



Indian Society for Study of Pain
(Indian Chapter of IASP)

www.issp-pain.org

ISSP NEWSLETTER

VOLUME: 37 | ISSUE: 01

MAY - JUNE 2025

Important Dates

Exit Examination Of IAPM Fellowship
on 27th July 2025, Saturday

40th National Conference of Indian Society for
Study of Pain,
ISSPCON 2026 at Hyderabad
5th to 8th February, 2026

Follow Us



Obituary to our Founder President Prof. Akram Lal Sahab..

A Founder, Mentor, and Pioneer — his legacy will live on forever in our hearts and work.



Professor Akram Lal Sahab

(1-3-1939 To 22-5-2025)

Born in Rupapur, Varanasi on 1 March 1939 was a true son of the soil.

After his initial education from Varanasi, he joined the first batch of MBBS from GSVM Medical college in 1956.

He was the first post graduate student of Anesthesiology Department of IMS, BHU, in 1961 under Prof Phool Chandra and became a faculty in the same in 1963.

He along with Prof V Rastogi co-founded the Indian society for study of Pain in 1984 and also toiled to get the society recognized at an international level as the Indian Chapter of IASP, the International Society for study of Pain .

He also started the Indian Association of Palliative Care along with Prof K Pandey in 1994. He was the editor of Indian Journal of Anesthesiology for over a decade ! (1980s -90s).

Was elected as the president of Indian Society of Anesthesiology in 2004-05 Established the Anesthesiology research lab in IMS, BHU and toiled to equip the Was the HOD of the department. Worked as an NHS consultant from 1967 to 2002.

Founder Principal of Haldwani Medical College 2002-2004 department with latest equipment's of his times through his students overseas.

Recently he was pivotal in establishment of the Phool Chandra Block in Anesthesiology department in SS Hospital negotiating a fund of 100,000 US dollars from Professor Phool Chandra , his teacher and the establisher of Anesthesiology Department, to form a block and research lab in the department. He also used his influence on the global level to recommend the aluminums of Anesthesiology , IMS, BHU to be placed internationally in various institutions in UK,Canada and USA.



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IAPM Governing Council



DR. MADHURI LOKAPUR

DEAN



DR. PANKAJ SURANGE

Registrar



DR KRISHNA PODDAR

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PROF. NAVEEN
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DR. ANSHUL AGARWAL

From the Secretariat



Prof. Dr Anurag Agarwal
Hon. Secretary, ISSP

Dear ISSPians,

Greetings from the ISSP Headquarters!

It has been nearly four months since the new ISSP team assumed office. We are deeply conscious of the significant responsibility entrusted to us—especially in the light of the high standards set by our esteemed predecessors. With your unwavering support, we remain steadfast in our mission: to advance the science and practice of Pain Medicine and to empower Pain Physicians across the country.

Under the dynamic leadership of our Hon'ble President, [Dr. Krishna Poddar](#), the ISSP Secretariat is committed to standing shoulder-to-shoulder with every member. With a rapidly growing membership of over [3,400 Pain Physicians](#), it is heartening to witness renewed enthusiasm—particularly among younger colleagues eager to contribute to and grow within our vibrant community. We at ISSP HQ are determined to carry this momentum forward, welcoming more passionate professionals into our fold.

As we all know, a specialty cannot thrive in isolation—it requires public awareness and engagement. To this end, ISSP HQ is actively working to enhance our visibility among the general public. All our social media platforms are now active and regularly updated. We urge each of you to follow, engage with, and share our content. This small act can have a profound impact in raising awareness and expanding the reach of Pain Medicine.

Another critical milestone on our path is securing [official recognition of Pain Medicine under the “Law of the Land.”](#) This step is essential to facilitate the inclusion of MIPSIs (Minimally Invasive Pain & Spine Interventions) under government welfare and insurance schemes, thus making pain care more accessible to millions. ISSP is diligently pursuing this objective and we seek your continued support in this collective endeavor.

We are also pleased to share a significant development—after sustained efforts and extensive consultation with our seniors and stakeholders, a consensus has largely been reached regarding [standardized nomenclature](#) for our specialty:

- The super-specialty name: [Pain Medicine](#)
- The practitioners: [Pain Physicians](#)
- The umbrella term for our niche: [MIPSI](#) (Minimally Invasive Pain & Spine Interventions)

From the Secretariat

In this era of Evidence-Based Medicine (EBM), Pain Medicine—still evolving as a super-specialty—faces the challenge of building a solid research foundation. But where will this evidence come from if not from us? It is our collective responsibility to generate high-quality, reproducible research that earns global credibility. We strongly encourage you to contribute to the Indian Journal of Pain (IJP), now proudly indexed in Scopus. Submissions such as systematic reviews, meta-analyses, randomized controlled trials (RCTs), prospective/retrospective studies, and case series are particularly valuable. While case reports are welcome, they offer limited contribution to the overall evidence pool.

Today, ISSP proudly stands as one of the world's largest professional bodies of Pain Physicians. The international medical community increasingly looks to India for skilled, well-trained professionals in this field. It is with pride that we share the news of AIIMS Mangalagiri joining AIIMS Rishikesh and Gorakhpur as the third institute offering a DM in Pain Medicine. In addition, many institutions are now offering FNB in Pain Medicine, and our FIAPM Fellows continue to make impactful contributions across academic and clinical domains.

Our academic wing, the Indian Academy of Pain Medicine (IAPM), under the able guidance of Dean Dr. Madhuri Lokapur and Registrar Dr. Pankaj Surange, along with our dedicated Governing Council Members, is delivering world-class education through weekly online classes conducted by some of the finest faculty in the field.

Our annual national conference—ISSPCON—is more than an academic gathering. It serves as a vital platform for showcasing our specialty to industry stakeholders and the general public. After the outstanding success of ISSPCON 2025 in Jabalpur, we now look ahead with great enthusiasm to ISSPCON 2026 in Hyderabad. We urge all members to register early, promote the event, and help us create another landmark occasion in our journey.

We also request you to subscribe to and share ISSP's content across Facebook, LinkedIn, Instagram, YouTube, and X. Together, we can magnify our presence and bring Pain Medicine to the forefront of public and professional discourse.

Let us continue this transformative journey with a shared vision, unwavering determination, and an unyielding commitment to excellence in Pain Medicine.

Jai Hind
Long live ISSP

Prof. Dr Anurag Agarwal
Hon. Secretary, ISSP



Dr Rohit Lahori
Treasurer, ISSP

Dr Rohit Lahori
Hon. Treasurer, ISSP

President's Message



Dr Krishna Poddar

President ISSP

As a progressive specialty we have carried forward successfully the many programs initiated by my illustrious predecessors. The main aim of our society is to make Pain medicine as super specialty of Anesthesiology, for this purpose our secretary with few other members have visited NMC director and we are in continuous efforts. At present we have DM Pain medicine in three of AIMS and FNB in five Institutes.

Our national secretary Dr Anurag Aggrawal with our treasurer Dr Rohit Lahori is working hard to set the office in order. I want to commend secretary ISSP Dr Anurag Aggrawal for his tireless efforts to bring this news letter well in time. In this newsletter, we highlight some of our notable initiatives by our state and city chapters. I am proud to see our members actively engaged in these efforts, sharing their expertise and contributing to our collective growth.

I congratulate Dr. Samarjit Dey our formal editor for making IJP scopes indexation. Our Editor Dr Gaurav Sharma is working hard for smooth and in-time publication of IJP. It is collectivity and unity of purpose which remain the strength of our organisation. As we move forward, I would like to emphasize the importance of multidisciplinary collaboration, education, and research in improving pain care. We are organizing weekly webinar for IAPM students and for all. Thank you our dean Dr Madhuri Lokapure, Registrar Dr Pankaj Surange and whole IAPM team.

I encourage you to engage in more academic activity and contribute to our mission.

Dear esteemed members of the Indian Society for the Study of Pain,

Namaste,

It gives me great pleasure to greet you through our news letter. At the outset let me express my sincere thanks for giving me an opportunity to serve as president of our own ISSP.

It is my privilege to lead our society in its mission to advance pain research, education, and awareness in India. Over the past years, we have made significant progress in promoting awareness about pain management, fostering collaboration among professionals, and supporting innovative research.



...President's Message

Formation of new city chapters and increasing our membership is essential to amplify our advocacy efforts. Gautam Buddha Nagar and Gorakhpur city chapters were formed recently. I thank my immediate past president Dr Sunita Lawange who have initiated lot of measures for qualitative growth of society. I would like to express my sincere gratitude to our GC team members, IAPM GC , Leaders of all city and state branches and all members for their tireless efforts and dedication to our mission. Together, we can make a meaningful difference in the lives of those affected by pain.

These are some of my thoughts I wish to share with you all. I invite everyone to participate in the process and feel free to E-Mail suggestions ,criticism to meet move forward.

Thank you for your commitment to ISSP. I look forward to receiving your valuable contribution to strengthen our mission.

Best regards,

Dr Krishna Poddar
President ISSP



IAPM – Dean’s Message



Dr. Madhuri Lokapur
Dean, Indian Academy of Pain Medicine

Dear Colleagues & Students,

Greetings!

This year, there has been a change of guard at IAPM.

I welcome Dr. Pankaj Surange as our new Registrar. I take this opportunity to thank Dr. Debjyoti Datta for his contribution to IASP for the last three years.

As the science of Pain Medicine evolves, we need to make changes to our curriculum. We have updated our current course curriculum and you can access it on our website. We are in the process of coming out with our Manual of Pain Medicine which gives an excellent overview about our specialty.

We started this year with record number of candidates appearing for the FIAPM examination.

I was very happy to get a positive feedback from the candidates about the excellent educational lectures arranged by IAPM faculty.

I take this opportunity to thank the IAPM EC members and the all the IAPM accredited centre in-charge Pain Physicians for their tremendous contribution to the education of our special

Warm regards,

DR. MADHURI LOKAPUR
Dean, Indian Academy of Pain Medicine

IAPM – Registrar Message



Dear Colleagues,

It is with great honour and responsibility that I took over as the Registrar of the Indian Academy of Pain Medicine (IAPM) in February 2025. I feel privileged to contribute to the academic and ethical growth of Pain Medicine in India, and I sincerely thank the members of our National body Indian Society for Study of Pain for giving me this important role.

At the core of IAPM's mission lies education and standardisation—the foundation for building a strong and trusted pain practice in our country. We have already begun structured online lecture series, open to all members, to strengthen both basic and advanced knowledge in interventional Pain Medicine. The Fellowship certification exam – FIAPM continues to be a key milestone for young practitioners to build credibility and confidence in their skills.

