through this number or through e-mail, [issphq@gmail.com](mailto:issphq@gmail.com)

Together, we can achieve a lot for our specialty of PAIN MEDICINE.

Jai Hind  
Long live ISSP

Dr. Pravesh Kanthed  
Hon. Secretary, ISSP

Dr. Hitesh Patel  
Hon. Treasurer, ISSP



# President's Message



Dear Friends

Dear ISSP Members,

Let me congratulate all of you on the occasion of 40<sup>th</sup> year of formation of Indian Society for Study of Pain. It's time for us to share with you the activities and progress of our organization, Indian Society for Study of Pain (ISSP). We would like to thank all of you for supporting and guiding us over the years.

With support from everyone, we are able to take ISSP to new heights not only within our country but also across the globe. We are delighted to share with you the new accomplishments in 2023.

This year the 'Global year for Integrative pain care' from International Association for Study of Pain (IASP) will be celebrated widely across the country by various state/city branches and of course individual members on July 9<sup>th</sup> 2023 and throughout the year. The success story continues. It's a great occasion as IASP enters 50th year of its formation.

We thank our Hon Secretary Dr. Pravesh Kanthed & Treasurer Dr. Hitesh Patel for excellent management of ISSP secretariat. The Editor in chief of Indian Journal of Pain, Dr. Samarjit Dey is doing a great job in ensuring continuation of print version of journal with quality articles, we are grateful to him. IAPM is doing a great job under the leadership of Dean Dr. Gautam Das & Registrar Dr. Debjyoti Dutta.

We are grateful to all the members of the Governing Council for their enthusiasm and for their readiness to carry forward the new initiatives. Their valuable inputs have been of immense help for the activities of ISSP in general and ISSP Conferences and meetings in particular.

## ...President's Message

The ISSPCON 2023 at Amritsar was a great show. We thank the organizers for a wonderful show. ISSPCON 2024 is scheduled at Pune, Maharashtra. They have one of the finest organizing team, I am sure it will be a great show. Don't miss a chance to enjoy a great scientific feast, hurry up and register today!

We wish everyone stay safe and stay healthy.

Long Live ISSP  
With Regards & Best Wishes,

*Muralidhar Joshi*

Dr. Muralidhar Joshi  
Hon. President, ISSP

# ISSP UPDATES

- Star Health policy for insurance coverage. At present, only 14 procedures are included in Interventional pain management category by star health. We are pursuing the matter further with Star insurance to incorporate all the listed procedures under insurance cover. We had hired a consultant, Mr. Manivannan, to liaison with Insurance agencies, to bring two companies onboard. We have re-initiated the talks with him to bring other insurance companies to cover all the listed pain procedures under insurance cover. He was reminded that as per the agreement, he had to liaison with at least 2 insurance companies.
- Indemnity insurance by Cover U. They are ready to give indemnity cover for all 140 procedures (plus any procedure that will be added in future) listed in ISSP coding document. We will be sending soft copy of the Tie-up letter to all members through e-mail and will officially launch the policy on ISSP Foundation Day, i.e. 9<sup>th</sup> of July 2023.
- The Secretariat is following up for list of procedures to be included in the Ayushman Bharat policy with competent authorities.
- We are upgrading the UI of our website and adding new pages in the form of patient education initiatives. We have hired an agency for making patient awareness videos and handouts which will be uploaded on our website and You Tube channel. The videos will be in English and Hindi and handouts will be published in 8 regional languages.
- IASP Conference representation was done by Dr. Pradeep Jain, Prof. Ashok Saxena, Dr. Jeetinder, Dr Babita Ghai Dr. Hammad Usmani. Prof Ashok Saxena was bestowed with IASP award for excellence in Pain research in developing countries.
- New member addition: Total number of ISSP members till 30<sup>th</sup> April 2023 stands at 3096. The new members of ISSP that will join ISSP after the date of notification of elections will not be able to vote that year in AGBM. This is for the information of all the members.
- Twitter account (@issphq) has been started by ISSP Secretariat and we request all members to follow it.
- ISSP Newsletter will now be released twice in a year, instead of once.



## ... ISSP UPDATES

- Two new branches have been formed this year, Raipur and Gurugram. We congratulate the founding members of these branches for the same. As of today we have 20 city branches and 11 state chapters.
- A Condemnation committee was formed and members of the committee will be Vice President, Past Secretary, Treasurer, Joint Secretary and senior most members of GC (any three out of five) along with President and Secretary
- The current GC members body has been updated to IASP and SARPS.
- Hon. Secretary Dr Pravesh Kanthed met Honorable Gov. of Govt. of Assam H.E. Shri Gulab Chand Kataria for matter related to inclusion of DM< Pain Medicine as a super-specialty of Anaesthesiology. The Hon. Gov. guided us to meet MP from Indore, Mr Shankar Lalwani to help fix a meeting with Mr Mansukh Mandaviya, Minister for Health and Family Welfare. We are following up with him and will soon represent our case to Health Minister.
- ISSP Registration renewal was due on 8th May 2023 at Varanasi. We have applied for the renewal and furnished all the documents required for the same. Dr Anil Paswan is assisting the Secretariat and we are thankful to him for the same.
- Database mining and updation was done. 216 member names were found in old registers and receipt books, which were missing in the software. We have updated their names in the software. We have also informed chapter/branch Secretaries to share updated members details with headquarters.
- Constitution review committee under Dr. Muralidhar Joshi has given their final draft, it will be posted on website after finalizing it.



## ... ISSP UPDATES

- ISSP Secretariat urges state chapter/ city branch President and Secretary to conduct a GBM annually and elections, no later than three years as is mandated by our constitution. To maintain uniformity across the country, the elections should be held in the month of December, so that the new executive council takes over by Jan. and represent their respective Chapter/ Branch in ISSPCON in Feb. The minutes of the meeting and activities done by the chapter/ branch should be communicated with the Secretariat so that they can be published in the newsletter. Annual returns of the society should be filed with the tax authorities and a copy of audited accounts should be sent to the Secretariat for their record.
- To maintain uniformity ISSP Helpline number is generated as **+91-8889998301**. Whats app communications will be available on the same. This number will be passed from Secretary to Secretary.



# IAPM UPDATES



It is with great pleasure that I write the report of achievements and initiatives taken by IAPM – Indian Academy of Pain Medicine, the academic wing of ISSP.

The exit exam of IAPM was conducted at Sri Aurobindo Institute of Medical Sciences, Indore, Madhya Pradesh on 15<sup>th</sup> of January 2023. Dr. Pravesh Kanthed was the local coordinator for the exam. 16 candidates appeared for the exam and 15 cleared the exam successfully.

## Details of the upcoming exam

EXIT Examination Of IAPM Fellowship	19th August 2023
ENTRY Examination Of IAPM Fellowship (2024-2025)	1st October 2023

The last date for application of Exit Exam is : 15<sup>th</sup> July, 2023

The last date for application of ENTRY Exam is : 25<sup>th</sup> September, 2023





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ESTD. 1984

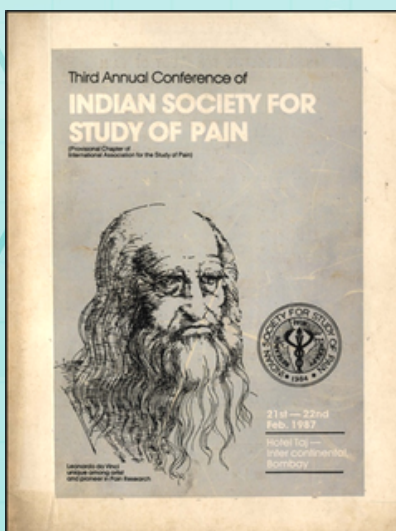
[www.issp-pain.org](http://www.issp-pain.org)

# INDIAN SOCIETY FOR STUDY OF PAIN



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40 Glorious Years  
of Dedicated  
Effort For Pain  
Free India

40 YEARS  
OF ISSP  
ESTD. 1984



# 40 YEARS OF JOURNEY

## History of ISSP

- The ISSP was formed at the BHU, Varanasi in 1984.
- The formation of the society was initiated by the Dept of Anesthesiology but it was a multidisciplinary organization.
- Neurologists, Neurosurgeons, Orthopedics Surgeons, Nurses and other medical specialties involved in the management of pain were included.
- Dr. Akram Lal was elected as interim president and Dr. V. Rastogi as interim secretary
- Dr. Akram Lal attended the World Congress of Pain held at Seattle, USA in august 1984.
- During this congress itself, the ISSP was recognized as official chapter of IASP.
- The IASP and other office bearers included WHO chief of cancer - Dr. Jan Stjernsward, took a keen interest in ISSP and promised to extend all support towards the progress of ISSP.
- Inaugural conference of ISSP was held in 1985. (150 delegates)
- An official representative of IASP and Dr. Stjernsward attended the conference.
- Dr. K. Pandey was elected as President and Dr. V. Rastogi as Secretary.
- Initially as per information from Dr. M.T. Bhatia, Ahmedabad--A small pain practicing group was formed in Ahmedabad, more or less, around the same time, when Dr. Akram Lal and Dr. K. Pandey from Varanasi formed ISSP.
- Later on, other pain societies in India were merged in the ISSP





# 40 YEARS OF JOURNEY

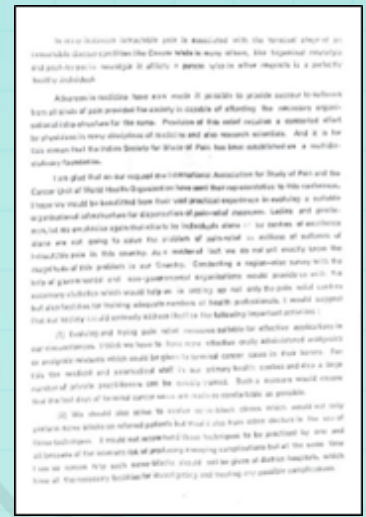
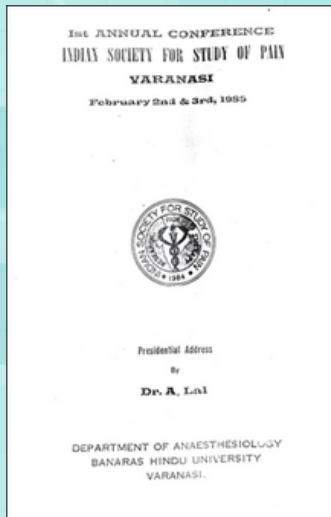
## Honorable Past Presidents of ISSP

Year	President
1984-85	Dr K Pandey
1985-86	Dr Akram Lal
1986-87	Dr MT Bhatia
1987-88	Dr Sushila Shah
1988-89	Dr BJ Damani
1989-90	Dr Sudarshan Yajnik
1990-91	Dr Hariwir Singh
1991-92	Dr Hariwir Singh (No onference)
1992-94	Dr Vijay Ram
1994-95	Dr NN Sinha (No Conference)
1994-96	Dr NN Sinha
1996-97	NA
1997-98	Dr Ila Ghosh
1998-99	Dr Virendra Rastogi
1999-00	Dr Sandhya Saha
2000-01	Dr DK Baheti
2001-02	Dr DK Singh
2002-03	Dr Pramod Kumar

2003-04	Dr RK Mehta
2004-05	Dr Bibhukalyani Das
2005-06	Dr Neelam Ganguly
2006-07	Dr LD Mishra
2007-08	Dr Manjushree Ray
2008-09	Dr RP Gehdoo
2009-10	Dr Anil Agarwal
2010-11	Dr P N Jain
2011-12	Dr P N Jain
2012-13	Dr YK Batra
2013-14	Dr Kameswar Rao
2014-15	Dr B Radhakrishnan
2015-16	Dr Vivek Palsule
2016-17	Dr BB Mishra
2017-18	Dr Geeta Joshi
2018-19	Dr. Gautam Das
2019-20	Dr. Madhuri Lokapur
2020-21	Dr. Kailash Kothari
2021-22	Dr. Pradeep Jain



# 40 YEARS OF JOURNEY



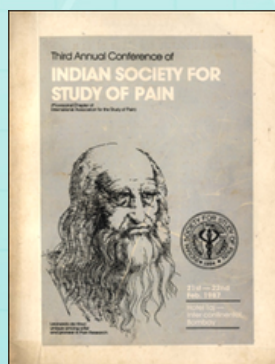
A copy of the Presidential Address  
of the 1st Annual Conference of ISSP  
held in Varanasi on 2nd and 3rd Feb. 1985



Inaugural conference ISSP Varanasi 1985



2nd ISSPCON-1986 - Nagpur



CME book of 3rd ISSPCON-1987  
(Bombay)



3rd ISSPCON-1987, Bombay

# 40 YEARS OF JOURNEY



ISSP members attending World Congress  
IASP at Hamburg, Germany 1987



IASP Congress, Germany 1987



Dr Jan Strensward WHO Chief Cancer Pain  
Relief Programme, Dr Akram Lal, Dr. Katz  
IASP representative



3rd Annual Conference ISSP at  
Mumbai 1987



ISSP Newsletter in the year 1990-91



23rd ISSPCON-2008, Vellore



# 40 YEARS OF JOURNEY



ISSP Varanasi City branch 2013

## Editors List

Prof. S. Yajnik	1985 - 1990
Prof. Hariwir Singh	1991 - 1993
Dr. Shantanu Tripathi	1996 - 2002
Dr. P. Bhattacharyya	2002 - 2004
Dr. Manjushree Ray	2004 - 2006
Dr. Madhuri Lokapur	2006 - 2008
Dr. A.K. Saxena	2009- 2013
Dr. Gautam Das	2013 - 2016
Dr. Kailash Kothari	2016 - 2019
Dr. Hammad Usmani	2019 - 2022
Dr. Samarjit Dey	2022 - current



**Even the journal changed its looks!!!**

## Aims and Functions of ISSP

- To bring all the branches of pain practicing groups together, under one umbrella or roof.
- To educate and motivate the medical personnel about pain and its management facilities available.
- To make aware the non-medico & lay people about pain and help them to get rid of myths about pain its medicines.
- To help the pharma. people with latest guidelines in pain.
- To co-ordinate with the IASP in updating the pain knowledge.
- To arrange CMEs, and conferences on pain in the country.
- To train Novices as well as refresh the learned practitioners about the pain and its management.



