

WEBINAR ON LOW BACK PAIN HELD ON 30TH JULY 2020

The ISSP Nagpur held a webinar on chronic pain, "Basics of Low back pain " on 30th July 2020, where delegates participated in large number. President Dr.Chandrashekhar Cham welcomed the gathering. He informed that the executive team had decided to continue with the webinar series and this was the second one, and different topics will be covered. He said the main aim of these webinars was to continue education and promote the new pain physicians from Nagpur. This activity will be beneficial for the post graduate students also.

The CME on Basics of low back pain was chaired by Dr.Sunita Lawange, senior pain physician, Ashwini Pain clinic, visiting at OCHRI, Alexis, Viveka hospital. The lectures started with first topic on 'Evaluation and diagnosis of low back pain' by Dr.Devyani Thakur, Consultant Anaesthesia and pain, Suretech and Medworld hospital. The second lecture on 'Management of low back pain' was covered by Dr.Kiran Vyawahare, Senior Consultant Anaesthesia and Pain, Ace pain clinic, visiting at Wockhardt hospital. The lectures were very informative and well appreciated.

Low back pain is a very common problem and around 80% of the population suffers from it sometime in their life. Dr.Devyani elaborated on how to reach a diagnosis. Dr.Kiran Vyawahare said people keep suffering from it but do not get a proper guidance. And it can be managed conservatively in most cases, only 20-30% requiring surgery. People should come forward and take advantage of the facility available, added Dr.Cham. Dr.Sunita Lawange gave important practical tips. The webinar was appreciated by all and was a grand success. Hon Secretary Dr.Kiran Vyawahare proposed the official vote of thanks.

The webinar was attended by senior pain physicians like Dr.Anjali Kolhe, Dr.Rajurkar, Dr.Saurabh Barde, President of ISA Nagpur, Dr.Pratibha Deshmukh, Dr.Neeta Apte, Dr.Sheetal Dalal, Dr.Umesh Ramtani, Dr.Sarita Joglekar, Dr.Archana Deshpande, Dr.Archana Munishwar, Dr.Priya Sadawarte, Dr.Hemlata Sherke, Dr.Ravi Mundada, Dr.Rajput along with many post graduate students.