



Indian Society for Study of Pain

(Indian Chapter of IASP)



ISSP NEWSLETTER

VOLUME: 38 | ISSUE: 01

MAY – JUNE 2026



IMPORTANT DATES



Exit Examination Of IAPM Fellowship on **19th August 2026, Wednesday**




41st National Conference of Indian Society for Study of Pain **ISSPCON 2027 at Kolkata 5th – 7th February 2027**



Print Journal Subscription Confirmation – Indian Journal of Pain (IJP) **from 15th June to 15th July 2026**

Find Pain Physician in Your City



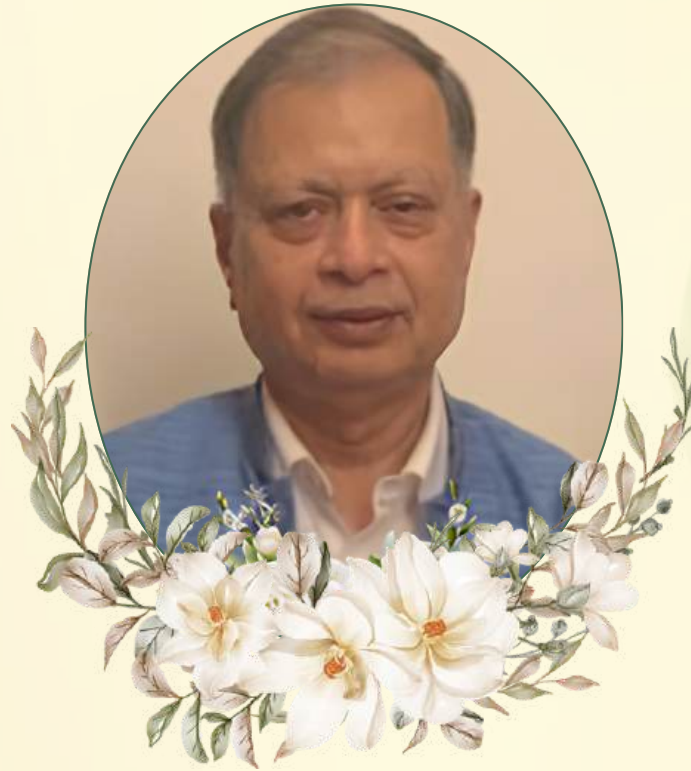
FIND PAIN PHYSICIAN NEAR YOU

Find Pain Physician in Your City

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Prof. D K Singh



Past President ISSP (2001–2002)

A Visionary Leader, A Respected Mentor, An Inspiration To All

We deeply mourn the sad departure of **Prof. D K Singh**, Past **President of ISSP (2001–02)**, a pain physician and pioneer who shaped the trajectory of pain medicine in India with wisdom, compassion, and dedication.

His memory will forever remain in our hearts.





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Legacy of ISSP Leadership

PRESIDENT

(1984 to Till Date)



DR AKRAM LAL

Founder President
(1984 - 1985)



DR K PANDEY

(1985 - 1986)



DR MT BHATIA

(1986 - 1987)



DR SUSHILA SHAH

(1987 - 1988)



DR BJ DAMANI

(1988 - 1989)



**DR SUDARSHAN
YAJNIK**

(1989 - 1990)



DR HARIWIR SINGH

(1990 - 1991)



DR HARIWIR SINGH

(1991 - 1992)



DR S VIJAYRAM

(1992 - 1993)



DR S VIJAYRAM

(1993 - 1994)



DR NN SINHA

(1994 - 1995)



DR NN SINHA

(1995 - 1996)



DR ILA GHOSH

(1996 - 1997)



**DR VIRENDRA
RASTOGI**

(1998 - 1999)



DR SANDHYA SAHA

(1999 - 2000)



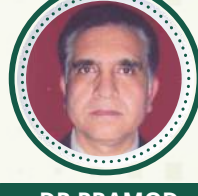
DR DK BAHETI

(2000 - 2001)



DR DK SINGH

(2001 - 2002)



**DR PRAMOD
KUMAR**

(2002 - 2003)



DR RK MEHTA

(2003 - 2004)



**DR BIBHUKALYANI
DAS**

(2004 - 2005)



**DR NEELAM
GANGULY**

(2005 - 2006)



DR LD MISHRA

(2006 - 2007)



**DR MANJUSHREE
RAY**

(2007 - 2008)



DR RP GEHDOO

(2008 - 2009)



DR PN JAIN

(2010 - 2011)



DR PN JAIN

(2011 - 2012)



DR YK BATRA

(2012 - 2013)



**DR A S KAMESWAR
RAO**

(2013 - 2014)



**DR B
RADHAKRISHNAN**

(2014 - 2015)



DR VIVEK PALSULE

(2015 - 2016)

Legacy of ISSP Leadership

...PRESIDENT

(1984 to Till Date)



DR BB MISHRA

(2016 - 2017)



DR GEETA JOSHI

(2017 - 2018)



DR GAUTAM DAS

(2018 - 2019)



**DR MADHURI
LOKAPUR**

(2019 - 2020)



**DR KAILASH
KOTHARI**

(2020 - 2021)



**DR KAILASH
KOTHARI**

(2021 - 2022)



DR PRADEEP JAIN

(2022 - 2023)



**DR MURALIDHAR
JOSHI**

(2023 - 2024)



**DR SUNITA
LAWANGE**

(2024 - 2025)



**DR. KRISHNA
PODDAR**

(2025 - 2026)



**DR. SANJAY
KHANNA**

(2026 - 2027)

SECRETARY

(1984 to Till Date)



**DR. VIRENDRA
RASTOGI**

Founder Secretary
(1984 - 1988)



DR. P KUMAR

(1988 - 1992)



DR. NN SINHA

(1992 - 1994)



DR. BIBHU KALYANI DAS

(1996 - 1999)



DR. BIBHU KALYANI DAS

(1999 - 2002)



DR. RP GEHDOO

(2002 - 2008)



**DR. GEETA
JOSHI**

(2008 - 2012)



**DR. AK
SAXENA**

(2012 - 2015)



**DR. MURALIDHAR
JOSHI**

(2015 - 2018)



**DR. PANKAJ
SURANGE**

(2018 - 2022)



**DR. PARVESH
KANTH**

(2022 - 2025)



**DR. ANURAG
AGARWAL**

(2025 - 2028)

Legacy of ISSP Leadership

TREASURER

(1984 to Till Date)



DR AKRAM LAL

Founder President
(1984 - 1985)



DR. AK GARG

(1984 - 1988)



DR. HK VAKHARIA

(1988 - 1992)



DR. GEETA VERMA

(1992 - 1994)



DR. MANJUSHREE RAY

(1996 -1999)



DR. JS RUDRA

(2002 - 2008)



DR. BHAVNA SHAH

(2008 - 2012)



DR. BALJIT SINGH

(2012 - 2015)



DR. P VIJAYANAND

(2015 - 2018)



DR. GAURAV SHARMA

(2018 - 2021)



DR HITESH PATEL

(2022 - 2024)



DR ROHIT LAHORI

(2025 - 2028)

ISSP – EDITOR – INDIAN JOURNAL OF PAIN

(1985 to Till Date)



DR SUDRSHAN YAJNIK

(1985 - 1990)



DR PARMILA CHARI

(1991 - 1993)



DR S TRIPATHI

(1996 - 2002)



DR PRITHWIS BHATTACHARYA

(2002 - 2004)



DR MANJUSHREE RAY

(2004 - 2006)



DR MADHURI LOKAPUR

(2006 - 2007)



DR ASHOK SAXENA

(2007 - 2012)



DR GAUTAM DAS

(2012 - 2015)



DR KAILASH KOTHARI

(2016 - 2019)



DR HAMMAD USMANI

(2019 - 2022)



DR SAMARJIT DEY

(2022 - 2025)



DR GAURAV SHARMA

(2025 - 2028)



Indian Society for Study of Pain
(Indian Chapter of IASP)

www.issp-pain.org

ISSPCON 2027

41st ISSPCON
KOLKATA 2027

ISSPCON2027
41st Annual National Conference of Indian Society for Study of Pain
Date: 5th-7th Feb 2027 | Venue: Taj Taal Kutir, Kolkata
Organised By: West Bengal Society For The Study of Pain
Theme: Decoding Pain: Integrating Technology with Clinical Mastery

REGISTRATION DETAILS

| Category | Upto 30th June 2026 | Upto 30th Sept 2026 | Upto 31st Dec 2026 | Upto 31st Jan 2027 |
|------------------|--|--|--|--|
| ISSP Member | 10000+1800 = 11800 INR | 12000+2160 = 14160 INR | 15000+2700 = 17700 INR | 18000+3240 = 21240 INR |
| Non-Member | 13000+2340 = 15340 INR | 15000+2700 = 17700 INR | 17000+3060 = 20060 INR | 19000+3420 = 22420 INR |
| Fellow- PG | 8000+1440 = 9440 INR | 10000+1800 = 11800 INR | 12000+2160 = 14160 INR | 13500+2430 = 15930 INR |
| Foreign Delegate | 15000 + 2700 = 17700 INR Equivalent \$200 | 18000 + 3240 = 21240 INR Equivalent \$230 | 25000 + 3780 = 28780 INR Equivalent \$270 | 34000 + 4320 = 38320 INR Equivalent \$310 |
| Accompany Person | 8000+1440 = 9440 INR | 10000+1800 = 11800 INR | 12000+2160 = 14160 INR | 12500 + 2250 = 14750 INR |

*Rates are inclusive of 18% GST

BANK DETAILS

[Register Now](#)



Account Name: ISSPCON 2027
Bank Name: Axis Bank Ltd
Account no: 926020004335370
IFSC Code: UTIB0000436

REGISTRATION GUIDELINES

- ✓ Conference Registration includes access to lunch on all days, Inaugural Dinner, Gala Banquet Dinner, delegate kit, entry to the trade area and applicable taxes.
- ✓ Main conference registration is mandatory for participation in any workshop and abstract submission.
- ✓ ISSP Members has to register using proper membership number. Please contact ISSP secretariat for any membership related issue.
- ✓ PG Students to upload letter from HOD.
- ✓ For online registrations bank charges will be added extra as per RBI guidelines.

CANCELLATION & RETURN POLICY

- ✓ 25% of the registration fee will be deducted for cancellation made up to 31st July, 2026
- ✓ 50% of the registration fee will be deducted for cancellation made up to 30th September, 2026
- ✓ 75% of the registration fee will be deducted for cancellation made up to 31st December, 2026
- ✓ No refund will be made for the requests made after 31st December, 2026.
- ✓ Registration is not transferable.
- ✓ Refunds will be made post conference.

isspcon2027.com/



05-07
FEB 2027

Taj Taal Kutir, Kolkatta





Indian Society for Study of Pain
(Indian Chapter of IASP)

www.issp-pain.org

ISSP Yuva Pain PhysiciansCon 2026



INDIAN SOCIETY FOR
STUDY OF PAIN (ISSP)

PROUDLY ANNOUNCES

★ ★ ★
A FIRST-OF-ITS-KIND
INITIATIVE BY ISSP
FOR YOUNG
PAIN PHYSICIANS

ISSP *Yuva* PAIN PHYSICIANS CON 2026

Jabalpur
The Land of Narmada,
Heritage & Hospitality

Learn. Lead. Innovate. Transform Pain Care.

WHERE FUTURE PAIN LEADERS ARE FORGED

9TH AUGUST
2026

VENUE
APOLLO HOSPITAL
JABALPUR

The Indian Society for Study of Pain (ISSP) is proud to announce **ISSP Yuva Pain PhysiciansCon 2026** – a landmark initiative and the first of its kind in the history of ISSP. This unique academic platform is dedicated exclusively to our young, dedicated, and enthusiastic Pain Physicians.

AN OPPORTUNITY TO



PRESENT

your research, clinical work and innovations in the field of Pain Medicine



SHARE

new ideas and contribute to the future growth of the specialty



LEARN

from senior mentors and most experienced Pain Physicians in the country



INTERACT

& network with fellow Pain Physicians from across India



DEVELOP

leadership skills and be future torchbearers of Pain Medicine



INNOVATE

and drive excellence in patient care, education and research

“

THE FUTURE OF PAIN MEDICINE BELONGS TO

The Youth.

”

SPONSORED BY

Apollo
HOSPITALS
JABALPUR



UNDER THE GUIDANCE OF
SENIOR MENTORS & INDIA'S LEADING PAIN PHYSICIANS

KEY FOCUS AREAS



AI IN PAIN MEDICINE



ULTRASOUND GUIDED INTERVENTIONS



NEUROMODULATION



REGENERATIVE MEDICINE



RESEARCH & INNOVATION



CAREER DEVELOPMENT & MENTORSHIP



FOR FURTHER INFORMATION AND UPDATES, PLEASE KEEP AN EYE ON THE OFFICIAL ISSP WEBSITE

www.issp-pain.org



PLEASE ALSO WATCH FOR REGULAR COMMUNICATIONS AND ANNOUNCEMENTS FROM ISSP HEADQUARTERS THROUGH EMAIL.

Join us

AS WE EMPOWER YOUNG MINDS TO SHAPE THE FUTURE OF PAIN MEDICINE.

ISSP Governing Council



DR. SANJAY KHANNA

President



DR. DEBJYOTI DUTTA

Vice President



DR. NAVEEN
MALHOTRA

President Elect



PROF. DR ANURAG
AGARWAL

Hon. Secretary



DR ROHIT LAHORI

Treasurer



DR. PANKAJ SURANGE

Registrar, IAPM



DR SAMARJIT DEY

Joint Secretary



DR GAURAV SHARMA

Editor in Chief



DR. KRISHNA PODDAR

Past President



DR PRAVESH KANTHED

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NALLAKANDY

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DR. VARSHALI KENIYA

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DR. AMIT DUA

GC Member

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DR. PRADEEP JAIN

DEAN



DR. DEBJYOTI DUTTA

Vice President



DR. PANKAJ SURANGE

Registrar IAPM



PROF. DR ANURAG
AGARWAL

Hon. Secretary



DR ANSHUL AGARWAL

Deputy Registrar



DR. MANJIRI RANADE

GC Member



DR. BANGAR
KASHINATH

GC Member



DR SWATI BHAT

GC Member



DR CHINMOY ROY

GC Member



DR SHOVAN RATH

GC Member

From the ISSP Secretariat

From Hon. Secretary's Desk



Prof. Dr. Anurag Agarwal
Hon. Secretary, ISSP

Dear Friends,

Greetings from ISSP Headquarters!

