

CURRICULUM VITAE

NAME : Dr.Gunjal Vishal Balasaheb

AGE : 37 years

SEX : Male

MARRITAL STATUS : Married

DATE OF BIRTH : 21/08/1984

RELIGION : Hindu

NATIONALITY : Indian

ADDRESS : Sanskriti, Professor Colony, Hanumanwadi, Near Raka Green
Square Lawns,Panchvati, Nashik, Maharashtra, India – 422003

WORK PLACE : Nashik Pain care Centre, 3rd Floor, Laxmi Enclave, Old Pandit
Colony, Opoosite to KTHM College, Gangapur Road, Nashik - 2

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WEBSITE : www.nashikpaincarecentre.com

QUALIFICATION : MBBS, MD (Anaesthesiology), FPCI, FISSP, FIAPM, FIAPC

MEMBER : Maharashtra Medical Council, Mumbai

MMC REG. NO : 2008/03/0518

BLOOD GROUP : B Rh +ve

EDUCATIONAL DETAILS:

Degree	Institution	University	Year	Attempt	% Marks
S.S.C.	Maratha Highschool, Nashik	Maharashtra State Board	March 2000	First	80.13%
H.S.C.	KTHM College, Nashik	Maharashtra State Board	March 2002	First	86.00%
1 st MBBS	Grant Medical College & Sir JJ Hospital, Mumbai	Maharashtra University of Health Sciences,Nashik	May 2003	First	66.17%
2 nd MBBS	Grant Medical College & Sir JJ Hospital, Mumbai	Maharashtra University of Health Sciences,Nashik	October 2004	First	69.27%
3 rd MBBS	Grant Medical College & Sir JJ Hospital, Mumbai	Maharashtra University of Health Sciences,Nashik	December 2006	First	64.81%

IINTERNSHIP	Grant Medical College & Sir JJ Hospital, Mumbai	Maharashtra University of Health Sciences, Nashik	March 2007 to February 2008	-	-
M.D. (Anesthesiology)	Government Medical College, Miraj	Maharashtra University of Health Sciences, Nashik	May 2012	First	71.63% (Second In MUHS University)
Fellowship In Pain Management (FPCI)	PCI at Fortis, Global, BARC, Jagjivan Ram Hospitals	Pain Clinic Of India Pvt. Ltd	August 2012 to January 2014	First	-
Fellowship In Pain Management (FISSP)	Jagjivan Ram Hospital, Western Railway, Mumbai	Indian Society For The Study Of Pain	20 February 2014 to 19 March 2014	First	-
Fellowship In Pain Management (FIAPM)	Indian Academy of Pain Medicine	Indian Society For The Study Of Pain	July 2018	First	-

Fellowship Indian Academy of Palliative Care (FIAPC)	Indian Academy of Palliative Care	Indian Academy Of Palliative Care	Dec 2023	First	
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WORK EXPERIENCE:

- Junior Resident in Dept. of Anaesthesiology, Government Medical College, Miraj July 2009 to April 2012. (Three years)
- Assistant Professor in Grant Medical College & Sir JJ Group Hospitals from August 2012 to August 2013. (One Year)
- Fellow in Interventional Pain Management in Pain Clinic of India. (FPCI:One & Half Year)
- Fellow in Interventional Pain Management at Jagjivan Ram hospital, Western Railway, Mumbai from 20 February 2014 to 19 March 2014. (FISSP- Fellowship Indian Society For The Study of Pain)
- Observer in Dept. of Pain & Anaesthesiology, Tata Memorail hospital, Mumbai for Fifteen days.
- Senior Resident in Dept. of Anaesthesiology , Dr. Vasantao Pawar Medical College, Nashik for period of 6 months, year 2014
- Senior Resident in Dept. of Anaesthesiology, SMBT Medical college, Dhamangaon since 1 January 2015 to 31 January 2019. (Four Years)
- Assistant professor in Dept. Of Anesthesiology, SMBT Medical college, Dhamangaon Since 1 February 2019.
- Founder Director of Nashik Pain Care Centre, Nashik working since May 2014.