Dr. (Major) Pankaj N Surange
Registrar, IAPM

Looking ahead, my goals for the next three years are both important and necessary:

- **Advanced Certification Programs:** We are working on specialised training and Certification programs for Pain Physicians who want to practice Minimally Invasive Spine Endoscopic Pain Procedures (MisEpp), Vertebral augmentation, and Implantable devices. These courses and certifications will also focus on medico-legal safety and standard protocols, helping doctors follow safe and responsible practice.
- **Indian Guidelines on Pain Procedures:** One of the biggest responsibilities of IAPM body is to create Indian guidelines for specific pain conditions and procedures. These guidelines will help bring uniformity in practice across the country, ensure patient safety, and help stop misuse or overuse of interventional procedures. By following clear and scientific rules, we will build more trust among patients, fellow doctors, and authorities.
- **Strengthening the Academic Wing:** Under IAPM, we will continue to grow our academic activities through regional workshops, online CME programs, collaborative research, and global partnerships. A strong academic base will keep our members updated and ready for future challenges.

I request all ISSP members to actively take part in these academic efforts and share their experience to build a responsible and growing interventional pain practice across India.

Let us all work together to take Indian Pain Medicine to greater heights—scientific, ethical, and respected across the world.

Warm regards,

Dr. (Major) Pankaj N Surange
Registrar, Indian Academy of Pain Medicine (IAPM)

ISSP - Editor in Chief Message



It is with immense gratitude and a deep sense of responsibility that I begin the journey as Editor-in-Chief of the Indian Journal of Pain, the official publication of the Indian Society for Study of Pain (ISSP). I thank the ISSP Governing Council, past editorial teams, reviewers, and contributors who have tirelessly worked to uphold the scientific standards and visibility of the journal.

It is a moment of pride for all of us that the Indian Journal of Pain is now indexed with Scopus, a milestone that reflects our collective dedication to advancing pain medicine research and practice in India and beyond.

As we move forward, the journal will continue to emphasize high-quality original research, reviews, and case studies with a special focus on chronic pain syndromes—including spine, musculoskeletal, nerve and cancer-related MIPSIs. We aim to strengthen our international presence, improve review timelines, and foster collaborative scholarship among clinicians, academicians, and researchers.

Prof. Dr. Gaurav Sharma
Editor-in-Chief

I invite all members of the ISSP and the wider Pain Physicians community to contribute actively to the journal—be it through manuscript submissions, peer review, or sharing constructive feedback. I also request to all researchers of Pain Medicine to exclusive 'ISSP Coding terminology' for all MIPSIs in your manuscripts, it's available on ISSP official website www.issp-pain.org for the reference.

Together, let us continue to elevate the voice of Indian diaspora of Pain Medicine on the global academic stage.

Long Live ISSP!

Warm regards,

Prof. Dr. Gaurav Sharma
Editor-in-Chief
Indian Journal of Pain

ISSP UPDATES 2025

ISSP Secretariat Update (as of 7 June 2025)

Membership Growth

- Total Registered Members (till 7 June 2024): **3,475**
- New Members Added (10 Feb – 7 June 2025): **84**

New City Branches Added

We're pleased to announce the addition of two new city branches:

1. Gautam Budh Nagar Branch

- President: Dr. Mukul Jain
- Secretary: Dr. Samiksha Khanuja | 7023397398
- Treasurer: Dr. Amrit Kaur

2. Gorakhpur Branch

- President: Dr. Vikram Vradhan
- Secretary: Dr. Ravi Shankar Sharma
- Treasurer: Dr. Ganesh Nimje

Total Active Units: 14 State Chapters | 22 City Branches

The interest in forming new branches continues to grow, reflecting the rising enthusiasm and expansion of ISSP. The Secretariat remains committed to supporting these initiatives.

Software & Member Portal Updates

- Branches/Chapters now receive automated emails upon addition of new members.
- Members can:
 - Download ISSP ID cards and membership certificates
 - Access the Indian Journal of Pain (IJP) and newsletters
 - Update personal details (address, email, etc.)
 - Access all documents through this link: [Download Portal](#)

Public Awareness & Patient Education

- Educational materials (videos, leaflets in 8 regional languages, and PPTs) are now available for public use: [👉 Access Here](#)
- ISSP has launched and is actively updating its social media accounts. All members are encouraged to follow and share ISSP content.

... ISSP UPDATES 2025

Key Meetings & Events

- ISSP & IAPM GC and AGBM held at Jabalpur:
 - GC: 6–7 February 2025
 - AGBM: 8 February 2025
 - Felicitation Ceremony for new office bearers: 9 February 2025
 - Conducted under the leadership of:
 - Dr. Sunita Lawange (President)
 - Dr. Pravesh Kanthed (Hon. Secretary)
- Elections were successfully conducted under Election Officer Dr. Muralidhar Joshi

Celebration of Awareness Days

The ISSP Secretariat's initiative will continue to celebrate various important health awareness days continues to grow. Events included:

- World Trigeminal Neuralgia Awareness Day
- Global Day Against Pain
- World Arthritis Day
- World Spine Day
- World Osteoporosis Day

Customizable social media creatives will again be sent to you all to use them to promote awareness by adding their name and credentials.

We extend heartfelt thanks to all members for their continued dedication and support. For any assistance in forming new branches or accessing resources, please contact the ISSP Secretariat.

Long Live ISSP!!

IAPM UPDATES 2025

IAPM Accredited Centre Status Update

Newly Accredited Centers

The following centers have recently been granted IAPM accreditation:

- Daradia Pain Clinic, Kolkata
- The Painex Clinic, Pune

The Painex Clinic, Pune Current List of IAPM Accredited Centers

- V.S Pain Management Centre, Rohtak, Haryana
- Artemis Hospital, Gurgaon
- Bhopal Spine and Pain Relief Center, Bhopal
- Cheers Multispecialty Hospital, Ahmedabad
- Choithram Hospital & Research Centre, Indore
- Cortex Spine and Pain Care, Kozhikode
- Epione Pain Management Centre, Hyderabad
- Health Village Hospital, Bhubaneswar
- Jaslok Hospital and Research Centre, Mumbai
- JSS Medical College Hospital, Mysuru
- Krishna Institute of Medical Sciences, Karad, Sekendrabad
- Painex & Multispecialty Hospital, Pune, Maharashtra
- Praanaa Pain Clinic, Nashik
- SMBT Institute of Medical & Research Centre, Nashik
- Sparsh Centre, Indore
- The Ashirvad Institute, Dadar, Mumbai
- Varma Union Hospital Centre of Pain Relief, Indore
- Advanced Pain Care Clinic, Surat
- Daradia Pain Clinic, Kolkata

IAPM Exit Exam- January 2025

Conducted in Bharti Hospital Pune on 12th January 2025

- 23 candidates appeared in the exam.
 - 9 - IAPM Candidates
 - 5 - Senior Pain Physicians
 - 9 - Non- IAPM candidates
- All Candidates passed the exam
- Dr. Eeshana Achar secured the Gold Medal award by scoring highest marks among regular IAPM candidates



...IAPM UPDATES 2025

IAPM Entry Exam – July 2025 Batch Update

To fill the vacant positions from the January batch, the **Indian Academy of Pain Medicine (IAPM)** conducted an additional Entry Exam for the July 2025 batch.

Out of 11 qualified candidates, **5 have opted** for the **remaining and newly added training centres**. These selected candidates are expected to join their respective institutes shortly.

Long Live ISSP!!



ISSP State Chapter Activities



.. ISSP State Chapter Activities

Karnataka State Chapter

ACTIVITIES OF THE SOCIETY

MONTHLY WEBINARS BY KARNATAKA ISSP

Webinar Title	Date	Time	Speakers	Moderator
KARNATAKA ISSP (KISSP) INVITES YOU FOR WEBINAR ON CANCER PAIN MANAGEMENT	26TH NOVEMBER, 2024 TUESDAY	7:00 PM	Dr. Raghavendra Ramanjulu Lead Consultant - Pain, Palliative Medicine and Rehabilitation, Aster Healthcare, Bengaluru Topic: Pharmaceutical Management of Cancer Pain and NPS act - An Overview Dr. Sunny Malik Consultant in Charge - Pain management, Hospice care & Palliative Medicine, Rajiv Gandhi Cancer Institute & Research Centre, New Delhi Topic: Interventions in Cancer Pain Management	Dr. Prashanth R Putran Consultant - Pain and Palliative Medicine, Sri Sankara Cancer Foundation, Bengaluru GO Member, ISSP Karnataka Dr. Pratiha Matche President ISSP Karnataka Dr. Sadasivan Iyer Hon Secretary ISSP Karnataka
KARNATAKA ISSP (KISSP) INVITES YOU FOR WEBINAR ON EVALUATION OF HIP PAIN AND MANAGEMENT	24TH DECEMBER, 2024 TUESDAY	7:00 PM	Dr. Rajendra Kumar Sahoo MBBS, MD, CIPS, USAL, ASRA-PMAC, FPM, Fellowship in Pain Medicine (University of Toronto) Consultant Pain & Palliative Care at KIMS Hospital, Bengaluru Topic: Clinical Evaluation of Patient With Hip Pain Dr. Anand Murugesan MD, FPM, FIPP, GIPS Senior Consultant Department of Anaesthesia and Pain and Palliative care in Apollo Main Hospital, Chennai. Topic: Interventional Pain Management For Hip Pain Dr. Satish Kumar MN MD, FPM, FPM, FICM Assistant Professor, Dept Of Anaesthesia, Critical Care And Pain Medicine, Bangalore Medical College And Research Institute, Bengaluru GC Member, ISSP Karnataka	Dr. Pratiha Matche President ISSP Karnataka Dr. Sadasivan Iyer Hon Secretary ISSP Karnataka
KARNATAKA ISSP (KISSP) INVITES YOU FOR WEBINAR ON KNEE PAIN	28TH JANUARY, 2025 TUESDAY	7:00 PM	Dr. Surbhi Bhagat Consultant Interventional Pain Physician, Orbus Renew Regenerative Orthopaedic Center, Mumbai Topic: Clinical evaluation of Knee Pain Dr. Karthic Natarajan Consultant, Interventional Spine, Pain & Regenerative Medicine, Sanjeev Pain & Spine Clinic, Chennai Topic: Management of Knee Pain Dr. Ashwini G S Professor, Ramanthra Medical College & Hospital, Krishna Pain Management Centre, Chitradurga, GC Member, ISSP KARNATAKA	Dr. Pratiha Matche President ISSP Karnataka Dr. Sadasivan Iyer Hon Secretary ISSP Karnataka

KARNATAKA ISSP (KISSP) INVITES YOU FOR WEBINAR ON ANKLE & FOOT PAIN

SPEAKERS

Dr. Saema Janardhan
Consultant MSK and Interventional Radiologist, Xpert Health Services, & Manipal Hospitals Bengaluru
Topic :- Ultrasound Evaluation of Ankle and foot

Dr. Sudhakaran R
Consultant Interventional Pain & Spine, Muthus Group of Hospitals, Coimbatore
Topic:- Interventions for Ankle & Foot Pain