First and foremost, I express my heartfelt gratitude to all of you for your continued and overwhelming support for the various initiatives undertaken by the Indian Society for Study of Pain (ISSP) during the past year.

I would also like to sincerely thank all ISSP members for their support regarding the ratification of the Minutes of Meeting (MoM) of the Annual General Body Meeting (AGBM) held at Hyderabad during ISSPCON 2026 in February 2026. The approved MoM was duly uploaded on the official ISSP website and communicated to all members through email from the ISSP Headquarters, inviting comments, suggestions, objections, or alternative proposals within a period of one month.

As no objection, suggestion, or adverse response was received by the ISSP Headquarters during the stipulated period, the decisions and amendments unanimously approved by the Hon'ble members present at the AGBM, Hyderabad, stand duly ratified. Accordingly, these decisions are now being implemented with immediate effect.

We are currently living through what I often call the “Golden Decade” of ISSP.” I firmly believe that our specialty of Pain Medicine and our member Pain Physicians are destined to shine like pure gold in the years ahead.

India presents a unique reality. With its vast population, remarkable diversity, and healthcare challenges of an unparalleled scale, our journey cannot simply mirror that of the rest of the world. Over more than four decades of dedicated effort by our predecessors and members, Indian Pain Physicians have evolved into far more than followers of global trends. Today, we stand as equal collaborators and meaningful contributors to the science and practice of Pain Medicine worldwide.

We occupy a position of strength in Pain Medicine education and training. The spectrum of services offered by Indian Pain Physicians is truly unmatched.

Advanced interventions initiatives such as Minimally Invasive Spine Endoscopic Pain Procedures (MiSePP) have placed our members among the pioneers and perhaps the largest organized group practicing these techniques anywhere in the world. Similarly, the term MIPSI (**Minimally Invasive Pain and Spine Interventions**) as Umbrella Term for our interventions, conceptualized by ISSP and adopted & promoted by our fraternity, is gradually gaining wider acceptance across the Pain Medicine community.

...From the ISSP Secretariat

From Secretary's Desk

Most importantly, a new generation of young and dynamic Pain Physicians is bringing forward innovative ideas, fresh perspectives, and renewed energy. ISSP remains fully committed to nurturing these ideas and transforming them into meaningful realities for the advancement of our specialty.

Over the past year, ISSP Headquarters has undertaken multiple initiatives across several domains simultaneously. These efforts have been directed towards bringing greater clarity to our professional identity, defining our collective goals, strengthening our visibility, and creating a practical roadmap for the future growth of Pain Medicine in India. At this point, I want to express our gratitude, on the behalf of entire Governing Council of ISSP, to all of you, for your unanimous support for all historical changes in multiple domains of ISSP working, this ISSP GC has brought, it is going to have a lasting impact of the future of our specialty.

The Unique Position of Pain Medicine

Pain Medicine has emerged from the strong academic foundations of Anesthesiology and continues to draw strength from its parent specialty. However, the growing burden of chronic pain in society has created the need for a dedicated super-specialty focused exclusively on the diagnosis, treatment, and prevention of chronic pain disorders.

Our parent specialty, Anesthesiology, performs a vital and irreplaceable role in perioperative medicine, labour analgesia, acute pain services, trauma care, and critical care. Similarly, Orthopedics, Neurosurgery, Neurology, Physical Medicine & Rehabilitation, Rheumatology, Oncology, and Palliative Medicine encounter pain within the context of their broader clinical responsibilities.

Pain Medicine, however, occupies a unique position. Unlike other specialties that address pain as one component of a larger clinical spectrum, Pain Medicine remains exclusively focused on chronic pain disorders and their underlying pain generators.

This distinction is important

Our objective is not merely the management of pain, but wherever possible, the diagnosis and treatment of the causative pain generator itself. Pain Medicine provides comprehensive care for chronic pain disorders through clinical evaluation, diagnosis, risk stratification, medical treatment, Minimally Invasive Pain and Spine Interventions (MIPSI), longitudinal follow-up, and restoration of function and quality of life.

In many ways, Pain Medicine should be viewed similarly to Cardiology. A Cardiologist does not merely manage chest pain; rather, the Cardiologist identifies and treats the underlying cardiac pathology responsible for the symptom. Likewise, a Pain Physician strives to identify and treat the underlying pain generator whenever feasible, utilizing the full spectrum of Pain Medicine, including our unique procedural niche—MIPSI (Minimally Invasive Pain and Spine Interventions).

Just as Cardiology encompasses much more than angioplasty alone, Pain Medicine encompasses much more than MIPSI alone. However, MIPSI remain one of the defining and distinguishing strengths of our specialty. Considering the enormous burden of chronic pain in India and its profound impact on quality of life, productivity, and socioeconomic well-being, the responsibilities of Pain Physicians are immense.

Recognizing these realities, ISSP Headquarters recently completed, for the first time in the history of our society, a series of online meetings with the leadership of all State Chapters and City Branches. Following extensive discussions with Governing Council Members, State Chapters, and City Branches, several recommendations emerged that we believe will significantly strengthen the identity and visibility of our specialty.

...From the ISSP Secretariat

From Secretary's Desk

Pain Medicine

1. The Name of Our Super-specialty

(with both P and M in capitals) There should be no dilution of this name through prefixes or suffixes.

Relevance

A simple, uniform nomenclature will greatly help in propagating the specialty among the public, policymakers, administrators, industry stakeholders, and healthcare systems.

Pain Medicine represents comprehensive care of chronic pain disorders, including but not limited to MIPSIs, much like Cardiology represents the comprehensive care of cardiovascular disorders and not merely angioplasty.

2. The Practitioners of Pain Medicine

Pain Physician

(with both P_s in capitals)

This should be the principal professional designation used by practitioners of the specialty. Members may use additional descriptors based on their expertise, but "Pain Physician" should remain the primary title.

Relevance

Long and complicated titles such as:

- Interventional Pain Specialist
- Pain & Spine Specialist
- Pain Management Specialist
- Pain & Palliative Specialist
- Interventional Pain & Spine Specialist

often create unnecessary confusion among patients, healthcare administrators, policymakers, and industry partners. A single, universally adopted professional identity will strengthen recognition, credibility, and public understanding.

3. The Niche of Pain Medicine

MIPSI

Minimally Invasive Pain and Spine Interventions

The routine use of terms such as:

- Blocks
- Injections
- Pain Management
- Pain Surgery
- Orthobiologics

should preferably be minimized in professional communication.

...From the ISSP Secretariat

From Secretary's Desk

Instead, members are encouraged to use:

- Diagnostic MIPS I
- Prognostic MIPS I
- Therapeutic MIPS I
- Pain-Biologics or Regenerative Therapy of Pain Medicine

This terminology more accurately reflects the scientific basis and therapeutic intent of our interventions.

4. Renaming the Pain OT

The term "Pain OT" may preferably be replaced by:

Pain Medicine MIPS I Lab

Relevance

For members working in medical college and institutional settings, especially those from an Anesthesiology background, this terminology may reduce unnecessary resistance from procedural and surgical specialties by aligning our infrastructure with established physician-led procedural platforms such as:

- Cath Labs in Cardiology
- DSA Labs in Interventional Radiology and Neurosurgery
- Endoscopy Suites in Gastroenterology

Similarly, for private practitioners, the term "MIPS I Lab" more accurately conveys to patients the nature of the interventions being performed by Pain Physicians.

We understand that adopting these changes will require a conscious collective effort, including modifications in clinic boards, promotional materials, social media handles, presentations, websites, and day-to-day professional conversations.

However, ISSP firmly believes that this uniformity in nomenclature will create a significant positive shift in public perception, policy recognition, and industry participation in the years ahead.

Academic Growth of Pain Medicine

We are standing at a historic tipping point in the journey of Pain Medicine in India.

On one hand, the country urgently needs a large number of competent and dedicated Pain Physicians to serve the suffering masses. On the other hand, we cannot compromise on the quality and rigor of training imparted to future generations.

ISSP is proud to note that India has made remarkable progress in the academic development of Pain Medicine.

Currently:

...From the ISSP Secretariat

From Secretary's Desk

- AIIMS Rishikesh, AIIMS Gorakhpur, and AIIMS Mangalagiri are conducting DM Pain Medicine programs.
- Multiple institutions across India are conducting the prestigious FNB Pain Medicine course.
- Several universities and institutions offer PDCC, PDF, PDAF, and University-approved Fellowship programmes in Pain Medicine.

Both DM and FNB are recognized by the National Medical Commission (NMC).

Despite this progress, a substantial mismatch continues to exist between the need for Pain Physicians and the available training opportunities.

To bridge this gap, the academic arm of ISSP—the **Indian Academy of Pain Medicine (IAPM)**—continues to expand the prestigious:

Fellowship of Indian Academy of Pain Medicine (FIAPM)

This structured one-year, full-time fellowship programme is currently being conducted at dedicated centres across more than twenty locations in India.

Simultaneously, ISSP remains in continuous dialogue with the National Medical Commission regarding broader recognition and future expansion of Pain Medicine as an independent super-specialty branch.

However, we still have miles to go.

ISSP requests all stakeholders to actively explore and promote additional formal educational opportunities in Pain Medicine at their respective institutions. ISSP Headquarters shall always remain available to assist and support such initiatives.

Significant Initiatives Undertaken by ISSP Headquarters During the Past Year

- Creation of the Online Pain Physicians Directory on the official ISSP platform.
- Public-awareness video campaigns in multiple Indian languages.
- ISSP Headquarters Webinar Series on "Less Talked About Topics", such as 'Financial knowledge for Doctors, Practical Uses of AI in day-to-day practice and many more.
- ISSP Podcast Series.
- Expansion and strengthening of ISSP website and social media platforms.
- Formation of the ISSP Insurance Cell to support members facing reimbursement-related challenges.
- Creation of 'ISSP Hq' WhatsApp Channel
- Launch of an 'Observer-ship Programme in Percutaneous Spine Endoscopy' aimed at ensuring that Indian Pain Physicians remain aligned with global advances in Pain Medicine and are equipped with emerging skills and technologies.
- 'Project Empanelment of Pain Medicine in Insurance'

This initiative reflects ISSP's commitment to continuously expanding the scope of Pain Medicine and creating new opportunities for learning and clinical excellence.

...From the ISSP Secretariat

From Secretary's Desk

The Road Ahead

The future of Pain Medicine depends upon all of us.

No single institution, office bearer, chapter, or individual can achieve this transformation alone. It will require collective effort, uniform messaging, active participation, and a shared vision.

I therefore request every member to actively participate in ISSP initiatives, support public-awareness efforts, mentor younger colleagues, contribute innovative ideas, and help strengthen the identity of Pain Medicine across the country.

Your suggestions, concerns, and ideas are always welcome and may be shared with ISSP Headquarters at:

hq@issp-pain.org

Together, we can build a stronger specialty, create better opportunities for future Pain Physicians, and provide meaningful relief to millions of patients suffering from chronic pain.

With heartfelt gratitude to our President ISSP, Dr Sanjay Khanna; Past-President/ Past-Secretary, all Office Bearers and all Governing Council Members of ISSP and IAPM for their unwavering support in all our endeavors, we shall continue...

Long Live ISSP!
Long Live Pain Medicine!
Together, We Shall Win!

Warm Regards,

Anurag Agarwal

Prof. Dr. Anurag Agarwal
Honorary Secretary
Indian Society for Study of Pain (ISSP)

...From the ISSP Secretariat

From Treasurer's Desk

Dear Esteemed Members and Colleagues,

Greetings. As we look ahead to another impactful year for the Indian Society for Study of Pain (ISSP), I want to extend my heartfelt gratitude to each of you for your unwavering commitment to advancing Pain Medicine, across the nation.

Our collective mission relies heavily on academic excellence, continuous medical education, and robust organizational growth. To sustain this momentum and elevate our impact, robust financial health is essential.

As we prepare for our landmark annual event—ISSPCON 2027, to be held in the historic city of Kolkata in February 2027—I am reaching out to you with a strategic request.

A conference of this magnitude requires significant resources to ensure world-class scientific deliberations, international faculty exchanges, and seamless execution. To achieve this, we must actively expand our financial horizons. I earnestly request all our members, state chapters, and city branches to proactively connect and engage with multiple pharmaceutical industries and healthcare partners.

By broadening our corporate collaborations, we can:

Generate Essential Finances: Secure the necessary funding to make ISSPCON 2027 an unparalleled success.

Foster Academic Partnerships: Encourage industry-sponsored research, technological showcases, and educational grants that ultimately benefit our members and patients.

Strengthen Society Initiatives: Build a stronger corpus fund to support ISSP's year-round academic and awareness programs.

I urge you to utilize your professional networks to invite diverse pharmaceutical leaders to partner with us for the Kolkata conference. Let us work collectively to bridge science and industry for the betterment of our society.

Thank you for your continued support and dedication. I look forward to working closely with you all to make ISSPCON 2027 a grand success.

Warm regards,

Jai Hind
Long live ISSP

Rohit Lahori

Dr. Rohit Lahori
Treasurer, Indian Society for Study of Pain (ISSP)



Dr Rohit Lahori
Treasurer, ISSP

President's Message



Dr Sanjay Khanna

President ISSP

Dear Fellow Pain Physicians,

Something shifted in our recent meetings with the State and City branches of ISSP — and I want every member to feel it.

We sat together, we listened, and what rose to the surface was not merely a catalogue of challenges. It was something deeper, something that has perhaps been waiting to be said clearly and without apology:

We know who we are. It is time the world does too.
We are Pain Physicians.

Not Pain Specialists. Not Anaesthesiologist Pain Specialists. Not Regenerative Medicine practitioners or Spine Specialists wearing another hat. We are physicians who have chosen — with full conviction — to dedicate our professional lives to Pain Medicine. To the understanding, the diagnosis, and the treatment of chronic pain as a disease that deserves its own science, its own language, and its own champions.

That language matters. We do not give “blocks.” We perform Minimally Invasive Pain and Spine Interventions — MIPSIs — and there is a world of difference between those two descriptions. One diminishes. The other defines.

