



Indian Society for the Study of Pain
(Indian Chapter of IASP)

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Indian Society for the Study of Pain
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Governing Council Members



Dr. Kailash Kothari
President



Dr. Ashok K Saxena
Vice-President



Dr. Pradeep Jain
President-Elect



Dr. Pankaj N Surange
Hon. Secretary



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Editor



Dr. Gaurav Sharma
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Past Secretary



Dr. Bibhu Kalyani Das
IAPM - Dean



Dr. Pratibha Mache
Acting Registrar - IAPM



Governing Council Members

Joint Secretary:

Dr. Chandrashekhar Cham

List Of Governing Council Members

GC Member:	<i>Dr. Raghu S Thota</i>
GC Member:	<i>Dr Umamaheshwar Rao</i>
GC Member:	<i>Dr Debjyoti Dutta</i>
GC Member:	<i>Dr Samarjit Dey</i>
GC Member:	<i>Dr. Jitendra Jain</i>
GC Member:	<i>Dr. Shweta Salgaonkar</i>
GC Member:	<i>Dr. Manjiri Ranade</i>
GC Member:	<i>Dr Vivek Chakole</i>
GC Member:	<i>Dr Uttam Sidhaye</i>



IAPM Governing Council

List Of Governing Council Members

GC Member:	<i>Dr Krishna Poddar</i>
GC Member:	<i>Dr Madhur Chadha</i>
GC Member:	<i>Dr Babita Ghai</i>
GC Member:	<i>Dr Pravesh Kanthed</i>

Message

From Secretary's Desk

Dear Esteemed Members ISSP

Greetings From The Secretariat Of ISSP National!

We enter 2020 with uncertainty and insecurity all around. The anesthesiologist has taken a lead role in fighting this situation and have been doing tremendous job in managing critical cases. ISSP congratulate all our fellow Anaesthesiologist for the hard work and the glory they brought to the specialty.

COVID-19 has done much socio-economic damage to all countries. At the same time, it has given us time to work on the building blocks for the future of the specialty. Much opportunity is about to open.

ISSP has taken much needed initiatives and have worked extensively on these projects for last 6 months. We have covered our members medico-legally under pain management category and we are in the final stages of including all our interventional procedures, under the insurance coverage, both private and Government panels.

We do have a very bright future, provided we all members come together, support the management. Breaking out of society and forming multiple parallel societies is only going to divide and weaken us.

We are looking ahead with a hope and a positive attitude to see an even more vibrant and academically active association that can offer a meaningful platform to the younger generations to come.

Long Live ISSP !

JAI hind



Dr (Maj) Pankaj N Surange

Hon Secretary,
ISSP National



Dr. Gaurav Sharma

Hon Treasurer,
ISSP National



Message

From President's Desk

Dear ISSP fellow members and my colleagues

It's unbelievable to think few months ago when we were planning to execute our plans in the beginning of 2020, and within days our world, our plans and our life has changed since COVID 19 pandemic first struck.

It was impossible for us to think that activities of daily living will be of limited nature in foreseeable future and we need to be contained at home for most of the time. This has affected each and everyone including our members at some or the other level.

As a society we accepted this challenge and focused on developing our knowledge by conducting few good webinars. I was happy to see the enormous response from all members who attended in large number and made these webinars a grand success. In immediate future we have to continue with these online programs and keep connected.

I am very happy to see that ISSP efforts in bringing a comprehensive indemnity policy with good legal coverage specially designed for ISSP members at discounted rates. The details are published on ISSP website and I request all our members to go through it and take advantage of the same.

Another big step taken by ISSP is initiation of the process of creating a document and costing list of pain medicine and procedures for insurance purpose. We have already appointed Mr Manivannan who is the Advisor for Costing and Pricing and to represent ISSP to IRDAI and Insurance companies. Our teams are working on it and hopefully we will have lot of positives coming up in future on this front. This will help in improving pain practice in a big way.

I would like to specially mention our Secretary Dr. Pankaj Surange who really dedicated himself during past few months to execute all the steps taken by team ISSP.

Due to COVID 19, many activities are on hold including IAPM activities. IAPM team is also taking some innovative steps so that IAPM fellows will be benefited and will be trained in all basic and advanced pain management techniques.

Due to COVID 19 we have to postpone the upcoming ISSPCON 2021 to 2022. The election for the new office bearer is also deferred by the same duration. I thank all the office bearers to accept our request to continue for one more year, and give time for ISSP activities from their busy schedule.



Message

Cont...

Though the present situation is very difficult but I see a very bright and promising future for our pain physicians in the upcoming years. This is because of the positive steps taken by Team ISSP and acting positively in these tough times. This is a very strong society and I am very positive in future outlook.

So keep smiling and spread happiness by relieving people physical along with their emotional pain.

Hope to see you all soon in person.

Long live ISSP. Jai Hind



Dr Kailash Kothari

President ISSP



ISSP UPDATES

COVID Guidelines:

Post ISSPCON 2020, we started our year with challenges of COVID 19. ISSP immediately acted on the situation and issued guidelines as per Government of INDIA directives and updated members from time to time. We have also published guidelines in our official journal IJP. These guidelines are also available on our official website.