MODERATOR

Dr. Sadasivan Iyer
Consultant Anaesthesia and Pain Management, Manipal Hospitals, Bengaluru

Dr. Pratiha Matche
President
ISSP Karnataka

Dr. Sadasivan Iyer
Hon Secretary
ISSP Karnataka

25 TH MARCH 2025
TUESDAY | 7:00 PM

Click the meeting link to join the webinar | Join the Webinar Scan QR Code

<https://us06web.zoom.us/j/870134962677?pwd=1p3eLpbaborbS1hGaEdCknAUNU7AF1>

KARNATAKA ISSP (KISSP) INVITES YOU FOR WEBINAR ON PROLOTHERAPY & USGDN

SPEAKERS

Dr. Lakshmi Vas
Ashirvad Institute for Pain Management, Mumbai
Topic: The Science and art of Ultrasound guided Dry Needling

Dr. Vikram Rajguru
The Prolotherapy Clinic, Pune
Topic: Injecting Hope: Prolotherapy for Chronic Pain

MODERATOR

Dr. Khaja Javed Khan
ALGOS Multiplespecialty Pain Clinic, Bengaluru

Dr. Pratiha Matche
President
ISSP Karnataka

Dr. Sadasivan Iyer
Hon Secretary
ISSP Karnataka

29TH APRIL 2025 TUESDAY | 7:00 PM

Click the meeting link to join the webinar | Join the Webinar Scan QR Code

<https://us06web.zoom.us/j/870134962677?pwd=1p3eLpbaborbS1hGaEdCknAUNU7AF1>

... ISSP State Chapter Activities

...Karnataka State Chapter

ISSP Karnataka received Runner up state chapter prize during ISSPCON 2025 at Jabalpur



Dr. Pratibha Matche was the invited as a faculty for the annual congress of the Neuromodulation society-TNS Congress held in November 2024 at Bengaluru.

Dr Pratibha Matche, Moderated panel discussion on Cervicogenic Headache during the National Pain Conference ISSPCON 2025 at Jabalpur in Feb 2025



Dr Pratibha Matche delivered talk on Dequervein's tenosynovitis Vs Intersection Syndrome during the National Pain Conference ISSPCON 2025 at Jabalpur. She also moderated the IAPM fellows session

... ISSP State Chapter Activities

...Karnataka State Chapter

Dr. Bhairavi Fellow in Pain Medicine at JSS Medical College hospital Mysuru received prize for poster presentation on Efficacy of Extended PRF in Acute Herpes Zoster at ISSPCON Jabalpur under the guidance of Dr. Pratibha Matche



As the President of the Karnataka ISSP, Dr Pratibha Matchewas invited to adress Nursing students on Pain Management organized by the JSS college of Nursing, Mysuru

On the occasion of Woman's day on 8th March 2025, Dr. Pratibha Matche adressed women on "Women's Health and Chronic Pain in females"



Dr. Sowmya Ln has passed her JSSAHER university fellowship examination in Pain Medicine and was awarded the FIPM degree at JSSAHER , Mysuru. She was trained under Dr. Pratibha Matche.

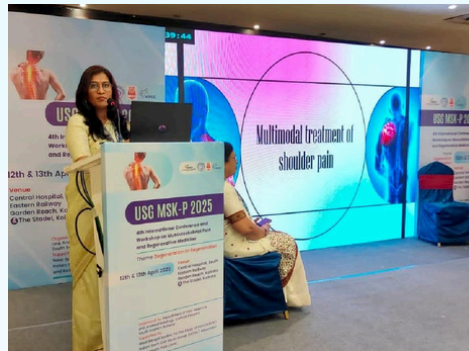
... ISSP State Chapter Activities

...Karnataka State Chapter



Dr. Pratibha Matche was invited for the 4th International MSK and Regenerative conference & workshop at Kolkata to teach MSK ultrasound imaging of the shoulder.

Dr. Pratibha Matche moderated the session on Multimodal management of shoulder pain during the 4th International MSK and Regenerative conference & workshop at Kolkata. She also chaired session on knee pain.



Dr. Pratibha Matche was invited as the External Examiner for the Pain Medicine Fellowship at D.Y. Patil University, Nerul Navi Mumbai.

... ISSP State Chapter Activities

...Karnataka State Chapter

Dr. Nazeer Ahmed Kudligi was invited as a faculty for Fluoroscopic and Ultrasound guided cadaveric workshop in MIPSICON at D.Y.Patil University



NAVODAYA EDUCATION TRUST
Navodaya Medical College Hospital & Research Center
Mantalyam Road, Navodaya Nagar, Raichur, Karnataka - 584103

DEPARTMENT OF ANAESTHESIA

Cordially invite all the faculty members,
Postgraduate students, CRMI Interns & Paramedical Students to attend

WEBINAR

Evaluation of Chronic Pain

CHIEF GUEST
Sri.S.R.REDDY
Hon'ble Chairman
Navodaya Education Trust, Raichur

GUEST SPEAKER
Dr. NAZEER AHMED
Interventional Spine & Pain Physician,
HAA/JRAH SPINE & PAIN CENTRE, Vijayapura (INDIA)
Professor of Anaesthesiology & Incharge of Pain Management Clinic
at AL AMEEN MEDICAL COLLEGE

GUEST OF HONOUR
Dr. T.SRINIVAS
Registrar
N.E.T.ROR

Dr. ARUN K N
Medical Superintendent,
NPHC & RC

PRESIDED BY
Dr.B.DEVANAND
Dean/Principal,
NPHC, RC

Dr. RAMESH BABU
Professor & H.O.D
Dept. of Anaesthesiology,
Critical Care NPHC & RC

DATE: 12th Feb 2025 **TIME: 03:00 PM TO 5:00 PM**
VENUE: AV HALL - DIGITAL LIBRARY

Dr. Nazeer Ahmed K. was invited as faculty to deliver a talk on "Evaluation of Chronic Pain" to postgraduates and staff of department of Anaesthesiology at Navodaya Medical College, Raichur



Dr. Ashwini GS Invited as Guest speaker for World Cancer Day celebration at SJM College of Pharmacy, Chitradurga

... ISSP State Chapter Activities

...Karnataka State Chapter



Dr. Ashwini GS successfully conducted free cancer pain management camp on 6 Nov, 2024 in collaboration with inner wheel club and HCG Hospital at Chitradurga

Dr. Javed at ALGOS Multispeciality Pain Clinic, Bengaluru organised Medical Camp for patients every month.



Dr. Javed in association with LIONS Club Madanapalle organised an Awareness Medical Camp for patients. it was covered by MCTV News Live.

... ISSP State Chapter Activities

...Karnataka State Chapter

Dr. Javed organised a Workshop on USG Dry Needling in December 2024.



Dr. Javed organised a Workshop on MSK USG of Lower limb April 2025.

Dr. Satish Kumar MN was invited as a faculty for USG workshop on SPINE interventions from ALGOSACADEMY on 1/12/2024



Dr. Satish Kumar MN was invited as a faculty for CME & workshop on Chronic pain organized by MVJ medical college on 07/12/2024. He delivered a talk on Trigeminal neuralgia

... ISSP State Chapter Activities

...Karnataka State Chapter



Dr Satish Kumar MN was invited as a guest faculty for delivering a talk on radiofrequency ablation, organized by Kodagu institute of medical sciences on 07/12/2024.

Dr Satish Kumar MN was invited as a faculty for delivering a talk on Chronic Post Surgical Pain, organized by AORA



Dr Satish Kumar MN was invited as a faculty for ISSPCON 2025 held at Jabalpur from 6th-9th Feb . He Delivered a talk on Post Cesarean and Hysterectomy pain.

ಡಾ. ರಾಧಿಕಾ ಪಿ.
 MBBS, MD, DNB (ANAES),
 FIAPM (GOLD MEDAL), CCEPC, ECFM (FRC)
 974321 3619 | radhikadev@gmail.com

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ನಮ್ಮ ಆರೋಗ್ಯಧಾಮ, ಹಬ್ಬನಹಳ್ಳಿ | ಸೆಪ್ಟೆಂಬರ್ 19, 20
 8431 94 5297 | 10:00 am to 12:00 pm

ಧನ್ಯಂತರಿ ಆಸ್ಪತ್ರೆ, ಹುಬ್ಬಳ್ಳಿ | ಸೆಪ್ಟೆಂಬರ್ 19, 20
 9481 58 2787 | 2:00 pm to 4:00 pm

Dr Radhika conducted awareness programmes at Sullia /Puttur

... ISSP State Chapter Activities

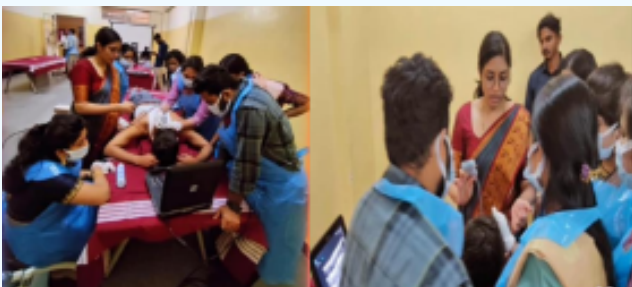
...Karnataka State Chapter

Dr. Radhika D was Invited as a faculty in ISSPCON 2025 JABALPUR, to deliver a talk on "ROLE OF STELLATE GANGLION BLOCK IN PAROXYSMAL VENTRICULAR TACHYCARDIA REFRACTORY TO MEDICATIONS. She received 1st Prize in debate at IAPM session



Dr. Radhika D was invited as a faculty in a CME on Chronic Pain Management organized by Dept of Anesthesiology at MVJ Medical college , Bangalore - to deliver a talk on "PHARMACOLOGY'S ARSENAL - TOOLS FOR TACKLING PAIN "

Dr. Shubha V Hegde was Invited as a faculty in ISSPCON 2025 JABALPUR, to deliver a talk on " ROLE OF PROLOTHERAPY IN SHOULDER TENDINOPATHIES".1st Prize in debate at IAPM session .Presented a poster in ISSPCON 2025 JABALPUR



Dr. Shubha V Hegde was invited as a faculty in a CME on Chronic Pain Management organized by Dept of Anesthesiology at MVJ Medical college , Bangalore- to deliver a talk on " THE PAINFUL SHOULDER: A PRACTICAL APPROACH" and also be a faculty for the workshop.



... ISSP State Chapter Activities

...Karnataka State Chapter



Dr. Priyanka Chougule conducted pain awareness and check up camp at government PU college, kerur, chikkodi. She educated students about Pain Medicine



Dr. Priyanka Chougule was invited as a faculty in ISSPCON 2025 JABALPUR, to deliver a talk on "Differentiating discogenic pain from SI joint pain".



Dr. Priyanka Chougule was invited as faculty at CME conducted in GIMS, GADAG. She delivered talk on "Interventional pain relief in musculoskeletal pain"

... ISSP State Chapter Activities

Kerala State Chapter

Minutes EC Meet -27-1-25

An online Zoom meet was done to decide on the new treasurer post as the previous treasurer who was decided in the AGM was inconvenienced to take up the post officially. It was attended by 9 members.