And our OPDs — they must be called Pain Medicine OPDs, and they must stand where every other specialty stands: among peers, in the mainstream of clinical medicine — not as an annex to an operation theatre, not as an afterthought, but as the destination patients seek when they are suffering and when no one else truly understands why.

This is not arrogance. This is accuracy.

I say to each one of you today: Hold your head high. The specialty you have chosen is not a subset of someone else's domain. It is a discipline with its own body of knowledge, its own interventions, its own philosophy of care — and it deserves your full pride and your fierce advocacy.

The future bearing down upon us is luminous. Recognition is coming. Respect is coming. The institutional standing we have long deserved is within reach — and we will reach it together.

The day of celebration is close. Stand firm until we get there.
With conviction and solidarity,

Long Live ISSP! Jai Hind!

With Best Regards,

Dr. Sanjay Khanna
President, Indian Society for Study of Pain (ISSP)

Vice-President Message

Dear Colleagues,

It is my privilege to connect with you through this edition of the ISSP Newsletter on behalf of the Indian Society for the Study of Pain. As we continue our shared journey in advancing Pain Medicine in India, I extend my sincere gratitude to every member who contributes through clinical excellence, academic engagement, teaching, research, and advocacy.

Pain Medicine in India is evolving rapidly, and ISSP remains committed to fostering excellence in education, innovation, multidisciplinary collaboration, and improved patient care. Our strength lies in our vibrant community of Pain Physicians, researchers, educators, and healthcare professionals who work tirelessly to improve the lives of patients living with pain.

As Vice President, I believe our collective responsibility goes beyond clinical practice—we must continue to mentor the next generation, strengthen scientific discourse, support evidence-based practice, and expand access to quality pain care across the country.

I encourage all members to actively participate in ISSP initiatives, chapter activities, academic programs, publications, and national meetings. Your engagement strengthens our society and helps shape the future of Pain Medicine in India.

Let us continue to work together with purpose, professionalism, and compassion to advance the science and practice of pain relief.

With warm regards,

Jai Hind
Long live ISSP

Debjyoti Dutta

Dr. Debjyoti Dutta
Vice President, ISSP



Dr. Debjyoti Dutta
Vice President, ISSP

President Elect Message



Dr. Naveen Malhotra
President Elect

Respected Seniors and Dear Members,

Namaskar !

It is a profound honour and a deeply humbling privilege to address you as your President-Elect. I extend my heartfelt gratitude to each member of our vibrant community for placing your immense faith in me. As I prepare to step into this role, I am highly conscious of the massive responsibility it carries. For over 40 years, the Indian Society for Study of Pain (ISSP) has stood as a beacon of clinical excellence and academic rigor. We owe this strong foundation to the stellar leadership of our predecessors and the unwavering dedication of around 4000 members.

Pain Medicine is evolving rapidly and our society has to be a inclusive, innovative, and technologically advanced body that serves our specialists and patients effectively.

NMC Recognition: We are aggressively pursuing with the National Medical Commission (NMC) to establish Pain Medicine as a fully recognized super speciality stream across India.

Policy and Insurance Advocacy : We are working to collaborate with government frameworks and private insurers to bring advanced pain interventions (MIPISs) under comprehensive healthcare schemes. This will protect patients and safeguard our clinicians' administrative standing.

Empowering the Next Generation: The youth are the current engine of our society. We are working on youth-centric research grants, increased number of dedicated fellowships, and hands-on training modules.

Bridging the Awareness Gap: No patient in India should suffer in silence simply because they do not know pain physicians exist. We have spearhead massive public health and digital awareness campaigns to highlight our specialized care.

Our Collective Journey

An organization is only as strong as its collective voice. I am working closely with our President, Dr. Sanjay Khanna, Hon. Secretary Dr Anurag Agarwal , our Governing Council, and each of you to transform these goals into reality. I invite your active feedback, innovative ideas, and scientific contributions to help shape our future initiatives. Let us join hands to ensure that we continue to light the path of relief and provide a superior, pain-free quality of life across our nation.

Long Live ISSP! Jai Hind!

With Best Regards,

Dr. Naveen Malhotra
President Elect, Indian Society for Study of Pain (ISSP)

IAPM - Dean's Message



Dr. Pradeep Jain

Dean, Indian Academy of Pain Medicine

Dear Colleagues

Greetings from the Indian Academy of Pain Medicine (IAPM), the academic heartbeat of the Indian Society for Study of Pain (ISSP).

In the evolving landscape of Pain Medicine, 2026 marks a pivotal year for IAPM. Our mission remains steadfast: to foster excellence in education, innovation, and interdisciplinary collaboration and nurturing the next generation of Pain Physicians across our country.

The Academy continues to focus on structured education and skill development through fellowship programs, workshops, online lecture series, clinical case discussions, CME and academic collaborations. It is encouraging to see increasing enthusiasm among young anesthesiologists who are choosing Pain Medicine as a dedicated career.

I would also like to emphasize the importance of ethical and rational practice of Pain Medicine. Our approach must always remain compassionate, judicious, and guided by the best available evidence.

The success of the ISSP is deeply rooted in its academic strength. As we look forward to our upcoming conferences and workshops, I urge every member to engage actively with the Academy's programs. Let us move beyond traditional boundaries, embracing innovation and compassion in equal measure.

Together, let's transform pain from a silent burden to a conquered frontier.

Long Live IAPM!

Long Live ISSP!

With warm regards,

Dr. Pradeep Jain

Dean, Indian Academy of Pain Medicine

IAPM – Registrar Message



Dr. (Major) Pankaj N Surange
Registrar , IAPM

At IAPM, our present focus is on “Training the Trainers” and improving the overall standard of Pain Medicine training in India.

Pain Medicine is growing rapidly with newer technologies, minimally invasive procedures (MIPSI), MisEpp Spine Endoscopy, Regenerative treatments, and advanced interventions. Our efforts are now focused on guiding and helping Pain Physicians to learn and adopt advanced, evidence-based, and more definitive interventions for better patient care.

We believe that the future of our specialty depends on proper training, practical exposure, ethical practice, and continuous learning. Therefore, IAPM is working towards improving the quality of fellowship and training programs across the country.

Special efforts are being made to make Program Heads and training centres more accountable. We are also working on stricter criteria for the selection and accreditation of training centres so that trainees receive proper infrastructure, adequate hands-on training, academic guidance, and good procedural exposure.

Our goal is not only to train skilled Pain Physicians, but also to develop responsible and ethical specialists who can provide safe and scientific treatment to patients.

IAPM is also pleased to introduce the **MisEpp Observership** initiative for eligible ISSP members with the desired clinical experience. This will be a **one-month observership** at accredited Pain Medicine centres performing a high volume of spine endoscopy procedures by Pain Physicians.

The program aims to provide structured clinical exposure to **Minimally Invasive Spine Endoscopic Pain Procedures (MisEpp)** and help experienced Pain Physicians understand patient selection, procedural workflow, peri-procedural planning, and practical aspects of adopting advanced Spine Endoscopy-based interventions in pain practice.

At the same time, we are encouraging research activities, superspeciality development, academic collaboration, and sharing of knowledge to strengthen the future of Pain Medicine in India.

With the support of teachers, trainers, institutions, and young doctors, we hope to build a stronger and more structured Pain Medicine ecosystem for the future.

With warm regards,

Jai Hind
Long live ISSP

Pankaj N Surange

Dr. (Major) Pankaj N Surange
Registrar , Indian Academy of Pain Medicine

From the Editor-in-Chief



Dr Gaurav Sharma

Editor in Chief, Indian Journal of Pain

Dear Members of ISSP,

Greetings from the Editorial Office of the Indian Journal of Pain (IJP).

It gives me immense pleasure to connect with all members of the Indian Society for Study of Pain through this newsletter. Over the past year, the journal has continued to grow in quality, visibility, and academic impact, reflecting the collective efforts of our authors, reviewers, associate editors, and editorial board members.

I would like to express my sincere gratitude to all our reviewers for their timely and constructive peer-review contributions, which remain the backbone of maintaining scientific rigor and publication quality. I also thank our authors for choosing IJP as a platform to disseminate their valuable research and clinical experiences. Special appreciation is extended to our Associate Editors and Editorial Board members whose dedication and expertise have been instrumental in ensuring efficient manuscript processing and maintaining high editorial standards.

As part of our ongoing efforts to strengthen the journal and ensure its long-term sustainability, a few important developments are being introduced:

Article Processing Charges (APC)

With effect from the upcoming publication cycle, an **Article Processing Charge (APC)** of ₹5,000 will be applicable for accepted research articles. However, to encourage academic participation and support our society members, APC will be completely waived for active ISSP members. For details, members can visit the ISSP website.

Journal Subscription Preferences

To streamline journal distribution and optimize resources, ISSP Headquarters will soon open a subscription preference window on the ISSP website from 15th June to 15th July 2026. Members will be able to choose their preferred mode of receiving the Indian Journal of Pain:

- Online access only
- For Print copy along with online access - Please fill out the form: <https://forms.gle/JV8unDNCGwam4FUB7>

Future circulation of journal copies will be based on the preferences submitted through this portal. Members are requested to update their choices once the window is functional.

Looking Ahead

As we strive to further enhance the journal's quality and reach, I invite suggestions from all stakeholders. Some areas where collective participation can significantly **contribute include:**

...From the Editor-in-Chief

- Submission of high-quality original research and multicentric studies.
- Increased participation in peer review and reviewer training initiatives.
- Encouraging citation of relevant IJP publications where scientifically appropriate.
- Development of special issues focusing on emerging areas of pain medicine.
- Greater involvement of young researchers and trainees through mentorship and academic writing workshops.
- Promotion of interdisciplinary research and collaborative publications.

The success of IJP belongs to the entire pain community. Together, we can continue to strengthen the journal's academic standing and establish it as a leading voice for pain medicine research from India and beyond.

Thank you for your continued trust, support, and commitment to advancing pain medicine.

Warm Regards,

Jai Hind
Long Live ISSP



Dr. Gaurav Sharma
Editor-in-Chief
Indian Journal of Pain

ISSP UPDATES 2026

- New Members of ISSP (from 16th November 2025 to 31st May 2026)
 - New Members - 115
 - Total Membership Count ISSP - 3710
- Creation of the 'Online Pain Physicians Directory' on the official ISSP website.
- **Public-awareness video campaigns in multiple Indian languages** on ISSP Hq Social Media Handles.
- **ISSP Headquarters Webinar Series on "Less Talked about Topics"**, such as 'Financial knowledge for Doctors, Practical Uses of AI in day-to-day practice and many more.
- **ISSP Podcast Series.**
- Expansion and strengthening of ISSP website and social media platforms.
- Formation of the **ISSP Insurance Cell** to support members facing reimbursement-related challenges.
- Creation of '**ISSP Hq' WhatsApp Channel**
- Launch of an '**Observer-ship Programme in Percutaneous Spine Endoscopy**' aimed at ensuring that Indian Pain Physicians remain aligned with global advances in Pain Medicine and are equipped with emerging skills and technologies.
- '**Project Empanelment of Pain Medicine in Insurance**'
- Enrollment for '**Print Copy of Indian Journal of Pain**'
- Implementation of '**AGBM Hyderabad Decisions**'

IAPM UPDATES 2026

IAPM Registrar Report

FIAPM Entry Examination October 2025 Update

The Indian Academy of Pain Medicine (IAPM) successfully conducted the FIAPM Entry Examination on 5th October 2025 for admission to the January 2026 Fellowship Batch, with a total participation of 41 candidates. Following a transparent and merit-based counselling process, candidates were allotted seats at accredited IAPM training.

A total of 20 fellowship seats were allotted across accredited IAPM training centres. The selected candidates were assigned to various centres based on their merit ranking and seat availability, ensuring equitable distribution of training opportunities among participating institutions. Eighteen candidates have successfully joined the fellowship program at various accredited IAPM centres across India

Candidates Allotted to FIAPM January 2026 Batch

1. Dr. Anusha Arepalli – IPSC Pain and Spine Hospital, New Delhi
2. Dr. Nishansh Singh Vimal – IPSC Pain and Spine Hospital, New Delhi
3. Dr. Kambham Nikhila – Daradia Pain Clinic, Kolkata
4. Dr. Anirudh P Pai – Daradia Pain Clinic, Kolkata
5. Dr. Shwetha C – PRANAA Pain Clinic, Hyderabad
6. Dr. Amulya – Praanaa Pain Management Centre, Bengaluru
7. Dr. Remya – Cortex Spine and Pain Care, Kozhikode
8. Dr. Priyanka Kalra – Artemis Hospital, Gurgaon
9. Dr. Swetha N S – JSS Medical College Hospital, Mysore
10. Dr. Sushmita Muraleedhar – ALGOS Multispeciality Pain Clinic, Bengaluru
11. Dr. Lia Varghese – The Painex Clinic, Pune
12. Dr. Vindhu Yadav – Daradia Pain Clinic, Kolkata
13. Dr. Aarzo – BLK Max Super Speciality Hospital
14. Dr. Dharamvir Singh – Sparsh Spine and Pain Centre, Indore
15. Dr. Ganesh Krishna – Krishna Institute of Medical Sciences, Secunderabad, Hyderabad
16. Dr. Balaji J – PRANAA Pain Clinic, Hyderabad
17. Dr. Samriddhi – AAS Pain Management Centre, Rohtak, Haryana
18. Dr. Samir Tarsekar – Cheers Multispeciality Hospital, Ahmedabad

The Academy congratulates all selected candidates and welcomes them to the FIAPM Fellowship Program. Through structured clinical training, academic mentorship, and hands-on exposure, IAPM remains committed to developing highly skilled specialists in the field of Pain Medicine.

During the year, the following fellows resigned from their respective training centres:

- Dr. Sruthi – Epione Pain Management Centre, Hyderabad
- Dr. Harika – Epione Pain Management Centre, Hyderabad

The Academy wishes them success in their future professional endeavours

IAPM UPDATES 2026

IAPM Central Academic Program January 2026 Update

The Indian Academy of Pain Medicine (IAPM) continues to advance its mission of academic excellence through a structured and comprehensive educational program for its fellows. Regular central teaching sessions were conducted from March to June 2026, providing focused training in various aspects of Pain Medicine.

During this period, a total of 14 academic lectures were successfully conducted by distinguished faculty members from across the country. The sessions covered a broad spectrum of topics, including pain assessment, evidence-based clinical practice, interventional pain procedures, case discussions, and recent advances in Pain Medicine, thereby enriching the academic experience of the fellows.