# 40 YEARS OF JOURNEY

## Future Plans of ISSP

- To make common people aware about pain and it's solutions .
- To educate medical personnel about pain management .
- To arrange more funds for starting more pain training fellowships in India.
- To formulate any interactive pain modules, for the beginners in the pain management .
- To co-ordinate with govt. and legal authorities, so as to ease out the availability of the analgesics, particularly narcotics to all needy patients across India.
- To encourage pain physicians in field as well as research work .
- To encourage pain physicians through awards in form of books .
- To set-up a standard pain curriculum courses.
- To encourage and co-ordinate pharma. people with newer drugs, trials and any other problems.

## IAPM

- First Dean – Vibhukalyani Das
- Registrar- Pradeep Jain
- Acting Registrar- Dr. Pratibha Matche
- Current Dean: Dr. Gautam Das
- Current Registrar: Dr. Debjyoti Dutta



Regards,  
Dr. RP Gehdoo  
Past National President,  
ISSP (2008 -2009)

# ...40 YEARS OF JOURNEY

## ISSP contribution in establishing Pain Medicine in India



Dr. V Rastogi  
Past National President,  
ISSP (1998 -1999)

Pain Medicine is relatively a new concept not only in India but also worldwide. The journey started with the introduction of concept of Pain Clinics and the Pain Research and Therapy by Dr. J.J. Bonica, the father of Pain Medicine. Initially the focus was on development of clinical services and Research in the Field of Pain and education. In Indian perspective evolution started with the formation of the Indian Society for Study of Pain at Varanasi on 7 July 1984 in order to bring Pain physician at one platform. Seven members representing different specialty Anesthesiology, Neurology and Neurosurgery laid down the foundation of ISSP. Inaugural conference of the ISSP held at Varanasi Feb, 1985 attended by Jan Stjernsward, the chief WHO Cancer Pain Relief Programme and John Katz as an IASP observer. Since then the ISSP successfully organized such event every year except in 1993 because of natural calamity of Plague and 1995. The Pain movement grew consistently but at slower pace creating awareness about Pain Management among the public and care givers and in the field of education. Pain clinics established by the members in Medical colleges and corporate hospitals. In a survey done by Dr. Rastogi in 1984 revealed only 16000 patients received treatment in various Pain clinic across India. The number doubled in next 10 years which was the result of increasing awareness and more and more Pain Physicians coming forward. I personally and on behalf of the ISSP acknowledge the contribution by the stalwarts of which few names are Drs K Pandey, A. Lal, MT Bhatia, S. Yajnik, Sushila Shah, Bibhuti Kalyani Das.

### Education & Training in Pain Medicine

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The need for structural training was felt and it was the year 2008, the Banaras Hindu University approved one-year Post-Doctoral Certificate Courses (PDCC) In Pain management and the first batch of three students (Dr. Nimisha, Dr. Narendra Pal Singh and Dr. Deepak Thapa) awarded PDCC degree. Two years later (2010) the SGPGI also started PDCC under the supervision of Prof. Anil Agrawal. More than hundred students awarded PDCC, FNB and DM degree in Pain Medicine from various medical Institutions /Universities.



# ...40 YEARS OF JOURNEY

It is a matter of great rejoice that Indian society for the study of Pain is completing glorious 40 years now and we are celebrating this year with immense happiness and satisfaction. Our society has grown leaps and bounds in last 4 decades due to sheer dedication and perseverance from all our respected seniors right from Prof K Pandey who was the president and founder of ISSP in 1984 in BHU, Varanasi. We salute all our past presidents and other worthy office bearers on the feat to bring the ISSP to its present strength, as the Indian chapter is one of the oldest and largest country chapter in International Association for the study of pain (IASP) register.



Dr. P N Jain  
Past National President,  
ISSP (2010-2012)

I joined ISSP in 1994 and became an executive body member in Mumbai in 2000. Soon, I was chosen to work as treasurer in 2002 during Jamnagar ISSPCON and served for 2 tenures till 2008. It was a matter of great moment for me to be inducted as president, ISSP in Jabalpur ISSPCON, 2010. With the blessing of GBM in ISSPCON Chandigarh (2011), I received a second stint of presidentship. I wish to highlight 2 important new ventures undertaken during my 2 years presidential tenure. The first is, ISSP organized 12 young pain physicians programs (YPP) across India on a pain school model and the second was conducting a International neuropathic pain school (IASP funded) during ISSPCON ,Bangalore (2012) by top 27 foreign faculties of NeuPSig which was attended by 50 Indian young pain physicians, a fully sponsored one day workshop . I will remain indebted to all my ISSP fellow members for bestowing so much faith and affection during my ISSP tenure in various capacities. ISSP used to be very closely woven society in formative years and all the society work was done as a personal responsibility of president, secretary and the treasurer. At that time without any clerical assistance, our ISSP (B & W 8 pages) newsletter used to be printed and posted by spending just Rs 15000/- on each issue for 1000 copies. Our GBMs were always full of enthusiasm and sometimes boisterous, but we have always taken the positives steps to sail through our progressive journey in the welfare of ISSP. I wish ISSP should invest more in cost effective quality Indian pain research, may be using IASP funds and taking a lead role in pain education expansion across India including UG & PG health science courses through NMC. I wish all ISSP members my best wishes for the future career in pain medicine.



# ...40 YEARS OF JOURNEY





# ...40 YEARS OF JOURNEY

Greeting to all ISSP members from the India cleanest city Indore. My journey with ISSP started way back in 1980, when Dr. Bhatia visited Indore and saw my keen interest in pain management. He told me "You should join ISSP and open a pain clinic at Choithram Hospital, Indore". My vivid memory recollects that we had first pain workshop at Choithram Hospital in 1982 where Dr. Bhatia, Dr. Jatin Vyas and Dr. Sushila Shah took part. After this inaugural workshop, Choithram became a hub of Pain Management and numerous successful workshops were conducted in the following years with multiple informative sessions led by Dr. Gehdoo, Dr. Sushila Shah, Dr. Ashok Saxena.



**Dr. Vivek Palsule**  
Past National President,  
ISSP (2015-2016)

To bring some international exposure to Choithram, I conducted two pain workshops with Dr. Anil Sharma from New Jersey, USA, under the banner of Choithram Hospital & Indore ISSP. In 2005, I took part in World Congress of Pain, held in Sydney, Australia. With my focus and keen interest in LASER, I presented paper on role of diode in attenuating chronic pain conditions in Rostock, Germany, which was very well appreciated with all IALSM members.

I was declared president elect at Chennai in 2015 and took over as national President ISSP in 2016 at Indore. My tenure as national president was fulfilling as I met and became friends with so many talented people across the organization. I had always wished of having the ISSP National Conference to be held at Indore and fortunately this happened during my tenure along with the MP chapter ISSP, which makes it even more special. Dr. Pravesh Kanthed and other ISSP members supported me for conducting this national ISSP congress which was a great success, my thanks to all team members for the same.

During my presidency, the ISSP team achieved digitization of members which helped in accelerating online registration and ID card generation resulting in huge success of new memberships. This could not have been achieved without the hard work and enthusiasm of Dr. Murlidhar Joshi who was the Hon ISSP National Secretary. My sincere thanks to Dr. Radha Krishnan, Dr. M.V. Bhimeshwar, Dr. B.B. Misra, Dr. Ashok Saxena, Dr. Babita Ghai, Dr. P. Vijayanand, Dr. Baljit Singh and Dr. Gautam Das for helping me throughout my tenure. My special thanks to all Executive Committee Members for supporting me. During my tenure several issues such as registration office at Varanasi, financial issues and income tax return matters were discussed in detail and promptly solved.

My sincere gratitude and thanks to everyone in ISSP for being supportive throughout my tenure and career. I wish best to all the new members / office bearers of ISSP and look forward to the new ISSP chapters.

# ...40 YEARS OF JOURNEY

## ...Journey Of Dr. Vivek Palsule





# ...40 YEARS OF JOURNEY

## 40 Years of ISSP - A WALK down the memory lane!

My career in Anesthesiology started in The Department of Anesthesia, Gujarat Cancer & Research Institute, Ahmedabad, under Dr M T Bhatia. Ours was the one of the first department to have "Pain Clinic" in 1972. Dr M T Bhatia, being internationally known personality in Pain, took initiative to form Indian Society for The Study of Pain, an Indian Chapter of International Association for The Study of Pain in Feb 1984. I attended number of conferences, workshops and meetings of ISSP, but my real journey in ISSP started in Feb 2002 when I sat beside Dr Bibhu Kalyani Das, Secretary ISSP, on stage, at Jmanagar, during ISSPCON, to write down the minutes of meeting, during AGBM! Following that, I just kept flowing with the flow of ISSP and held various posts of Governing Council Member, Secretary and President! Here are few memorable events of my journey through ISSP.

Silver Jubilee Year Celebration 2009 during ISSPCON at Hyderabad!

It was decided to celebrate the Silver Jubilee Year with many activities, in 2009. First time in history of ISSP, Society's Flag was hoisted, which marked a new era of ISSP! All the Past Presidents and Governing Body Members were felicitated during the Silver Jubilee Inauguration. A newsletter with History of ISSP was released on the occasion.



Dr. Geeta Joshi,  
Past National President,  
ISSP (2017 -2018)

## "Say NO to Pain":

An unique workshop was organized on 07 Aug 2010 in Delhi. A press conference at press club of Delhi, highlighted the importance of "Pain" and its treatment. It was followed by a workshop with Smt Jagjit Pavadia, Narcotics Commissioner, Central Beauru of narcotics, Mr Rajesh Nandan Srivastava, Director of Narcotics at Ministry of Revenue, Dr A K Saxena, GM commercial Govt opium & Alkaloid, Mr P K Jaggi, Drug Controller of Delhi and the Executive Committee Members of ISSP & Senior Anesthesiologists from New Delhi. It was aimed to simplify NDPS Act & to improve Morphine availability for chronic pain patients.

# ...40 YEARS OF JOURNEY

... 40 Years of ISSP - A WALK down the memory lane!



## YEAR 2011 - 12 WERE "YEARS PAIN EDUCATION"

Number of trainings and education programs were held across ISSP Chapters. ISSPCON 2012 at Bangalore was preceded by "Neuropathic Pain School". This one-day training program in Neuropathic Pain for young pain physicians was organized with full support of Special Interest Group (SIG) of International Association for The Study of Pain. Dr Srinivas Raja, Chairman, NeuPSIG & its Executive Committee had conducted this CME program for selected 30 participants.



I am indebted to all seniors & colleagues with whom I worked with. Dr Bibhu Kalyani Das, Dr Gehdoo, Dr Anil Agarwal, Dr P N Jain, Dr Ashok Saxena, Dr Muralidhar Joshi are few names out of many who have made my journey memorable. Sky is the limit for ISSP...

Long Live ISSP!



# ...40 YEARS OF JOURNEY

It's very heartening to see that you are involving everyone in this memoir of last 40 years of ISSP. My association with ISSP began in 1992 in Bengaluru conference. In those days pain management was associated with palliative care. That conference focused on sessions by renowned nurse, Gilly Burns. People were discussing electro-acupuncture as intervention for MSK pain.