The President Dr Unnikrishnan called the meeting to order. The Secretary Dr Tisha welcomed the council and invited suggestions for the post of the Treasurer. Dr Firoz Khan was selected unanimously for the post.

Discussion regarding the conduct of KSSPCON 2025 was done. Meeting was closed with vote of thanks by Dr.Nishad P K.

Office Bearers

President : Dr. Unnikrishnan

Vice President : Dr. Nishad P K

Hon Secretary : Dr. Tisha Ann Babu

Treasurer : Dr. Firoz Khan

Executive Committee

Dr. Harindran N

Dr. Najwa P T

Dr. Rajesh M C

Dr. Shalina Chandran

Dr. Vineetha .Gopal

... ISSP State Chapter Activities

West Bengal State Chapter

Greetings from West Bengal Society for the Study of Pain (WBSSP), West Bengal State Branch of Indian Society for the Study of Pain (ISSP). We, the proud members of WBSSP, are continuing the educational and awareness activities for upliftment of Pain Medicine discipline in our society. The month-wise activities are as follows.

WBSSPCON 2024-25 (14th & 15th DECEMBER)

The Annual State Conference of West Bengal Society for the study of Pain (WBSSPCON 2024-25), held on 14th & 15th December 2024 at Daradia - The Pain Clinic, New Town, Kolkata. Dr Sushpa Das (Organising Secretary WBSSPCON 2024-25), Dr Avijit Banerjee (Organising Chairperson), Dr Gargi Nandi (Scientific Chairperson), Dr Debolina Ghosh (Hon. Secretary, WBSSP) and their team really made huge effort to make it a grand success. National President of ISSP Dr. Sunita Lawange graced the inauguration ceremony as Chief Guest. Dr. Krishna Poddar, President-Elect of ISSP also graced the session. A beautiful thought-provoking Presidential Oration was delivered by Dr. Subrata Ray – Past President, WBSSP.

On 14th December a Hands-on-workshop was successfully conducted on USG scanning on volunteers & fluoroscopy guided pain interventions. Eminent experts from all over India shared their knowledge and expertise with the delegates. Inaugural program and past president felicitation program WBSSP on the same day evening. It was followed by the Annual General Body Meeting and Election. ISSP President-elect Dr Krishna Poddar was appointed as election officer by the General Body members.

Formation of new EC: Newly elected members are as follows:

- President: Dr Avijit Banerjee,
- Vice-President: Dr Sanjay Patawari
- Hon. Secretary: Dr Debolina Ghosh
- Hon. Joint Secretary: Dr Biplab Sarkar
- Hon. Treasurer: Dr Debasish Jatua
- Scientific Secretary: Dr Gargi Nandi

Executive Committee members:

Dr. Piyali Mondal Basak, Dr Samir Basak, Dr Sayanee Mukherjee, Dr Saswati Mukherjee, Dr Manish De, Dr Manglik Das, Dr Arpita Choudhury, Dr. Abhirup Nayek, Dr. Dipak Kumar Dash

Dr Avijit Banerjee, President of the newly formed EC, delivered an introductory speech and encouraged everyone to increase academic activities in the coming year.

... ISSP State Chapter Activities

...West Bengal State Chapter

Next day, on 15th December there were highly interactive seven panel discussions on common pain conditions faced by Pain Physicians. There were also three lectures by national faculties – Dr. Sunita Lawange, Dr. Hashita Surange, Dr. Naveen Malhotra. Many other national faculties also took part in this conference. Online streaming of the entire conference (Day 2) was done, which too had an overwhelming number of participants on Zoom platform.

It was a well-attended academic extravaganza with participation of approximately over 100 delegates and eminent faculties from various part of West Bengal and India. Excellent feedbacks from all the delegates and faculties were obtained.



Flag hoisting at WBSSPCON 24-25



Respected past presidents of WBSSP were facilitated



Some pictures of Hands on Workshop on USG and Fluoroscopy guided pain interventions



Paper presentation by fellow



Lamp lighting during inauguration ceremony

... ISSP State Chapter Activities

...West Bengal State Chapter



Inauguration ceremony of WBSSPCON 2024-25



*Presidential oration delivered by Dr Subrata Ray,
Past President, WBSSP*



Interactive panel discussions on common pain conditions by national and state faculties



Grand success of WBSSPCON 2024-25

... ISSP State Chapter Activities

...West Bengal State Chapter

CME on 'Currently practiced Pain intervention in India & Australia'

ESI Institute of Pain Management (EIPM), Kolkata successfully conducted a CME on 27th January, 2025 in association with West Bengal Society for the study of Pain (WBSSP) at ESI Hospital, Sealdah.

Dr. Rajib Dutta (CCT, FRCA, FFPMRCA, FFPMANZCA), Pain Management Specialist from Sydney Pain Centres, talked about "Currently Practiced Pain Intervention in India & Australia. The similarities & the differences from a medico-legal perspective". He also shared his vast experience of working on pain management in different countries.

Dr. Shyamasree Dutta, Head of the Department, Western Sector Community, Medical Health Services, Sydney Local Health District, Canterbury Community, Mental Health Services, NSW Australia, delivered a lecture on "Anxiety and Depression in Chronic Pain Patients - Assessment & Management". She discussed the huge psychological burden of chronic pain patients such as anxiety, depression etc. and its management part also. Both sessions were highly interactive and enriching.

Dr. Shyamal Sarkar, President of West Bengal Society of Palliative care; Dr. Debasish Jatua, in charge Pain & Palliative care unit - Chittaranjan National Cancer Institute, Kolkata; Dr Sucheta Saha, Consultant Psychiatrist; Dr. Aditi Das, Superintendent - ESI Hospital, Sealdah and Dr. Suchandra Mondal, Asst. Superintendent, ESI Hospital, Sealdah were the eminent dignitaries. More than thirty doctors of different specialties and nurses attended the CME.



Dr. S Dutta being felicitated by Dr Aditi Das, Dr Gargi Nandi and Dr Shyamal Sarkar



Dr. Rajib Dutta delivering his lecture

... ISSP State Chapter Activities

...West Bengal State Chapter

Free Health Camp cum Awareness Camp:

WBSSP organized a free health camp at UNNAYANI SANGHA CLUB on 01st February 2025 - especially for pain patients and others. Awareness talk was given for the people gathered over there. Few other basic services were also provided by paramedics to serve the society. From WBSSP reputed pain and palliative care specialists – Dr. Debolina Ghosh, Dr. Debasish Jatua, Dr. Manglik Das, Dr. Abhisek Nag were present in the campaigning and health check-up program. More than 40 patients of various chronic pain diseases visited the health camp.



Free health cum awareness camp participated by eminent Pain Physicians of WBSSP

Participation in ISSPCON 2025:

A large number of members from WBSSP participated in national conference ISSPCON 2025 held at Jabalpur on 6th - 9th February 2025.

Our beloved past president of WBSSP, Dr. Krishna Poddar – president-elect, became the President of ISSP. It is highly prestigious for all the members of WBSSP. In this national conference, WBSSP received Best State branch award.

WBSSP also won the national conference bidding for 2027. WBSSP got the opportunity to organise the national conference 2027 in Kolkata, West Bengal. So, our state chapter is taking full-blown preparation for ISSPCON 2027 in Kolkata.



WBSSP receiving best state chapter award at WBSSPCON 2024-25



Handover of presidential medal to Dr. Krishna Poddar



... ISSP State Chapter Activities

...West Bengal State Chapter



WBSSP past president, Dr Krishna Poddar as President, ISSP

Awareness program on 'Role of Yoga, Mindfulness & Music Therapy for Pain & Palliative Care patients'

An online awareness program was arranged on 29th March, 2025 – on 'Role of Yoga, Mindfulness & Music Therapy for Pain & Palliative Care patients' for both the medical fraternity and the common people of the society. Speakers were – Dr. Arghya Mukherjee (Algiatrist), Dr. Anirban Pal (Mindfulness), Mr. Santanu Chakraborty (Music Therapy), Madhuria Roy (Yoga & Meditation) – Session was moderated by Dr. Sayanee Mukherjee and Dr. Sanjay Patawari. Dr. Krishna Poddar, President - ISSP gave the welcome address. Dr. Anurag Agarwal, Hon. Secretary – ISSP shared his valuable insight. More than 50 physicians of various specialities and many people joined the program on – Google meet & YouTube platform. This program had a wonderful response and feedback from the society.



Panellists and audience in online meet

... ISSP State Chapter Activities

...West Bengal State Chapter

CME & Workshop on "Recent Trends in Managing Pain"

Department of Anesthesiology in Collaboration with the Department of Anatomy, Mata Gujri Medical College, Kishanganj, Bihar, Organized a CME & Workshop on "Recent Trends in Managing Pain" on 5th and 6th April 2025

The event featured a CME on Day 1 and a Cadaveric Hands-on Workshop on Day 2. Renowned interventional Pain Physicians from prestigious institutions across the country, including AIIMS Mangalagiri, SMS Medical College Jaipur, PGIMS Rohtak, NEIGRIHMS Shillong, and ESI-PGIMSR Kolkata, participated as faculty, enriching the event with their expertise.

Distinguished faculty members included:

- Dr. Samarjit Dey, Joint Secretary, ISSP
- Dr. Gaurav Sharma, Editor-in-Chief, Indian Journal of Pain
- Dr. Debolina Ghosh, Secretary, WBSSP

The event received an overwhelming response, with 140 delegates from various institutions, such as:

- BP Koirala Institute of Medical Sciences, Dharan (Nepal)
- Katihar Medical College
- AIIMS Patna, IGIMS Patna
- Sikkim Manipal Medical College
- Lord Buddha Medical College, Saharsa
- North Bengal Medical College, Malda Medical College, RG Kar Medical College
- MGM Medical College, Kishanganj

The attendees included PG students and professionals from the fields of Anesthesiology and Pain Medicine.

This was the first dedicated CME & Workshop on Pain Management in the region and likely the first of its kind in Bihar. The success of the event was made possible by the relentless efforts of Organizing Secretary Dr. Sayan Manna (Assistant Professor, Dept. of Anesthesiology & In-Charge of Pain Clinic, MGM Medical College; Member, WBSSP) and his dedicated team.



Enthusiastic members of WBSSP with organising secretary Dr Sayan Manna

... ISSP State Chapter Activities

...West Bengal State Chapter



USG demonstrations on volunteers and cadavar by faculties from WBSSP



Lecture deliberation by members of WBSSP

... ISSP State Chapter Activities

...West Bengal State Chapter

USG MSK-P 2025

The Department of Pain Medicine at Central Hospital, South Eastern Railway, with the support of the Anaesthesiology, Plastic Surgery, and Radiology departments, organized the 4th International Conference and Workshop on Musculoskeletal Pain and Regenerative Medicine (USG MSK-P 2025). This event was held in association with the West Bengal Society for the Study of Pain (WBSSP), Indian Stem Cell Study Group (ISCSG) Association, and Kolkata Pain Clinic at Central Hospital, South Eastern Railway, Garden Reach, Kolkata on 12th and 13th April 2025.