Under the leadership of Dean Dr Pradeep Jain and Registrar Dr Pankaj N. Surange, the academic program was actively coordinated and supported by Dr Kashinath Bangar, Dr Manjiri Ranade, Dr Swati Bhat, Dr Anshul Agarwal, Dr Chinmoy Roy and Dr Shovan Rath, whose dedicated efforts contributed significantly to the successful execution of the program. The Academy continues to provide high-quality academic training, mentorship, and clinical learning opportunities. Through its dedicated faculty and structured curriculum, IAPM remains committed to nurturing the next generation of Pain Medicine specialists and promoting excellence in patient care.



The Indian Academy of Pain Medicine (IAPM) successfully conducted the IAPM Exit Examination on 4th January 2026 at the M. S. Ramaiah Advanced Learning Centre, Bengaluru. The examination marked an important milestone for candidates completing their advanced training and professional development in Pain Medicine. A total of 27 candidates successfully passed the Exit Examination. IAPM congratulates all successful candidates and wishes them continued success in their professional careers

Candidates Successfully Passed the IAPM Exit Examination – 4th January 2026

1. Dr. Mahesh Menon
2. Dr. Priyanka D
3. Dr. Neha Sinha
4. Dr. Gopi Chellan
5. Dr. Sushil Kumar Jaiswal
6. Dr. Nivedha P
7. Dr. Santoshilaxmi

IAPM UPDATES 2026

8. Dr. Amruta R Mane
9. Dr. Gaurav Sharma
10. Dr. Preetham V
11. Dr. Shubhendu Singh
12. Dr. Kirti Kulkarni
13. Dr. A Prudvi Raj
14. Dr. Nidhi Gaur
15. Dr. Choppa Shiva Krishna
16. Dr. Chetana Chetan
17. Dr. Dipanjali Nath
18. Dr. Sitara A Y
19. Dr. Murali Krishna Chava
20. Dr. Dhvani Walawalkar
21. Dr. Rampal Singh
22. Dr. Ashish Goyal
23. Dr. Sowmya L N
24. Dr. Kaushik Sharma
25. Dr. Pratibha Yadav
26. Dr. Dimpi Gulati
27. Dr. Sindhu L



IAPM Session

The Academy extends its sincere appreciation to the examiners, faculty members, and organising committee whose efforts ensured the successful conduct of the examination. IAPM remains committed to maintaining the highest standards of education, assessment, and professional development in the field of Pain Medicine.

IAPM SESSION -ISSPCON 2026 (Hyderabad)

The session was chaired by the Dean, IAPM, and featured an esteemed panel of experts comprising Dr Gautam Das, Dr Kashinath Banger, Dr Sukhdeo Gupta, Dr Archana Deshpande, Dr Asha Barge, Dr Prateek, Dr Hitesh Patel, Dr Anurag Agarwal, Dr Manjiri Ranade, Dr Swati Bhat, Dr Anshul Agarwal and Dr Kailash Kothari. Through insightful discussions and expert feedback, the forum highlighted the importance of innovation, scientific thinking, and leadership among the next generation of Pain Physicians. The Young Innovators Forum reflects IAPM's continued commitment to nurturing creativity, encouraging research-driven solutions, and empowering future leaders in Pain Medicine.

The Indian Academy of Pain Medicine extends its heartfelt congratulations to all FIAPM awardees and wishes them continued success in advancing excellence in pain management, education, research, and patient care

FIAPM Convocation 2026: Celebrating Excellence in Pain Medicine

The Indian Academy of Pain Medicine (IAPM) held the FIAPM Convocation 2026 on 7th February 2026 to honour the successful candidates who fulfilled the requirements for the Fellowship in Pain Medicine and qualified through the IAPM Exit Examinations conducted during July 2025 and January 2026.

IAPM UPDATES 2026

The convocation ceremony celebrated the academic achievements, dedication, and commitment of the candidates who successfully met the standards of excellence established by the Academy. The event recognised physicians from diverse categories, including IAPM Trainees, Non-IAPM Trainees, Senior Pain Physicians, and candidates who completed a One- Year Fellowship Outside India, all of whom demonstrated outstanding commitment to advancing the science and practice of Pain Medicine.



Convocation ceremony

IAPM Young Innovators Forum 2026: Inspiring the Future of Pain Medicine

The Indian Academy of Pain Medicine (IAPM) successfully conducted the Young Innovators Forum during ISSPCON 2026 at The Park, Somajiguda, Hyderabad. The forum served as a unique platform for young Pain Physicians to present innovative ideas and future-oriented solutions that have the potential to transform pain medicine practice. Centred on the theme "One Slide. One Idea. One Future Direction in Pain Medicine," the session encouraged participants to showcase novel concepts, technologies, devices, software solutions, and innovative approaches aimed at improving patient care and advancing the speciality.

The following candidates were conferred the Fellowship of the Indian Academy of Pain Medicine (FIAPM) and were recognised during the convocation ceremony:

(Continue with the categorised list of candidates and certificate numbers.)

- Dr. Mahesh Menon – Senior Pain Physician
- Dr. Priyanka D – Non-IAPM Trainee
- Dr. Neha Sinha – Non-IAPM Trainee
- Dr. Gopi Chellan – Non-IAPM Trainee
- Dr. Sushil Kumar Jaiswal – Non-IAPM Trainee
- Dr. Nivedha P – Non-IAPM Trainee
- Dr. Santoshilaxmi C D – IAPM Trainee
- Dr. Amruta R. Mane – Non-IAPM Trainee
- Dr. Gaurav Sharma – IAPM Trainee
- Dr. Preetham V – IAPM Trainee
- Dr. Shubhendu Singh – Non-IAPM Trainee
- Dr. Kirti Kulkarni – Non-IAPM Trainee
- Dr. A. Prudvi Raj – IAPM Trainee
- Dr. Nidhi Gaur – Senior Pain Physician
- Dr. Choppa Shiva Krishna – IAPM Trainee
- Dr. Chetana Chetan – Non-IAPM Trainee

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- Dr. Dipanjali Nath – IAPM Trainee
Dr. Sitara A. Y. – IAPM Trainee
Dr. Murali Krishna Chava – Senior Pain Physician
Dr. Dhvani Walawalkar – IAPM Trainee
Dr. Rampal Singh – Senior Pain Physician
Dr. Ashish Goyal – Non-IAPM Trainee
Dr. Sowmya L. N. – Non-IAPM Trainee
Dr. Kaushik Sharma – IAPM Trainee
Dr. Pratibha Yadav – Non-IAPM Trainee
Dr. Dimpi Gulati – IAPM Trainee
Dr. Sindhu L – IAPM Trainee
- FIAPM Pass Candidates – July 2025**
- Dr. Aanchal Sharma – One-Year Fellowship Outside India
Dr. Sunita Magadeo Gaikwad – Non-IAPM Trainee
Dr. Sushpa Das – Non-IAPM Trainee
Dr. Uma Pradeepa Lakkaraju – IAPM Trainee
Dr. Avneet Saini – Non-IAPM Trainee
Dr. Pudi Sivaji – Non-IAPM Trainee
Dr. Kalagara Reshma – Non-IAPM Trainee
Dr. Patangankar Jyeshtharaj – Senior Pain Physician
Dr. Amol Anant Pandav – Senior Pain Physician
Dr. Ravindra Bethi – Non-IAPM Trainee
Dr. Uma Maheshwar Rao – Senior Pain Physician
Dr. Rekha Kone – Non-IAPM Trainee
Dr. Deepika Malatkar – Non-IAPM Trainee
Dr. Nagalaxmi Patnala – Senior Pain Physician
Dr. Sukhdeo Satyanarayan Gupta – Non-IAPM Trainee
Dr. Amarnath Reddy B – Senior Pain Physician

Gold Medalist 2025

The Indian Academy of Pain Medicine (IAPM) is pleased to announce that Dr Santoshilaxmi C D from CHERRS Multi-Speciality Hospital has been recognised as the Gold Medalist 2025 for securing the highest marks in the IAPM Exit Examination.

This outstanding achievement reflects her academic excellence, dedication, and commitment to advancing the field of Pain Medicine.

The Indian Academy of Pain Medicine extends its heartfelt congratulations to Dr Santoshilaxmi C. D. on this remarkable accomplishment and wishes her continued success in her professional and academic journey.



**Dr Santoshilaxmi C D
Gold Medal Awardee 2025**

IAPM UPDATES 2026

The Indian Academy of Pain Medicine extends its heartfelt congratulations to all newly inducted Fellows and wishes them continued success in advancing the science and practice of Pain Medicine. The Academy remains committed to fostering excellence in education, research, and patient care through its fellowship programs and academic initiatives.

FIAPM Entry Examination July 2026 Update

The Indian Academy of Pain Medicine (IAPM) successfully conducted the FIAPM Entry Examination on 26th April 2026 for admission to the July 2026 Fellowship Batch. A total of 26 candidates participated in this competitive examination. Following the successful completion of the examination, the counselling and centre allotment process was conducted, and candidates were allotted to various IAPM-accredited training centres across the country based on merit, preferences, and seat availability.

The following candidates were allotted:

1. Dr Pachuru Kishore – Daradia Pain Clinic, Kolkata
2. Dr Chinmayee Satapathy – Health Village Hospital, Bhubaneswar
3. Dr Rahul Kumar – Cheers Multispeciality Hospital, Ahmedabad
4. Dr Milan Hande – K.K. Care Hospital, Pune
5. Dr Shruti Verma – Centre of Pain Relief, Verma Union Hospital, Indore

The Academy congratulates all selected candidates and welcomes them to the FIAPM Fellowship Program. Through structured clinical training, academic mentorship, and hands-on exposure under experienced faculty members, IAPM continues its mission of developing highly skilled Pain Medicine specialists committed to excellence in patient care.

IAPM Accredited Centre Status Update

Newly Accredited Centres

The following centres have recently been granted IAPM accreditation:

- IPSC Pain & Spine Hospital, New Delhi - Program Head: Dr. Pankaj N. Surange
- Algos Multispeciality Pain Clinic, Bengaluru - Program Head: Dr. Khaja Javed Khan
- Pranaa Pain Management Centre, Bengaluru - Program Head: Dr. Kalpana K.
- BLK Max Super Speciality Hospital, New Delhi - Program Head: Dr. Aanchal Sharma

Centres Removed

The following centre has been removed from the IAPM accredited centre list:

- SMBT Institute of Medical Sciences & Research Centre - Program Head: Dr. Vishal Gunjal

Accreditation Process Ongoing

The following centre is currently undergoing the IAPM accreditation process:

- Namco Hospital, Nashik, Maharashtra - Program Head: Dr. Vikram Sonawane

IAPM UPDATES 2026

IAPM Centres for the Year 2026 - 2027

1. Epione Pain Management Centre, Hyderabad
2. Choithram Hospital & Research Centre, Indore
3. The Painex Clinic, Pune
4. K.K. Care Hospital, Pune
5. Health Village Hospital, Bhubaneswar
6. JSS Medical College Hospital, Mysore
7. Sparsh Spine and Pain Centre, Indore
8. Artemis Hospital, Gurgaon
9. Jaslok Hospital, Mumbai
10. Centre of Pain Relief, Varma Union Hospital, Indore
11. Krishna Institute of Medical Sciences, Secunderabad, Hyderabad
12. Cortex Spine and Pain Care, Kozhikode
13. PRAANAA Pain Clinic, Hyderabad
14. Ashirvad Institute of Pain Management and Research
15. AAS Pain Management Centre, Rohtak, Haryana
16. Cheers, Multispeciality Hospital, Ahmedabad
17. Bhopal Spine and Pain Relief Centre
18. Daradia Pain Clinic, Kolkata
19. Advanced Pain Care Clinic, Surat
20. BLK MAX Super Speciality Hospital
21. Praanaa Pain Management Centre, Bengaluru
22. ALGOS Multispeciality Pain Clinic, Bengaluru
23. IPSC Pain and Spine Hospital, New Delhi

...ISSP State Chapter Activities

Karnataka State Chapter

Department of Anaesthesiology and Pain medicine, Basavesnhwara Medical College and Hospital Chitradurga in association with Indian Society for Study of Pain, Karnataka successfully conducted a Hands on Ultrasound guided Workshop on Chronic pain on 14 December 2025.

The workshop witnessed enthusiastic participation with 57 delegates and 18 faculty members, engaging across 9 hands-on Stations, making it a truly enriching academic experience.



The Annual General body meeting of the Karnataka State Chapter of the Indian Society for The Study of Pain (ISSP) for the year 2026 was held on 28 March 2026 at Hotel Sheraton Yashwantpur Bengaluru

On May 3rd the Installation and Handing Over Ceremony of the new office bearers of ISSP Karnataka was successfully held at The Chancery Pavillion, Bengaluru.

Dr. Anurag Agarwal, Honorary Secretary of National ISSP, graced the occasion as the chief guest. The event also featured the felicitation of all outgoing office bearers and senior Pain Physicians in recognition of their dedicated service and valuable contributions to the society.



...ISSP State Chapter Activities

Kerala State Chapter

EC Meetings :

SSP Kerala conducted 3 EC meetings in this quarter-

- a) 08/11/25 at Thrissur Medical College
- b) 25/01/26 at Calicut
- c) 27/04/26 Online Meet



EC meeting on 25/01/2026

Monthly Online Academic Webinars



SSP Kerala continues to successfully conduct the monthly online webinars. We usually have an attendance of 90-100 delegates. All webinars will have around 30-45 mins talk and at least 30mins of extensive discussion on the topics covered.

Offline Academic Activity

A workshop on advanced pain procedures was organized by SSP Kerala and conducted at Cortex Spine and Pain Care, Calicut on 25/01/2026. Dr. Shantanu Mallick was our esteemed faculty. The workshop included live demonstration on patients and since it was for a focussed group of Pain Physicians, all delegates got enough hands on experience also.



One day workshop on advanced pain procedures – our esteemed faculty Dr. Shantanu Mallick

Participation as Faculty in various Regional, State, National Meetings

1) Dr Nishad P K (President, SSP Kerala), Dr Vineetha G Gopal (Hon secretary, SSP Kerala), Dr Tisha Ann Babu (Vice President, SSP Kerala), Dr Firoz Khan (Treasurer, SSP Kerala), Dr Unnikrishnan (Past President, SSP Kerala), Dr Shalina Chandran (GC member, SSP Kerala) and Dr Dilesh K participated as faculty in the 40 th Annual National Conference of ISSP- ISSPCON 2026 at Hyderabad on 05-08 th Feb 2026.