CLINICAL SKILLS ACQUIRED:

- Done assessment of chronic pain patients like Spine pain, Cancer pain, Shoulder pain, Knee pain, Facial pain, Myofascial pain, Neuropathic pain, Cancer Pain etc. & treated these patients with Interventional pain management.
- Expert in Cervical epidurals, Lumbar nerve root blocks, Facet joint blocks, Percutaneous Discectomies & other disc procedures, Sympathetic Blocks, Prolotherapy, PRP, IMS, Radiofrequency procedures, Vertebroplasty and many other pain interventions.
- In regional anaesthesia procedures like Spinal, Epidural, Upper & Lower limb blocks and other peripheral nerve blocks.
- Trained in Fluoroscopic & Ultrasound guided blocks.
- Assisted senior consultants in major procedures like Kyphoplasty, Spinal cord stimulators, Intrathecal pump implantation etc.

PUBLICATIONS:

- International Journal of Pharmaceutical & Biomedical research (ISSN NO: 0976-0350): Synergistic effect of Intrathecal Fentanyl and Bupivacaine combination for cesarean section. (March 2013)
- Increased Neuropathic Pain following Cervical Epidural Steroid Injection: Indian Journal of Pain, volume 33, Issue 1; (January – April 2019)

PAPER PRESENTATIONS & LECTURES:

- Study of prolonging the duration of subarachnoid block by oral Clonidine at MISACON 2010, Nashik. **(Won Second prize- Dr.M.M.Bhat Award)**

- Oral Clonidine: A boon to the Anaesthesiologist at ISACON 2012, Mumbai.
- Panalose tron and PONV at ASA clinical meeting, Sangli - Miraj branch on 27 June 2010.
- **QUIZ:** Second prize at Anaesthesia Review Course (ARC) 2012, Tata Memorial Hospital, Mumbai
- Efficacy of TFESI in Chronic Low Back Pain: Retrospective study of 50 Patients at PCI, at ISSPCON 2014, Mumbai.
- Low Back Pain & Management at Jagjeeevaram hospital, Mumbai 2014
- Cervical facet pain & radiculopathy management at Jagjeevanram hospital, Mumbai 2014
- Interesting cases in my practice at Indian Society of Anaesthesiology Nashik Branch 2016
- Technique of Knee Injection at CIPM, Mumbai 2017
- Evidence Base Approach Should Be Strictly Followed In Ipm In India – Con Session at ISSPCON 2017, Indore
- Algorithmic Management of Chronic Orofacial Pain at ISPCCON 2017, MGM Mumbai
- Technique of Stellate ganglion Block at CIPM, Mumbai 2018
- Vertebroplasty – Case presentation & Procedure at Indian Society of Anaesthesiology Nashik Branch 2018
- Non Surgical management of Spine Pain at Indian Medical Association Nashik 2019
- Sympathetic Pain & management at Indian Medical Association Nashik 2019
- Pyriiformis Syndrome & management at CIPM, Mumbai 2019
- Nonsurgical Management of Spine Pain at Spine Conclave at Indian Medical Association, Nashik 2019
- Video Demonstration of Cervical Medial Branch block & Radiofrequency Ablation At ISSPCON 2020, Ahmedabad
- Pain Management Awareness – at various Associations around Nashik District like IMA,

NIMA, FPA, PMA, ISA, Oncology Society, Rotay Clubs, various NGOs Since 2012

DESSERTATION:

- “Spinal anaesthesia for LSCS - Comparison between heavy Bupivacaine and heavy Bupivacaine with Fentanyl.”

FACULTY AS A SPEAKER AT:

- At Cadaveric workshop & Conference in 29th Annual National Conference of Pain Management; ISSPCON 2014, Mumbai from 6 to 9 February 2014.
- At live workshop & CME on Bariatric & Metaboilic surgery at JJ hospital Mumbai on 17 & 18 September 2012.
- At CME & workshop on ultrasound guided nerve blocks by Kalyan Anaesthesia society on 20 April 2014.
- 8th Comprehensive Interventional Pain Management Conference in Mumbai, 2014
- 30th Annual National Conference of Pain Management; ISSPCON 2015, Chennai
- 9th Comprehensive Interventional Pain Management Conference in Goa, 2015
- 10th Comprehensive Interventional Pain Management Conference in Mumbai, 2016
- 31th Annual National Conference of Pain Management; ISSPCON 2016, Indore – Topic: Evidenced based Medicine: Pros & Con Session
- 32 Annual National Conference of Pain Management; ISSPCON 2017, Jaipur
- 11th Comprehensive Interventional Pain Management Conference in Mumbai, 2017- Topic: Technique of Knee Injections
- ISPCON Held in October 2017 at MGM University, Mumbai Topic: Algorithmic Management of Chronic Orofacial Pain