However, I have been actively involved since 2003. It was in ISSPCON 2003, New Delhi where I bid for the national conference to be held in Pune in 2005.

I am still amazed that the then EC granted the conference to an unknown girl who was the only one practicing pain in Pune. ISSPCON 2005, Pune was a game changer as it was completely based on chronic and cancer pain. Live demo of pump implant, RF procedures under c-arm guidance were demonstrated for the first time in India. We had Dr. Philip Finch who was one of the pioneers of modern pain medicine. Prof. Chan Gunn, another faculty, was the pioneer of dry needling. During my tenure as the president of in 2019-20, we started working on insurance for pain relief procedures. Dr. Surange and team worked very hard on the project. I sincerely hope our efforts will soon bring fruits. It has been a pleasure to watch the ISSP grow from strength to strength in the last 20 years since.

It has provided a great platform for pain practitioners across the country.



Dr. Madhuri Lokapur  
Past National President,  
ISSP (2019 -2020)



Sitting from right :Dr. Phillip Finch,(Australia), Dr. Madhuri Lokapur, Dr.N.Rawal,(Sweden) Dr. P. Kataria  
Standing from right: Dr. D.Subhedar (USA), Dr. Gauhar Afshan (Pakistan), DR. Chan Gunn (Canada), Dr.Ong Too (Malaysia), ISSPCON 2005, PUNE



# ...40 YEARS OF JOURNEY

## ... Journey Of Dr. Madhuri Lokapur



ISSPCON 2019, Bengaluru



EC/ IAPM MIDTERM MEETING Ahmedabad, 2019



Hoisting our revered ISSP Flag is one of the highest honour bestowed by all of you. Isspccon 2020, Ahmedabad



Dr. Dureja has been instrumental in bringing Pain specialty in limelight. It was a pleasure to felicitate him. ISSPCON 2020.



It is always great to interact with colleagues and fellow pain physicians.



# ...40 YEARS OF JOURNEY

## ISSP - Past Presidents

1984 - 85



Dr K Pandey

1988 - 89



Dr B J Damani

1988 - 99



Dr Virendra Rastogi

2002 - 03



Dr Pramod Kumar

2006 - 07



Dr L D Mishra

1985 - 86



Dr Akram Lal

1989 - 90



Dr Sudarshan Yajnik

1999 - 00



Dr Sandhya Saha

2003 - 04



Dr R K Mehta

2007 - 08



Dr Manujshree Ray

1986 - 87



Dr M T Bhatia

1990 - 91



Dr Hariwir Singh

2000 - 01



Dr D K Baheti

2004 - 05



Dr Bibhu Kalyani Das

2008 - 09



Dr R P Gehdoo

1987 - 88



Dr Sushila Shah

1993 - 94

Dr Vijayram

1995 - 96

Dr N N Sinha

1997 - 98

Dr Ila Ghosh

2001 - 02



Dr D K Singh

2005 - 06



Dr Neelam Ganguly

Present President



Dr Anil Agarwal

# ...40 YEARS OF JOURNEY

## ISSP - Secretaries & Treasurers

**Secretary**



**Dr Virendra Rastogi**

**Treasurer**



**Dr A K Garg**

**Secretary**



**Dr P Kumar**

**Treasurer**



**Dr H K Vakharia**

1984 - 88

1988 - 92

1992 - 94

**Dr N N Sinha**  
**Dr Geeta Verma**

**Secretary**



**Dr Bibhu Kalyani Das**

1996 - 2002

**Treasurer 1996 - 99**



**Dr Manjushree Ray**

**Treasurer 1999 - 2002**



**Dr J S Rudra**

**Secretary**



**Dr R P Gehdoo**

**Treasurer**



**Dr P N Jain**

**Secretary**



**Dr Geeta Joshi**

**Treasurer**



**Dr Bhavna Shah**

2002 - 2008

2008 - till Date

### Hansraj Nayyer Oration

This oration lecture was started in the year 2000 in the memory of late Shri Hansraj Nayyer. It is held every year on the second day of the annual conference. The oration has been delivered by the following dignitaries so far:



Year 2002: Dr M T Bhatia, Ahmedabad  
Year 2003: Dr Akram Lal, Varanasi  
Year 2004: Dr D Dasgupta, Mumbai  
Year 2005: Dr Sandhya Saha, Kolkata  
Year 2006: Dr Sudarshan Yanik, Lucknow  
Year 2007: Dr Sushila Shah, Mumbai  
Year 2008: Dr V P Kumra, New Delhi  
Year 2009: Dr Virendra Rastogi, Varanasi





# ...40 YEARS OF JOURNEY

## ISSP - EDITORS - Indian Journal of Pain

1985 - 90



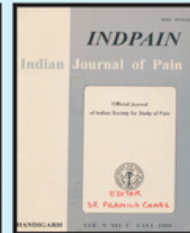
**Dr Sudrshan Yajnik**



1991 - 93



**Dr Pramila Chari**



1996 - 2002



**Dr S Tripathi**

2002 - 04



**Dr Prithwis Bhattacharya**



2004 - 06



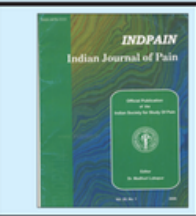
**Dr Manjushree Ray**



2006 - 07



**Dr Madhuri Lokapur**



2008 - till Date



**Dr Ashok Kr Saxena**



## Life Time Achievement Award

The award is conferred to the member for his/her work in pain management and distinguished services to ISSP. It was started in the year 2003 by the Janssen-Cilag pharmaceutical company and being given, each year, during the Annual Conference. It is a very prestigious Award which not only recognizes the services of an individual in the field of Pain Relief but encourages others to follow the same steps.



**ISSP FLAG**

**Year 2004: Dr K Pandey  
Year 2005: Dr Sushila Shah  
Year 2006: Dr M T Bhatia  
Year 2007: Dr P Kumar  
Year 2008: Dr Akram Lal  
Year 2009: Dr A Rudra**



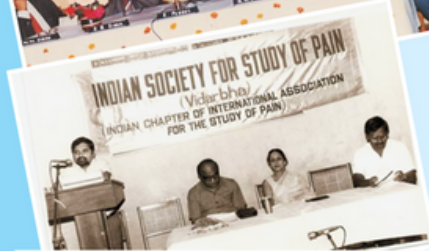
**Introduced - 2009**

## Presidential Key Note Address

Presidential Key Note Address has been started with effect from year 2009 and it has been sponsored by Alidac Corza, a Division of Zydus Pharmaceuticals. This Key Note Address will be delivered by the President of ISSP every year on the second day of the Annual Conference. **Dr R P Gehdoo** is the first President to deliver this address during ISSPCON 2009 at Hyderabad.

# ...40 YEARS OF JOURNEY

## Down the Memory Lane...



## ISSP Conferences till date...

YEAR	PLACE	ORGANISING SECRETARY
1985	Varanasi	Dr Akram Lal
1986	Nagpur	Dr Mankeshwar H
1987	Mumbai	Dr Saroj Sanghavi
1988	Hyderabad	Dr Rupendra Lal
1989	New Delhi	Dr Jayalaxmi
1990	Mumbai	Dr P J Mehta
1992	Bangalore	Dr Vijayram
1994	Patna	Dr N N Sinha
1996	Konark	Dr Sukdev Naik
1997	Kolkata	Dr Sandhya Saha
1998	Varanasi	Dr D K Singh
1999	Kanpur	Dr Kiran Malhotra
2000	Mumbai	Dr D K Baheti
2001	Guwahati	Dr K Z Ahmed
2002	Jamnagar	Dr A H Vyas
2003	New Delhi	Dr Vijay Vora
2004	Kolkata	Dr Supratik Sen
2005	Pune	Dr Madhuri Lokapur
2006	Ahmedabad	Dr Taralika Doctor
2007	Lucknow	Dr Anil Agarwal
2008	Vellore	Dr Mary Korula
2009	Hyderabad	Dr Muralidhar Joshi





# 40 YEARS OF JOURNEY

## Future of Pain Medicine

As new batches of MD/ DNB Anesthesiology are passing, many of them would want to pursue further studies to compete in the futuristic world...

With the sole purpose of helping our future generations to make the informed choice of learning opportunities of Pain Medicine after passing MD/ DNB Anesthesiology in India, a comprehensive list is given below...

### Government Institutions-

- PDCC- Pain Medicine, IMS, BHU, Varanasi, Duration- 1 year, in-house, linked with SRship, Oldest formal course in Pain Medicine, conceptualized n started by Prof. Virendra Rastogi, current course director- Dr Anil Paswan, Dr Nimisha Verma.
- PDAF- Pain Medicine, SGPGIMS, Lucknow, Duration- 2 years, 4 seats per annum.. course director - Dr Sujeet Gautat, Dr. Sandeep Khuba, Dr Sanjay Kumar, Dr Chetna Shamsheri.
- DM- Pain Medicine, AIIMS- Rishikesh, Duration-3 year, the "First" MCI recognized DM course in Pain Medicine in India and perhaps in the world..Course Director- Dr Ajit Kumar.
- Fellowship in Pain Medicine, AIIMS- Delhi, Duration- 1 yr, Course I/C- Prof Virendra K Mohan, Dr Devesh Bhoi.
- PDF- Pain Medicine, 1 year, AIIMS Jodhpur, Course I/C- Dr Manoj Kamal.
- PDCC- Pain Medicine, 1 year, KGMU Lucknow, course director- Prof Sarita Singh, Dr Manish Singh.
- PDF- Pain Medicine, AIIMS- Rishikesh, Duration-2 years, Course Director- Dr Ajit Kumar.
- PDCC- Pain Management, Aligarh Muslim University, Aligarh, Duration- 1 year, (Sponsored seat-1, Regular-1) course in charge- Prof Hammad Usmani.
- PDCC- Pain Medicine, Dr RMLIMS, Lucknow, Duration- 1 year, Course Mentors- Dr Shivani Rastogi, Dr Anurag Agarwal ( Visit website- [www.drrmlims.ac.in](http://www.drrmlims.ac.in) for brochure and online application).

### Non- government but University Approved courses-

- 1) MUHS affiliated centres for Fellowship in Chronic Pain Medicine:
  - A. KEM Hospital, Mumbai ( Dr Shweta Salgaokar) - 2 seats
  - B. Ashirwad Intitute, Mumbai (Dr Lakshmi Vas)- 2 seats
  - C. Lilavati Hospital, Mumbai ( Dr DK Baheti, Dr Jitendra Jain)- 2 seats
  - D. BJ medical college & Sasoon Hospital, Pune ( Dr Madhuri Lokapure)- 2 seats..

# 40 YEARS OF JOURNEY

## ... Non- government but University Approved courses-

- PDF- Pain Medicine, Heritage Institute of Medical Sciences, Varanasi, Duration- 1 yr, Course Director- Prof Virendra Rastogi.
- Fellowship in Pain Medicine, D Y Patil University, Mumbai, Duration- 1 yr, course director- Dr idhartha Verma.
- PDCC- Pain Medicine, Bharti Vidyapeeth & Medical College, Pune, Duration- 1 yr, Course Director- Dr Uttam Sidhaiya n Dr Sarita.
- PDF- Pain Medicine, Sri Guru Ramdas Institute of Medical Sciences, Amritsar. Duration-1 yr, Course Director- Dr Ruchi Gupta.
- PDCC- Pain and Palliative Care, Sri Guru Ram Rai Institute of Medical Sciences, Dehradun Duration- 1 yr, Course Director- Dr Neha Kathor.
- FIPM- Pain Medicine, JSSAHER, Mysore... Duration - 1 yr, Course Coordinator - Dr Pratibha Matche.
- FNB- Pain Medicine, Sir Gangaram Hospitals Delhi, Duration - 2 years, Course Director- Dr Pradeep Jain.
- FNB- Pain Medicine, Chennai Super specialty Hospital, Chennai, Duration-2 years, Director- Dr Ashok Kumar.

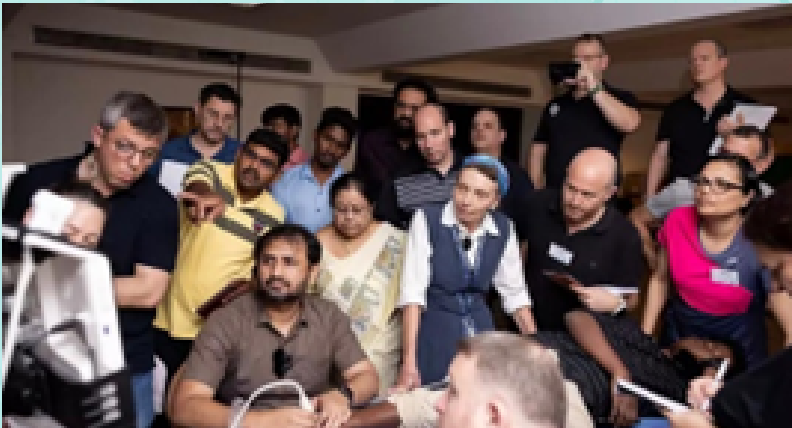
## ISSP (Indian Society for Study of Pain) fellowship courses -

- FIAPM- by Indian Society for Study of Pain (ISSP), Duration- 1 yr, Location- (List of centres accredited by ISSP for FIAPM can be found on the website of ISSP), Final exit exam is conducted by ISSP...