Faculty at ISSPCON 2026

...ISSP State Chapter Activities

...Kerala State Chapter

... Participation as Faculty in various Regional, State, National Meetings



Dr. Vineetha presenting at SPARC 2026 at SGPGI, Lucknow

2) Dr Vineetha G Gopal serves a regular faculty for the various pain courses organised by Pallium India's Trivandrum Institute of Palliative Sciences (WHO collaborating centre for Training and Policy on Access to Pain Relief). On Jan 2026, she took a class on Non-Cancer Chronic pain for the participants of the 6 weeks Certificate Course in Pain and Palliative Medicine (CCPPM). Dr Vineetha also participated as faculty in SPARC 2026-a Head and Neck CME organised by Dept of Pain Medicine, SGPGI Lucknow. She also presented a series of case based discussions titled "Low Back Stories" in the online program 'Anaesthesia Connect' organised by ISA Kerala.

3) Dr Shalina Chandran participated as faculty for various academic events like AGPUCON 1.0 at AIIMS Gorakhpur, 1st Annual Odisha State Pain Conference OSPCON 2026 (Plantar Fasciitis and Heel Pain), Daradia's 10 th and 11th Cadaveric Workshop at Ramaiah Advanced Learning Centre, TRAPE 3.0 at Thangam Cancer Centre, Namakkal (shoulder USG masterclass).

Dr. Shalina Chandran at AGPUCON 2025 and TRAPE3.0



Dr Unnikrishnan and Dr Dilesh K, presenting at Pain 360



4) Dr. Unnikrishnan gave a talk on the role of regenerative medicine in PAIN 3600-a CME organised by Dept of Anestehsiology, Velammal Medical College, Madurai.

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2026 ജനുവരി 29 വ്യാഴം
മാസം മുതൽ 1 വരെ

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CORTEX SPINE AND PAIN CARE
Ernakulam, Civil Station Post, Calicut
www.cortexpaincare.com

5) Dr Nishad P K presented the topic "Trigeminal Neuralgia- A case based approach" in the online monthly webinar organised by Indian Society of Pain Clinicians.

Dr Nishad's talk on Trigeminal Neuralgia

Camp on knee pain newer treatment options awareness conducted at Cortex Spine and Pain Care, Calicut



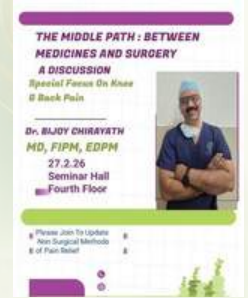
6). Dr Dilesh gave a talk on Cancer Pain Management in PAIN 3600-a CME organised by Dept of Anestehsiology, Velammal Medical College, Madurai. He also presented 'Clinical Anatomy of Foot and Ankle' in the monthly online webinar series by TN Pain Warriors.

...ISSP State Chapter Activities

...Kerala State Chapter

7. Dr Bijoy Chirayath talked on “The Middle path: Between Medicines & Surgery- A discussion (special focus on back and knee pain) at monthly CME organised by ISA Thrissur city branch.

Talk by Dr. Bijoy Chirayath at ISA Thrissur city branch meeting



Awareness activities

- Dr Tisha Ann Babu gave a public awareness talk on Knee pain at Lourdes Hospital as a part of the ‘Únarvu’ program
- Dr Firoz Khan gave an awareness talk on ‘Pain Management’ for general practitioners, organized by IMA CGP Kazhakootam, Trivandrum
- Dr Shamna Salam wrote an article “The Pain-Problem Solver: How an Interventional Pain Physician Transforms Lives” in the magazine published by SP Medifort Hospital, Trivandrum.
- Dr Nishad Pk and Dr Najwa P T conducted a Knee Pain Awareness Camp at their clinic, Cortex Spine and Pain Care, Calicut.



Awareness talk by Dr Firoz Khan for General Practitioners conducted by IMA Kazhakootam branch



Public awareness talk by Dr. Tisha at Lourdes Hospital



Social Media Activities



A. Dr Vineetha G Gopal, Dr Najwa PT, Dr Abdu Samad and Dr Remya published videos on various topics in social media platforms like Youtube/Instagram.

Publications

Dr Shalina Chandran has one publication (co-author)

Das, Sushpa; Das, Gautam; Sharma, Gaurav1; Amatya, Shirish Prasad; Hota, Smruti Rekha; Milton, Anamul Haque; Jayaram, Prajna; Chandran, Shalina; Poudel, Hari; Sharma, Vikas S.2. Efficacy of Bone Marrow Aspirate Concentrate Versus Platelet-rich Plasma in Knee Osteoarthritis: A Systematic Review and Meta-analysis. Indian Journal of Pain 39(3):p 121-130, Sep–Dec 2025.

...ISSP State Chapter Activities

Tamil Nadu State Chapter

Minutes of online meeting of TN ISSP held On , 04/01/2026 as per the announcement. Meeting started sharply by 9 am **Dr.G.K.Kumar, Past President** , and **Dr.Karthik Babu Natarajan** also requested the members to form an office bearers to take forward the TN ISSP. All the attended members also insisted and agreed to revamp the TN SSP by selecting new office bearers. Members are selected and consented to take over as designated post. The meeting was concluded with vote of thanks by the Secretary.

We conducted an ONLINE GBM on 01/03/2026, March 1st, Sunday between 10am to 11am.

Agendas discussed are:

- Registration process of our chapter
- Monthly academic online meeting
- Tamilnadu state ISSP Conference / CME
- Other activities regarding Public Awareness.

We started with our First Online Webinar on 19/03/2026 and conducting it every month, 3rd week Thursday. Details submitted.

Indian Society for Study of Pain (Indian Chapter of IASP)

TAMILNADU ISSP

INVITES YOU TO
JOIN MONTHLY WEBINAR

Speakers

Dr. Pravesh Kanthed
DA, DNB, FIPP, FIAPM, Senior Consultant and Head, Department of Pain Medicine
Cholthram Hospital, Indore
Director- Meru Spine & Pain Centre, Indore
Topic : Interpreting MRI as a Pain Physician

Dr. G.S. Anand Kumar
MD, FIPP, Senior Consultant Pain Physician
Apollo Hospitals, Chennai.
Topic : Interesting Case discussion

Organising Team

Dr. S.S. Sukumar
President
TN ISSP

Dr. R. Vidya
Vice President
TN ISSP

Dr. Rajesh J
Hon Secretary
TN ISSP

Dr. Senthil Prakash
Treasurer
TN ISSP

Scan Me
Google Meet
Joining info

Google Team Meeting
DATE : 16 April 2026
TIME : 8.00pm - 9.00pm

Indian Society for Study of Pain (Indian Chapter of IASP)

TAMILNADU ISSP

INVITES YOU TO
JOIN MONTHLY WEBINAR

Speakers

Dr. Anurag Agarwal
Hon. Secretary, ISSP National
Topic : Current Trends & Recent Advances In Pain Medicine

Dr. S.S. Sukumar
President TN ISSP
Topic : Case Discussion

Organising Team

Dr. S.S. Sukumar
President
TN ISSP

Dr. R. Vidya
Vice President
TN ISSP

Dr. Rajesh J
Hon Secretary
TN ISSP

Dr. Senthil Prakash
Treasurer
TN ISSP

MEETING ID :
9360554690142
PASSCODE : uc9y73

Microsoft Teams Meeting
DATE : 19 MARCH 2026
TIME : 20:00 - 21:00 (IST)

...ISSP State Chapter Activities

Telangana State Chapter

ACTIVITIES BY TELANGANA ISSP MEETS

- 21st NOVEMBER
- 14th DECEMBER
- 30th JANUARY
- 21st FEBRUARY



...ISSP State Chapter Activities

West Bengal State Chapter

Panel Discussion on Paediatric Pain

On 15th November 2025,

On the occasion of Children's Day, WBSSP had put an immense focus on paediatric pain. WBSSP in association with ESI Institute of Pain Management had arranged a panel discussion on paediatric pain – its various perspective, multi-dimensional aspects and multi-modal treatment. Panellists were the representatives of clinicians and the society. The esteemed panellists were – Dr. Dona Banerjee (Paediatrician), Dr. Debbanhi Barua (Parent), Mrs. Kriti Jajodia (Consultant Psychologist), Mrs. Madhumita Sen (Teacher). Session was moderated by Dr. Gargi Nandi. With great enthusiasm, many children participated in the program. Almost 75 delegates & faculties attended the program. Motto to raise the awareness of paediatric pain was highly fulfilled. Many senior members of WBSSP participated in the program. It was a grand success.



Enthusiastic audience, eminent faculties & active participants

WBSSPCON 2025-26: State conference (WB State Chapter - ISSP) 13th and 14th December 2025



Annual Conference of the West Bengal Society for the Study of Pain (WBSSP), was hosted by the Department of Anaesthesiology & Pain Medicine at Jhargram Government Medical College & Hospital (JGMCH). The event, held on 13th and 14th December 2025, served as a significant academic gathering for medical professionals specializing in pain management and anaesthesiology in the region. Prof. (Dr.) Susmita Bhattacharya – Principal, JGMCH was Patron-in-Chief. Dr. Debdipta Das was the organizing Secretary. Dr. Avijit Banerjee was president WBSSP & organising chairperson, Dr. Sanjay Patawari was organising co-chairperson, Dr. Debolina Ghosh was Secretary, WBSSP. Dr. Krishna Poddar, President ISSP was present in the program. Dr. Bibhukalyani Das, Dr. Dipasri Bhattacharya, Dr. Rita Pal – past presidents of WBSSP and many other dignitaries were present in the program.

...ISSP State Chapter Activities

...West Bengal State Chapter

On 13th December 2025 (Day 1) Hands on workshop was conducted on USG scanning on volunteers & fluoroscopy guided pain interventions were demonstrated. Eminent experts from all over India shared their knowledge and expertise with the delegates.

On 14th December (Day 2) whole day CME took place on several topics of pain management starting from case-based discussions and demonstrations to different informative panel discussions. Dr.

Anurag Agarwal, Hon. Secretary ISSP gave an online motivational and exclusive message to WBSSP members. An MCQ book on Pain medicine (2nd Vol) authored by Dr. Debojyoti Dutta & Dr Chinmay Roy was released in this occasion by President ISSP, President WBSSP, Dr. Bibhukalyani Das one of the eldest members of WBSSP. Inaugural program, lamp lighting, and past president felicitation program held on the same day afternoon. It was followed by Annual General Body Meeting & Election.



Enthusiastic audiences with great success
of WBSSPCON 2025-26

Formation of New EC

President : Dr Sanjay Patawari

Vice-President : Dr Pratyusha Sinha

Hon. Secretary : Dr Debolina Ghosh

Hon. Joint Secretary : Dr Samir Basak

Hon. Treasurer : Dr Debasish Jatua

Scientific Secretary: Dr Gargi Nandi

Executive Committee members: Sayanee Mukherjee, Dr. Saswati Mukherjee, Dr. Manish De, Dr. Manglik Das, Dr. Abhirup Nayek, Dr. Dipak Kumar Dash, Dr. Debdipta Das, Dr. Rituparna Das, Dr. Mousumi Sen, Dr. Sayan Manna (Co-member).

Though the new committee of office bearers has been formed – as per the decision taken in previous AGBM, charge handover would be from 1st April 2026 onwards.

...ISSP State Chapter Activities

...West Bengal State Chapter

APRIL 2026

CME on Methadone in Cancer Pain (2nd April 2026)

WBSSP had organized a CME on Methadone in Cancer Pain at Chittaranjan National Cancer Institute, Newtown Campus on 2nd April 2026.

Welcome address was delivered by Dr Debolina Ghosh, Hon. Secretary, WBSSP. There were two important topics of discussion. A lecture on 'Methadone in Cancer pain' was delivered by Dr Anurag Sarkar from CNCI, moderated by Dr Sanjay Patawari and Dr Rudranil Nandi. Dr Sounak Roy delivered on 'Interventions in cancer patient'. That was moderated by Dr Krishna Poddar and Dr Gargi Nandi.

Dr Krishna Poddar (Past president, ISSP) was present as the guest of honour in the program. Almost 50 delegates of various specialities from various hospitals from Kolkata participated in the CME. It was a grand success with the motto to spread the awareness.

CME was followed by the installation ceremony of the new committee of office bearers and the formal handover of the presidential charge of WBSSP.

Dr. Avijit Banerjee handed over presidential charge to Dr Sanjay Patawari.

President, WBSSP – Dr Sanjay Patawari

Hon. Secretary, WBSSP – Dr Debolina Ghosh

Vote of thanks was delivered by Dr Debasish Jatua, HOD.



...ISSP State Chapter Activities

Bhubaneswar City Branch

1) 1 st Annual Odisha State Pain Conference (OSPCON), December 6 & 7, 2025

Theme: Advancing the Future of Pain Medicine in Odisha

The 1st Annual Odisha State Pain Conference – OSPCON 2025 was successfully organized on December 6, & 7 under the theme “Shaping the Future of Pain Medicine in Odisha and Beyond”, bringing together eminent Pain Physicians, anesthesiologists, academicians, and healthcare professionals from across the country. The conference featured an enriching scientific program focused on evidence-based pain management, recent advances in interventional pain medicine, regenerative therapies, cancer pain, perioperative pain, and musculoskeletal disorders.

The inaugural day included high-impact plenary sessions on spinal pain, followed by theme-based sessions like musculoskeletal pain, joint pain session, pro-con debate and cancer pain management. Experts deliberated on current evidence, evolving interventions, and practical approaches in pain medicine. The scientific sessions also highlighted advanced interventional procedures including radiofrequency ablation, vertebroplasty, kyphoplasty, and spine endoscopy.

One of the major attractions of the conference was the interactive Pro-Con Debate Session, where experts discussed contemporary controversies in adhesive capsulitis and knee osteoarthritis interventions. Interactive panel discussions on establishing pain clinics in medical colleges and smaller towns further emphasized the growing importance of pain medicine as a specialty in India. Poster presentations and quiz competitions encouraged active participation from postgraduate students and young practitioners. Despite Indigo flight disruptions at the very last moment, we could arrange few lectures over zoom platform. The conference saw an overwhelming participation of around 200 delegates, not only from all corners of Odisha but also from AP, WB, Arunachal Pradesh, Chennai, Delhi, Bangalore, Nepal & Bangladesh.