Guidelines Link: <https://bit.ly/3ipAGQ1>

Telemedicine:

ISSP conducted webinars on Telemedicine and tele consultation for the members.

Document Link: <https://bit.ly/2EQfIfK>

Panel Discussions:

Making use of the Lockdown and to keep abreast of Indian guidelines in managing pain, we conducted multiple weekly panel discussions for the members of the society. Recordings of all the panel discussions are uploaded on our official Youtube Channel.

Details and Youtube Links are given below.

ISSP foundation day celebrations:

This year we celebrated our foundation day in a very unique way. ISSP celebrated foundation day at all India level “Virtually”. Founder members and past presidents attended the program and they shared their journey as a pain specialist and also in ISSP.

Indemnity Insurance

ISSP has come with a tie up with third party for medico-legal coverage of the members, under pain management category. We invited all the members for online discussion and any clarifications. The final proposal with all the benefits to the members and contact details have been uploaded on the website.

Link: <https://youtu.be/1h0mG0ffjaE>



ISSP UPDATES

Progress on Insurance coverage of Interventional Procedures:

We have completed the extensive task of costing and pricing of 129 MIPS. The pricing report with packages have been submitted to “Insurance regulatory development authority of India” for their approval. Secretary had multiple meetings with top bosses of private insurance companies and Senior officers of Ayushman Bharat. So far, we have a very positive response and we are quite hopeful that we will be able to achieve this target.

ISSPCON 2021:

Looking at the present conditions and taking into considerations the government of India directives, the governing council ISSP has decided to cancel the ISSPCON 2021. The venue for ISSPCON 2022 will be Bhubaneshwar.

GBM and Elections::

The governing council has decided to cancel the Elections and the GBM for the year 2021 and the same will be conducted in 2022 with ISSPCON 2022. Till that time the current governing council will work with same posts and strength.

FIAPM Exit Exam :

Exit exam which was scheduled in July was cancelled. Next Exit Exam is scheduled for January 2021. We will once again review the conditions and if the situation improves and if we get permissions, we will declare the exam dates by 15th December.

Registrar Dr Pratibha Mache has been conducting online lectures with senior members of the society for IAPM fellows.

IAPM Entry Exam :

The Online Entry Exam is scheduled for Sunday, 6th December 2020. Details will be shared on website and facebook page of ISSP soon



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ISSP UPDATES

ISSP App:

To avoid missing first-hand updates on ISSP activities and developments happening, please download ISSP APP.

Link:

<https://apps.apple.com/in/app/issp-association/id1448331755>

https://play.google.com/store/apps/details?id=com.smarthumanoid.issp&hl=en_IN

Contact Details for Medico Legal Services + Professional Indemnity

Website - <http://www.doctorsrisk.com/>

Email id- vakilarunmishra@gmail.com / help@doctorsrisk.com

24 hrs helpline number - +91 9323446163

Contact No - 8080099908

Landline - 022-25005343 / 40 / 41

View Insurance Details : <https://bit.ly/2GqBirs>



LIST OF ISSP National Activities

Panel Discussion

Guidelines in Managing Cancer Pain

19th April 2020

Our Moderator:

Dr. Raghu Thota

Our Panelists:

Dr. P N Jain

Dr. Raghavendra

Dr. Sunny Malik

Dr. Arif Ahmed

Dr. Mahesh Menon

<https://youtu.be/iJxj97wN7q8>

Panel Discussion

Recommendation For Pain Practice during Covid

23rd April 2020

Our Moderator:

Dr. Sidharth Verma

Our Panelists:

Dr. Naveen Malhotra

Dr. Swati Bhat

Dr. Gaurav Goyal

Dr. Hitesh Patel

Dr. Gaurav Sharma

Dr. Shovan Rath

Dr. Ashu Jain

<https://youtu.be/qayfKqcslyE>



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LIST OF ISSP National Activities

Panel Discussion

Orofacial Pain

26th April 2020

Our Moderator:

Dr. Karthic Natarajan

Our Panelists:

Dr. Pratibha Matche

Dr. Mythili Kalladka

Dr. Ashish Chakravarty

Dr. Preeti Doshi

Dr. Jitendra Jain

Dr. Ruchika Sood

<https://youtu.be/0zsJhEApBvw>

Panel Discussion

Guidelines on
Neuropathic Pain

3rd May 2020

Our Moderator:

Dr. Ashok Kumar Saxena

Our Panelists:

Dr. Hammad Usmani

Dr. Subrata Goswami

Dr. Sukanya Mitra

Dr. Depinder Kaur

Dr. Devendra Singh

<https://youtu.be/bP364fjrTSk>



LIST OF ISSP National Activities

Panel Discussion

Ultrasound in Pain Practice

10th May 2020

Our Moderator:

Dr. Mayank Chansoria

Our Panelists:

Dr. Harshita Surange

Dr. Namrata Dabas

Dr. Neeraj Jain

Dr. Debjyoti Dutta

Dr. Rajendra Sahoo

Dr. Navita Purohit

<https://youtu.be/0zsJhEApBvw>

Interactive session

Consumer Protection Act and Indemnity Insurance

15th Aug 2020

**An Interactive session with
Advocate Arun Mishra
(Supreme Court)**

<https://youtu.be/1h0mG0ffjaE>



LIST OF ISSP

State Chapter Activities

CLINICAL ACTIVITIES OF ISSP NAGPUR IN 2020

36th Pain Foundation day celebrated

The National society of study of pain ,Nagpur city branch celebrated the 36th Pain foundation day on 9th July 2020. A webinar on chronic pain, "Pain basics" was held where delegates participated in large number. President Dr. C.S.Cham welcomed the gathering and congratulated all pain physician for their excellent work in chronic pain management. He informed the gathering that the executive team had decided to continue with the tradition of corona era by conducting a series of webinars, once every month. Dr. Cham coaxed everyone to continue with the good work of providing pain relief and research.

The National Pain society was formed on 9th of July, 1984 by a group of professionals with a motto of providing pain relief and conducting research. So this day is celebrated as the pain foundation day. The pain society is doing excellent work in providing pain relief to a wide variety of patients suffering from migraine, low back pain, neck pain, facial pains, pain of peripheral vascular disease, buerger's disease, and cancer pain. The treatment comprises of medicines, physiotherapy, nerve blocks and advanced interventions like radiofrequency ablation ,cooled RF and spinal cord stimulation.

Dr. B.M.Rajurkar director of Getwell hospital chaired the session. The lectures comprised of 'Anatomy and physiology of pain pathways' which was delivered by Dr. Umesh Ramtani ,Ass Prof.in Anaesthesia and Pain, IGGMC and another one on 'Approach to a pain patient-history taking and examination' which was delivered by Dr. Priya Sadavarte, Pain consultant at Dr. Priya's pain clinic and past Ass.Prof at NKPSIMS. The lectures were very informative and well presented.

The webinar was attended by senior pain physicians like Dr. Anjali Kolhe, Dr. Sunita Lawange, Dr. Saurabh Barde, President of ISA Nagpur, and senior anaesthesiologist like Dr. Pratibha Deshmukh, Dr. Shubdha Deshmukh, Dr. Charuta Gadkari, Dr. Sheetal Dalal, Dr. Sarita Joglekar, Dr. Archana Deshpande, Dr. Archana Munishwar, Dr. Devyani Deshpande, Dr. Hemlata Sherke and many post graduate students.

The webinar was appreciated by all and was a grand success. Hon Secretary Dr. Kiran Vyawahare proposed the official vote of thanks.

LIST OF ISSP State Chapter Activities

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Webinar on Basics in Low Back Pain held on 30th July 2020.

The ISSP Nagpur held a webinar on chronic pain, “Basics of Low back pain” on 30th July 2020, where delegates participated in large number. President Dr. Chandrashekhkar Cham welcomed the gathering. He informed that the executive team had decided to continue with the webinar series and this was the second one, and different topics will be covered. He said the main aim of these webinars was to continue education and promote the new pain physicians from Nagpur. This activity will be beneficial for the post graduate students also.

The CME on Basics of low back pain was chaired by Dr. Sunita Lawange, senior pain physician, Ashwini Pain clinic, visiting at OCHRI, Alexis, Viveka hospital. The lectures started with first topic on ‘Evaluation and diagnosis of low back pain’ by Dr. Devyani Thakur, Consultant Anaesthesia and pain, Suretech and Medworld hospital. The second lecture on ‘Management of low back pain’ was covered by Dr. Kiran Vyawahare, Senior Consultant Anaesthesia and Pain, Ace pain clinic, visiting at Wockhardt hospital. The lectures were very informative and well appreciated.

Low back pain is a very common problem and around 80% of the population suffers from it sometime in their life. Dr. Devyani elaborated on how to reach a diagnosis. Dr. Kiran Vyawahare said people keep suffering from it but do not get a proper guidance. And it can be managed conservatively in most cases, only 20–30% requiring surgery. People should come forward and take advantage of the facility available, added Dr. Cham. Dr. Sunita Lawange gave important practical tips. The webinar was appreciated by all and was a grand success. Hon Secretary Dr. Kiran Vyawahare proposed the official vote of thanks.

The webinar was attended by senior pain physicians like Dr. Anjali Kolhe, Dr. Rajurkar, Dr. Saurabh Barde, President of ISA Nagpur, Dr. Pratibha Deshmukh, Dr. Neeta Apte, Dr. Sheetal Dalal, Dr. Umesh Ramtani, Dr. Sarita Joglekar, Dr. Archana Deshpande, Dr. Archana Munishwar, Dr. Priya Sadawarte, Dr. Hemlata Sherke, Dr. Ravi Mundada, Dr. Rajput along with many post graduate students.





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CONTACT US

We welcome any questions, or suggestions you might have. Please send us your feedback:

By Email:

issphq@gmail.com

By Post:

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