Dr Anurag Agarwal, MD, PDCC- Pain Medicine (BHU), FIAPM  
Pain Physician & Professor (J.G.)  
Department of Anesthesiology  
Member - Board of Pain Medicine, NBE  
Hon. Secretary ISPC  
Founder President ESIPS  
Member, Executive Board, Indian Society for the Study of Pain  
Dr Ram Manohar Lohia Institute of Medical Sciences, Lucknow, India



# ISSP State Chapter Activities





# ....ISSP State Chapter Activities

## Karnataka State Chapter

### PRP & PROLOTHERAPY COURSE HELD BY THE ISRAELI SOCIETY OF MUSCULOSKELETAL MEDICINE IN MARCH 2023

Regenerative medicine is an exciting and rapidly developing field that holds great promise for treating various conditions.

ISSP Karnataka members Dr. Sadasivan Iyer (Secretary), Dr. Wiquar Ahmed & Dr. Tushar Munnoli were invited to the PRP & Prolotherapy CME & workshop conducted on 13, 14, and 15 March by Dr. Wende in collaboration with the Israeli Society of Musculoskeletal medicine at Ramaiah Advanced Cadaveric Lab, Bengaluru.

Dr. Sadasivan shared his expertise on Knee/Shoulder Ultrasound scanning & interventions, Dr. Wiquar on Ankle scanning & interventions, Dr. Tushar on talk about Cervical Spine Instability & Role of regenerative medicine, and Cervical Spine scanning & interventions.

The conference was well received by delegates from different parts of the world & helped to explore opportunities for collaboration and further learning in the field of regenerative medicine.





# ....ISSP State Chapter Activities

## ... **Karnataka** State Chapter

### Bi-monthly meeting

The first Bi-monthly meeting of the Karnataka Chapter of ISSP for the year 2023 was conducted yesterday at Hotel Chancery Pavillion , Bengaluru on Saturday 11 th March 2023 . The meeting was presided by Dr. Prathibha Matche ( President ISSP Karnataka ) and Dr. Vinod N K ( Advisor ISSP Karnataka ) .

Dr. Sadasivan Iyer (Secretary ISSP Karnataka) welcomed the Office Bearers and the Audience to the meeting

There were case presentations done by Dr. Chaya and Dr. Aishwarya on role of Pulsed Radiofrequency in painful conditions moderated by Dr Prathibha and Dr Sadasivan Iyer.

Dr. Shravan from Chikballapur gave an excellent talk on Use of St Reeds Catheter for Epidural Adhesiolysis for Post Laminectomy Pain Syndrome .

Dr. Khaja Javed Khan and Dr Wiqar Ahmed then enthralled the young enthusiasts on preparation for International Pain Certification Exams.

We were also fortunate to have the presence of Dr. Shantanu Mallick , Senior Pain Physician and Mentor from Mumbai and he stressed the importance of Anatomy for interventional pain procedures .

The meeting was attended by practising pain physicians and fellows from across Karnataka .

Dr. Prathibha and Dr. Vinod congratulated Dr. Javed , Dr. Wiqar and Dr. Tushar Munnoli for successfully completing the FIPP , EDPM and CIPS Exams and wished them many more laurels ahead.

Dr. Sadasivan Iyer delivered the vote of thanks .

The academic meeting was followed by Governing Council Meeting to discuss future academic events .

The meeting was followed by Dinner .

ISSP Karnataka wishes to thank Sun Pharma for their support for smooth conduct of the event .

# ....ISSP State Chapter Activities

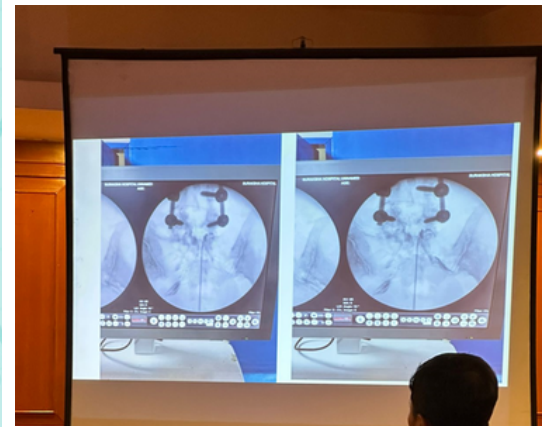
## ... Karnataka State Chapter





# ....ISSP State Chapter Activities

## ... Karnataka State Chapter



# ....ISSP State Chapter Activities

## ... Karnataka State Chapter





# ....ISSP State Chapter Activities

## ... **Karnataka** State Chapter

### PAIN AWARENESS ACTIVITIES OF KARNATAKA BRANCH OF THE INDIAN SOCIETY FOR STUDY OF PAIN



- Dr. Pratibha Matche, President ISSP Karnataka chapter & head of Pain and Palliative care unit, JSS hospital Mysore was invited as faculty for the TOT program on Pain and Palliative care for the government medical officers of the Mysore and Kodagu district. This program was a part of HWC extended package of services training conducted by district training centre health and family welfare services. 150 Medical officers were trained under this program and the training was highly appreciated by all the doctors.
- Dr. Sadasivan S Iyer, Secretary Karnataka Chapter of ISSP and Lead Pain Consultant Pain and Palliative Care, Manipal Hospitals Old Airport Road, Bengaluru, participated in a 4 part television interview programme aired on Ayush TV on the 1, 2, 8 and 9 of January 2023 on awareness about various aspects of pain management including management of Cancer pain, Low back pain, Cervical pain and pain in pediatric population.
- Dr. Ashwini Deepak, GC member, Karnataka Chapter of ISSP and Associate Professor in Anaesthesiology and Pain Management in Basaveshwara Medical College Chitradurga, Karnataka, participated in a series of Pain Awareness programmes aired on All India Radio during the months of January, February and March 2023. Dr. Ashwini spoke on management of Cancer pain and Low Back pain and awareness of Chronic Pain in general with use of interventional and non interventional techniques in pain management.

# ....ISSP State Chapter Activities

## ... **Karnataka** State Chapter





# ....ISSP State Chapter Activities

## Kerala State Chapter



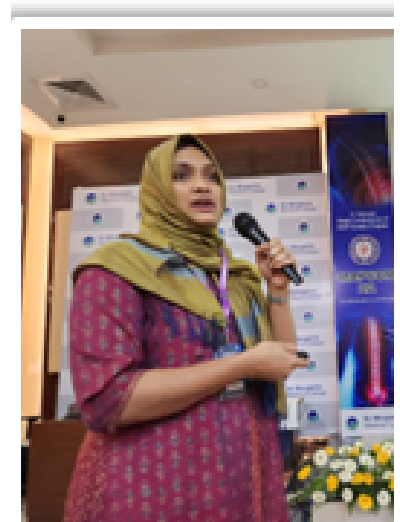
### MAPCON 22

It started with our 3rd annual conference of SSP Kerala in Waynad. The GB of SSP Kerala chapter was held and there was change in the office bearers of the state.

The Conference was conducted on December 17 & 18, 2022 at Dr. Moopens medical college, Waynad.

The theme of the meet was :

The skill you gain is worth the pain. The Conference included various talks from national and state faculty. This was followed by USG and Fluoroscopy workshops. More than 100 delegates participated actively.



# ....ISSP State KERALA CHAPTER

## ...Kerala State Chapter



WORKSHOP



NEW OFFICE BEARERS



# .....ISSP State KERALA CHAPTER

## ...Kerala State Chapter

### II. ISSPCON



FIAPM degree was awarded to Dr. Ragesh IR and Dr. Firoz Khan, SSP Kerala Members during convocation.



Dr. Shalina Chandran was an invited faculty in the USG workshop conducted in ISSPCON



### III. International MSK Pain Conference, Pondicherry

held from 20th to 22nd of January : Dr. Unnikrishnan, President, SSP Kerala was a distinguished faculty

# .....ISSP State KERALA CHAPTER

## ...Kerala State Chapter

### IV. Knee Revisited:

Faculty talk by Dr. Tisha Ann Babu, Hon.secretary,SSP Kerala Chapter in Orthopedic conference on pain management for Knee pathology



### V. Awareness Programs:



Dr. Vineetha G in Rotary Club Trivandrum



Dr. Tisha Ann Babu, Hon Secretary of SSP Kerala in Lourdes Hospital, Kochi on April 12th 2023



# .....ISSP State KERALA CHAPTER

## ...Kerala State Chapter



Dr. Ragesh IR conducted a live talk show on Cancer pain in Reporter TV on March 18th 2023

### Vi. Publications

1. Evaluation of the role of vertebral Augmentation in Chronic Vertebral Compression Fractures: A retrospective Study : Sujeet Gautam, Vineetha G Gopal et al : Interventional Pain Medicine 2,2023
2. Ganglion Impair chemical neurolysis in advanced carcinoma Prostate : Firoz Khan N, Navita Purohit : Indian J Anesth Analg.2023;10(1)23-26

### Vii. IMAStrike Support

SSP Kerala supported the Violence against Doctors

# ... ISSP State Chapter Activities

## West Bengal State Chapter

### ACTIVITIES OF WEST BENGAL SOCIETY FOR THE STUDY OF PAIN (STATE BRANCH OF ISSP) FROM JAN 2023 TO MARCH 2023

The West Bengal Society for the Study of Pain (WBSSP) organized WBSSPCON in collaboration with ESI Institute of Pain Management (EIPM) on 18 - 19 March, 2023. The theme of the conference was 'Pain Beyond The Horizon'. Two workshops were held on 18th March: one was on 'Hands-on training & Fluoroscopy guided interventional pain procedure' and the other was on 'Physical modalities in pain management'. Both the workshops were attended by delegates all across the state. Everyone left the day satisfied with successful conduct of the workshops.



Dr. Debanjali Ray (Honorable Secretary, WBSSP) and Dr. Debashish Jatua (Honorable Treasurer, WBSSP) in ESI Institute of Pain Management (EIPM), ESI Sealdah at the workshop

Dr. Gargi Nandi, Course Coordinator,  
EIPM, ESI, Sealdah with Dr. Deepak  
Kumar Dash & Dr Brij Mohan Bhalotia  
(past fellows, EIPM)





# ... ISSP State Chapter Activities

## ...West Bengal State Chapter



Dr. Biplab Sarkar (past fellow, EIPM) explaining the procedure of Fluoroscopy guided Intradiscal Biacuplasty in a patient of discogenic pain being performed by Dr Gargi Nandi and Dr Deepak Kumar Dash to the delegates of the cadaveric workshop.

Mr Jayanta Chakraborty (Consultant, Physiotherapy) conducted the workshop 'Physical Modalities of Pain Management' at EIPM Seminar Hall



Dr. Manish De and Dr. Brij Mohan Bhalotia (Past fellows, EIPM) explaining the anatomy, clinical features and treatment modalities for Sacro-iliac joint arthropathy before showing the procedure in a patient

# ... ISSP State Chapter Activities

## ...West Bengal State Chapter



Dr. Manglik Das (Faculty, EIPM) with Dr. Sukriti Choudhary (Fellow, EIPM) showing Fluoroscopy guided facet medial branch diagnostic block in a patient and explaining it to the delegates



Dr. Brij Mohan Bhalotia (past fellow, EIPM) and Dr. Debashish Jatua (Honorable Secretary, WBSSP) demonstrating dry needling procedure in a patient of myofascial pain syndrome to the delegates at the workshop



Hands-on training of different fluoroscopy guided procedures by delegates of the workshop on mannequins



Dr. Debolina Ghosh and Dr Manglik Das (Faculties, EIPM) with a delegate in EIPM



## ... ISSP State Chapter Activities

### ...West Bengal State Chapter



The conference was held in ESI Headquarter Auditorium, ESI Regional Office, Sal Lake, Kolkata on 19th March, 2023. The program started off with insights into different painful conditions such as CRPS (complex regional pain syndrome), CPSP (chronic post-surgical pain) along with sympathetic blocks. This was followed by discussion of USG, fluoroscope and contrast agents.