Four Workshops on 2nd day: Hands-on Learning and Skill Development

- i) The MSK Ultrasound Workshop provided extensive live demonstrations and hands-on training in ultrasound-guided pain procedures involving cervical, shoulder, thoracic, elbow, wrist, knee, ankle, and lower limb interventions. Participants rotated through multiple scanning stations under expert guidance, enabling direct skill acquisition in musculoskeletal ultrasonography.
- ii) The USG Guided Regional Nerve Block & Acute Pain Workshop focused on fascial plane blocks, upper and lower limb blocks, and perioperative pain techniques. Delegates received structured training in ultrasound-guided regional anesthesia and acute pain management through live demonstrations and supervised practical sessions.
- iii) The Radiofrequency Ablation (RFA) Workshop offered detailed academic discussions and video demonstrations on conventional, pulsed, and cooled RFA techniques along with their applications in trigeminal neuralgia, facet joint pain, genicular nerve pain, peripheral nerve pain, and biacuplasty. Live cases were transmitted from the OT where delegates interacted with the experts and cleared doubts. Experts shared valuable insights into patient selection, imaging guidance, and precision lesioning techniques.
- iv) Finally, the Essential Pain Management (EPM) Workshop for Nurses emphasized the critical role of nursing professionals in pain assessment, opioid safety, WHO pain ladder implementation, and multidisciplinary pain care. The workshop aimed to strengthen pain education and awareness among nursing staff.

OSPCON 2025 concluded on a highly successful note, fostering academic exchange, interdisciplinary collaboration, and practical learning. The conference marked an important milestone in strengthening pain medicine education and advancing comprehensive pain care in Odisha and beyond.

...ISSP State Chapter Activities

...Bhubaneswar City Branch

2) Webinar

As part of the continuing academic and educational initiatives associated with the organizing team, a separate educational webinar was also conducted successfully following the conference activities. The webinar, titled “Neurolysis of Genicular Nerves in Knee OA: Precise Targeting & Recent Evidence”, was delivered by Dr. Tony K. T. Ng, Consultant Pain Medicine Specialist, Sydney Pain Management Centre. The session was moderated by Dr. Rajendra Sahoo, with academic coordination by Dr. Subhamay Nanda. The webinar witnessed enthusiastic participation from around 100 delegates, including healthcare professionals, postgraduate students, and pain practitioners from different regions. The session focused on recent evidence, evolving interventional strategies, and precision techniques in the management of knee osteoarthritis pain, encouraging interactive discussions and active audience engagement. The webinar further strengthened academic networking and dissemination of contemporary pain medicine practices beyond the conference platform.



...ISSP State Chapter Activities

Chandigarh City Branch

The Department of Anaesthesia and Intensive Care at PGIMER, Chandigarh, in collaboration with the ISSP Chandigarh City Branch, commemorated International Pain Management Day with a Continuing Medical Education (CME) program titled “Acute Postoperative Pain Management – Early Relief, Faster Recovery.” The event aimed to raise awareness about the impact of pain on quality of life and to advocate for improved pain management.

The program commenced with a warm welcome address by Prof. Kajal Jain, followed by introductory remarks from Prof. Y.K. Batra, Past President of ISSP Chandigarh Branch. In her Presidential address, Prof. Sukanya Mitra, provided an insightful overview of acute postoperative pain, emphasizing its clinical significance. Prof. Neerja Bharti, Secretary of ISSP Chandigarh, highlighted the importance of the ‘International Pain Management Day’ and convey the message that “Pain relief should be the human right.” A brief celebration marked the occasion with a ceremonial cake cutting, symbolizing the collective commitment to advancing pain management practices.

Experts from various hospitals of the Tricity shared insights on postoperative assessment of pain, multimodal pain therapy, and the advanced analgesic techniques in pain management, showcasing innovations in the field. About 75 doctors including PG students from various medical colleges were participated in the program. The academic sessions culminated with an engaging quiz session.

This CME served as a vital platform for knowledge exchange and reaffirmed PGIMER’s commitment to excellence in anaesthesia and pain care.



...ISSP State Chapter Activities

Delhi City Branch

ISSP Delhi International Webinar 2026

The Indian Society for Study of Pain (ISSP) – Delhi Chapter successfully organized an international webinar on 22nd January 2026 from 6:30 PM IST onwards through the Zoom platform. The academic event witnessed enthusiastic participation from approximately 100 delegates, including Pain Physicians, anesthesiologists, postgraduate students, and healthcare professionals from across India and neighboring countries.

The webinar featured two distinguished international faculty members. Professor (Dr.) JinWoo Shin, MD, PhD, President of the Korean Pain Society and Professor at Seoul Asan Medical Center, South Korea, delivered an excellent lecture on “Spinal Epidural Balloon Decompression and Adhesiolysis.” His session focused on advanced minimally invasive interventional pain procedures, technical aspects of epidural balloon decompression, indications, and clinical outcomes in chronic spinal pain management.

The second invited faculty, Dr. Ken-Yi Lui, MD, M.Anaes, FCAI, DESCAIC, FIPP, CIPS, Senior Lecturer and Consultant Anaesthesiologist & Pain Physician from University Malaya Medical Centre, Malaysia, delivered an engaging talk on “Stimulation Beyond the Skin: Neuromodulation for Acute & Chronic Pain.” His presentation highlighted recent advances in neuromodulation, practical clinical applications, and evolving strategies in the management of acute and chronic pain conditions.

The webinar sessions were highly interactive and followed by an engaging discussion and question-answer session moderated by Dr. Debesh Bhoi, Gen Secretary, ISSP Delhi.

Dr Mithilesh Kumar ,Treasurer and vote of thanks by senior pain physician Dr GP Dureja (President) Dr Pradeep Jain.Participants appreciated the scientific quality, practical relevance, and international collaboration showcased during the webinar.

The program received overwhelmingly positive feedback from attendees, many of whom expressed interest in more such international academic interactions in the future. ISSP Delhi Chapter expressed sincere gratitude to all faculty members, delegates, and organizing committee members for their support and contribution towards making the webinar a grand success.



**INDIAN SOCIETY FOR STUDY OF PAIN
DELHI CHAPTER**

Invites you to
ISSP DELHI WEBINAR

22nd January, Thursday
Time: 6:30 PM (IST) onwards

Zoom Meeting ID: 9810134924
Password: DPMC2022

INVITED FACULTY

Professor (Dr) JinWoo Shin. M.D., PhD.
“Spinal Epidural Balloon Decompression and Adhesiolysis”
Department of Anesthesiology and Pain Medicine,
SEOUL ASAN Medical Center, South Korea
University of Ulsan College of Medicine
President, Korean Pain Society
Developer of the world's first spinal epidural balloon decompression technique

Dr Ken-Yi Lui.
MD, M.Anaes, FCAI, DESCAIC, FIPP, CIPS
“Stimulation beyond the Skin:
Neuromodulation for Acute & Chronic Pain”
Senior lecturer, Consultant Anaesthesiologist & Pain Physician,
Universiti Malaya Medical Centre
Clinical Lead for Regional Anaesthesia and Pain Medicine
Secretary in the Malaysian chapter of WIP
Executive committee member of the Malaysian Association for the Study of
Pain and the Malaysian Society of Interventional Pain Practitioners.

Moderator: Dr Debesh Bhoi
Gen Secretary, ISSP-Delhi

Governing Council Members
Dr. Anand Manchla
Dr. Nitin Hayaran
Dr. Akhilesh Gupta
Dr. Mahindra Biswas
Dr. Manish Kohli
Dr. Jyotana Aggarwal

Dr G P Dureja
President
ISSP-Delhi

Dr. Mithilesh K Mishra
Treasurer
ISSP-Delhi

Email: issp.delhi@gmail.com

...ISSP State Chapter Activities

Gurugram City Branch

1. Organized a "Pain CNE" for nursing education about Pain Medicine in collaboration with BLK MAX Hospital. It included various lecture like pain assessment, multimodal approach and various MIPSIs in March 2026

Talks presented by 2 ISSP members

- (i) Dr. Aanchal Sharma
- (ii) Dr. Aarzo Singh



2. Dr. Chander Mukhi Mathur won the ladies winner trophy in a golf tournament and also the straightest drive in Jaipur Legacy tournament

3. Dr. Deep Divanshu Lall, was invited to present about Role of Pain Medicine & Palliative care in Cancer Pain, event organized on 17/01/2026 by ONCO Rehab Department of Manipal Hospitals Dwarka.



...ISSP State Chapter Activities

...Gurugram City Branch

4. Dr. Namrata successfully treated a TFCC tear with PRP therapy and was appreciated in the local newspaper.



5. Dr. Ashu Jain and Dr. Meenu did an interactive session on low back pain among local residents in Gurugram City.



6. Successfully Conducting monthly Journal Club

| GURUGRAM CITY BRANCH OF INDIAN SOCIETY FOR STUDY OF PAIN | | GURUGRAM CITY BRANCH OF INDIAN SOCIETY FOR STUDY OF PAIN | | GURUGRAM CITY BRANCH OF INDIAN SOCIETY FOR STUDY OF PAIN | | GURUGRAM CITY BRANCH OF INDIAN SOCIETY FOR STUDY OF PAIN | |
|---|--|--|--|--|---|--|---|
| Monthly Journal Club | | Monthly Journal Club | | Monthly Journal Club | | Monthly Journal Club | |
| 23th Jan (Friday) @ 8 PM | | 20th Feb (Friday) @ 8 PM | | 20th March (Friday) @ 8 PM | | 17th April (Friday) @ 8 PM | |
| Presenter 1 Dr. K. Ashwin MBBS, MD, PhD (Dissertation) Senior Consultant, Pain & Palliative Care Artemis Hospital, Gurugram, Haryana Topic: Bisphosphonates in CPRS - Current Evidence (Various articles) | Presenter 2 Dr. Anjali Mohan Consultant, Department of Pain Medicine, Fortis Hospital, Gurugram | Presenter 1 Dr. Anju Duhhan MBBS, MD (Dissertation), MCh (Pain Medicine) Senior Consultant, Pain & Palliative Care Artemis Hospital, Gurugram, Haryana | Presenter 2 Dr. Manoj Sharma Consultant, Pain and Palliative Care, Artemis Hospital, Gurugram | Presenter 1 Dr. Priyanka Kalra MBBS, MD (Dissertation) Fellow, Department of Pain Medicine, Artemis Hospital, Gurugram | Topic 1 3D nerve proximity mapping of the medial branch of lumbar dorsal ramus: An anatomical study | Presenter 1 Dr. Anamika Yadav Senior Consultant, Pain and Palliative Care, Artemis Hospital, Gurugram | Topic 1 Is Fibromyalgia a Nociceptive or a Mixed pain Condition? International, Multidisciplinary Recommendations for Pain Phenotyping in Fibromyalgia Syndrome |
| Moderator Dr. Aanchal Sharma Principal Consultant & HOD, Department of Pain Medicine & Palliative Care BLK MAX Superspecialty Hospital, New Delhi | | Moderator Dr. Deep Divanshu Lall Consultant Pain Medicine & Palliative care MANIPAL HOSPITALS DELHI-NCR | | Moderator Dr. Deep Divanshu Lall Consultant Pain Medicine & Palliative care MANIPAL HOSPITALS DELHI-NCR | | Moderator Dr. Deep Divanshu Lall Consultant Pain Medicine & Palliative care MANIPAL HOSPITALS DELHI-NCR | |
| Faculty 1 Dr. Ashu Kumar Jain Chairman/Chief, Department of Pain Medicine, Artemis Hospital, Gurugram | | Faculty 1 Dr. Ashu Kumar Jain Chairman/Chief, Department of Pain Medicine, Artemis Hospital, Gurugram | | Faculty 1 Dr. Ashu Kumar Jain Chairman/Chief, Department of Pain Medicine, Artemis Hospital, Gurugram | | Faculty 1 Dr. Ashu Kumar Jain Chairman/Chief, Department of Pain Medicine, Artemis Hospital, Gurugram | |
| Faculty 2 Dr. Taruna Penmetcha Chair and program director, Pain management, John Stroger Hospital of Cook County, Chicago, Illinois (USA) | | Faculty 2 Dr. Varsha Kurhade Director & Program Head (DRPM) & Care Hospital, Charholi, Pune, Indraprastha Cancer Hospital & Research Institute, Pune, Mimer Medical College, Talegaon, Pune | | Faculty 2 Dr. Ashu Kumar Jain Chairman/Chief, Department of Pain Medicine, Artemis Hospital, Gurugram | | Faculty 2 Dr. Nana Morikane MD, FNA, FPM, Spine & Pain Physician, Naravati Max SS Hospital, Fortis Hospital Vashi | |
| Meeting ID: 4849720999 Passcode: Isspggn | | Meeting ID: 4849720999 Passcode: Isspggn | | Meeting ID: 4849720999 Passcode: Isspggn | | Meeting ID: 4849720999 Passcode: Isspggn | |

...ISSP State Chapter Activities

Indore City Branch

The ISSP Indore Academic Meet, held on **17th April 2026**, was a well-attended and engaging academic gathering of Pain Physicians and specialists. The event was supported by Lyf Healthcare, whose contribution facilitated a smooth and impactful academic session.

Scientific Program

The scientific agenda featured three concise, clinically relevant sessions addressing key aspects of interventional pain management and neuropathic pain.

1. Shoulder Joint Pain – Articular Branch RFA

Speaker: **Dr. Swapnil Kumar Barasker**

The session focused on the role of articular branch radiofrequency ablation (RFA) in managing chronic shoulder pain. Practical insights into patient selection, anatomical targets, and procedural nuances were highlighted, with emphasis on improving functional outcomes.

2. Diabetic Peripheral Neuropathy – Medical Management

Speaker: **Dr. Ravi Prakash Singh, MD DM Neurology**

This talk provided an overview of evidence-based pharmacological strategies in diabetic peripheral neuropathy (DPN), including rational drug selection, combination therapy, and long-term management considerations.

3. Role of MIPSIs & Anaesthetic Drugs in DPN

Speaker: **Dr. Ritu Puranik**

The session explored the expanding role of Minimally Invasive Pain and Spine Interventions (MIPSI) and adjunctive anesthetic techniques in managing refractory DPN, highlighting their integration into comprehensive pain care.

