

# WORKSHOP DETAILS -WBSSPCON 2024

## DAY 1 (27/04/2024)

9 am -10 am-Registration

10 am -1 pm-4 stations

1 pm-2 pm-lunch

2 pm-5 pm -4 sessions

### Table 1. Upper Extremity- Shoulder Joints

The biceps tendon, subscapularis tendon, supraspinatus tendon, infraspinatus tendon, acromioclavicular joint, and glenohumeral joint, Rotator cuff interval, SASD bursa, lateral pectoral, axillary and suprascapular articular nerves.

### Table 2. Upper Extremity- Elbow & Wrist Joint

The common extensor tendon, radial collateral ligament, distal biceps tendon, common flexor tendon, ulnar collateral ligament, and triceps tendon, Cubital canal, intraarticular injection approaches, Ulnar nerve, medial nerve, radial nerve and carpal Tunnel

Wrist Joint and carpal tunnel & Median nerve, Trigger fingers

### Table 3. Lower Extremity- Hip Joint & sacrum:

The iliopsoas tendon, rectus femoris tendon, anterior hip, adductor and gluteus muscle groups, piriformis muscle, greater trochanteric complex, LFCN, femoral and obturator articular nerves

### Table 4. Lower Extremity- Knee & Ankle joint:

**Knee**-The suprapatellar pouch, quadriceps tendon, patellar tendon, medial collateral ligament, iliotibial band, lateral collateral ligament, Saphenous and Genicular nerves

**Ankle**: the anterior ankle pouch, anterior inferior tibiofibular ligament, anterior talofibular

ligament, calcaneofibular ligament, peroneus tendon, deltoid ligament, Achilles tendon, and plantar fascia, tibio-talar joint, sub-talar joint

### Table 5. Head, Neck and cervical spine

Peripheral nerves, Maxillary, mandibular nerve, greater occipital nerve, lesser occipital nerve, third occipital nerve, stellate ganglion, glossopharyngeal nerve, cervical nerve roots, cervical facets and medial branches.

### Table 6. Chest and Abdomen

Celiac plexus, Superior hypogastric, Lumbar sympathetic, erector spinae (ESP), QL block, Ilioinguinal and Ilio-hypogastric

**Table 7- Lumbar Spine Sacrum-**

Lumbar facets, and medial branches, interlaminar epidural, Caudal Epidural, S.I Joint  
Pudendal Nerve, Piriformis, Ganglion Impar

**Table 8 - Fluoroscope with Manikin**

Lumbar transforaminal, Intradiscal, Medial Branch, Cervical medial branch, Knee  
Genicular

	<b>TABLES</b>	<b>FACULTIES</b>
1	<b>Upper Extremity- Shoulder Joints</b>	<b>Dr. Dipasri Bhattacharya Dr. Arindam Chatterjee</b>
2	<b>Upper Extremity- Elbow &amp; Wrist Joint</b>	<b>Dr. Samir Basak Dr. Debdipta Das</b>
3	<b>Lower Extremity- Hip Joint &amp; sacrum</b>	<b>Dr. Krishna Poddar Dr. Sushpa Das Dr. Sayan Manna</b>
4	<b>Lower Extremity- Knee &amp; Ankle joint</b>	<b>Dr. Sunita Lawange Dr. Smruti Hota</b>
5	<b>Head, Neck and cervical spine</b>	<b>Dr. Debojyoti Dutta Dr. Arpita Choudhury</b>
6	<b>Chest and Abdomen</b>	<b>Dr. Chinmoy Roy Dr. Gargi Nandi Dr. Rama Ghatak</b>
7	<b>Lumbar Spine Sacrum</b>	<b>Dr. Arghya Mukherjee Dr. Biplap Sarkar</b>
8	<b>Fluoroscope with Manikin</b>	<b>Dr. Debolina Ghosh Dr. Deepak Kumar Dash Dr. Manish De</b>