Then, we delved into the pain pathway which was explained beautifully by Dr. Subrata Goswami. After that, recent advancements in pain management were discussed including radiofrequency, neuromodulation, intrathecal drug delivery and vertebral augmentation procedures. Then, problem based learning discussion was held focusing on FBSS (failed back surgery syndrome), chronic pelvic pain and inflammatory arthritis followed by Past President Oration by Dr Krishna Poddar.

After that, very interesting and engaging case scenarios were discussed in palliative and hospice care. Then, pro-con session on WHO analgesic ladder was held followed by discussion on trauma pain management, low back pain treatment in rural areas and utility of mindfulness in chronic pain. There were also e-poster presentation, sit & draw competition and painting exhibition which added some extra colors to the conference held just after Holi. New executive committee members (Dr. Manglik Das, Dr. Saswati Mukherjee, Dr. Manish De) were elected along with president (Dr. Subrata Ray) at WBSSP. Here are few moments from the conference:

## ... ISSP State Chapter Activities

### ...West Bengal State Chapter



Dr. Debanjali Ray (Honorable Secretary, WBSSP) at the conference



Dr. Swati Saha (Fellow, EIPM) presenting E-poster in the conference



E-poster presentation by Dr. Ashish Yadav at the conference



# ... ISSP State Chapter Activities

## ...West Bengal State Chapter



Sit and draw competition was another attraction at the conference



Dr Gargi Nandi and Dr Debolina Ghosh (Faculties, EIPM) with Dr Debanjali Ray (Secretary, WBSSP) at the conference



Faculties, past and present fellows of EIPM at the ESI Headquarter Auditorium



Pain Physicians from across the state and country with Dr Subrata Goswami (Founder and endowed chair, EIPM) at WBSSPCON

# ...ISSP City Branch Activities

## Aurangabad City Branch

Society for Study of Pain Aurangabad, SSPA, city branch of Indian Society for Study of Pain ISSP successfully conducted a webinar ( Topic : Trigeminal Neuralgia, TN) on 25<sup>th</sup> Feb 2023.

Dr. Ramdas Salunke, eminent neurologist & member of Aurangabad Neurology Association shared his thoughts on medical management of TN while Pain Management expert, Dr. Sunita Lawange, President Elect ISSP discussed in detail about Advanced Pain Management Modalities for nonresponsive TN.

It was followed by thorough discussion on the said topic with enthusiastic participation from audience. SSPA president, Dr. Rajgure in his concluding speech thanked both the speakers, organisers as well as audience and expressed need of more such activities to create awareness about Pain Medicine as a emerging discipline of modern day medicine.

Society vice president Dr. Supriya Kulkarni, secretary Dr. Amol Pandav, treasurer Dr. Jyeshtharaj Patangankar & all office bearers Dr. Pramod Bhale, Dr. Pramod Apsingekar, Dr. Kunda Dhule took efforts for the successful conduct of the webinar.





# ISSP City Branch Activities

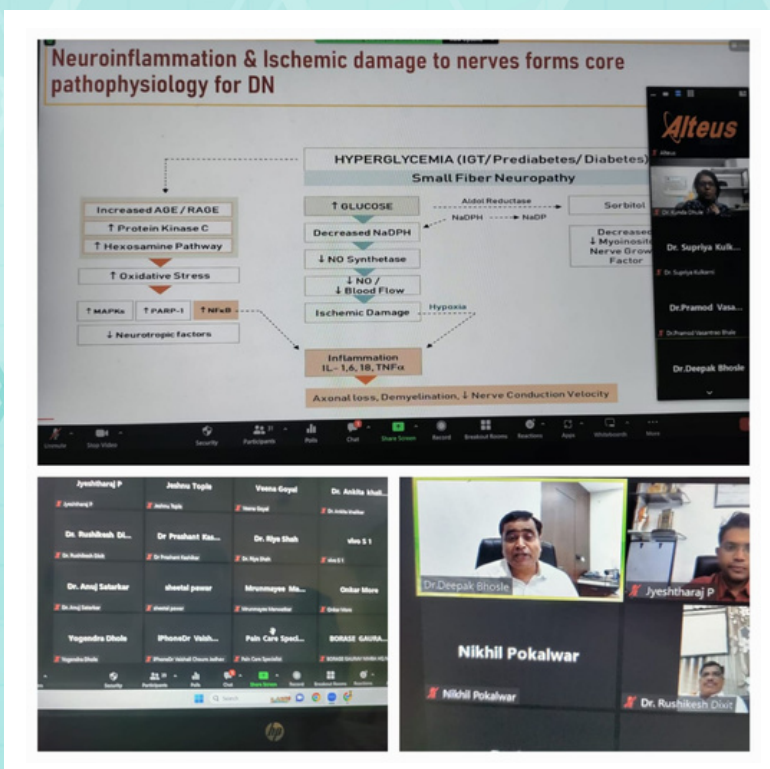
## ...Aurangabad City Branch

Society for Study of Pain Aurangabad, SSPA, city branch of Indian Society for Study of Pain  
ISSP successfully conducted a webinar ( Topic : Diabetic Neuropathy ) on 25<sup>th</sup> March 2023.

Dr. Deepak Bhosale, eminent diabetologist & President of Aurangabad Diabetologist Association shared his thoughts on diagnosis & medical management of Diabetic Neuropathy.

Pain Management expert, Dr. Jeshnu Tople discussed in detail about Advanced Pain Management Modalities for nonresponsive painful diabetic neuropathy. It was followed by thorough discussion on the said topic with enthusiastic participation from audience. SSPA GC member, Professor Dr. Pramod Bhale in his concluding speech thanked both the speakers, organisers as well as audience and expressed need of more such activities to create awareness about Pain Medicine as a emerging discipline of modern day medicine.

Society vice president Dr. Supriya Kulkarni & GC member Dr. Kunda Dhule carried all the proceedings very smoothly. SSPA secretary Dr. Amol Pandav, treasurer Dr. Jyeshtharaj Patangankar & all office bearers Dr. Pramod Apsingekar, Dr. Prashant Kashikar, Dr. Rushikesh Dixit took efforts for the successful conduct of the webinar.





Continuing Medical Education



Continuing  
education for  
physicians  
and dentists

40

**YEARS**  
OF ISSP

## SOCIETY FOR STUDY OF PAIN, AURANGABAD

*Invites you for*

### Webinar on

# "DIABETIC NEUROPATHY"

Saturday, 25th March 2023, 8:00 pm  
on Virtual platform

**Speakers :**



**Dr. Deepak Bhosale**  
Consultant Diabetologist  
Deogiri Diabetes Care Center,  
Aurangabad

*Topic :  
Diabetic Neuropathy :  
Diagnosis & Management*



**Dr. Jeshnu Tople**  
Consultant Pain Physician  
Jawahar Lal Nehru Medical College,  
Varanasi

*Topic :  
Advanced Pain Management  
modalities for Diabetic Neuropathy*

**Organised by:**

Society for Study of Pain Aurangabad  
(city branch of ISSP, Indian Society for Study of Pain)



**Dr. Supriya Kulkarni**  
Vice President, SSP  
Aurangabad



**Dr. Pramod Bhale**  
GC member , SSP Aurangabad



**Dr. Kunda Dhule**  
GC member SSP Aurangabad



Click Here :

<https://u802web.zoom.us/j/81724488416?pwd=WGNkchN0UUp1TXNoU1R0aXoyMTI0aDZMc0Z0Q09>

ID: 817 2448 8416

Passcode: Gabapabx

Supported By: 

# ... ISSP City Branch Activities

## Indore City Branch

On Nov 11, 2022 a clinical meet was held at Hotel Winway. Dr Ritu Pauranik delivered a talk on Cancer pain management-Pharmacological and Interventions and Dr Harsha Phulambarikar delivered a talk role of PPIs with NSAIDS recent recommendations. The meet was sponsored by Dr. Reddys and was followed by cocktails and dinner.

The first clinical meet of the new year was held on 20th January 2023 at Fairfield Marriott. Dr Sadhana Sanwatsarkar gave an interesting talk on Pain management for Osteoporotic vertebral fractures. Dr. Amit Neema talked about Use of Opioids in Chronic pain Sponsored by Sun Pharma and the clinical fiesta was followed by Cocktails and dinner.

The next clinical meet in the new financial year was held on 15 April 2023 at Effotel By Sayaji Dr Sangeeta Agarwal delivered a talk on Approach to diagnosis and Management of Sacroiliac joint Pain and Dr Swapnil Kumar Barasker delivered his case series on Management of pain of Avascular necrosis of Hip joint awaiting surgery by articular nerve block.

The meet was sponsored by Crosslands division of Sun Pharma and was followed by Cocktails and dinner. It was a successful meet as the members interacted well with the speakers .





# ... ISSP City Branch Activities

## ... Indore City Branch





# ... ISSP City Branch Activities

## Nagpur City Branch

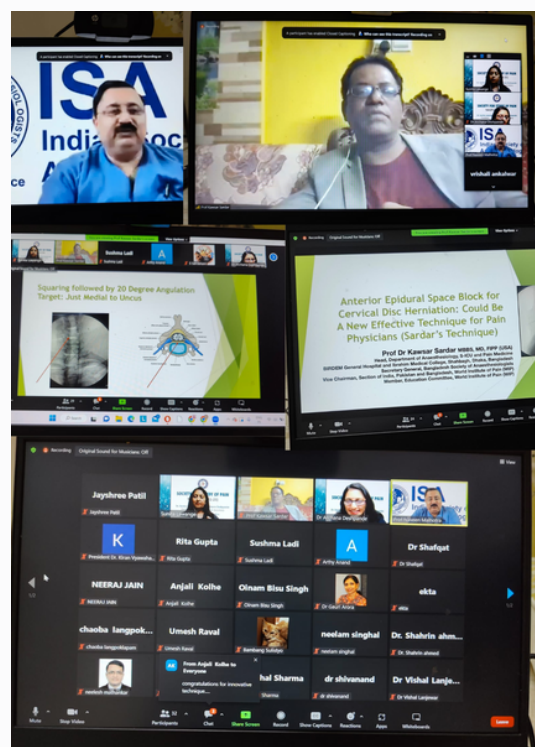


### REPUBLIC DAY CELEBRATION

Society for Study of Pain Nagpur (SSPN) along with Dept. of Anaesthesia and Pain Medicine GMC, Nagpur celebrated Republic Day on 26th Jan 2023 at GMC premises. Dr. Vrushali Ankalwar was the convenor of the program.

### WEBINAR ON NECK PAIN

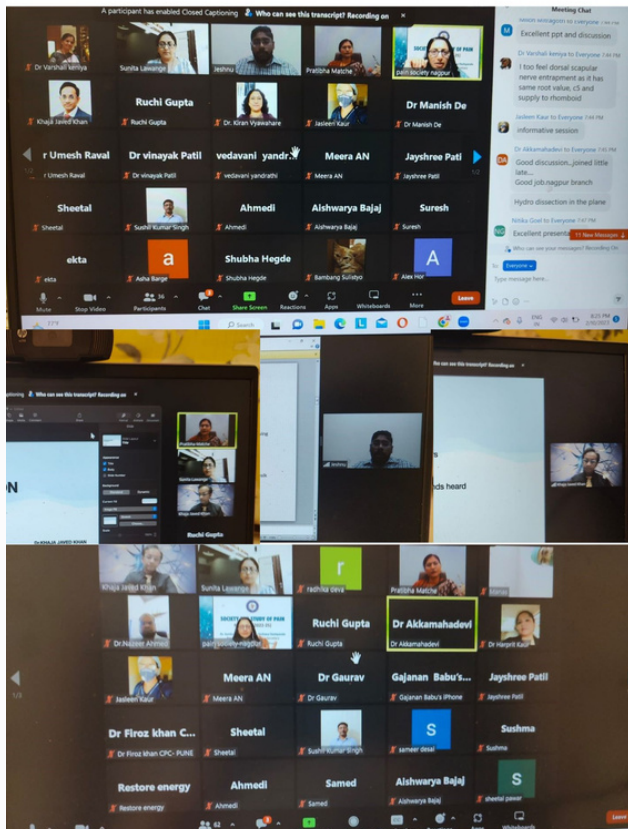
The topic was Anterior Cervical Epidural steroid Injection for cervical disc herniation; a new technique by Dr. Kausar Sardar. Dr. Naveen Malhotra chaired the session wonderfully. More than 45 clinicians all over the globe attended the webinar. We had a very good interaction with the speaker.