On 12th April 2025, a USG-MSK-P LIVE workshop was conducted at Central Hospital. The conference was held on 13th April 2025 at The Stadel, Kolkata, West Bengal. Thirty-eight faculty members from various specialties, including Pain Medicine, Anaesthesiology, Orthopedics, PM&R, General Surgery, and Cardiology, along with forty-two delegates from across India, actively participated in the events. This year's theme was "Degeneration to Regeneration." The West Bengal Medical Council (WBMC) awarded 9 CME credit hours to delegates who attended both the workshop and the conference. The event was a grand success.



Live demonstration from OT on orthobiologics procedures

Eminent dignitaries and enthusiastic audience



... ISSP State Chapter Activities

...West Bengal State Chapter



Panel discussions - Panellists, chairpersons, moderator, and organizing chairperson



Grand success of the program with the presence of delegates, faculties

Long live WBSSP, long live ISSP, long live IASP.

ISSP City Branch Activities

Chandigarh City Branch

Pain is a multifaceted sensory and emotional experience that can vary greatly from person to person. Pain perception can be influenced by multiple factors including biological, psychological, social, and cultural factors that affects its evaluation and treatment. By exploring these influences, we can gain insight into the complexity of pain and develop more holistic approaches to pain management. Addressing the systemic barriers and promoting gender-sensitive approaches to pain assessment and treatment, the International Society of Study of Pain (ISSP) declared “sex and gender disparities in pain” as the 2024 global year theme.

The Chandigarh ISSP branch arranged a poster display session addressing disparities in pain perception and expression , to aware the clinicians and patients about the need to recognize the disparities that exist in pain, highlighting the society’s ongoing dedication to comprehensive pain care.

Poster display on “Disparities in pain perception and expression”



ISSP City Branch Activities

Gautam Budh Nagar City Branch

Installation Ceremony of Gautam Budh Nagar Branch under chairmanship of Hon'ble Vice President ISSP, Prof. Naveen Malhotra.



ISSP City Branch Activities

Gorakhpur City Branch

Installation Ceremony of Gorakhpur City branch.

Hon. Secretary ISSP Dr Anurag Agarwal and Hon. Treasurer Dr Rohit Lahori presided the Ceremony.



ISSP City Branch Activities

Gurugram City Branch

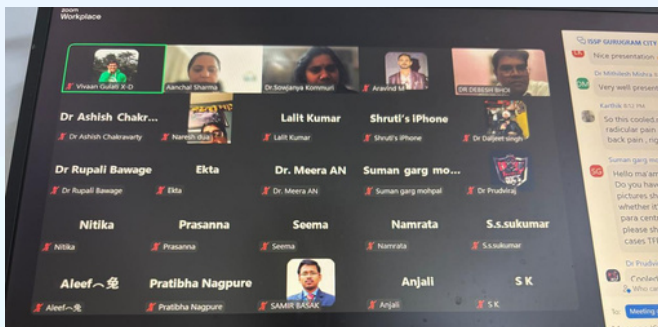
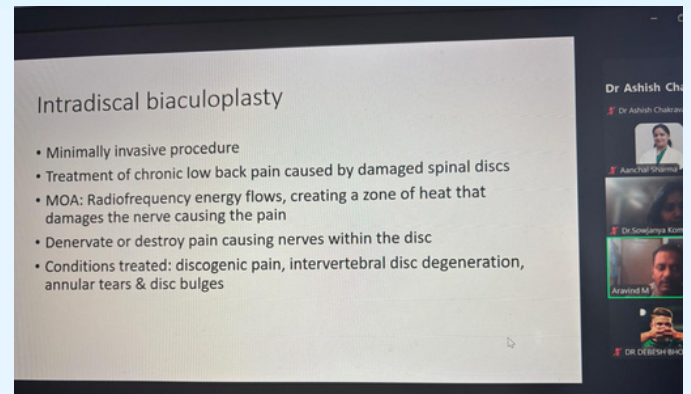
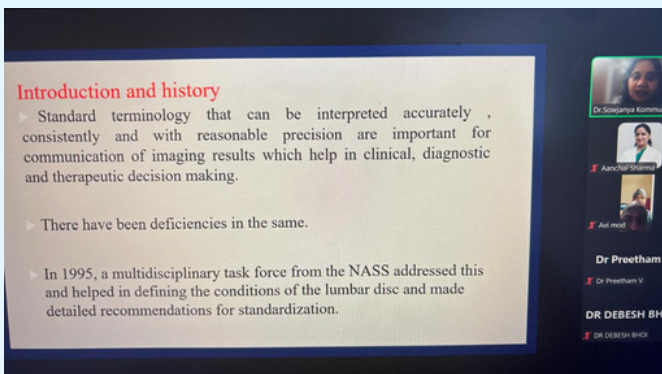
ISSP GURUGRAM – GBM Minutes of Meeting

The meeting started with a presentation by Dr. Ashish on the topic “ Trigeminal Neuralgia” followed by question-and-answer session. This was followed by another presentation by Dr. Ashu Jain on the topic “ Biacuplasty procedure” followed by question-and-answer session. Dr. Aanchal Sharma announced the start of Gurugram City branch journal club which is held on 2nd Friday of every month. She also informed about next date and timings. She encouraged all the members to participate each time and come forward to present the studies. She informed about upcoming ISSP conference to be held in Jabalpur and also encouraged everyone to participate in the elections. All the new members who joined the meeting this time introduced themselves and shared their story of joining Pain Medicine. Dr. Ashu Jain proposed starting a workshop by Gurugram city branch which can be planned on a yearly basis. Dr. Namrata and Dr. Rajkumar seconded that.



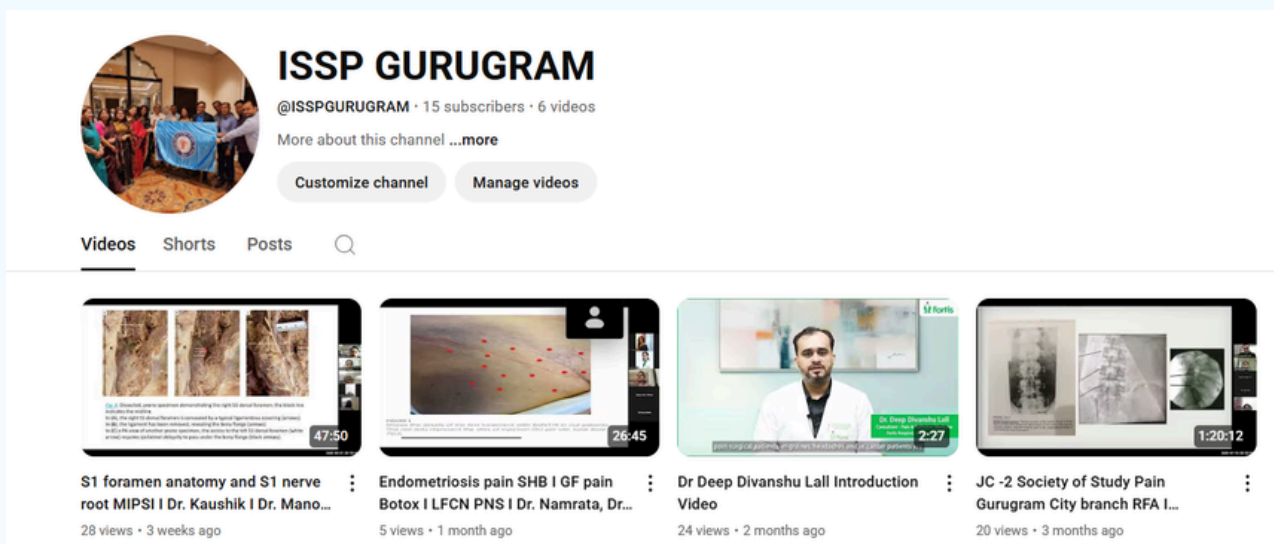
ISSP City Branch Activities

...Gurugram City Branch



MONTHLY JOURNAL CLUB,
FROM DEC, 2024

Started a Youtube Channel named "isspgurugram"



ISSP City Branch Activities

...Gurugram City Branch

Workshop on USG guided MIPSIs in collaboration with BLK MAX Hospital



... ISSP State Chapter Activities

Guwahati City Branch

Installation Ceremony of Guwahati ISSP Branch

The Installation ceremony for the Guwahati branch of the Indian Society of Study of Pain (ISSP) took place on October 19, 2024. The event was a significant milestone for our organization, marking the official establishment of the Guwahati branch.

The ceremony was attended by esteemed guests, including local dignitaries, members of the ISSP, and enthusiastic participants from the community. The event featured speeches highlighting our mission and vision, as well as discussions on the importance of promoting science and philosophy in the region.



... ISSP State Chapter Activities

Indore City Branch

ACTIVITIES OF THE SOCIETY





... ISSP State Chapter Activities

...Indore City Branch

ACTIVITIES OF THE SOCIETY

General Body Meeting 2025 – A Glimpse into Progress and Vision

The Annual General Body Meeting of the Indian Society for Study of Pain (ISSP) – Indore Chapter was held on 24th January 2025 at Surya Hotel, supported generously by Celagenex. The evening commenced with an engaging academic session on “Trigeminal Neuralgia: Navigating the Challenges of Difficult Foramen”, presented by Dr. Dimpi Gulati and ably moderated by Dr. Anshul Agarwal. The presentation was followed by an informative segment introducing Juviana Plus, enhancing the clinical knowledge of attendees.

The AGM was officially called to order by the then President, Dr. Sadhana Sanswatsarkar. In her presidential address, she shared key highlights from her tenure. Under her leadership, the city branch grew significantly, with three centers in Indore – led by Dr. Pravesh, Dr. Rachna, and Dr. Anshul – now offering FIAPM. She also noted the successful completion of six academic dinner meetings over the last three years, reflecting the chapter's commitment to consistent learning and professional exchange.

Due to unavoidable circumstances, the current Secretary and Joint Secretary were unable to attend the meeting. However, the election of the new executive body proceeded with unanimous support from the members present. Dr. Sadhana proposed the name of Dr. Anshul Agarwal for Secretary, seconded by Dr. Mayank Masand; Dr. Swapnil K. Barasker was proposed for Treasurer, seconded by Dr. KK Arora; and Dr. Pravesh Kanthed was nominated for President, seconded by Dr. Lokhandey. For Vice President, Dr. Prakash Doodhiya's name was proposed by Dr. Pravesh and seconded by Dr. KK Arora, with his telephonic consent confirmed. Dr. Rashpal was nominated for Joint Secretary, while the nomination for Second Vice President, Dr. Sunita Jain, was respectfully declined upon telephonic confirmation. All proposals were unanimously approved.