- 13th Comprehensive Interventional Pain Management Conference in Mumbai, 2018 –
Topic: Stellate Ganglion Block & T2-T3 Block
- International conference on Recent Advances in Pain at Jammu, 2018
- 34th Annual National Conference of Pain Management; ISSPCON 2019, Bengluru– Topic:
Importance of goal setting & self management
- 14th Comprehensive Interventional Pain Management Conference in Mumbai, 2019 –
Topic: Piriformis Syndrome
- 34th Annual National Conference of Pain Management; ISSPCON 2020, Ahmedabad –
Topic: Video Demonstration of Cervical Medial Branch block & Radiofrequency Ablation
- Annual National Conference of Indian society of Anaesthesiologist, ISACON 2019 at
Solapur
- Spine Conclave 2019 at IMA Nashik – Topic: Nonsurgical Management of Spine Pain
- 15th Comprehensive Interventional Pain Management Conference in Mumbai, 2022 –
Topic: Cervical Radiculopathy
- 16th Comprehensive Interventional Pain Management Conference in Mumbai, 2023 –
Topic: Radiation safety
- 35th Annual National Conference of Pain Management; ISSPCON 2022, Bhuvaneshwar
- Maha Youvacon organized by Indian Society of Anesthesiologist 2022
- 36th Annual National Conference of Pain Management; ISSPCON 2020, Amritsar –
Topic: Video Demonstration of Cervical Facet joint pain

ORGANISED VARIOUS CME & CONFERENCES AS ORGANISING SECRETARY

- Comprehensive Summer CME; May 2019
- Advanced CPR workshop; July 2019
- CME on Fitness & Obesity; August 2019

- Spine Conclave; October 2019
- CME on Renal diseases; November 2019
- Refreshcon 2020; February 2020
- IMA National Sports, 2021

ATTENDED CONFERENCES AND WORKSHOP:

- Difficult airway management at KIMS Karad on 28 Feb 2010.
- Anaesthesia outside operating room at TNMC Mumbai on 7 March 2010.
- Local anaesthesia at Jaslok hosp Mumbai on 10 April 2010.
- Mechanical ventilation at Kolhapur in May 2010.
- Advanced workshop on continuous peripheral nerve blocks & chronic pain management at Bharti vidyapith, sangli on 5 & 6 June 2010.
- Sudha Ayer memorial CME at Solapur on 18 July 2010.
- MISACON 2010 at Nashik from 12 to 14 Nov 2010.
- Haemodynamic monitoring at MISACON 2010 at Nashik on 12 Nov 2010.
- Research methodology at GMC Miraj on 5 March 2011.
- CME at Siddhivinayak cancer hospital Miraj on 21 August 2011.
- Image guided LASER treatment on surgical & orthopedic problems at GMC Miraj on 27 Dec 2009.
- ISACON 2011 at Mumbai from 26 to 29 Dec 2011.
- Nerve blocks for chronic pain management at ISACON 2011 Mumbai on 25 Dec 2011.
- CME on pain management at Miraj on 22 Jan 2012.
- Anaesthesia Review Course at Tata memorial hospital Mumbai from 16 to 18 March 2012.
- Evidence based use of Radiofrequency in pain management at JRH Mumbai on 11 August 2012.

- ISSPCON 2013 at Nagpur on 1 to 3 Feb 2013.
- PAINCON at Nashik in January 2014.
- ISSPCON 2014 at Mumbai on 6 to 9 Feb 2014.
- CIPM, Mumbai, 2014
- CIPM, Goa, 2015
- ISSPCON 2015 at Chennai
- ISSPCON 2016 at Indore
- CIPM, Mumbai, 2016
- ISSPCON 2017 at Jaipur
- GERICON 2017 at Nashik
- CIPM, Mumbai 2017
- ICRA, Pune 2017
- ISPCON Mumbai 2017
- Refreshcon 2018, Nashik
- ISSPCON Delhi 2018
- CIPM, Mumbai 2018
- ICRA, Jammu 2018
- ISSPCON Bengluru 2019
- Refreshcon, Nashik 2019
- CIPM, Mumbai 2019
- ISACON, Solapur 2019
- Comprehensive Summer CME; May 2019
- Advanced CPR workshop; July 2019
- CME on Fitness & Obesity; August 2019
- Spine Conclave; October 2019