# ... ISSP City Branch Activities

## Nagpur City Branch



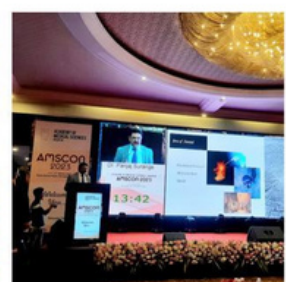
### INTERESTING CASES

Webinar on two interesting cases- Trigeminal Neuralgia by Dr Jeshnu Tople and Neck pain by Dr Khaja Javed Khan with Dr Pratibha Matche as Chairperson. More than 40 pain clinicians interacted extensively

### AMSCON

Extensive session on interventional chronic pain management at Academy of medical sciences, most prestigious multidisciplinary academic platform of Nagpur with two lectures and a panel discussion with stalwarts in pain medicine. It was followed with a good interactive session

### CHRONIC PAIN INTERVENTIONS



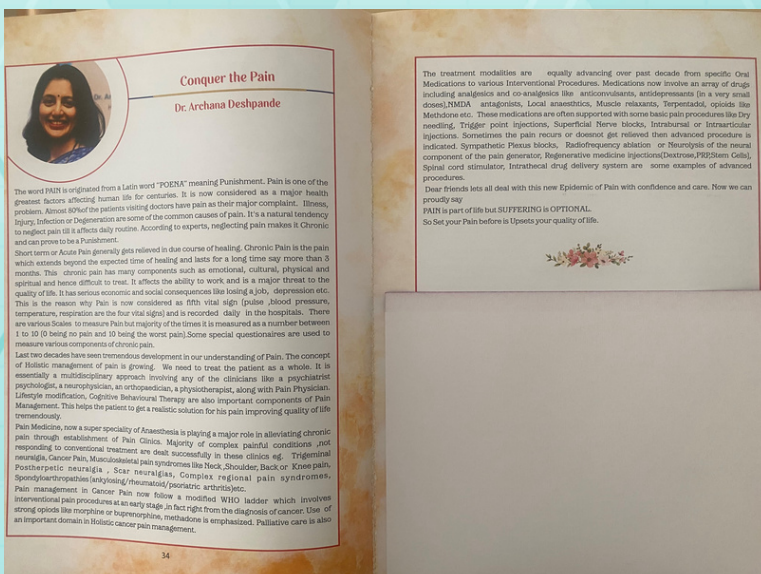
# ... ISSP City Branch Activities

## ...Nagpur City Branch

Woman of The Year award  
received by Dr Sunita  
Lawange, President SSPN



Saluting Woman of the Year!!!!  
Parekh Brothers Jewellers  
Presents  
RKB-Woman Of the Year Award  
Congratulations to all the awar  
🌟🌟🌟🌟🌟🌟🌟  
Raj Ki Baat Exclusive  
#womanhood #womanoftheyear  
#celebratingwomanhood



An article in I MATTER- the  
official news letter of Indian  
medical Association  
Nagpur



# ... ISSP City Branch Activities

## Mumbai City Branch

### SSPM and SSPP CME on 9<sup>th</sup> April 2023

Mumbai and Pune Pain physicians came together and held a joint CME on 9<sup>th</sup> April at nearby hill station of Lonavala. The theme was “Challenges & Troubleshooting in Pain: Practice, Unlearn, Relearn”



# ...ISSP City Branch Activities

## Pune City Branch

Department of Anaesthesiology and pain medicine  
Bharti hospital Pune - 18<sup>th</sup> December 2022

In association with department of anatomy organized fluroscopic cadaveric hands on workshop for chronic pain interventions on 18<sup>th</sup> December 2022.

It was attended by 10 delegates from all over Maharashtra. Outline was lectures followed by fluoroscopic procedures on cadaver.

Faculties who trained the delegates were Dr. Madhuri Lokapur, Dr. Uttam Sidhaye, Dr. Varshali Keniya, Dr. Shweta Puntambekar, Dr. Parag Munot





# ...ISSP City Branch Activities

## ... Pune City Branch

### SSPP MONTHLY ACADEMIC MEET – 2<sup>nd</sup> JAN

Presentation on Biaculooplasty for Discogenic Pain by

Dr. Sanjog Mekewar, Moderated By Dr. Kashinath Bangar





# ...ISSP City Branch Activities

## ... Pune City Branch

**CHRONIC PAIN CAMP AT BIDGAR HOSPITAL, SHIRDI - 8<sup>th</sup> JAN 2023**

90 patients screened for OPD, 7 patients were treated with C arm guided interventions by Dr Varsha Kurhade & Dr Medha Phadke





# ...ISSP City Branch Activities

## ... Pune City Branch

GUEST LECTURE AT BHARTI HOSPITAL – 27<sup>th</sup> JAN

by International faculty Dr Ram Pasupuleti on Spinal cord stimulator



## AWARENESS ARTICLE ON GYM INJURIES - 1<sup>st</sup> FEBRUARY 2023

By Dr Kiran Shete in Times of India



# ...ISSP City Branch Activities

## ... Pune City Branch

SSPP - THE BEST CITY BRANCH AWARD IN NATIONAL  
CONFERENCE ISSPCON 2023 AT AMRITSAR



LAUNCH OF ISSPCON 2024, PUNE IN AGBM AT AMRITSAR





# ...ISSP City Branch Activities

## ... Pune City Branch

### SSPP MONTHLY ACADEMIC MEET – 27<sup>th</sup> FEB

Online Meeting attended by 90 Delegates all over india

**SOCIETY FOR STUDY OF PAIN PUNE (SSPP)**

**Theme : Pain practice and awareness...What's new?**

**Journey of Pain Clinic to Pain hospital – A Dream or A Reality**

**Dr Kailash Kothari**  
Director & Pain consultant,  
Pain Clinic of India, Mumbai

**Social media marketing – New armamentarium for Awareness and growth of Pain medicine**

**Dr Sudheer Dhara**  
Director & Pain consultant,  
EPIONE pain clinic, Hyderabad

**Moderator**

**Dr Uttam Sidhaye**  
Pain consultant,  
Deenanath Mangeshkar Hospital

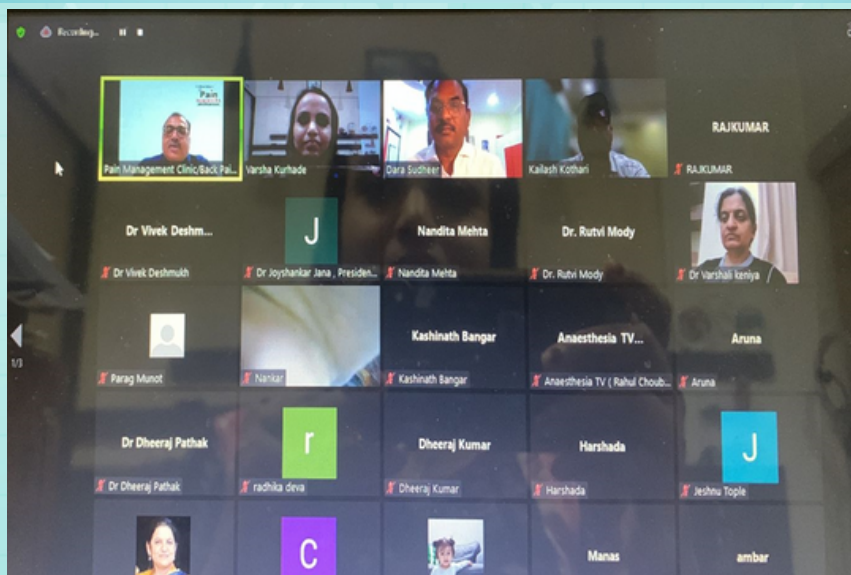
**Monday 27th February 2023, 08.00 pm to 09.00 pm IST**

**Dr. Joyshankar Jana**  
President SSPP

**Dr. Varsha Kurhade**  
Secretary SSPP

**Dr. Pradnya Bhalerao**  
Treasurer SSPP

LIVE STREAMING ON **AnaesthesiaTV**



# ...ISSP City Branch Activities

## ... Pune City Branch

**DR. MADHURI LOKAPUR FELICITED BY IMA ON  
OCCASION OF WOMEN'S DAY**  
as Women Doctor achiever for her achievements



**WOMEN'S DAY – HEALTH TALK FOR SCHOOL  
CHILDREN & PARENTS**





## ...ISSP City Branch Activities

## ... Pune City Branch

## AWARENESS ARTICLE IN THE MAGAZINE 'CORPORATE SOCIAL FOCUS' -

Dr Medha Phadke - April 2023, International Women's month special issue



DR VASUDHA JADHAV HAS BEEN SELECTED BY IMA  
MAHARASHTRA STATEON STATE LEVEL COMMITTEE FOR ROAD  
SAFETY AND COLS

Heartiest Congratulations!

IMA Maharashtra State President Dr. Ravindra Kute is pleased to constitute a Sub-Committee as below.

Ex-officio Members

1) Dr. Ravindra Kute, President, IMA MS  
2) Dr. Santosh Kadam, Hon. State Secretary, IMA MS

**Road Safety and COLS Committee**

Sr.No.	Name	Designation	Branch	Mobile
1	Dr Milind pol	Chairman	Ahmednagar	9890157520
2	Dr Gurunath Wachne	Co chairman	Solapur	9822195087
3	Dr Subhash Tuwar	Convenor	Ahmednagar	9422220700
4	Dr Vasudha Jadhav	Member	Sangli	
5	Dr. Sameer Magar	Member	Indapur	9422522131
6	Dr Sharad Jagtap	Member	Satara	9422608168
7	Dr Ashok Jadhav	Member	Kolhapur	9422045656
8	Dr Pramod Rajuskar	Member	Sangamner	9890183760
9	Dr Mandar Mhaskar	Member	Dhule	9422773080
10	Dr	Member	Nashik Rd	9890057865

# ...ISSP City Branch Activities

## ... Pune City Branch

AWARENESS ACTIVITY CONDUCTED FOR NURSING STAFF AND DOCTORS – APRIL 2023 BY DR. PRIYA RATHI





# ...ISSP City Branch Activities

## ... Pune City Branch

### CME WAS ARRANGED AT LONAVALA BY SSPP IN ASSOCIATION WITH SSPM ON 9<sup>th</sup> APRIL 2023

Total 80 Faculty & Delegates Participated online & physical programme, including International & National Faculty, SSPP, SSPM members. It was first of its kind CME organised jointly by two city branch chapters!

**SOCIETY FOR STUDY OF PAIN PUNE (SSPP)**  
In Association With  
**SOCIETY FOR STUDY OF PAIN MUMBAI (SSPM)**

**Presents**  
**Challenges and troubleshooting in pain practice... Unlearn... Relearn!!!!**

**SSPM**  
President: Dr. Prakash Deshmukh  
Secretary: Dr. Kritika Doshi  
Treasurer: Dr. Manjiri Ranade

**SSPP**  
President: Dr. Jayshankar Jans  
Secretary: Dr. Varsha Kulkarni  
Treasurer: Dr. Pradyumna Bhalerao

**Date:** 09/04/2023  
**Time:** 09:30 AM To 04:00 PM  
**Venue:** Villa San Lorenzo, Lonsdale, Maharashtra

**Registration Charges**  
Rs. 1000/-  
\*Limited Seats\*

**MAC ACCREDITATION**  
APPLIED  
3 POINT

**\*Step 1 for Registration\***  
Bank Details  
A/C Name : Society for Study of Pain Mumbai  
Bank Name : Kotak Mahindra  
A/C No. : 491987481  
IFSC Code : KKBK0000986  
Branch Name : 359 Suburban Scheme 3, Mumbai - 400071