The ISSP Indore Academic Meet was a successful academic and networking event, reinforcing the importance of continuous learning and collaboration in advancing pain medicine practice.

The organizing team expresses sincere gratitude to all speakers, attendees, and the sponsor, Lyf Healthcare, for their valuable support in making the event a success.



...ISSP State Chapter Activities

Nagpur City Branch

Society for Study of Pain Nagpur (SSPN) Activities Nov 2025 - Apr 2026

- 1. Interesting Case Presentation:** SSPN organised an interesting case presentation meeting on 24/12/2025 at MT Paithankar Hall IMA Nagpur , Speaker was Dr Jeshnu Tople and Chairperson was Dr Saurabh Barde.
- 2. Annual General Body Meeting:** AGBM of SSPN was held on 24/12/2025 ,7pm onwards at MT Paithankar Hall IMA Nagpur. All the relevant issues were discussed and the new executive team declared.
- 3. Joint Executive Meeting:** Joint meeting of old and new executive teams was held on 23/01/2026 at ISA NCB office 7-9pm. Handing over the charges taken place at the meeting.
- 4. Webinar:** Webinar on interesting case of Glossopharyngeal Neuralgia: Diagnostic Challenges was held on 26/02/2026, 7-8pm. Speaker was Dr Neharika Barik and Chairperson was Dr Sunita awange. Webinar was attended and appreciated by 50 Pain Physicians from across the country.
- 5. Pain Medicine Awareness:** SSPN was associated with Matru Seva Sangh Nagpur to celebrate International Women's Day on 07/03/2026. Dr Kiran Vyawahare President SSPN delivered a talk on Lifestyle Modification for pain free life.
- 6. International Women's Day:** On 09/03/2026, on the occasion of International Women's Day, SSPN in association with VIMS hospital organised an awareness camp in VIMS Hospital Nagpur. Dr Kiran Vyawahare President SSPN and Dr Minakshi Hande executive SSPN answered all the queries of the attendees.
- 7. Executive Meeting:** Executive Meeting was held on 16/03/2026, 7pm onwards at ISA NCB office. Most of the executives attended the meeting. Program of the upcoming press conference and installation ceremony was planned and discussed in detail.
- 8. Press Conference:** A press conference was organised on 19/03/2026 at AMS office, IMA Annexe Nagpur. It was addressed by Dr Kiran Vyawahare President SSPN, Dr Neelesh Mathankar Hon Secretary SSPN, Dr Vrishali Panchalwar Hon Treasurer SSPN and Dr Chandrashekharan Cham Special executive SSPN. About 22 media persons attended the press conference.
- 9. Installation ceremony:** Installation ceremony of the new team of SSPN with Dr Kiran Vyawahare as President SSPN and Dr Neelesh Mathankar as Hon Secretary SSPN was installed on 22/03/2026 at the hands of Dr Naveen Malhotra National President ISSP. Guest of honour was Dr AL Meenakshi Sundaram President Elect ISA National. PAIN INSIGHT, biannual newsletter of SSPN was also released during the ceremony by Dr Naveen Malhotra.
- 10. Late Shri K N Lawange oration:** Oration was delivered by outgoing president SSPN Dr Sunita Lawange on "Unravelling the hidden keys in chronic pain management" on 22/03/2026 after installation ceremony. Chairpersons were Dr Pratibha Deshmukh and Dr Anjali Kolhe.
- 11. Executive Committee Meeting:** EC meeting of SSPN was held on 20/04/2026 at ISA NCB office. Upcoming activities of SSPN were discussed in the meeting.
- 12. Webinar:** SSPN organised a webinar on " Cervicogenic Headache: Literature Review" on 27/04/2026, 7-8PM. Dr Minakshi Hande reviewed the literature on topic, Dr Chandrashekharan Cham was the Chairperson. Webinar was attended by around 50 Pain Physicians from across the country.

...ISSP State Chapter Activities

...Nagpur City Branch



Society for Study of Pain Nagpur (SSPN) Members' Achievements Nov 2025- Apr 2026

1. Dr. Chandrashekhara Cham: Faculty at ISSPCON 2026 Hyderabad

2. Dr. Anjali Kolhe: Faculty at ISSPCON 2026 Hyderabad

3. Dr. Sunita Lawange:

- Faculty at ISSPCON 2026 @Hyderabad
- Faculty at MIPSI Workshop during ISNACC Nagpur 2026
- Received Navbharat Powerful Women's Award 2026
- Contributor Article in the Indian Journal of Pain, titled - Complex Regional Pain Syndrome : Navigating the Evolving Landscape of Chronic Pain

4. Dr. Kiran Vyawahare:

- ISSP National GC and advisory board member Faculty at ISSPCON 2026 Hyderabad
- Faculty at SARPS Faculty at international MSK and USG conference
- Examiner for Pain Medicine
- Guest Speaker at Matru Seva Sangh
- Fellowship Exam at Bharati Vidyapeeth Deemed University Pune

...ISSP State Chapter Activities

...Nagpur City Branch

5. Dr Archana Deshpande:

- Faculty at ISSPCON 2026 conference and workshop
- Judge for IAPM innovative session,
- Pain awareness lecture at Katol,
- Pain Camp at Ramdas peth Garden with NAARI Kadam 8 th March
- Secretary report - end of a fruitful tenure,
- IAPM faculty for central classes online - Assessment of pain

6. Dr Umesh Ramtani :

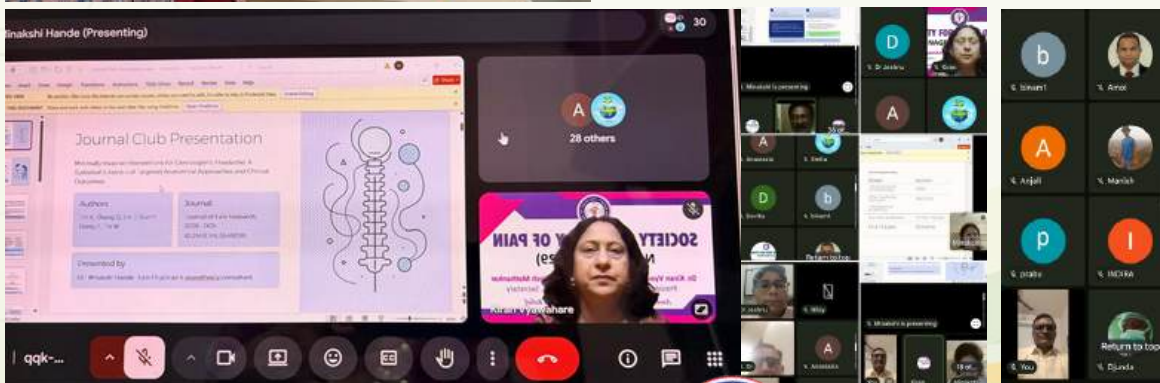
- Faculty at USG MIPS workshop at ISACON Raipur November 2025
- As an external examiner in FIPM exam conducted at DMMC & Shalini Tai Meghe Hospital, Nagpur 9th December 2025
- Faculty at RSACPCON 2026 Indore

7. Dr Jeshnu Tople:

- Contributor Article in the Indian Journal of Pain. Article name : Successful Treatment of Partial Adductor Tendon Tear in a Non athlete Using Regenerative Therapy
- Faculty at Delhi Pain Summit

8. **Dr Neelesh Mathankar:** Faculty at RANC 2026 Nagpur

9. **Dr Vrishali Panchalwar:** Faculty at workshop and CME on Oncoanesthesia, Pain and Palliative Care CME OPAL 2026 @ AIIMS Nagpur on 25/04/2026



...ISSP State Chapter Activities

Pune City Branch

Activities Report (November 2025 – April 2026)

The Society for Study of Pain Pune (SSPP) has continued its dynamic journey in advancing pain medicine through academic excellence, innovation, and community outreach over the past six months.

November 2025

- SSPP members actively contributing as faculty in the Pune Office Orthopedic Course, reflecting the society's commitment to interdisciplinary education and training and spreading awareness about Pain medicine branch among other specialities.
- Dr Sanjog Mekewar, Dr Shweta Puntambekar, Dr Hemant Kshirsagar participated and presented their work in the field of chronic pain management.

December 2025

- SSPP conducted a highly engaging monthly webinar on “Fascia in Chronic Pain: A Beginner's Guide,”. Dr Archana Nankar moderated this session and emphasized the growing relevance of fascial science in pain practice.
- This was followed by a half-day CME on “Cooled Radiofrequency Ablation in Chronic Pain Management,” which brought together clinicians to discuss evolving interventional techniques under expert guidance. Dr Gautam das was called as the Chief guest for this event and Dr Shweta Puntambekar, Dr Kashinath Bangar, Dr Madhuri Lokapur, Dr Uttam Sidhaye, Dr Hemant Kshirsagar and Dr Manas Manohar were the speakers.

January 2026

- SSPP proudly celebrated the success of its members, Dr. Kirti Kulkarni and Dr. Amruta Mane, who cleared the IAPM Exit examination.
- The monthly webinar during this period focused on expanding diagnostic perspectives in chronic low back pain, highlighting ligamentous and fascial contributors beyond conventional disc and facet pathology. Dr Priya lahane graciously moderated this session

February 2026

February 2026 was a month of remarkable national representation and recognition. Several SSPP members contributed as faculty at ISSPCON 2026, showcasing the academic strength of the Pune chapter. Dr Madhuri Lokapure, Dr Yashwant Nankar, Dr Varshali Kenia,

Dr Uttam Sidhaye, Dr Varsha Kurhade, Dr Sanjog Mekewar, Dr Vivek Deshmukh, Dr. Joy Shankar Jana, Dr Hemant Kshirsagar, Dr Asha Barage, Dr Kirti Pawar, Dr Manas Manohar, Dr Archana Nankar were faculties for this event.

- Dr. Yashwant Nankar was honored with a Lifetime Achievement Award for his exceptional contributions to patient care and pain education.
- SSPP also played a key role in the preparation and release of the ISSP Manual, led by Dr. Madhuri Lokapure and Dr. Shweta Puntambekar.
- The society was further recognized with the prestigious “Best City Branch Award” at ISSPCON 2026.
- Adding to these achievements, Dr. Sanjog Mekewar delivered a faculty lecture on “Silencing the 5th Nerve” at the 12th Annual Conference of the AOSMI Maharashtra State Chapter.

...ISSP State Chapter Activities

...Pune City Branch

March 2026

- March 2026 highlighted innovation and community outreach. Dr. Vivek Deshmukh was granted a patent for his self-developed peripheral nerve stimulator, reflecting SSPP's contribution to indigenous innovation in pain technology.
- On the occasion of Women's Day, Dr. Varsha Kurhade conducted a large-scale awareness initiative on the holistic management of chronic pain, benefiting over 300 women from rural and underserved areas around Alandi.

April 2026

- The activities culminated in April 2026 with the successful organization of SSPP's 1st Annual Conference, "PAINSCOPE PUNE 2026." The conference was widely appreciated for its unique theme-based approach, high academic quality, and engaging format, setting a new benchmark for regional pain conferences. Dr Pierfrancesco Fusco from Italy was invited as the Expert Faculty for this event.
- During the same period, Dr. Hemant Kshirsagar contributed to public awareness through a newspaper article on trigeminal neuralgia.

In summary, SSPP continues to strengthen its role as a vibrant academic and clinical platform, fostering education, innovation, and outreach in pain medicine. The society remains committed to advancing the standards of pain care both locally and nationally.



...ISSP State Chapter Activities

Vizag City Branch

Society for Study of Pain
VIZAG CITY BRANCH
Under the Aegis of the Indian Society for Study of Pain (ISSP)
Regd. No.: 448/2025

| | | | |
|--|--|---|--|
| PRESIDENT Dr. KVD Praveen +91 77999 76633 kvdpraveen1981@gmail.com | VICE PRESIDENT Dr. Shirisha Anaparthi +91 99634 73793 sirishaanaparthi83@gmail.com | SECRETARY Dr. Srikanth Batchu +91 89784 85218 srikanthbatchu2@gmail.com | JOINT SECRETARY Dr. Chaitanya Pantula +91 95059 47759 pantulachaitanya@gmail.com |
|--|--|---|--|

Clinical Advantages of PRF

VIZAG CITY BRANCH
ISSP Monthly Academic Meet
March - 2025

TOPIC: Principles and Applications of Pulsed Radiofrequency Ablation in Chronic Pain

MODERATOR: Dr. L. Mahesh Kumar
SPEAKER: Dr. Anand Murugesan

TREASURER
Dr. P.S.M. Rama Ganesh
+91 94944 02258
drpsmrganesh@gmail.com

SSP VIZAG CITY BRANCH ACTIVITIES NOVEMBER 2025 TO APRIL 2026

| S.no | Date | Faculty | Scientific session |
|------|---------------------------------------|---|---|
| 1 | November 9 th 2025 | Dr Gautam Das, Dr Pankaj N Surange, Dr A.S.Kameswara rao, Dr Muralidhar Joshi | Day long cme program on chronic pain along with inauguration of SSP Vizag city branch |
| 2 | December 02 nd 2025 | Dr Srikanth Batchu | Role of virtual reality in pain medicine |
| 3 | January 27 th 2026 | Dr Shirisha Anaparthi Dr Muralikrishna Chava | Basics of Radiofrequency Ablation RFA for Trigeminal neuralgia-practice essentials |
| 4 | March 20 th 2026 (Webinar) | Dr Anand Murugesan | Principles & applications of Pulsed Radiofrequency application in chronic pain |
| 5 | April 14 th 2026 | Dr Pradeep Vundavalli | Role of Botulinum toxin in craniofacial pain syndromes and headaches |

Executive Members

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Glimpses of ISSPCON 2026





Glimpses of ISSPCON 2026



IAPM EXAM UPDATES

EXIT EXAMINATION OF IAPM FELLOWSHIP

| | |
|-----------------------------------|---|
| Date for Exit Exam | 19 th Aug 2026, Wednesday |
| Last Date of form submission | 31 st July 2026 |
| Venue | MS Ramaiah Advance learning center, Bengaluru, Karnataka |
| Exam Timings: 8 am to 5 pm | A. Written exam: <ul style="list-style-type: none">• 8 am to 10am• Written exam will comprise of 100• MCQs in 120 minutes (2 hrs.): (100 Marks) <p>Practical and Viva voce: 11am to 5pm</p> |
| Pattern of practical examination: | B. VIVA (100 Marks) <ul style="list-style-type: none">• Case – 1: 15 Min (30 Marks)• Case – 2: 15 Min (30 Marks) <p>One spot station:</p> <ul style="list-style-type: none">• Drugs & instruments, MRI, CT scan, fluoroscopy and X-ray etc (40 Marks) C. PRACTICAL <ul style="list-style-type: none">• 2 Fluoroscopic Guided MIPS (Minimally Invasive Pain and Spine Interventions) on cadaver: 10 Min Each (35 Marks, each)• One USG Guided Procedure: 10 Min (30 marks) |
| | TOTAL: 300 Marks |

Note: IAPM Exit Exam will include USG Guided procedures from Jan 2024.