The executive committee was further strengthened with the induction of Dr. Kushal, Dr. Hiren, Dr. Sumit, and Dr. Amit. Dr. Sadhana informed the house that a formal handover from the outgoing to the newly formed committee would be arranged soon.

Dr. Lokhandey proposed introducing a ₹500 annual membership fee for ISSP Indore members, which will be discussed in an upcoming meeting. The ceremonial moment came as Dr. Sadhana handed over the President's Medal to Dr. Pravesh Kanthed. She also congratulated Dr. Lakshana and Dr. Garima for successfully completing FIAPM, applauding their academic achievements.

... ISSP State Chapter Activities

...Indore City Branch

ACTIVITIES OF THE SOCIETY

In his acceptance speech, Dr. Pravesh laid out his vision for the chapter – emphasizing academic excellence, encouraging the Secretary to apply for the Best City Branch award, and ensuring regular contributions to the ISSP national newsletter. He also highlighted Indore's legacy as a functional ISSP city branch since 2010 and proposed utilizing digital platforms to organize CMEs and academic sessions. Valuable suggestions followed: Dr. Mayank proposed a half-day workshop for postgraduate students and delegates, Dr. Anshul committed to bimonthly physical meetings with case-based discussions, and Dr. Pulsule emphasized a membership drive to strengthen the society's network.

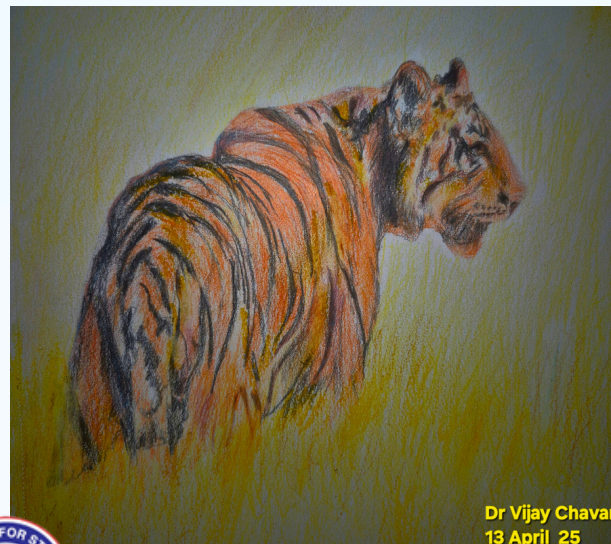
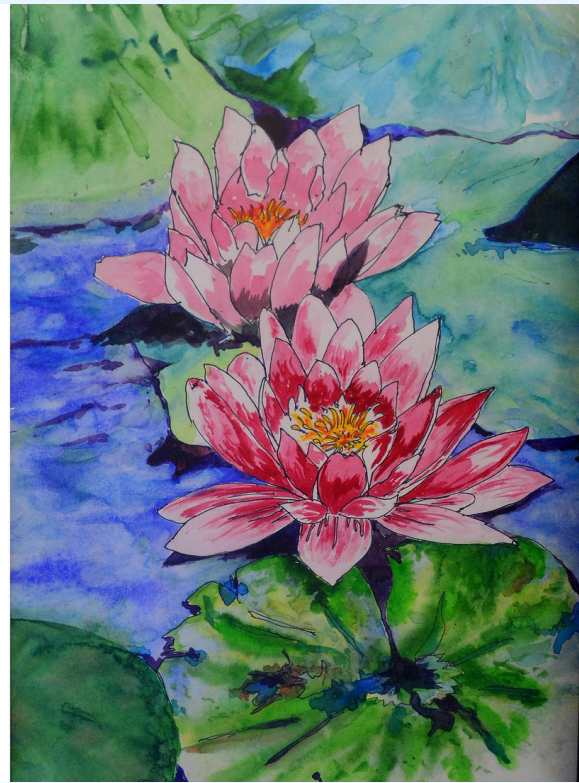
The meeting concluded with a sincere vote of thanks from the newly elected Treasurer, Dr. Swapnil K. Barasker, marking the beginning of a new chapter rooted in academic dedication and collaborative leadership



...ISSP City Branch Activities

Kolhapur City Branch

Featuring the artistic creations of our
President, Dr. Vijay Chavan,
as SSPKolhapur takes shape.



Dr Vijay Chava
13 April 25

...ISSP City Branch Activities

Nagpur City Branch

NOVEMBER 24

ISA CON24 -

Interventions in Chronic Pain workshop

faculty-Dr Umesh Ramtani and Dr Vrushali Ankalwar

TNS congress 2024

- Dr Sunita Lawange

Workshop faculty

Talk on : Scenario o Neuromodulation or Pain Physician

- Dr Kiran Vyawhare-Moderated session on Pain and Physiology



DECEMBER 24

MIPSICON-24

Dr Sunita Lawange-Talk ,Chair,Panel discussion

WBSSPCON-24

Dr Sunita –Faculty and Guest Speaker

CME on Pain at NKPSIMS(medical College)

Faculty Dr A.Kolhe



...ISSP City Branch Activities

...Nagpur City Branch

JANUARY 2025

1. Pain Medicine Awareness Lecture at Saoner IMA by Dr Archana Deshpande

2. Webinar on Headache by SSPN – Dr Jeshnu Tople and Dr Shahnawaz. More than 100 people attended and participated in discussion

FEBRUARY 2025

Won second best city branch award for the 3rd time

Participation in ISSPCON 25

Dr Sunita Lawange-

- Inauguration, flag hoisting,
- Convocation ceremony
- Presidential keynote address

Dr Archana Deshpande-

Lecture on Chondromalacia Patellae
Convenor for IAPM sessions –Just a minute and PRO CON and Convocation

Dr Kiran Vyawhare-

lecture on Stellate ganglion block for Hyperhydrosis.

Dr Anjali Kolhe

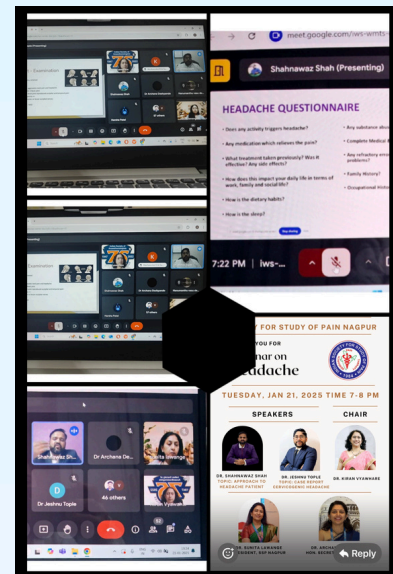
Dr Cham

Dr Vivek Chakole

Dr Vrushali ankalwar

Dr Indira Apte-

presented paper on Long term outcomes of Conventional and cooled RF for Chr OA Knee

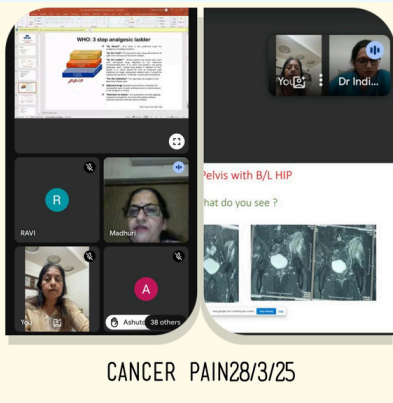


today is the day



...ISSP City Branch Activities

...Nagpur City Branch



MARCH 2025

1. Webinar on Cancer pain by SSPN – Dr Indira Apte , Dr Madhuri Lokapur. Almost 50 pain physician actively participated
2. RSACP-CON 25- Dr Umesh Ramtani –Faculty for Workshop on Chronic Pain MIPS

APRIL 2025

1. USGMSK-P2025
 - Dr Sunita Lawange - Faculty for live workshop
 - Talk on USG-DN in MSK ,Panel discussion and Chaired a session
 - Dr Kiran Vyawhare-Faculty for live workshop and Panel discussion
2. Pune University Pain Fellowship- External Examiner – Dr Archana Deshpande



...ISSP City Branch Activities

Pune City Branch

Dr. Sanjog as Organizing secretary and Faculty in Annual CME and Cadaveric program, MIPSICON, organized by Mumbai Pain School at Navi Mumbai on 6th to 8th December 2024



PRASHA: Online plus offline Hybrid Pain Orientation course organized at Bharti Vidyapeeth on 15th and 16th December 2024

PAIN MEDICINE AS CAREER OPTION

14th - 18th DEC 2024

Hybrid Course
Limited Seats Only

- Online discussion with experts in the field of Pain Medicine across the globe
- Group & Personalized mentorship
- Hands-on Observance Training

Online Training 3 Days
14, 17, 18 DEC 2024 4pm - 8pm

- Basic knowledge of Pain medicine
- Reasons to choose Pain Medicine as a career & how to overcome them
- Troubleshooting in learning acquiring skills & applying in practice
- How to set up a pain Clinic at Private, Corporate & Institutional level
- Financial viability

Offline Training 2 Days
15, 16 DEC 2024 9am - 5pm

- Observing CPG consultation
- Interaction with pain expert & multidisciplinary team
- Observing live MPPS (Minimally Invasive Pain & Spine Interventions)
- Orientation to Fluoroscopic, Ultrasound-guided procedures.
- Dissect checking in person

Course fees: Rs. 5000/-

assistance will be provided for travel and accommodation (subject to availability) of an online cost

Dr. Prashish Muthia +91 9845054543 | Dr. Vanshali Karkye +91 9845054543

Venue: 1. JSS Medical College & Hospital, Mysuru, Karnataka, 2. Bharati Hospital, SVKM's Medical College, Pune, Maharashtra, (The last Online plus Offline for Offline Course)



...ISSP City Branch Activities

...Pune City Branch

Dr Priya Rathi as Faculty in 10th Spine weekend 2024 on 14th and 15th December 2024 and she talked about “ Radiofrequency ablation in Lumbosacral pain management”



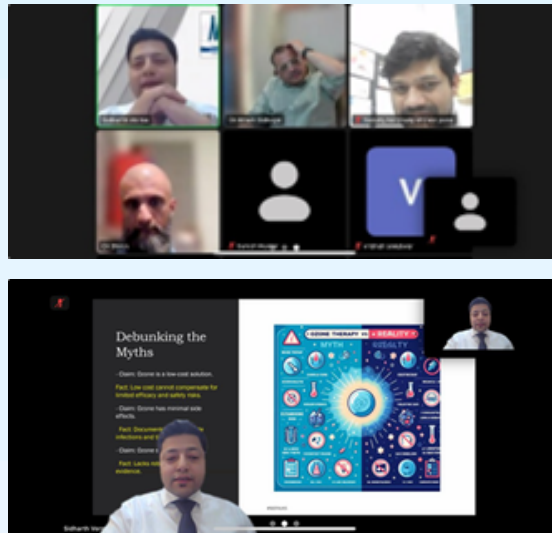
Dr Madhuri Lokapur attended the celebrations of Ratnagiri education society on the occasion of Centenary of Mahilya Vidyalay founded by her grandparents Maltibai and Baburao.