**\*Step 2\***  
Click here to fill in Details & Complete your Registration  
<https://forms.gle/kstPXozj3ANZ6ykh8>

**For registration, Contact:**  
Dr. Sweetsy Purushotham +91 88798 0157  
Dr. Sanjay Mekekar +91 83699 35290

Scientific Programme				
Breakfast and Registration - 7:30 - 8:30 AM				
Welcome - 8:30 - 8:30 AM				
TIME	SPEAKER	TOPIC	CHAIRPERSON	
8:30 - 8:45 AM	PRESIDENTS NOTE - Dr. J. Jans, Dr. P. Deshmukh			
8:45 - 9:05 AM	Dr. Prakash Deshmukh	Post stroke pain - Unlearned Puzzle	Dr. Preeti Doshi Dr. Asha Banga (Dr. DK Bhatn)	
9:05 - 9:25 AM	Dr. Kashinath Bangar	Abdominopelvic pain- The Hidden Mystery		
9:25 - 9:45 AM	Dr. Siddharth Verma	Diabetic foot ulcers: Interdisciplinary MDTs		
9:45 - 10:05 AM	Dr. Manoj Shinde	Facial Pain - Raising Red Flag	Dr. Sunila Lawange	
10:05 - 10:20 AM	FELICITATION			
10:20 - 10:30 AM	INAUGURATION			
10:30 - 10:45 AM	Q & A			
10:45 - 10:55 AM	TEA BREAK			
10:55 - 11:05 AM	Dr. Kishan Kothari	Recent advances in pain management	Dr. Madhuri Lakshmi Dr. PN Jain Dr. Pradyumna Bhalerao	
11:05 - 11:25 AM	Dr. Priya Rathi	Carving the way through spine surgery		
11:25 - 11:45 AM	Dr. Vishal Durgal	Sympathetic pain- Dark side of Moon		
11:45 - 12:05 PM	Dr. Manas Manohar	Pelvic pain in men - How Real??	Dr. Laxmi Vas Dr. Yashwant Nankar Dr. Kritika Doshi	
12:05 - 12:20 PM	FELICITATION			
12:20 - 12:30 PM	Dr. MURUGAN JOSE	Neuropathic Pain pathways - Rebuilding not Lament		
12:30 - 1:00 PM	Dr. SANJEEVA GUPTA	Neuropathic pain pathways - What's new?		
1:00 - 1:40 PM	LUNCH			
1:40 - 2:30 PM	SPEAKER			
2:30 - 4:00 PM	Dr. Sanjay Mekekar - Craniofacial Pain Dr. Sushil Bhargat - CRPS Dr. Vinod Naria - Spine Dr. Vijay Deshmukh - Cancer Pain	PANEL DISCUSSION-MODERATOR Dr. Varsha Kulkarni Dr. Manjiri Ranade	PANELIST Dr. Ruchika Sood Dr. Varsha Kulkarni Dr. Shweta Sulkar Dr. Harman Kishore Dr. Uthman Gadhya Dr. Jyotsna Jain Dr. Gadhya Dr. Jayshankar Jans	
4:00 - 4:30 PM	FELICITATION & VOTE OF THANKS			
	Dr. Kritika Doshi			





# ...ISSP City Branch Activities

## ... Pune City Branch

CME WAS ARRANGED AT LONAVALA BY SSPP IN  
ASSOCIATION WITH SSPM ON 9<sup>th</sup> APRIL 2023





# ISSP City Branch Activities

## ... Pune City Branch

### A GUEST LECTURE FOR PG STUDENTS AT MIMER MEDICAL COLLEGE AND DR BSTR HOSPITAL TALEGAON DABHADE ,

By Dept of anesthesiology on TOPIC - ANESTHESIOLOGIST AS A PAIN PHYSICIAN - EXPANDING HORIZONS!

By Speaker Dr. Varsha Kurhade



 **MAEER MIT PUNE'S  
MIMER MEDICAL COLLEGE & DR BSTR HOSPITAL**  
Talegaon Dabhade, Pune  
DEPARTMENT OF ANAESTHESIOLOGY

**Organizes**

**Guest lecture by: Dr. Varsha Kurhade**

MBBS, DA, DNB, FIPM (MUHS), FIAPM (Pain Medicine)  
Director & Programme Head (FIAPM)  
Painex & KK Multispeciality Hospital, Alandi, Pune.  
Head of Pain & Palliative care, Indrayani Hospital, Alandi, Pune

**Topic: "Anaesthesiologist as A Pain Physician – Expanding Horizons!!!"**

**18th April 2023 at 1:00 PM**

**Venue - Seminar Hall, Department of Anaesthesiology, 1st Floor, New Building, MIMER Medical College**

# ...ISSP City Branch Activities

## Individual Member Contribution - AGRA

Under the banner of ISSP and collaboration with IMA Agra, pain physicians of Agra organized the first ever awareness campaign for the general public at the popular and prestigious Taj Mahotsav on 1<sup>st</sup> March 2023.

The event was orchestrated to provide basic information about the specialty to the local public. Banners and pamphlets, both in Hindi and English, played a vital role in reaching out to the local and foreign visitors.

The inauguration ceremony by the administrative authority of Sarojini Naidu medical College, Dr. Sangeeta Goyal was keenly covered by print and electronic media.

Dr. Arpita Saxena worked under the guidance and support of Dr. Yogita dwivedi , Dr. Amrita, Dr. Narendra and residents for the success of the event.

The back pain book by Dr. Babita Ghai was a point of attraction among visitors.

I express my gratitude to ISSP authorities for the encouragement and guidance that was offered for the event.

Regards

Dr. Arpita Saxena

MD, FIPM

Associate professor,

Department of Anaesthesia,

Sarojini Naidu medical College, Agra



# ...ISSP City Branch Activities

## ...Individual Member Contribution - AGRA

### निःशुल्क परामर्श पेन मेडिसिन शिविर

**क्या आप इनमें से किसी दर्द से पीड़ित हैं?**

कमर / पीठ का दर्द	घुटने का दर्द
गर्दन / कंधे का दर्द	एड़ी / तलवे का दर्द
माइग्रेन	कैंसर का दर्द
स्ट्राइका	क्रॉनिक पेन (Chronic Pain)

- जानें, क्या है पेन मेडिसिन (Pain Medicine) ?
- क्या दवाइयों और ऑपरेशन के अलावा भी कोई इलाज संभव है? (मिनीपी / MIPS / MINIMALLY INVASIVE PERCUTANEOUS SPINAL INTERVENTIONS)
- क्या यह सेवा आगरा शहर में उपलब्ध है?

उपरोक्त सभी प्रश्नों के उत्तर व दर्द से सम्बन्धित अन्य जानकारी के लिए IMA आगरा द्वारा संचालित जागरूकता चिकित्सा शिविर में आएं व इस सेवा का लाभ उठाएं।

**दिन : बुधवार, 01 मार्च 2023**  
समय : 12 बजे से रात 9 बजे तक

**सम्बन्धित जानकारी हेतु सम्पर्क करें**  
**डॉ. अर्पिता सक्सेना**  
Mob.: 8279457528 E-mail : akshikaarpita83@gmail.com

### जागरूकता शिविर निःशुल्क परामर्श

**I AM FINE.**

IMA आगरा व ताजमहोत्सव समिति के तत्वावधान में दर्द के उपचार हेतु परामर्श (पेन मेडिसिन) व अन्य सम्बन्धित जानकारी हेतु निःशुल्क चिकित्सा शिविर में आपका हार्दिक स्वागत है।

**डॉ. योगिता द्विवेदी**  
पेन फिजीशियन  
एस.एन. मेडिकल कॉलेज,  
आगरा

**डॉ. अमृता गुप्ता**  
पेन फिजीशियन  
एस.एन. मेडिकल कॉलेज,  
आगरा

**डॉ. अर्पिता सक्सेना**  
पेन फिजीशियन  
एस.एन. मेडिकल कॉलेज, आगरा  
फोन : 8279457528



## आगरा में ताज महोत्सव में पहली बार निशुल्क पेन मेडिसिन केम्प लगाया गया

राष्ट्र एकादेश मन्त्री पीक आगरा

ताज महोत्सव के अंतिम दिवस बुधवार 1 मार्च को मेडिकल कॉलेज के डॉक्टरों द्वारा पेन मेडिसिन का निशुल्क शिविर आयोजित किया गया। मेडिकल कैप को परा चाल डॉक्टर मेडिकल एडमिनिस्ट्रेशन और पेन मेडिसिन को है। महोत्सव का अंतिम दिवस के साथ ही लोग अपने स्वास्थ्य के बारे में निशुल्क परामर्श भी ले रहे हैं ताज महोत्सव में पहली बार इस तरह आयोजन किया गया 11 दिवसीय निशुल्क स्वास्थ्य एवं जन जागरूकता शिविर में प्रत्येक दिन अलग-अलग थीमों से जुड़े विशेष योद्धा रहे, प्रसन्न उपचार, एस आई सी, एस एन मेडिकल कॉलेज और संघीय सरकार के द्वारा किया गया। 19 फरवरी रात 4 बजे डॉक्टर लॉन्ग करने के बाद कार्यक्रम का समापन प्रचार-प्रचार किया गया अन्वय डॉ. जेने सादर, राष्ट्रीयक सेक्रेटरी डॉ. योगेश सिंहल आदि के नेतृत्व में कैम्पों को अंतिम रूप दे दिया जा रहा है। इस प्रकार लोस कैप पहले दिन 20 जनवरी को जनरल



कैप, रीजेंटरी डिप्टी, डेपुटी, सुपरि सप्लीयर शिविर लगाया गया 21 फरवरी को बर्जर एडमिनिस्ट्रेशन के सक्सेन से मैट्रो डिप्टीमल और यूरोलॉजी कैप लगाया गया 22 फरवरी को कानका अग्राल बेटी क्वाओ बेटी पहाओ अर्पितान, कैथोलॉजी, कलह डोरेनर कैप लगाया गया 23 फरवरी को ऑन्कोलॉजी एवं इन्फेक्टी, हाईपरटेंशन, ईसीजी अवेयरनेस केम लगाया गया 24 फरवरी को मर्नेथीकल, न्यूरोलॉजीयन परामर्श दिया

25 फरवरी को मेडिसिन, डायबेटिक, टूल कैप, कर्डीयो और नेफ्रोन के बारे में बताया जाएगा। 26 फरवरी को डायल और सक्से, कलर, न्यूरोलॉजी परामर्श दिया 27 फरवरी को एनेस्थीसिया, ड्रिगल कैप कैप। 28 फरवरी को नेट्स, अर्जी और थोएरी लोरी को अवेयरनेस 1 मार्च को मेडिकल कॉलेज के डॉक्टरों द्वारा, पेन मेडिसिन, योग, योग्यन और फिजियोथेरापी से जुड़ी समस्याओं के प्रति लोगों को निशुल्क एकाई टी और जागरूक किया



# ... ISSP City Branch Activities

## COMMUNITY SERVICE

### An opportunity to witness work of God through Man

As Pain Physicians, we are aware of the biopsychosocial model and its relation to pain. Many of us pain physicians work in metro and large cities. I used to wonder what would be the pain of rural, economically weak populations. An opportunity came my way in the form of a pain camp at Gadchiroli.

It is very rare that one gets an opportunity to witness the change in rural health in person. During our MBBS days, we had read about the abysmal IMR (infant mortality rate) of rural Maharashtra. We had also read about naxalism in Gadchiroli and the efforts of Dr Abhay and Rani Bang- an individual couple who were leading the change in our PSM books. In 1988, 121 new-born babies were dying out of every 1,000 births in the area. Dr Bang's solution was simple: he trained a group of local women in the basics of neonatal care. They were taught how to diagnose pneumonia (being uneducated, they count not count beyond 5; Dr Bang improvised and trained them using an abacus to count breaths), how to resuscitate children (how to use paediatric ambu bags) and how to administer some basic antibiotics. Instead of villagers having to walk for miles to get to the nearest hospital, these health visitors (called arogyadoots, which means & health messengers;) went to where they were most needed, carrying a small health pack on their back. As more women were trained, they passed on their knowledge to others and, according to Dr Bang, entire communities became & "empowered". So, when Dr. Jitendra Jain asked me if I was willing to go to SEARCH (Society for Education, Action and Research in Community Health) Gadchiroli for a medical camp for Pain, without a second's hesitation I agreed.

They established the tribal friendly hospital and a community-based healthcare programme in 134 villages in this area. The good work done by the Dr Bang couple has changed this feared town of Gadchiroli to a safe and beautiful place of healing.

They have started a multi-specialty OPD with a modern Operation theatre, trained staff and all necessary modern instruments. The Pain OPD is held on the first Saturday of every month. While conducting these activities, sensitivity to the mis-trust and fear of the impoverished and poor community was always a priority. Dr Band decided to build a hospital consisting of a series of huts that looked like a tribal village so that patients could stay with their relatives. To this end, the hospital looks like a village home from the outside- the walls look as if made from 'shen'/ cowdung; tiled roofs, a temple of the local "Danteshwari Devi" at the entrance to bless all who enter and use of local materials to make the furniture humble us as we entre this temple of healing.

I was overcome with extreme humility to see Drs Abhay and Rani Bang who have multiple National and International awards to their credit go about their daily work with the same zeal, love and dedication as when they were young. It was a divine feeling just to contribute something to this end.

The place Shodhgram, where the hospital and staff stay, was barren and drought ridden in 1990s. Dr Bang has changed this to a green lung with 3 big water reservoirs, overflowing wells and plantations of native trees to recharge the groundwater. The 'mess' or Shabari- place for meals – is common for all- the doctors, staff and guests. We have to self-serve the food and wash our used utensils for the next person to use. The rooms are simple, comfortable and bathed in the spirit of Khadi.



## ... ISSP City Branch Activities

## ...COMMUNITY SERVICE

The OT doors, patient stool is made from Bamboo grown on the campus. I wish more of us made these kinds of hospitals in sync with our environment. I have decided to adopt the essence of khadi in my life.