[For More Details Click Here](#)

IAPM EXAM UPDATES

Passing requirements:

- Pass percentage is 50% and the candidates will have to secure 50% in each category i.e. Written exam, Viva and Practical exam.

FIAPM Exit Exam Prerequisite Information

- Application for IAPM Exit Examination can be submitted under 4 categories. IAPM Category, Non-IAPM Category, One-year Fellowship outside India Category, Senior Pain Physicians Category. The eligibility Criteria are as follows.

Common requirements for all Categories

- **Medical License:** Candidates applying for the exit examination should have a valid unrestricted medical license, they need to submit a copy of NMC/ SMC registration.
- **Membership of ISSP:** Candidates applying for the exit examination should have ISSP Membership. Associate members of ISSP or candidates who are not Anaesthesiology postgraduates (MD, DA or DNB in Anaesthesiology) cannot appear for the exams.
- **Publication** – Candidates applying for the exit examination should have the
 - publication in chronic pain
- **Post-Graduation Certificate in Anesthesiaolgy** (MD – Anesthesiology, Diploma in Anesthesiaolgy or DNB in Anesthesiaolgy)

Category wise Additional requirements

IAPM Category

- Trainees of IAPM who have entered IAPM-accredited training centres through the IAPM Entry Examination and completed a full year of Training in IAPM-accredited centres.
- One publication is mandatory on chronic pain in a Peer-Reviewed Journal.

Non-IAPM Category

- One-year full-time residential fellowship programme in Pain Medicine from any Private organisation, the program head of the said program should be FIAPM qualified
- Structural program fellow from an Indian university (Completed a fully residential university-accredited structured pain training program of minimum one-year duration and passed successfully)
- One publication is mandatory on chronic pain.3
- Affidavit stating One year completion of full-time fellowship in Pain Medicine.
- Completion certificate of one year Full-Time training in Pain Medicine from the Head of the Institute.

...IAPM EXAM UPDATES

One-Year Fellowship outside India Category

- completed full residential Fellowship in field of Pain Medicine, outside India.
- One publication is mandatory on chronic pain.3

Senior Pain Physicians Category

- Age- 50 years or more .
- ISSP Membership of 10 years or more.
- Two publications are mandatory on pain, at least one of the publications must be on chronic pain.
- Recommendation letter from GC member of ISSP/IAPM. (Recommendation letter will include duration of pain practice, number of patients in pain OPD & procedures) it should be on official letterhead with the physical signature of the GC (Additional Affidavit may be asked by the Examination committee)

Documentation Required with Application and Fee Structure .

| Category | Required Document | Fee Structure |
|------------------------|---|--|
| IAPM Trainees Category | <ol style="list-style-type: none"> 1. ISSP Membership Number 2. Half-yearly Assessment Form 3. One Publication on Chronic Pain in Peer Reviewed Journal 4. MBBS Certificate 5. Post-Graduation Certificate (MD – Anesthesiology, Diploma in Anesthesiaolgy or DNB in Anesthesiaolgy) 6. Indian Medical Registration Certificate (NMC/ State Medical Council) | Rs. 25,000 + 18% GST (10,000/- less if reappearing) + Portal Charges |

IAPM EXAM UPDATES...

| Category | Required Document | Fee Structure |
|-----------------------------------|---|---|
| Non-IAPM Category | <ol style="list-style-type: none"> 1. ISSP Membership Number 2. One-year full-time residential fellowship programme completion certificate from FIAPM programme Head of the Institute/ or Passing certificate of a university-accredited structured pain training program of 1 year. 3. Affidavit confirming one year of full-time training in that particular institute. 4. The pdf copy of one publication on chronic pain. 5. MBBS Certificate 6. Post-Graduation Certificate (MD – Anesthesiology, Diploma in Anesthesiology or DNB in Anesthesiology) 7. Indian Medical Registration Certificate (NMC/ State Medical Council) | <p>Rs. 40,000 + 18% GST (10,000/- less if reappearing) + Portal Charges 18% GST Additional on above Fee</p> |
| One-year Fellowship Outside India | <ol style="list-style-type: none"> 1. ISSP Membership Number 2. One year full residential fellowship certificate completed outside India. (Completion Certificate is Must) 3. Pdf copy of the published publication on chronic pain 4. MBBS Certificate 5. Post-Graduation Certificate (MD – Anesthesiology, Diploma in Anesthesiology or DNB in Anesthesiology) 6. Indian Medical Registration Certificate (NMC/ State Medical Council) | <p>Rs. 70,000 + 18% GST (10,000/- less if reappearing) + Portal Charges</p> |



IAPM EXAM UPDATES...

| Category | Required Document | Fee Structure |
|---------------------------------|---|---|
| Senior Pain Physicians Category | <ol style="list-style-type: none">1. Age- 50 years or more .2. ISSP Membership of 10 years or more.3. Must have two published publications related to pain, of which at least one publication must be on chronic pain.4. Recommendation letter from GC member of ISSP/IAPM on his/her letterhead. (Recommendation letter will include duration of pain practice, number of patients in pain OPD & procedures)5. MBBS Certificate6. Post-Graduation Certificate (MD – Anaesthesiology, Diploma in Anaesthesiology or DNB in Anaesthesiology)7. Indian Medical Registration Certificate (NMC/ State Medical Council) | Rs. 40,000 + 18% GST (10,000/- less if reappearing) + Portal Charges |



IAPM EXAM UPDATES...

Additional Notes

1. The application for the exit exam and the required documents are to be submitted online only,
2. You will receive an email from the Registrar's office confirming your eligibility and approval for the exam. In case your application is not approved by the Registrar, you will be informed and your Fees will be refunded to the source of payment. Portal Charges are non-refundable.

3. Publication is mandatory for all the categories applying for the exit exam

- For Senior Pain Physicians: **2 publications** are mandatory of which one should be compulsory in chronic pain.
- All other categories (IAPM, Non-IAPM, Overseas): **1 publication** in chronic pain.
- The publications that have already been published will be considered only, not those under acceptance.
- Exception – Only for IAPM trainees (Manuscript submission letter in Indian Journal of Pain only will also be accepted).
- Publications must be in a Peer Reviewed Journal or Book Chapters.
- Publications in the conference books will not be accepted.

4. Cancellation Policy – Once approved by the review committee Exam fee is non-refundable

1. Under exceptional situations like the ill health of the candidate or the death of a family member, you can apply to the registrar with supportive documents. A partial refund may be allowed subject to the approval of IAPM GC, as per the policy mentioned below –
 - From the date of approval to 2 weeks before the exam – 50% refund (Excluding the portal Charges)
 - From 2 weeks before the exam to the Date of the exam – No refund
2. The exam fees will not be carried forward to the next exam.

IAPM EXAM UPDATES...

5. The name on all supporting documentation must be consistent and match the name under which you apply. If it does not, you will need to submit legal documentation of the name change (e.g., a marriage/divorce certificate) and all other supporting documentation
6. Prerequisite requirements are subject to change at any time. Applicants must meet current prerequisite requirements in effect at the time of application. IAPM at its discretion may request from you for additional information concerning matters relevant to eligibility for certification and certification status. Documentation received in a language other than English must include a notarized translation in English. All documents, communications, and other information received by IAPM become the property of IAPM and will not be returned.
7. Kindly provide your WhatsApp number at the time of registration. We will create a group and will keep updating you on the group. Please Save +91-7054443506 as "IPAM Registrar Office". You will get a request to join the group from this number.
8. Please read the instructions thoroughly. Instructions and timings on the website are FINAL
9. If due to some unforeseen circumstances in the exam city, which is beyond the control of IAPM (for example – Flood, Earthquake, Epidemic, Political Turmoil etc) exam needs to defer and rescheduled, the exam fees will be carried forward but IAPM is not liable to pay for any other compensation. The same cancellation provision clause will be applied to the new date of examination too
10. The IAPM GC's decision is the final regarding a particular candidate's eligibility.

Dr. Pradeep Jain

Dean, IAPM

Dr. Pankaj Surange

Registrar,
Indian Academy of Pain Medicine (IAPM)

Address for offline submission:

Registrar, Indian Academy of Pain Medicine
IPSC Pain and Spine Hospital,
Plot no 453 Sector 19, Dwarka
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Application Form for Accreditation of Centers for MisEpp Observership Program



Indian Academy of Pain Medicine (IAPM).

(Academic & Training Wing of ISSP)

APPLICATION FORM FOR ACCREDITATION

**MisEpp (Minimally Invasive Spine Endoscopic Pain
Procedures) Observership Program**



Application Form for Accreditation of Centers for MisEpp Observership Program

Indian Academy of Pain Medicine (IAPM)

(Academic & Training Wing of ISSP)

APPLICATION FORM FOR ACCREDITATION

MisEpp (Minimally Invasive Spine Endoscopic Pain Procedures)
Observership Program

SECTION 1: INSTITUTION DETAILS

- **Name of Institution:** _____
- **Address:** _____
- **City / State / PIN:** _____
- **Contact Number:** _____
- **Email ID:** _____
- **Website (if any):** _____
- **Type of Institution:**
 - Private Hospital
 - Government Hospital
 - Day Care Centre
 - Others: _____

SECTION 2: FACULTY DETAILS

- **Name of Lead Faculty:** _____
- **Qualification:** _____
- **FIAPM Status:** _____
- **Years of Experience in Pain Medicine:** _____
- **Years of Experience in Spine Endoscopy (MisEpp):** _____
- **Training in Spine Endoscopy:** _____

Application Form for Accreditation of Centers for MisEpp Observership Program

SECTION 3: ELIGIBILITY DECLARATION

3.1 Faculty Eligibility

| Criteria | Yes | No |
|--|--------------------------|--------------------------|
| Lead faculty is a Pain Physician doing MisEpp | <input type="checkbox"/> | <input type="checkbox"/> |
| Lead faculty is FIAPM-qualified | <input type="checkbox"/> | <input type="checkbox"/> |
| Lead faculty is actively practicing full range of MisEpp | <input type="checkbox"/> | <input type="checkbox"/> |
| Lead faculty is full-time with the institution | <input type="checkbox"/> | <input type="checkbox"/> |

3.2 Institutional Experience

| Criteria | Yes | No |
|--|--------------------------|--------------------------|
| Institution has ≥ 2 years experience in MisEpp procedures | <input type="checkbox"/> | <input type="checkbox"/> |
| Case records and operative logs are available | <input type="checkbox"/> | <input type="checkbox"/> |
| Outcome documentation is maintained | <input type="checkbox"/> | <input type="checkbox"/> |

3.3 Case Volume Requirement

| Criteria | Yes | No |
|--|--------------------------|--------------------------|
| Minimum 10 exclusive MisEpp cases per month performed | <input type="checkbox"/> | <input type="checkbox"/> |
| Cases are independent MisEpp procedures (not hybrid surgeries) | <input type="checkbox"/> | <input type="checkbox"/> |

3.4 Infrastructure & Compliance

| Criteria | Yes | No |
|--|--------------------------|--------------------------|
| Spine endoscopy equipment available | <input type="checkbox"/> | <input type="checkbox"/> |
| Imaging support (C-arm/fluoroscopy) available | <input type="checkbox"/> | <input type="checkbox"/> |
| Fully functional OT facility available | <input type="checkbox"/> | <input type="checkbox"/> |
| Ethical standards and consent protocols followed | <input type="checkbox"/> | <input type="checkbox"/> |

Application Form for Accreditation of Centers for MisEpp Observership Program

| Criteria | Yes | No |
|--|--------------------------|--------------------------|
| Institutional clinical protocols in place | <input type="checkbox"/> | <input type="checkbox"/> |
| Compliance with national/local regulations | <input type="checkbox"/> | <input type="checkbox"/> |

SECTION 4: OBSERVERSHIP PROGRAM DETAILS

- **Proposed Number of Observers per Month:** _____
- **Structure of Observership:**
 - Clinical Observation
 - OT Exposure
 - Case Discussions
 - Academic Sessions
- **Duration Confirmed (1 Month):**
 - Yes No

SECTION 5: DECLARATION BY INSTITUTION

We hereby declare that:

1. All the information provided above is true and correct.
2. Our institution fulfills all the criteria as per IAPM/ISSP guidelines for MisEpp Observership Accreditation.
3. We understand that:
 - Observership does **not confer certification or procedural rights**.
 - Observers will not perform independent procedures.
4. We agree to:
 - Maintain proper documentation
 - Allow inspection/review by IAPM
 - Adhere strictly to ethical and clinical standards
5. We understand that accreditation may be **reviewed or withdrawn** if guidelines are not followed.

SECTION 6: UNDERTAKING

Application Form for Accreditation of Centers for MisEpp Observership Program

We undertake to conduct the Observership Program strictly as per the guidelines laid down by IAPM/ISSP and ensure patient safety, ethical conduct, and academic integrity at all times.

SECTION 7: SIGNATURES

• **Name of Medical Director / Head of Institution:** _____

• **Signature:** _____

• **Date:** _____

• **Name of Lead Faculty:** _____

• **Signature:** _____

• **Date:** _____

▪ **Official Seal of
Institution**

SECTION 8: FOR OFFICE USE ONLY

• Application Reviewed by: _____

• Inspection Required: Yes No

• Decision:

Approved

Rejected

Pending Clarification

• Remarks: _____



Application Forms for Membership

APPLY ONLINE

<https://www.issp-pain.org/membership/apply-online/>





Contact Us

We welcome any questions, suggestions you might have.
Please send us your feedback:

By Email:

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By Post:

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Connect Us