Dr. Kiran shete Published an awareness article in the newspaper about the role of Orthobiologics in treatment of painful Musculoskeletal conditions



...ISSP City Branch Activities

...Pune City Branch



SSPP Monthly webinar series: A debate on "Ozone, a hidden weapon in the armamentarium of a pain physician" on 6th January

One day CME on Knee Conundrum in Miraj on 5th January, Organised by ISSP Miraj Sangli branch Organizing committee: Dr Vasudha Jadhav Faculties: Dr Sanjog Mekewar, Dr Varshali Kenia, Dr Varsha Kurhade, Dr Asha Barge



...ISSP City Branch Activities

...Pune City Branch

Dr Sanjog and team of JEEVISHA Spine Pain and Regenerative Hospital as official partners of Endurance India Maharashtra providing First aid services during their tournaments at Mumbai on 11th and 12th January



Dinner gathering organized by the FIAPM exam pass-outs of SSPP Family on 1st February 2025



Dr. Sanjog Mekewar Organized a Free BMD and Medical checkup camp in a residential society



...ISSP City Branch Activities

...Pune City Branch

SSPP won the "BEST CITY BRANCH AWARD" For the 5th time in a row. Declaration was done at the Annual National Conference ISSPCON 2025 at Jabalpur.



Dr. Priya Rathi was part of organizing team and faculty for the "Workshop on the role of ultrasound guided dry needling in various cancer pain conditions" at Mumbai



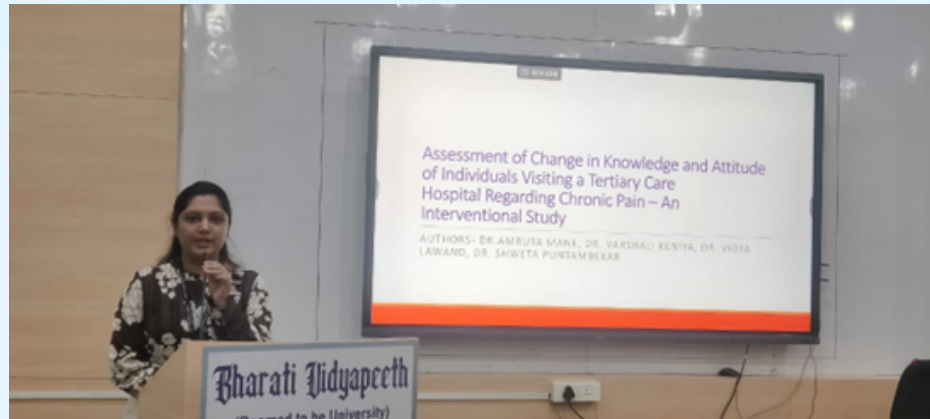
Dr. Kanchan Godase conducted a dedicated pain management camp for women, where she provided free consultations on various pain conditions that significantly impact their daily lives.



...ISSP City Branch Activities

...Pune City Branch

Dr. Amruta presenting oral paper in RESCON at BVDUMC on Change in Knowledge and Attitude of Individuals visiting a Tertiary care hospital regarding Chronic pain



Dr. Amruta conducted Pain Awareness activities in Bharti Hospital



SSPP Monthly webinar series: A debate on “Role of Pain Physician in Management of Post Viral Sequelae” on 24th March 2025.

...ISSP City Branch Activities

...Pune City Branch

Dr Kirti Pawar presented her research “Polpliteus : most under-evaluated structure of postero-lateral knee on ultrasound” in 2nd largest radiological meeting in the world i.e. European Congress of Radiology (ECR) held at Vienna, Austria, from 26th February to 2nd March 2025.



Dr. Priya Rathi conducted a Bone density camp and a session on Spine care in Hasya club on the occasion of Women's day



...ISSP City Branch Activities

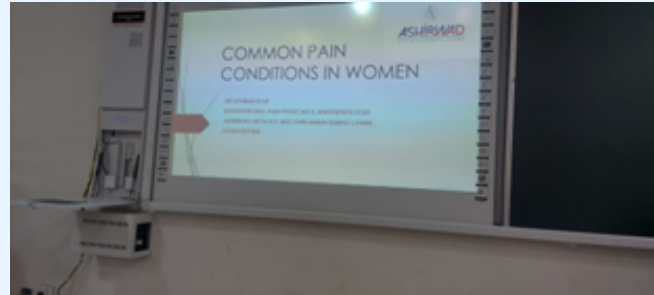
...Pune City Branch

Dr Aparna Desai Kaje Conducted two sessions on Women's Day.

1.HDFC school Hadapsar, Pune

2.online session at John Deer.

Topic: Common Pain Conditions in women



Dr Priya Rathi invited as a faculty member at Pain Connect 2025 by the American Academy of Pain Medicine in Austin, Texas and she delivered a talk on “ Role of Ultrasound guided Dry needling and Botulinum toxin injections in managing various pain conditions”



...ISSP City Branch Activities

...Pune City Branch

Dr Sanjog Mekewar organized a Pain awareness talk for the General Practitioners



Dr Kirti Pawar was invited as Faculty in 4th International Conference and Workshop on Musculoskeletal Pain and Regenerative Medicine with the Theme “Degeneration to regeneration”, organised by Department of Pain Medicine and Anaesthesiology Central Hospital, South Eastern Railway



Activities conducted by Painex Pain Clinic and group



K Nest company corporate health camp

...ISSP City Branch Activities

...Pune City Branch

Dagdusheth Ganpati HealthCamp



Mahindra and Mahindra- Health Camp



Jain Social group camp at Gandhi Nursing Home, Nigdi





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GLIMPSES OF ISSPCON 2025





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ISSPCON 2025

ISSPCON 2025 Jabalpur Report

39th National Annual Conference of the Indian Society for Study of Pain

📍 Venue : Hotel ITC Welcome, Jabalpur

📅 Dates : 6th - 9th February 2025

👤 Organized by : Jabalpur City Branch

🏠 Hosted by : M.P. State Chapter of ISSP

🎯 Theme : “Way to Go to Achieve Global Pain Standards”

📅 Pre-Conference Workshop – 6th February 2025

The academic festivities began with a hands-on workshop inaugurated by distinguished dignitaries:

- Dr. Balavenkata Subramanyam (President, ISA)
- Dr. Sudhir Diwan
- Dr. Neeraj Jain
- Dr. Goutam Das
- Dr. Ravindra Harne
- Dr Anurag Agarwal

🧠 They highlighted the crucial role of workshops in equipping Pain Physicians with global best practices.

👥 Delegates Attended: 62

📍 Venue: ITC Welcome Jabalpur

📅 Conference Inauguration – 7th February 2025

The formal inauguration was honored by:

- Dr. Ashok Khandelwal – Vice Chancellor, Medical University Jabalpur
- Dr. Navneet Saxena – Dean, NSCB Medical College Jabalpur

🏆 IAPM Fellowship Award Ceremony

Inaugurated by Justice Sanjay Dwivedi and Mrs. Dwivedi, recognizing excellence in pain medicine.

📖 Scientific Sessions

Conducted across 4 parallel halls, the sessions covered cutting-edge research, clinical advancements, and global trends in pain management.

💡 Delegates described the talks as “captivating, inspiring, and universally focused on the mission to relieve pain for all, regardless of caste or creed.”

🔬 Scientific Exhibition

📍 Venue: ITC Welcome Jabalpur

📊 Total Stalls: 33

Covering diagnostics, interventional tools, pharmacology, and innovations for pain physicians.

...ISSPCON 2025

Public Awareness – Pain Walkathon

Delegates took to the streets with placards to raise awareness about pain management among the general public — a well-received outreach effort.

Social & Cultural Evenings

- Faculty Dinner: 6th Feb at ITC Welcome
- Dinner with Live Orchestra: 7th Feb
- Banquet Night: An evening filled with music, food, and fellowship!

General Body Meeting – 8th February 2025

Key highlights:

Annual elections for ISSP office bearers were held.

ISSP Office Bearers Elected for 2025

President Elect	Dr. Sanjay Khanna
Honorary Secretary	Dr. Anurag Agrawal
Treasurer	Dr. Rohit Lahori
Editor (Unopposed)	Dr. Gaurav Sharma
Vice President	Dr. Naveen Malhotra
Joint Secretary	Dr. Samarjit Dey

Executive Members

- Dr. Ashu Jain
- Dr. Sweety Purushotham Nallakandy
- Dr. Vershali Kenya

IAPM Positions Elected (Unopposed)

Registrar : Dr. Pankaj Surange

GC Members:

- Dr. Anshul Agrawal
- Dr. Swati Bhat

Valedictory Function & Oath-Taking – 9th February 2025

The new ISSP team was installed in a formal ceremony chaired by Dr. Krishna Poddar (President, ISSP). Newly elected Secretary Dr. Anurag Agrawal and Treasurer Dr. Rohit Lahori officially took charge.

The new ISSP team was installed in a formal ceremony chaired by Dr. Krishna Poddar (President, ISSP). Newly elected Secretary Dr. Anurag Agrawal and Treasurer Dr. Rohit Lahori officially took charge.

Conclusion

ISSPCON 2025 showcased the best of scientific excellence, professional development, public engagement, and Indian hospitality — paving the way forward for global standards in pain management.

IAPM EXAM UPDATES

EXIT EXAMINATION OF IAPM FELLOWSHIP

Date for Exit Exam	27th July 2025, Sunday
Last Date of form submission	30th June 2025, Monday
Venue	Hyderabad (Details will be uploaded soon)
Exam Timings: 8 am to 5 pm	A. Written exam: <ul style="list-style-type: none">• 8 am to 10am• Written exam will comprise of 100• MCQs in 120 minutes (2 hrs.): (100 Marks) Practical and Viva voce: 11am to 5pm
Pattern of practical examination:	B. VIVA <ul style="list-style-type: none">• Case – 1: 15 Min (30 Marks)• Case – 2: 15 Min (30 Marks) One spot station: <ul style="list-style-type: none">• Drugs & instruments, MRI, CT scan, fluoroscopy and X-ray etc (40 Marks) C. PRACTICAL <ul style="list-style-type: none">• 2 Fluoroscopic Guided Interventional pain procedures on cadaver: 10 Min Each (35 Marks, each) One USG Guided Procedure: 10 Min (30 marks)
	TOTAL: 300 Marks

Note: IAPM Exit Exam will include USG Guided procedures from Jan 2024.

[For More Details Click Here](#)

IAPM EXIT EXAM: JULY 2025

Passing requirements:

- Pass percentage is 50% and the candidates will have to secure 50% in each category i.e Written exam, Viva and Practical exam.