Now about the work for which I had volunteered:

I went in July and December 2022. The SEARCH is 4-hour drive from Nagpur Railway station/airport. After reaching the campus, a quick breakfast and we took the blessings of Maa Danteshwari before starting our OPD. These were hard working farming population and their need for pain relief was aimed at being fit to work in the fields. They sought help when farm work was going to increase- just before the sowing season.

We saw 125 patients and around 25 needed interventional pain procedures. Our work started at 10 am and we finished at 10.30pm. We were exhausted but exhilarated at being able to help the farmer and local community to be relieved of their pain. It would be unfair to take credit for the small work we could contribute. The unflinching faith and innocence of the patients in us doctors has been possible because of the selfless work done by Dr Abhay and Dr Rani Bang since the 1980s. Their children too have continued this selfless work and have made SEARCH an institution we can admire and hope to emulate.

I am looking forward to further pain OPDs at this wonderful place.

Dr Kritika Doshi  
kritikadoshi@hotmail.com





# ISSPCON 2023 Report



With the blessings of Almighty, headstrong support of management as well as ISSP headquarters and a diligent team effort of Department of Anesthesia, Pain and Critical care, SGRDUMS organized the 37th Annual Conference of Indian Society of Study of Pain, in collaboration with ISSP city branch Amritsar under the aegis of ISSP from 3rd -5th Feb 2023.

The conference days encompassed the vast field of Pain Medicine, right from basic sciences to advanced technologies, future research as well education opportunities in pain medicine. This grand academic event received an overwhelming response with over 600 plus registrations. Masters in pain management, not only from all corners of our country India but also from all over the world (13 international faculty) delivered their very best.

Staying true to the theme of the conference, "Transforming Knowledge into Practice", engaging pre conference workshops were held. The participants polished their skills and got hands on experience on various workshops like the USG guided Dry Needling, USG nerve blocks for chronic pain, Fluoroscopic guided Cadaveric Workshops on 2.02.23. Advanced Ablative workshop on Cooled RF was conducted on 3.02.23. Another workshop on 4th Feb 2023 Research Methodology was well attended and appreciated.

Presidential address by Dr. Pardeep Jain and plenary sessions by Dr. G.P.Dureja set the pace of the conference. ISSP Oration by Dr. Lakshmi Vas on the magic window of musculoskeletal ultrasound in chronic pain was quite enlightening.



## ... ISSPCON 2023 Report

The scientific deliberations boasted of engaging panel discussions on key topics like: Boot Camp in chronic pain, Low Back ache, Cancer Pain, Regenerative Medicine, Scope of Endoscopic Spinal Surgery, Trigeminal Neuralgia, interactive video sessions, live demonstrations (applications of BOTOX), How do I do, Pro con series and debates. The sessions were conducted in well designated halls, Bonica , Dhanwantri and Prithviraj named in the honor of these great pain physicians.

There was never a dull moment with an easy two way flow of communication with the sole goal of learning and enhancing one's knowledge. Both faculty and delegates appreciated the time allotted for discussions.

E-poster sessions were held for young pain physicians and students to showcase their research and case reports. In addition to ISSP awards, the institution also conferred awards in each category.

One of the firsts of the conference was the "PRE RESIDENCY PROGRAM ON PAIN AWARENESS", where young undergraduates showcased their creativity in the form of posters on their knowledge and understanding of pain. Judging was done by international faculty who were highly appreciative of the whole concept and the enthusiasm of the participants.

Interesting! Informative! Innovative! Yuva pain physician forum (YPPF) was another new concept. Chance was given to younger generation of practicing pain physicians to showcase their work on the podium.

Colorful inauguration of ISSPCON 2023 and Convocation ceremony of IAPM graced by dignitaries , office bearers of ISSP and IAPM was organized. Dr. GP Dureja was honored with Lifetime achievement Award of the year for his service in the field of Pain Management, past ISSP presidents and International Faculty were also felicitated. Other ISSP activities like IAPM sessions, GBM , and Valedictory function were held in the conference premises.

Thoughtfully created cultural activities after the Brainstorming Academic sessions like Pain Physicians Cricket League (PPCL), Pain physicians Got Talent (PPGT) and Punjabi Cultural Night (PCN) followed by banquets all days were appreciated by everyone who left with memories of a well organized and wholesome conference giving rave reviews of the same.



Dr. Ruchi Gupta  
(Organizing Secretary)  
ISSPCON 2023



# ... Glimpes of ISSPCON 2023





# ... Glimpses of ISSPCON 2023



# IAPM EXAM UPDATES

## EXIT EXAMINATION OF IAPM FELLOWSHIP

Date for Exit Exam :	19 <sup>th</sup> August, 2023, Sunday
Last Date of form submission	15 <sup>th</sup> July 2023, Saturday
Time	8 am to 5 pm ,  Written exam: 8 am to 10 am , Written exam will comprise of 100 MCQs in 120 minutes (2 hrs),  Practical and Viva voce: 11 am to 5 pm
Venue	Bharati Hospital and research centre Pune Satara road, Dhankawadi, Pune : 411043
Coordinator	Dr. Varshali Miral Keniya

**Note:** IAPM Exit Exam will include USG Guided procedures from August 2023.  
[For More Details Click Here](#)

## ENTRY EXAMINATION OF IAPM FELLOWSHIP

Date for Entry Exam :	1 <sup>th</sup> October , 2023   Sunday
Exam Format	The online assessment exam will comprise of 100 MCQs in 120 minutes. The exam link will be mailed by 1 <sup>st</sup> October 2023
Coordinator	Dr. Debjyoti Dutta

The last date for submitting the application for FIAPM – 25<sup>th</sup> September, 2023



# Application Form for Training Observership

# APPLICATION FORM

Full Name: Dr / Mr / Mrs .....  
                                     {Surname}       {Name}                {Middle name}

Sex: ☐ Male ☐ Female    Age: .....Years    Date of Birth : .....

Qualification (University & Year of Passing): : .....

ISSP Life Membership Number: .....

Present Appointment : .....

Name of Institute : .....

Address For Correspondence: .....

.....

Pin : ..... State: ..... Phone: .....

Email Id: ..... Mobile: .....

**Conference Attended ISSPCON**

2019 ☐ Yes ☐ No      2022 ☐ Yes ☐ No      2023 ☐ Yes ☐ No

**Research Papers, Publications & Presentation in Pain**  
(If needed, please use additional paper)

I hereby declare that the information submitted is correct. I will abide by the selection criteria and rules of selection committee.

Date:.....

Signature of Applicant



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Free India

40 YEARS  
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ESTD. 1984

www.issp-pain.org

# Application Form for Membership

## INDIAN SOCIETY FOR THE STUDY OF PAIN

INDIAN CHAPTER OF INTERNATIONAL ASSOCIATION FOR THE STUDY OF  
PAIN Reg. No.: U.P./470/84-85  
**LIFE MEMBERSHIP FORM**

**Full Name: Dr / Mr / Mrs** .....  
(in block letters) (Surname) (Name) (Middle Name)

**Sex:** Male / female ..... **Age:** ..... years, **Date of Birth** ..... **Blood group:**.....

**Qualification** (University & Year of passing) .....

**Specialization:** ..... **Registration No.:** .....

**Designation:** .....

**Special Interest in field of pain: Pain Relief**.....

**Permanent Address:** .....

Pin..... State..... Phone.....

**Correspondence Address :**.....

Pin..... State..... Phone.....

**E-mail ID:**.....**Mobile No:**.....

I agree to abide by the rules & regulation of Indian Society for The Study of Pain.

I wish to join INDIAN SOCIETY FOR THE STUDY OF PAIN as life member/Associate Member and  
enclose Cheque / D.D./ online

No. .... drawn on Date..... Bank ..... for  
Rs.....





## ... Application Forms for Membership

(Drawn in favor of Indian Society for The Study of Pain) towards subscription for the life Membership.

**Date:**

**Signature of Applicant**

1. Sponsor's Signature .....ISSP LM No .....  
Name .....

2. Sponsor's Signature .....ISSP LM No .....  
Name.....

Life Membership Fees: Within India Rs. 6018 /- (including 18% GST & Rs 100 for Id Card)  
Outside India US\$ 250/-

Associate Membership Fees: Within India Rs. 4130 /- (incl. 18% GST & Rs 100 for Id Card)  
Outside India US\$ 150/-

Or

APPLY ONLINE

<https://www.issp-pain.org/membership/apply-online/>

# Form For I-Card & Change of Address

## Form for I Card & Change of Address

If so, please complete this form in **BLOCK LETTERS** and send to:

- (1) ISSP Secretariat for correction in records.
- (2) Use this form for sending information for I card. Send 2 passport size photos and Rs 200/- (by cheque or DD or online transaction) . **Get your I - Cards prepared**, as it will be compulsory during ISSPCON
- (3) Cheque / DD / Online in favour of " Indian Society for the study of pain" payable at Indore

Name: Dr / Mr / Ms / Mrs .....

ISSP Life Membership number.....Blood Group.....

Date of Birth .....

Old Address

New Address

City..... Pin.....

State.....

Phone : (Resi).....

(Off).....

(Mob).....

Email

ID.....

Signature.....Date .....

### Bank Details

A/c No. : 90682010114209

Holder Name: INDIAN SOCIETY FOR THE STUDY OF PAIN

IFSC Code : CNRB0002074

Bank : Canara Bank

Branch : Palasia point, Indore – 452001

### Send to:

**Dr Pravesh Kanthed,**

Meru Spine and Pain Centre

203-204, Manglam Pearl, 633-B, New Palasia

Indore (MP) -452001

By Phone:

+91 888-999-8301



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**40** YEARS  
OF ISSP  
ESTD. 1984



**38<sup>TH</sup>**

**NATIONAL CONFERENCE OF  
INDIAN SOCIETY FOR  
STUDY OF PAIN**

**ISSP20  
con24 PUNE**

**EXPLORE... ENRICH... EMPOWER**

organised by

**SOCIETY FOR STUDY OF PAIN, PUNE (SSPP)**

**2<sup>nd</sup> | 3<sup>rd</sup> | 4<sup>th</sup> FEB. 2024 @ PUNE**

[isspcon2024pune@gmail.com](mailto:isspcon2024pune@gmail.com)



## 38th Annual National Conference of Indian Society for Study of Pain

# ISSPCON 2024

Transforming Knowledge Into Practice

Dear Friends and Colleagues

Greetings from ISSPCON 2024 PUNE!

With immense pleasure and honour SOCIETY FOR STUDY OF PAIN PUNE, SSPP invite you all for the 38th National Conference of Indian Society for Study of Pain, ISSPCON 2024 to be held in Pune from 2nd to 4th February, 2024, with a pre-conference workshops on 1st February.

It will give an excellent opportunity for knowledge exchange among participants with the inputs from stalwarts of Pain Medicine, National and International. Along with interesting and power packed scientific programme we will have engaging sessions like meet the experts, master classes, live workshop, panel discussions, amongst the few.

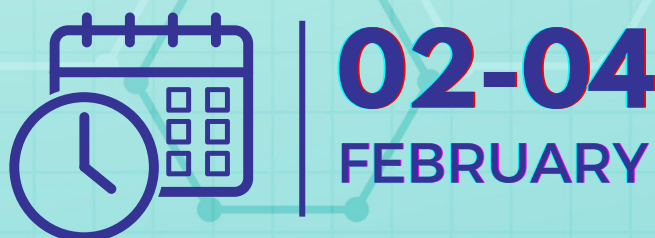
Pune, the host city known as "Veritable Heartland" of cultural Maharashtra and made its mark as educational epicenter, titled as "Oxford of the East" is truly a city to explore for various nearby attractive and serene tourist destinations as well as explore authentic market places.

A great opportunity for all, to meet the mentors as well as catch up and rejuvenate with old friends and colleagues.

The enthusiastic organizing SSPP team is awaiting to host the conference with full zeal, promise to deliver amazing experience to the delegates and is sure to exceed your expectations.

Once again, we, the organizing team of ISSPCON 2024 extend our cordial welcome to all in puneri style and look forward to your active participation in making ISSPCON 2024 a successful and enriching experience.

Warm Regards,  
TEAM ISSPCON 2024, PUNE



Pre-conference Workshop on 1 st February 2024





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# Contact Us

We welcome any questions, suggestions you might have.  
Please send us your feedback:

By Email:

[issphq@gmail.com](mailto:issphq@gmail.com)

By Post:

Dr Pravesh Kanthed

Meru Spine and Pain Centre 203-204, Manglam Pearl  
633-B, New Palasia, Indore (MP) -452001

By Phone Number:

+91 888-999-8301

By Website

[www.issp-pain.org](http://www.issp-pain.org)

Connect Us