- CME on Renal diseases; November 2019
- Refreshcon 2020; February 2020
- ISSPCON 2020, Ahmedabad
- Refreshcon 2021, IMA Nashik
- ISSPCON 2022, Bhuvaneshwar
- Sexicon 2022; IMA Nashik
- AMSCON 2022, IMA Nashik
- CIPM 2022, Mumbai
- CIPM, Indore 2023

LIFE MEMBER OF:

- Indian Society For The Study Of Pain (ISSP)
- International Association Of Study Of Pain (IASP)
- Indian Society Of Anaesthesiologist (ISA)
- Indian Medical Association (IMA)
- Rotary Club of Nashik Smart City
- Nashik District Cricket Association (NDCA)
- Evershine Sports Academy, Nashik
- Sarvjanik Vachanalay, Nashik
- Veer Savarkar jaltaran Talav, NMC, Nashik

VARIOUS POST HOLD

- Secretary Marathi Vangmay Mandal, Grant Medical College & JJ Hospital Mumbai 2005
- Executive Committee Member & Joint Secretary MARD at Government Medical College, Miraj 2009 to 2011

- Executive Committee Member of IMA NASHIK 2016-17 & 2017-18
- Treasurer, Indian Medical Association, Nashik Branch 2018 – 19.
- Secretary, Indian Medical Association, Nashik Branch 2019 – 20
- Vice President, Indian Medical Association, Nashik Branch 2021- 22
- Medical board of Director of Rotary Club of Nashik Smart City for several years
- Treasurer, Rotary Club of Nashik Smart City, 2021-22
- President Elect IMA Nashik 2023-2024
- Co Chairman of Sports committee, IMA Maharashtra state 2022-2023
- Member of Geriatric Committee of IMA Maharashtra State 2023-2024
- CWC Member of IMA Maharashtra State 2023-2024
- Chief Editor Mastacon 2022, Sovenier, at Shirdi
- Accredited Speaker By Maharashtra Medical Council
- Accredited Observer By Maharashtra Medical Council

AWARDS & PRIZES

- Dr.MM Bhat Award at MISACON 2010
- Special Achievement Award for service in Medical field by Sakal Newspaper, 2019
- Covid Warrior Award by Indian Medical Association, Nashik Road 2020
- Covid Warrior Award by Radio Mirchi & ABH Developers 2021
- Covid Warrior Award by Maratha Highschool, Nashik 2021
- Covid Warrior Award by Roatry Club Smart City 2021
- Youth Icon of IMA Maharashtra, 2022
- Award for Pain Awareness by Indian Society for the study of pain at Amritsar 2023

EXTRA CURRICULAR ACTIVITIES:

- First prize at Maharashtra state Handball championship year 1999.
- Member of IMA Cricket team, winning consecutive five year MAHASPORTS – Maharashtra annual sports event 2015, 2016, 2017, 2019, 2020
- Runner Up in First National IMA Season ball T20 tournament at Chennai 2018
- Participated in Various Doctors Premier League (DPL) – Season Ball T20 Tournaments all over India.
- Participated and won in various sports like Handball, football, swimming at District and Tehsil level.
- Participated and won in various competitions like Essay writing, Inoculation, Handwriting, Drawing etc.
- Participated and won in Singing & Drama competitions and various cultural events.
- Active in writing articles, poems etc.
- Active member of various committees at GMC Mumbai and GMC Miraj.
- Active Member of Indian Medical Association, Nashik Branch
- Active Member of Indian Society of Anaesthesiologist, Nashik Branch
- Multiple Articles & Interviews published in Various News Papers like Sakal, Pudhari, Deshdoot, Punyanagari, Maharashtra Times etc. for Pain Awareness.
- Interview on Radio Vishwas 90.8 FM about Pain Awareness.
- Conducted many CMEs & Educational programs for various associations of Nashik to increase pain awareness.
- Conducted various health checkup camps & Health awareness talks for benefit of general population.
- Social Services in various fields like Tree Plantation, water Harvesting, Food Donations, Cloth Donations, Flood relief, Health Services etc.

STRENGTHS:

- Hard working, dedicated and co-operative.
- Confident and convincing with good communication skills.
- Good management Skills

DR. VISHAL BALASAHEB GUNJAL

M.B.B.S., M.D., FPCI, FISSP, FIAPM, FIAPC

SPINE & PAIN PHYSICIAN

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