FIAPM Exit Exam Prerequisite Information

- Application for IAPM Exit Examination can be submitted under 4 categories. IAPM Category, Non-IAPM Category, One-year Fellowship outside India Category, Senior Pain Physicians Category. The eligibility Criteria are as follows.

Common requirements for all Categories

- **Medical License:** Candidates applying for the exit examination should have a valid unrestricted medical license, they need to submit a copy of NMC/ SMC registration.
- **Membership of ISSP:** Candidates applying for the exit examination should have ISSP Membership. Associate members of ISSP or candidates who are not Anesthesiology postgraduates (MD, DA or DNB in Anesthesiology) cannot appear for the exams.
- **Publication** – Candidates applying for the exit examination should have the publication in chronic pain.
- **Post-Graduation Certificate in Anesthesiology** (MD – Anesthesiology, Diploma in Anesthesiology or DNB in Anesthesiology)

Category wise Additional requirements

IAPM Category

- Trainees of IAPM who have entered IAPM-accredited training centers through the IAPM Entry Examination and completed a full year of Training in IAPM-accredited centers.
- One publication is mandatory on chronic pain. (In the Indian Journal of Pain)³

Non-IAPM Category

- One-year full-time residential fellowship programme in Pain Medicine from any Private organization, the program head of the said program should be FIAPM qualified.
- Structural program fellow from an Indian university (Completed a fully residential university-accredited structured pain training program of minimum one-year duration and passed successfully)
- One publication is mandatory on chronic pain.³

IAPM EXAM UPDATES...

One-year Fellowship Outside India Category

- Completed full residential fellowship outside India of minimum 1-year duration & currently practicing in India.
- One publication is mandatory on chronic pain.³

Senior Pain Physicians Category

- ISSP membership for at least 5 years
- Two publications are mandatory on pain, at least one of the publications must be on chronic pain. ³
- Recommendation letter from GC member of ISSP/IAPM. (Recommendation letter will include duration of pain practice, number of patients in pain OPD & procedures) it should be on official letterhead with the physical signature of the member.

Documentation Required with Application and Fee Structure .

Category	Required Document	Fee Structure
IAPM Trainees Category	<ol style="list-style-type: none"> 1. ISSP Membership Number 2. Half-yearly Assessment Form 3. One Publication on Chronic Pain in Indian Journal of Pain. (Manuscript submission letter / Acceptance Document / or the pdf copy of the publication) 4. MBBS Certificate 5. Post-Graduation Certificate (MD – Anaesthesiology, Diploma in Anaesthesiology or DNB in Anaesthesiology) 6. Indian Medical Registration Certificate (NMC/ State Medical Council) 	Rs. 25,000 + 18% GST (10,000/- less if reappearing) + Portal Charges

IAPM EXAM UPDATES...

Category	Required Document	Fee Structure
Non-IAPM Category	<ol style="list-style-type: none"> 1. ISSP Membership Number 2. One-year full-time residential fellowship programme completion certificate from FIAPM programme head / or Passing certificate of a university-accredited structured pain training program of 1 year 3. The pdf copy of one publication on chronic pain. 4. MBBS Certificate 5. Post-Graduation Certificate (MD – anesthesiology, Diploma in anesthesiology or DNB in anesthesiology) 6. Indian Medical Registration Certificate (NMC/ State Medical Council) 	<p>Rs. 40,000 + 18% GST (10,000/- less if reappearing) + Portal Charges 18% GST Additional on above Fee</p>
One-year Fellowship Outside India	<ol style="list-style-type: none"> 1. ISSP Membership Number 2. One-year full residential fellowship certificate completed outside India. 3. Pdf copy of the published publication on chronic pain 4. MBBS Certificate 5. Post-Graduation Certificate (MD – Anesthesiology, Diploma in Anesthesiology or DNB in Anesthesiology) 6. Indian Medical Registration Certificate (NMC/ State Medical Council) 	<p>Rs. 70,000 + 18% GST (10,000/- less if reappearing) + Portal Charges</p>



IAPM EXAM UPDATES...

Category	Required Document	Fee Structure
	Certificate (NMC/ State Medical Council)	
Senior Pain Physicians Category	<ol style="list-style-type: none"> 1.ISSP membership number (With at least 5 years of completed membership duration) 2.The pdf copy of two published Publications related to pain (at least one of the publications must be on chronic pain) 3.Recommendation letter from GC member of ISSP/IAPM on his letterhead. (Recommendation letter will include duration of pain practice, number of patients in pain OPD & procedures) 4.MBBS Certificate 5.Post-Graduation Certificate (MD – Anesthesiology, Diploma in Anesthesiology or DNB in Anesthesiology) 6.Indian Medical Registration Certificate (NMC/ State Medical Council) 	Rs. 40,000 + 18% GST (10,000/- less if reappearing) + Portal Charges



IAPM EXAM UPDATES...

Additional Notes

1. The application for the exit exam and the required documents is to be submitted online only,
2. You will receive an email from the Registrar's office confirming your eligibility and approval for the exam. In case your application is not approved by the Registrar, you will be informed, and your Fees will be refunded to the source of payment. Portal Charges are non-refundable.

3. Publication is mandatory for all the categories applying for the exit exam

- For Senior Pain Physicians: **2 publications** are mandatory of which one should be compulsory in chronic pain.
- All other categories (IAPM, Non-IAPM, Overseas): **1 publication** in chronic pain.
- The publications that have already been published will be considered only, not those under acceptance. Exception – Only for IAPM trainees (Manuscript submission letter in Indian Journal of Pain).
- Publications must be in a Peer Reviewed Journal or Book Chapters.
- Publications in the conference books will not be accepted.

4. Cancellation Policy – Once approved by the review committee Exam fee is non-refundable

1. Under exceptional situations like the ill health of the candidate or the death of a family member, you can apply to the registrar with supportive documents. A partial refund may be allowed subject to the approval of IAPM GC, as per the policy mentioned below –
 - From the date of approval to 2 weeks before the exam – 50% refund (Excluding the portal Charges)
 - From 2 weeks before the exam to the Date of the exam – No refund
2. The exam fees will not be carried forward to the next exam.



IAPM EXAM UPDATES...

5. The name on all supporting documentation must be consistent and match the name under which you apply. If it does not, you will need to submit legal documentation of the name change (e.g., a marriage/divorce certificate) and all other supporting documentation.
6. Prerequisite requirements are subject to change at any time. Applicants must meet current prerequisite requirements in effect at the time of application. IAPM at its discretion may request from you or others information concerning matters relevant to eligibility for certification and certification status. Documentation received in a language other than English must include a notarized translation in English. All documents, communications, and other information received by IAPM become the property of IAPM and will not be returned.
7. Kindly provide your WhatsApp number at the time of registration. We will create a group and will keep updating you on the group. Please Save +91-9311223922 as "IPAM Registrar Office". You will get a request to joint the group from this number.
8. Please read the instructions thoroughly. Instructions and timings on the website are FINAL.
9. If due to some unforeseen circumstances in the exam city, which is beyond the control of IAPM (for example – Flood, Earthquake, Epidemic, Political Turmoil etc.) exam needs to defer and rescheduled, the exam fees will be carried forward, but IAPM is not liable to pay for any other compensation. The same cancellation provision clause will be applied to the new date of examination too.
10. The IAPM GC's decision is the final regarding a particular candidate's eligibility.

Dr. Pankaj Surtange

Registrar,
Indian Academy of Pain Medicine (IAPM)

Address for offline submission:

Registrar, Indian Academy of Pain Medicine
IPSC Pain and Spine Hospital,
Plot no 453 Sector 19, Dwarka
registrar.ipam@gmail.com
+91-9311223922





... Application Forms for Membership

APPLY ONLINE

<https://www.issp-pain.org/membership/apply-online/>

Life Membership Fees: Within India Rs. 8850 /- (including 18% GST)
Outside India US\$ 325 + 18% GST/-

Associate Membership Fees: Within India Rs. 5900 /- (incl. 18% GST &)
Outside India US\$ 200 + 18% GST/-





Indian Society for Study of Pain
(Indian Chapter of IASP)

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ISSPCON 2026



40th ISSPCON HYDERABAD 2026

Eminent Faculty from all 6 continents
It's a global event
Don't miss it

40th Annual National Conference of Indian Society for Study of Pain

ISSPCON 2026

5th - 8th February 2026

Theme : "Emerging Trends in Pain Medicine".

Venue: Jalavihar Convention Center, Hyderabad.

Jointly Organized by
SSP (Telangana Chapter) and ISSP (Andhra Pradesh Chapter)
Hosted by
SSP (Telangana Chapter)



Scan to Register

Visit website
www.isspcon2026.com
www.issp-pain.org

Registration Tariff (Including GST)

Category	Early Bird 31 st March 2025	Upto 31 st June 2025	Upto 30 th Sept 2025	Upto 31 st Dec 2025	Upto 20 th Jan 2026	20 th Jan 2026 to Spot
ISSP MEMBER	Rs. 11,000/-	Rs. 13,200/-	Rs. 15,400/-	Rs. 17,600/-	Rs. 19,800/-	Rs. 22,000/-
NON - MEMBER	Rs. 12,000/-	Rs. 14,250/-	Rs. 16,500/-	Rs. 18,700/-	Rs. 20,900/-	Rs. 23,100/-
ACCOMPANYING PERSON	Rs. 9,900/-	Rs. 13,500/-	Rs. 17,000/-	Rs. 18,000/-	Rs. 19,000/-	Rs. 20,000/-
FELLOW/PG	Rs. 8,250/-	Rs. 10,000/-	Rs. 11,500/-	Rs. 13,200/-	Rs. 14,500/-	Rs. 16,500/-
FOREIGN DELEGATE	\$ 200	\$ 250	\$ 330	\$ 385	\$ 440	\$ 500
FOREIGN DELEGATE (Accompany)	\$ 150	\$ 200	\$ 275	\$ 275	\$ 275	\$ 300

*Workshop fee will be announced shortly

Note :

- * Once you done with your payment make sure to fill the registration form.
- * Delegate Kit Bag not assured for Spot Registration.
- * Registration Compulsory for Abstract Submission.

Payment Mode:

Online: Delegates can pay online by using credit card, debit card and net banking options.
(applicable bank charges extra on registration fee for online registration)

Bank Details:

A/C Name : SOCIETY FOR STUDY OF PAIN CONFERENCE 2026
A/C No. : 112105002035
IFSC Code : ICIC0001121
Bank Name : ICICI Bank
Branch : MG ROAD



Scan to Register

Conference Secretariat



Dr Nagalaxmi Patnala, Dr Madhukar Goud

Ph: +91 93920 02014 +91 91604 95454

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05-08
FEB 2026





Contact Us

We welcome any questions, suggestions you might have.
Please send us your feedback:

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